

Elida High School Breakfast

Eating breakfast positively affects school performance. Breakfast provides essential fuel for students to focus, learn and participate in the classroom.

Cost
Breakfast is **FREE**
for ALL Elida students.



Breakfast is Served Daily
7:15-7:35
2 Hour Delay Schedule
9:15-9:35

*Students come directly
to the cafeteria each morning.*

Requirements

*School breakfast is made up
of 4 items. A student only
needs to take 3 items to make
a breakfast.*

*One of the 3 items **MUST**
be a **Fruit**.*

Items
2 Grain, 2 Fruit & Milk
Or
1 Grain, 1 Protein, 2 Fruit
& Milk

Milk & Fruit

Milk
White 13
Chocolate 24

Fruit
Cinnamon Applesauce Cup 14

Juice
Apple 14
Grape 18
OJ 12

Breakfast Boost Brain Power

Make the
Grade
with **SCHOOL BREAKFAST**

Variety of choices that could be offered daily:

Banana Bread 45
Cinnamon Roll 30
Double Chocolate Muffin 48
Dunkin Stick 48
Glazed Donut 31
Mini Donuts 42

Breakfast Boost Brain Power

Egg & Sausage Bagel 23
*Egg & Cheese Omelet 1
& Sweet Roll 34*
Pancake & Sausage Sandwich 16
Sausage Gravy Bites 23

Variety of choices that could be offered daily:

Lucky Charms Cereal 45
*Strawberry Yogurt 15&
Goldfish Graham Crackers 19*
Strawberry Cream Cheese Bagel 42
Pop Tart Varieties 73

Menu Subject to change.
This institution is an equal opportunity provider, employer, and lender.