



**Michigan City Area Schools
HIGH SCHOOL
2026 Fall Menu**

Breakfast and Lunch are FREE to all MCAS students!

Lunch includes your choice of entrée, milk, a grain, fruit and vegetable sides.

(Must choose at least three items with one being a fruit or veggie.)

Breakfast includes entrée, fruit and/or vegetable, milk and 100% fruit juice. (Choose a minimum of 3 items with one being a fruit or veggie.) • Britney Rodriguez, Director, (219) 873-2131 •



	Monday	Tuesday	Wednesday	Thursday	Friday
Line 1	Mac & Cheese & BBQ Pulled Pork Bowl w/Cornbread Sweet Heat Baked Beans	Asian Chicken Bowl Beef Hot Dog Mixed Vegetables Tater Tots	Mashed Potato Bowl w/ Popcorn Chicken Corn & Gravy Philly Steak Flatbread	Nacho Grande! Beef, Cheese and Tortilla Chips Spanish Rice Buffalo Chicken Wrap	Buffalo Chicken Dip Spicy or Regular Chicken Sandwich Roasted Green Beans
Line 2	Mac & Cheese & BBQ Pulled Pork Bowl w/Cornbread Sweet Heat Baked Beans	Asian Chicken Bowl Beef Hot Dog Mixed Vegetables Tater Tots	Mashed Potato Bowl w/ Popcorn Chicken Corn & Gravy Philly Steak Flatbread	Nacho Grande! Beef, Cheese and Tortilla Chips Spanish Rice Buffalo Chicken Wrap	Buffalo Chicken Dip Spicy or Regular Chicken Sandwich Roasted Green Beans
Line 3	Brunch for Lunch Roasted Potatoes Hot Cinnamon Apples Cheese Pizza	Flavored Hot Wings w/Biscuit Bosco Sticks	Build Your Own Salad Bar Pepperoni Pizza	Burrito Bowl w/ Fajita Chicken, Cilantro Lime Rice, Cheese & a Tortilla or Chips	Pasta Bar Chef's Choice Pizza Roasted Brussels Sprouts
Line 4	Brunch for Lunch Roasted Potatoes Hot Cinnamon Apples Cheese Pizza	Flavored Hot Wings w/Biscuit Bosco Sticks	Build Your Own Salad Bar Pepperoni Pizza	Burrito Bowl w/ Fajita Chicken, Cilantro Lime Rice, Cheese & a Tortilla or Chips	Pasta Bar Chef's Choice Pizza Roasted Brussels Sprouts
Line 5	Cheese Pizza	Bosco Sticks	Pepperoni Pizza	Personal Pepperoni or Cheese Pizza	Chef's Choice Pizza
 Choose up to 4 Sides with your entrée!	Fresh Greens Sliced Peaches Fresh Fruit Coleslaw Breadstick	Fresh Greens Celery & Carrot Sticks Fresh Fruit Pasta Salad Breadstick	Fresh Greens Fresh Vegetables Orange Wedges Breadstick	Fresh Greens Tomatoes Jalapenos, Salsa Black Beans Pineapple Breadstick	Fresh Greens Fresh Fruit Broccoli Salad Breadstick
 Includes daily Fruit, Juice and Milk	Mini Cinni Benefit Bar or Cereal	Breakfast Pizza Benefit Bar or Cereal	Biscuit Breakfast Sandwich Benefit Bar or Cereal	Yogurt Parfait Confetti Pancakes Benefit Bar or Cereal	Cheese Omelet w/Sausage Benefit Bar or Cereal

**Market Fresh Deli
Sandwiches Daily**

Ham & Cheese Deli

Turkey & Cheese Sub

Italian Sandwich

**Everyday:
PB&J Uncrustable or
Protein Pack**

Market Fresh Salads Daily

Buffalo or Crispy Chicken Salad

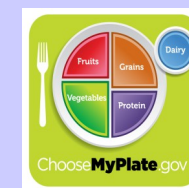
Chicken Caesar Salad

Thursday ONLY Taco salad

Ranch, Caesar, French, & Italian dressings

What Makes a Meal?

**Choose at least 3 colors to make
a full meal!**



One item must be a fruit or vegetable!