



Michigan City Area Schools 2026 Fall Elementary Menu

Office of Food Services • 1100 S. Woodland Ave. • Michigan City, IN 46360 • (219) 873-2131

www.mcas.k12.in.us/food • Britney Rodriguez, Director • Visit us on Facebook

All MCAS Students Receive One Breakfast and Lunch at **No Charge**. All meals include low fat milk.



Cycle Week 1

MONDAY

Rotini Pasta
Garlic Bread
Green Beans
Fresh Broccoli
Diced Pears

TUESDAY

Chicken Nuggets
Dinner Roll
Corn
Mashed Potatoes w/Gravy
Applesauce

WEDNESDAY

Italian Chicken Pasta Bake
Steamed Broccoli
Grape Tomatoes
Fruit Choice

THURSDAY

Turkey Sub
Chips
Fresh Carrots and Cauliflower
w/dip
Diced Peaches

FRIDAY

Mini Corn Dogs
Roasted Potatoes
Sweet Heat Baked Beans
Apple Slices

Cycle Week 2

MONDAY

Chicken Leg
Dinner Roll
Mashed Potatoes w/Gravy
Corn
Fruit Choice

TUESDAY ★

Nachos w/Meat &/or Cheese
Refried Beans
Salsa
Pepper Strips
Fruit Choice

WEDNESDAY ★

French Bread Cheese Pizza
w/marinara
Steamed Broccoli
Fruit Choice

THURSDAY

Hot dog
Waffle Fries
Glazed Carrots
Fruit Choice

FRIDAY

★ Detroit Style Pizza
Cheese or Beef Pepperoni
Veggie Cup w/dip
Peaches

Cycle Week 3

MONDAY ★

Macaroni & Cheese
Cornbread
Steamed Broccoli
Baby Carrots
Fruit Choice

TUESDAY

Hamburger or
Cheeseburger
Crinkle Cut Pickle Chips
Tater Tots
Spicy Baked Beans
Fruit Choice

WEDNESDAY

Orange Chicken
Vegetable Fried Rice
Super Salad
Fruit Choice

THURSDAY

Chicken Sandwich
Zucchini Fries
Corn
Fruit Choice

★ FRIDAY ▲

Cheese or Pepperoni Pizza
Side Salad
Sidewinder Fries
Fruit Choice

Fuel Up With Breakfast!

Monday

Sausage Pancake Sandwich

Tuesday

Breakfast Pizza

Wednesday ★

Mini Cinni

Thursday ★

Cheese Egg Bite
w/Hashbrown

Friday ★

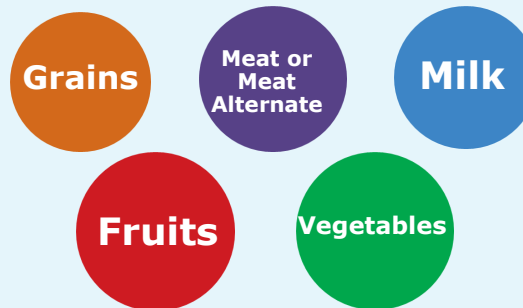
Mini Blueberry Waffles

**Breakfast includes 100%
juice, fruit or vegetable &
low fat milk**

*Reduced Sugar/Whole Grain
Cereal offered as a second
choice every morning!*

What Makes a Meal?

Choose at least 3 colors to make a full meal!



One item must be a fruit or vegetable!

★ Meatless Entrée

▲ May Contain Pork

● May Contain Nuts

LEAD THE PACK



● ★ PBJ Sandwich & Yogurt Pack ★

**AVAILABLE DAILY AS A SECOND ENTRÉE CHOICE.
INCLUDES THE REGULAR MENUED FRUIT, VEGETABLE AND MILK.**



A la cart items are available for purchase in some buildings. Funds can be added to student accounts at <https://linqconnect.com/main>.

**Special Menu*
National School Lunch Week*

August

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

September

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

October

M	T	W	T	F
			1	2
5	6	7x	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

November

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

December

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	