

All Meals:

Served with choice of white milk, chocolate milk or soy milk

Breakfast:

Served with assorted fruits, milk

Lunch:

Served with assorted fruits & veggies or salad bar, milk

Daily

Alternative Options:

Breakfast:

Cereal, fruit, milk

Lunch:

Turkey or Ham Sandwich, fruits, veggies, side dish, milk

What Makes a Lunch?

Select 3-5 Components



One must be a



**Come have
Breakfast or
Lunch with
your Student**
(RSVP Not Required)
Adult Breakfast \$3.30
Adult Lunch \$5.25



2026 SEPTEMBER PALOUSE MENU



	Sept 1	2	3	4
	Breakfast Corn dog, Yogurt	Breakfast Pizza, Yogurt	French Toast, Sausage	Fruit & Yogurt Parfait, UBR Cookie
	Hotdog, Baked Beans, Tater Tots	Popcorn Chicken, Mash Potatoes & Gravy, Corn, Dinner Roll	Grilled Cheese Sandwich, Tomato or Chicken Noodle Soup, Peas	Hoagie Sandwich or PBJ, String Cheese, Chips, Cookie
	No School 7	8	9	10
Breakfast		Banana or Pumpkin Bread, Hard Boiled Eggs	Waffles, Sausage	Biscuits & Gravy
Lunch		Sweet & Sour Chicken, Rice, Stir Fry Veggies, Fortune Cookie	Cheeseburger or Chicken Sandwich, Fries, Baked Beans	Breakfast for Lunch: Pancakes, Sausage, Yogurt, Hashbrowns
	14	15	16	17
Breakfast	Bagel & Cream Cheese, Sausage, Yogurt	Pancakes, Sausage	Strawberry Shortcake	Combo Breakfast Bars, Yogurt
Lunch	Country Fried Steak, Mashed Potatoes & Country Gravy, Green Beans, Dinner Roll	Taco Soup, Tortilla Chips, Corn Bread	Macaroni & Cheese, Caesar Salad, Roasted Veggies, Breadsticks	Sloppy Joes, Tater Tots, Coleslaw
	21	22	23	24
Breakfast	Breakfast Corn dog, Yogurt	Breakfast Pizza, Yogurt	French Toast, Sausage	Fruit & Yogurt Parfait, UBR Cookie
Lunch	Teriyaki Beef Dippers or Teriyaki Chicken, Rice, Stir Fry Veggies, Fortune Cookie	Lasagna, Garlic Bread, Cucumber Tomato Salad, Corn	Pulled Pork Sandwich, Fries, Coleslaw	Meatloaf, Mashed Potatoes & Gravy, Cooked Veggies, Dinner Roll
	28	29	30	October 1
Breakfast	Muffin, Scrambled Eggs, Hashbrown	Waffles, Sausage	Banana or Pumpkin Bread, Hard Boiled Eggs	Biscuits & Gravy
Lunch	Mini Corn dogs, Baked Beans, Tater Tots, Coleslaw	Beef or Chicken Super Nachos	Chicken Alfredo, Caesar Salad, Steamed Veggies, Garlic Bread	Cheeseburger or Chicken Sandwich, Fries, Cooked Carrots
				2
				Pizza, Caesar Salad, Steamed Ranch Veggies

Menu is subject to change without notification. This institution is an equal opportunity provider.