



Michigan City Area Schools 2026 Fall Menu—Little Wolves

Office of Food Services • 1100 S. Woodland Ave. • Michigan City, IN 46360 • (219) 873-2131

www.mcas.k12.in.us/food • Britney Rodriguez, Director • Visit us on Facebook

All MCAS Students Receive One Breakfast and Lunch at **No Charge**. All meals include low fat milk.



Cycle Week 1

MONDAY

Chicken Nuggets
Ketchup
Corn
Applesauce

TUESDAY

Rotini Pasta
Green Beans
Diced Pears

WEDNESDAY

Asian Chicken
Mixed Vegetables
Orange Wedges

THURSDAY

Turkey Sandwich
Fresh Cauliflower
w/dip
Diced Peaches

FRIDAY ★

Cheesey Roll-ups
Baked Beans
Sala Cup
Fruit Cup

Cycle Week 2

MONDAY

Brunch for Lunch!
French Toast Sticks ★
Chicken Sausage Patty
Hashbrown
Warm Cinnamon Apples

TUESDAY ★

Macaroni and Cheese
Steamed Broccoli
Fruit Cup

WEDNESDAY ★

Nachos w/Meat &/or
Cheese
Refried Beans
Fruit Choice

THURSDAY

Chicken Sandwich
Crinkle Fries
Ketchup
Fruit Choice

FRIDAY

Sloppy Joe Sandwich
Veggie Cup
Fruit Cup

Cycle Week 3

MONDAY

Hamburger or
Cheeseburger
Green Beans
Frozen Slush Cup

TUESDAY

Orange Chicken
Vegetable Fried Rice
Orange Wedges

WEDNESDAY

Tacos
Lettuce & Salsa
Diced Peaches

THURSDAY

Chicken Leg
Mashed Potatoes
Fruit Cup

★ FRIDAY

Bosco Stick
Marinara Sauce
Veggie Cup

Fuel Up With Breakfast!

Monday

Sausage Pancake Sandwich

Tuesday

Breakfast Pizza

Wednesday ★

Mini Pancakes

Thursday ★

Cheese Egg Bite
w/Hashbrown

Friday ★

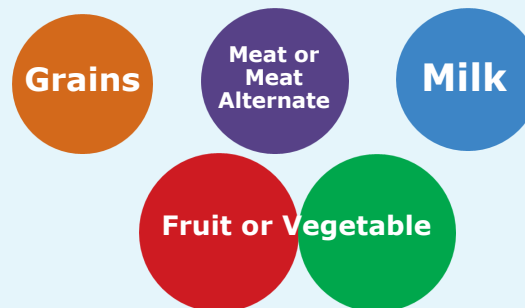
Mini Blueberry Waffles

*Breakfast includes a fruit
or vegetable & low fat
milk*

*Reduced Sugar/Whole Grain
Cereal offered as a second
choice every morning!*

What Makes a Meal?

All components are served daily.



We follow CACFP guidelines to provide
significant exposure to various varieties of
food.

- ★ Meatless Entrée
- ▲ May Contain Pork
- May Contain Nuts



★ Soy Butter Sandwich Combo Pack & Yogurt Pack ★

AVAILABLE DAILY AS A SECOND ENTRÉE CHOICE.
INCLUDES THE REGULAR MENUED FRUIT, VEGETALBE AND MILK.

August

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

September

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

October

M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30

November

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				

December

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	



Do you have older children in the district? A la cart items are available
for purchase in some buildings. Funds can be added to student
accounts at <https://linqconnect.com/main>.

Special Menu
National School Lunch Week