COMPREHENSIVE SCHOOL COUNSELING PROGRAM
Mattei Middle School

Comprehensive School Counseling Program (CSCP) Mission Statement

The mission of Mattei Middle School Counseling Department is to provide all students the opportunity for comprehensive counseling and guidance that promotes academic development, professional aspirations, and personal growth instilling in each student a passion for learning and a confidence for high achievement.

Program Definition

Below are the defining elements of our CSCP:

- Delivery- MMS counselors are certified mental health professionals who understand and respond to the challenges faced by diverse student populations while in the learning environment, with the support of administration and campus staff.
- Competencies- MMS counseling department supports the academic, social-emotional, personal, and career development ensuring today's students become the productive, well-adjusted adults of tomorrow.
- Clients- MMS counselors spend the majority of time working directly with students, teachers, parents, and the community in responsive services, individual student planning, as well as providing guidance curriculum to support the challenges students face in schools today.
- Organizational Elements- Elements that go into making our school counseling program organized to help ensure that unnecessary elements are left out and needed elements are maintained are
    - District Improvement Plan
    - Campus Improvement Plan
    - Guidance Lessons
    - MMS Counseling Calendar, yearly and monthly
    - District Counseling Handbook along with district forms for policies/procedures
    - Daily Time Tracker
    - Monthly Counselor Academy
    - Weekly campus administrative/counseling meetings
    - Research-based academic and SEL interventions
    - Alignment with the *5th Edition TX Model for CSCP*

Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. To ensure that all students are receiving direct and indirect support and guidance in academic, career, and social competencies.
2. In order for students to reach their full potential academically, professionally, and personally.
3. We utilize research based lessons and analyze campus data in order to address the needs of all of our students.
4. Based on observations and data analysis, we are able to determine if we are meeting our goals and if we need to make adjustments.
5. Support students in becoming go-getters, responsible citizens, involved members of the community, and critical thinkers.
6. Currently, we are using the theories and ideas from Jostens Renaissance, Texas Model, and ASCA Mindsets and Behaviors.

Program Assumptions – see completed checklists in Texas Model Guide Pg. 56 (all conditions and resources being considered)

Program Goals (highlighted) & Process

Needs Assessment Results:

- Our campus's current need for school counselors, based on the Mattei Campus Improvement Plan: anti-bullying program, attendance support, promote CATE courses, offer individual course planning, promote school/community pride and positive attitude, provide information on local resources, implement parent education programs at the district level, provide information about campus activities utilizing a variety of outlets, identify at-risk students, provide counseling services, academic remediation/summer school
- A continued need for a balanced service distribution, based on the recommended program balance service distribution for a middle school counseling program on page 125 of the Texas Model for Comprehension School Counseling Program (5th edition).

We reviewed the following data points for all grade levels:

- Mattei Middle School Campus Improvement Plan
- Mattei Middle School Time Tracker
- Mattei Middle School Behavior Referrals
- Mattei Middle School Counselor Requests
- Mattei Middle School Failure Reports
- Behavioral/Mental Health Tracker

We found the following patterns in our data for all grade levels:

- Across all grades student need for peer conflict support
- Across all grades student need support for Suicidal Ideation
- Students failing one or more classes each nine weeks grading period

We found the following areas of significance in our data points for all grade levels:

- There is a disproportionate number of students who are failing one or more classes each nine week's grading period
- There is a significant number of students needing emotional support/guidance

- There is an imbalance in the use of school counselors' time dedicated to components of the school counseling program

The most significant needs identified in needs assessments were for all grade levels:

- The need for targeting and addressing student academic concerns earlier in the school year.
- The need for targeting and addressing student behavior concerns earlier in the school year.
- The need for a better balance for the counselors' use of time towards the components of the comprehensive school counseling program.

Advisory council input/insight to be incorporated into CSCP goals:

- We will address the purpose of a Comprehensive School Counseling Program and how we can collaborate to achieve the goals of our program.

