



Dear Parent or Guardian:

The Cherry Hill High School Nurses would like to welcome families of both new and returning students to high school and take this opportunity to review important information for the 2026-2027 school year. The following is an overview of school health services and policies for high school. The nurses' websites provide the most up to date information along with forms your child may need. **The nurses' websites can be accessed through your school's home page under "Quicklinks."**

Medications: that need to be given during the school day ***MUST*** be administered by the nurse. State law dictates that **all medications (including over-the-counter remedies such as cough syrup, eye drops, and ointments, etc.)** have a written order from your child's healthcare provider along with a completed parental permission form **before** the medication can be administered at school.

- Ibuprofen and Acetaminophen may be given with parental permission via the Genesis parent portal.
- **Medication orders and Action/Medical Management Plans must be obtained each school year.**
- All medications ***MUST*** be brought to the nurse's office by a **parent or trusted adult**, in the original container(s). Medications ***cannot*** be accepted if they are not in the original prescription or manufacturer's labeled bottle, and are expired. **Please do not send medications to school with your child.**
- An **Asthma Action Plan** is required for students who have asthma and will be using an inhaler or nebulizer at school. Students at the high school level are permitted to self-carry and self-administer rescue inhalers if both the healthcare provider and parent/guardian signed off on said plan.
- An **Allergy and Anaphylaxis Plan** is required for students who have allergies and may require the administration of rescue medication(s). Students at the high school level are permitted to self-carry and self-administer Epinephrine (Auto-Injector/Nasal Spray) if both the healthcare provider and parent/guardian signed off on said plan.
- A **Diabetic Medical Management Plan** is required for students who have a diagnosis of diabetes. This plan provides instructions for overall management, including diabetic life-threatening events in school. Students at the high school level are permitted to self-carry and self-administer Diabetic Medical Supplies if both the healthcare provider and parent/guardian signed off on said plan.
- A **Seizure Action Plan** is required for students who have a seizure diagnosis. This plan provides instructions for seizure management in the event of a seizure in school.

Medical Eligibility for Sports: In accordance with New Jersey State Law, students planning to participate in any sport at the high school level, including intramurals, are required to have an up-to-date physical exam. You will need to adhere to the following requirements listed below. **Please note that fall medical eligibility forms are due July 24th, WINTER forms are due October 31st, and Spring Forms are due February 1st. Forms submitted after the posted dates are not guaranteed to be cleared in time for tryouts.** ONLINE REGISTRATION for sports takes place EACH SEASON and can be found in the FORMS SECTION of the Genesis parent portal.

- A physical examination must be conducted and recorded by your child's healthcare provider on the New Jersey Department of Education **Preparticipation Physical Evaluation Medical Eligibility Form**. The Medical Eligibility Form should be in the ORIGINAL form. It may be dropped off or mailed to the nurse's attention during the summer months. This form is valid for **365 days and must be valid on the sport's first day of practice.**
- Review and Complete the following online documents through the Genesis Parent Portal:
 - a. ***Health History Update Questionnaire***
 - b. ***Opioid Use/Misuse Fact Sheet and video***
 - c. ***Sudden Cardiac Death in Young Athletes Pamphlet***
 - d. ***Sports-Related Concussion and Head Injury Fact Sheet***

e. Athletic Participation and Release Form

Immunizations: The nurses review student immunization records to ensure all high school students meet current state requirements. If a record shows missing or incomplete vaccinations, parents/guardians will be notified with the specific information needed and next steps. To help us keep records accurate and students in compliance, please provide an updated immunization record to the school whenever your student receives any new vaccines.

Physical Education Excuses: Written excuses by the child's medical provider are accepted by the school nurse for student injuries or illnesses. **Exclusions longer than five PE classes may require the student to be placed in a study hall for the duration of their injury/illness.** The note should include: diagnosis and length of time to be excused or necessary modifications. School will require a physician/healthcare provider update note every 30 days unless otherwise stated by the student's healthcare provider. The parent/guardian must provide a note of medical clearance signed by the child's healthcare provider prior to return to Physical Education/Athletics. Students will not be permitted to participate until this note is reviewed and approved by the school nurse.

Emergency Contact Information/Health Record Update Forms: The School Nurse Health Record Update form will be available on the Genesis parent portal beginning in August for the upcoming school year. If your child has received a new medical diagnosis such as asthma or develops a new food allergy, include this information in the update and contact the school nurse directly. **Be sure to update all emergency contact information in Genesis.** This information is critical to have on file if your child is injured or gets ill at school.

Health Screenings: Will be done throughout the year. The screenings may include height, weight, vision, hearing, blood pressure, and scoliosis (a simple exam of the back). If you would like your child to be exempt from any of these screenings, complete the **MEDICAL PERMISSION FOR HEALTH SERVICES** form through the parent portal in Genesis at the beginning of each school year.

School Absences: If your child is going to be absent, please complete the appropriate attendance procedure and identify if the absence is illness-related, if applicable. Parents/Guardians of West High School students, please complete the Google Doc through Quicklinks on the West website <https://west.chclc.org/quicklinks>. Parents/Guardians of East High School students, please complete the absence request through the parent portal in Genesis at:

<https://parents.chclc.org/genesis/sis/view?gohome=true>

Illness: Please note that students must be fever-free <100°F for 24 hours without the use of fever-reducing medications before returning to school. In addition, if your child has vomited or had diarrhea within the last 24 hours, they should **NOT** return to school until they are symptom-free for 24 hours.

If you have any special concerns, questions, or information to share about your child, please contact the high school nurse.

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