



SEPTEMBER 2026

Nashua High School South

Assorted Sandwiches, Pizza,
& Salads Available Daily

Monday

Tuesday

Wednesday

Thursday

Friday

1

Chicken Patty Sandwich
French Fries, Glazed Carrots
Strawberry Cup, Milk

2

Pasta w/ Meat sauce, Dinner
Roll, Green Beans, Apple
Slices, Milk

3

Hot Dog, French Fries,
Baked Beans, Oranges
Milk

4

No School

7

No School

8

No School
Voting Day

9

Chicken Drumstick, Pasta
Salad, Broccoli, Pears
Milk

10

Beef Nachos, Refried Beans
Corn, Peaches, Milk

11

French Toast Sticks
Sausage Patty, Tater Tots
Applesauce Cup, Milk

14

Mozzarella Sticks, Marinara
Sauce, Smartfood Popcorn
Green Beans, Strawberry
Cup, Milk

15

Chicken Tenders, French
Fries, Corn, Peaches
Milk

16

Chicken & Vegetable Egg
Roll, Lo-Mein, Pineapples
Milk

17

Cheeseburger, French Fries
Broccoli, Apple Sauce Cup
Milk

18

Shredded Chicken, Dinner
Roll, Mashed Potatoes
Gravy, Corn, Pears, Milk

21

Pizza Crunchers, Smartfood
Popcorn, Spinach, Mixed
Fruit, Milk

22

BBQ Chicken, Seasoned
Rice, Black Beans, Oranges
Milk

23

Pasta w/ Meat Sauce, Dinner
Roll, Broccoli, Pears, Milk

24

Buffalo Macaroni & Cheese
Corn, Peaches, Milk

25

Ham, Egg & Cheese on a
Croissant, Hash Brown
Carrots, Apple Slices, Milk

28

Cheese Bread Sticks
Marinara Sauce, Smartfood
Popcorn, Peas, Strawberry
Cup, Milk

29

BBQ Pork Patty Sandwich
French Fries, Apples, Milk

30

Fajita Chicken Bowl w/ Black
Beans, Peppers & Onions
Seasoned Rice, Oranges
Milk

This institution is an equal opportunity provider