Program SMART Goals for the 2026-2027 School Year

#1. By May 2027, 6/7/8th graders will have continued access to the counselors due to the counselors allocating their time to being more closely modeled to the percentages set by S.B. 179, which states that counselors will spend at least 80% of their time on providing direct student services and 20% of their total work time on providing indirect services through a comprehensive counseling program.

#2. By May 2027, teachers will increase their knowledge and abilities in working with students through interventions and accommodations due to counselors spending 5% of their total guidance time collaborating and supporting teachers in or out of the classroom through emailed communication, face-to-face communication and student feedback as needed.

#3. By May 2027, students will have an increase in direct services provided by school counselors due to counselors spending 10% of their total work time implementing small groups to address SEL needs and thus, indirectly assisting students with academic needs.

CSCP Design Priorities

Clients- ranked by importance according to our goals (1 is most important):

1. Students
2. Teachers
3. Parents
4. Administrators
5. Others

Student Needs- ranked by importance according to our goals (1 is most important):

1. Social Emotional Development/Behavior
2. Guidance Services (individual & group)
3. Academic & Career Development

Student Competencies- ranked by importance according to our goals (1 is most important):

1. Personal Health and Safety
2. Intrapersonal Effectiveness

3. Interpersonal Effectiveness
4. Post-Secondary Education and Career Readiness

School Counselor Competencies- ranked by importance according to our goals (1 is most important):

1. Counseling (interventions for students personal/social development, individual/group counseling, and advocacy for all students)
2. Guidance (theories, plan lessons, groups, involve others)
3. Professional Standards (ethics)
4. Professional Behavior (relationships, use of time)
5. Consultation and Coordination
6. Leadership
7. Student Assessment
8. Program Management (plan/implement CSCP)

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Guidance curriculum 35-40%
2. Responsive Services 35-40%
3. System Support 10-15%
4. Individual Planning 15-25%

Program Design Template

Guidance Curriculum Services

1. Strategic Content Area-Personal Health & Safety
Needs Assessment Findings- Based on behavior referral reports and Campus Improvement Plan (bullying, cyberbullying and destigmatizing mental health needs).
Guidance Curriculum Lesson Topic/s- child abuse awareness, anti-bullying, Anti-Victimization

SMART Goals-

- By May 2027, students will have an increase in direct services provided by school counselors due to counselors spending 10% of their total work time implementing small groups to address SEL needs and thus, indirectly assisting students with academic needs.

- By May 2027, teachers will increase their knowledge and abilities in working with students through interventions and accommodations due to counselors spending 5% of their total guidance time collaborating and supporting teachers in or out of the classroom through emailed communication, face-to-face communication and student feedback as needed.

2. Strategic Content Area-Intrapersonal Effectiveness
Needs Assessment Findings- Based on failure and behavior referral reports and Campus Improvement Plan
Guidance Curriculum Lesson Topic/s- Internet Safety, Study Skills, Interventions and Accommodation Implementation

SMART Goal/s-

- By May 2027, students will have an increase in direct services provided by school counselors due to counselors spending 10% of their total work time implementing small groups to address SEL needs and thus, indirectly assisting students with academic needs.

- By May 2027, 6/7/8th graders will have continued access to the counselors due to the counselors allocating their time to being more closely modeled to the percentages set by S.B. 179, which states that counselors will spend at least 80% of their time on providing direct student services and 20% of their total work time on providing indirect services through a comprehensive counseling program.

3. Strategic Content Area-Interpersonal Effectiveness
Needs Assessment Findings- Based on behavior referral reports and Campus Improvement Plan
Guidance Curriculum Lesson Topic/s- friendship, conflict resolution and dealing with change

SMART Goal/s-

- By May 2027, teachers will increase their knowledge and abilities in working with students through interventions and accommodations due to counselors spending 5% of their total guidance time collaborating and supporting teachers in or out of the classroom through emailed communication, face-to-face communication and student feedback as needed.

- By May 2027, 6/7/8th graders will have continued access to the counselors due to the counselors allocating their time to being more closely modeled to the percentages set by S.B. 179, which states that counselors will spend at least 80% of their time on providing direct student services and 20% of their total work time on providing indirect services through a comprehensive counseling program.

