

Sunshine® Cheez-It® Whole Grain

Baked snack crackers. 1 oz. equivalent of grain.

Product Type
Grab 'n Go Crackers

Product Category

UPC Code
2410079263

Servings/Case
175 ct

Sizes
0.75 oz

Format
Single Serve

Gross Weight
10.246

Allergen Information
CONTAINS WHEAT, MILK AND SOY
INGREDIENTS.

Dietary Exchange Per Serving
1 Carbohydrate, 1/2 Fat

Kosher Status
Kosher Dairy

Grain Ounce Equivalents
1.0

Shelf Life
240 days (8 months)

Country of Origin
Distributed in USA



Date Printed: 06/06/2018

Sunshine®
Cheez-It®
Whole Grain

Nutrition Facts
Serving size 1 Pouch (21g)
Amount per serving
Calories 100
% Daily Value*
Total Fat 3.5g 4%
Saturated Fat 1g 5%
Trans Fat 0g
Polysaturated Fat 1.5g
Monounsaturated Fat 0.5g
Cholesterol <5mg 1%
Sodium 150mg 7%
Total Carbohydrate 14g 5%
Dietary Fiber 1g 4%
Total Sugars 0g
Includes 0g Added Sugars 0%
Protein 3g
Vitamin D 0mcg 0% • Calcium 110mg 8%
Iron 1mg 4% • Potassium 50mg 0%
Vitamin A 10% •
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
Ingredients: Whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, vitamin B₁ [thiamin mononitrate], vitamin B₂ [riboflavin], folic acid), white cheddar cheese (milk, cheese cultures, salt, enzymes), soybean oil (with TBHQ for freshness), Contains 2% or less of salt, calcium carbonate, paprika, yeast, paprika extract color, turmeric extract color, BHT for freshness, vitamin A palmitate, annatto extract color, soy lecithin. CONTAINS WHEAT, MILK, AND SOY INGREDIENTS.

NLI#13738