4. Strategic Content Area-Post Secondary Education and Career Readiness
Needs Assessment Findings- Based on Campus Improvement Plan, behavior referral and failure reports
Guidance Curriculum Lesson Topic/s- Four Year Plan for High School, CATE Program Presentation, Career Inventories, SMART Goals

SMART Goal/s-

- By May 2027, students will have an increase in direct services provided by school counselors due to counselors spending 10% of their total work time implementing small groups to address SEL needs and thus, indirectly assisting students with academic needs.

- By May 2027, 6/7/8th graders will have continued access to the counselors due to the counselors allocating their time to being more closely modeled to the percentages set by S.B. 179, which states that counselors will spend at least 80% of their time on providing direct student services and 20% of their total work time on providing indirect services through a comprehensive counseling program.

Campus Responsive Services

Identified Need #1- Guidance Lessons supporting Anti-Bullying initiative
Preventative, Remedial, or Crisis- Preventative
Intervention/Plan of Action- Jostens Renaissance guidance lessons and Bully Prevention lessons.
Outcome/Follow Up- Decrease the number of students experiencing and reporting bullying.

Identified Need #2- Self-Harm
Preventative, Remedial, or Crisis- Crisis
Intervention/Plan of Action- Notify parents, provide community resources
Outcome/Follow Up- Use the District Student Support Plan

Identified Need #3- Academic Failures
Preventative, Remedial, or Crisis- Remedial
Intervention/Plan of Action- Placing students on Academic Contracts and collaborate with teachers
Outcome/Follow Up- Check-In with students regularly and discuss required actions for success.

Individual Planning Priorities

Domain- Personal
Goal - Provide resources and guidance for student intrapersonal skills
School Counselor Considerations- How does the student currently feel about him/herself? Does the student feel supported by family, friends, and the school community?
Advocacy - Help students become their own advocate.

Domain- Education
Goal - Provide academic support for students in danger of failing for the school year.
School Counselor Considerations- Is the student currently being served or should the student be considered for RTI, 504, or SPED services?
Advocacy - Make appropriate recommendations and referrals.

Domain- Career
Goal- Set up four year plans for 8th graders and provide career guidance lessons for 6th and 7th graders.
School Counselor Considerations- All grade levels will complete grade specific career exploration activities using online career assessment tools from O*NET and Texas OnCourse.
Advocacy - Send home informational brochures to inform parents of the importance of Four-Year High School Plans.

System Support Tools

Annual Calendar- see attached calendar at end of this CSCP.

PISD Time Tracker

Counseling Department Annual Calendar Template

This calendar is based on the following guidelines.

1. The Texas Model School Counseling Program Guide Components and Content Areas of:

Components	Content Areas
Individual Planning	Personal Health and Safety
Responsive services	Intrapersonal Effectiveness
Guidance Curriculum	Interpersonal Effectiveness
System Support	Post-Secondary Planning and Career Readiness

2. Campus Improvement Plan Goals:

- Excel in State & Local Assessments
- Increase Attendance
- Provide a safe and Orderly School Climate, conducive to learning.
- Increase Parental and Community Involvement
- Provide for (various) Special Populations
- Provide for the growth and ever-changing demographics of Princeton ISD

CALENDAR

August

Content Area- Personal Health and Safety

CSCP Goals Addressed-1,2,3

Domain- Personal

Guidance Curriculum Lesson Topics (GC)-

- Meet the Counselor, counselor request forms, incident reports with school marshall
- Crisis Prevention-child abuse awareness
- Setting / Maintaining Goals
- Jostens Renaissance Intro

Major Projects/Events-

- Plan Semester 1 guidance lessons (SS)
- Counseling program presentation to staff (SS)
- Parent/student schedule consults (IP)
- Create yearly counseling calendar (SS)
- Parent Information Night - Collin County Advocacy Center

September

Content Area-Personal Health and Safety

CSCP Goals Addressed- 1,2,3

Domain- Personal

Guidance Curriculum Lesson Topics (GC)-

- Leadership, Courage, Diversity and Gossip - Jostens Renaissance
- Conflict Resolution
- Internet Safety-Common Sense Media
- Abstinence and Wellness-180 degree education program

Major Projects/Events-

- Student concern check ins (RS)
- National Suicide Prevention Week activities (GC)
- Plan Semester 1 group counseling (GC)
- Parent Night-180 Degree education program (SS)
- CAT/Anti-Bullying Meeting

October

Content Area- Personal Health and Safety

CSCP Goals Addressed- 1,2,3

Domain- Personal

Guidance Curriculum Lesson Topics (GC)-

- Crisis prevention-anti bullying/substance abuse prevention
- Conflict resolution
- Jostens Renaissance (Bullying/Cyberbullying, Substance abuse)
- Bully Prevention-David's Legacy

Major Projects/Events-

- Academic student concern conferences (RS)
- 1st semester group counseling (GC)
- Red Ribbon Week school wide activities (GC)
- Youth Equipped to Succeed "YES": Power to Succeed

November

Content Area- Personal Health and Safety

CSCP Goals Addressed-1,2,3

Domain- Personal

Guidance Curriculum Lesson Topics (GC)-

- Crisis Prevention
- Jostens Renaissance (Forgiveness, Kindness, Insecurities/Body Image)
- Anti-Victimization-Collin County Children's Advocacy Center

Major Projects/Events-

- SEL student conferences (IP)
- Document group/individual outcomes (IP)

December

Content Area- Intrapersonal Effectiveness

CSCP Goals Addressed- 1,2,3

Domain- Personal

Guidance Curriculum Lesson Topics (GC)-

- Jostens Renaissance (Grit, Gratitude)

Major Projects/Events-

- 8th grade Signs of Suicide (SOS) presentation (GC)
- Plan 2nd semester guidance lessons (GC)
- Check ins with students
- Incoming 6th grade Course Requests at the Elementary

January

Content Area- Interpersonal Effectiveness

CSCP Goals Addressed-1,2,3

Domain- Social

Guidance Curriculum Lesson Topics (GC)-

- Jostens Renaissance (Growth, Service, Stress))
- Career Guidance

Major Projects/Events-

- Incoming 9th grade registration (IP)
- Start planning 2nd semester groups (GC)
- On Campus Course Requests for the 25-26 School Year

February

Content Area- Intrapersonal Effectiveness

CSCP Goals Addressed- 1,2,3

Domain- Academic/Social

Guidance Curriculum Lesson Topics (GC)-

- Test Anxiety
- Stress Management
- Making and keeping friends
- Jostens Renaissance (Perseverance, Finish Strong w/o Quitting)

Major Projects/Events-

- National School Counseling Week activities (SS)
- CAT/Anti-Bullying Meeting #2
- Academic concern student conferences (RS)

March

Content Area- Intrapersonal Effectiveness

CSCP Goals Addressed-1,2,3

Domain- Academic/Personal

Guidance Curriculum Lesson Topics (GC)-

- Monitor grades; using Google Calendar
- Jostens Renaissance (Digital Citizenship, Authenticity)

Major Projects/Events-

- Continue 2nd semester group counseling (SS)
- SEL concern student conference (RS)

April

Content Area- Post Secondary Planning/Career Readiness
CSCP Goals Addressed- 1,2, 3
Domain- Academic/Personal
Guidance Curriculum Lesson Topics (GC)-

- Coping Skills

Major Projects/Events-

- Continue 2nd semester group counseling (GC)
- Student conferences for academic needs (GC)

May

Content Area- Post Secondary Planning/Career Planning
CSCP Goals Addressed- 1,2,3
Domain- Career
Guidance Curriculum Lesson Topics (GC)-

- 6th and 7th Career Guidance
- Jostens Renaissance (Mental Health, Leadership)

Major Projects/Events-

- Document student outcomes and refer/consult (SS)

June

Content Area- N/A
CSCP Goals Addressed- 1,2,3
Domain- N/A
Guidance Curriculum Lesson Topics (GC)-
N/A
Major Projects/Events-

- 2nd semester group data analysis (SS)
- Planning meeting with Administration (SS)
- Create/present next year's CSCP goals to leadership team for feedback/revision (SS)