

# AUGUST 2026

## Shasta Lake Middle School



Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

Welcome Back!

10

11

12

13

14

**BREAKFAST**

YOGURT  
TOAST

**LUNCH**

CHICKEN PATTY SANDWICH  
OR  
BEAN & CHEESE BURRITO

17

**BREAKFAST**

SCRAMBLED EGGS  
TOAST & JELLY

**LUNCH**

TATER TOT CASSEROLE, ROLL  
OR  
CHICKEN NUGGETS & FRIES

18

**BREAKFAST**

HOMEMADE MUFFIN

**LUNCH**

HAWAIIAN SLIDERS  
CHIPS & PINEAPPLE  
OR  
HOT DOG & TATER TOTS

19

**BREAKFAST**

BREAKFAST BURRITO

**LUNCH**

PULLED PORK SANDWICH  
OR  
UNCRUSTABLE & STRING CHEESE  
CHIPS

20

**BREAKFAST**

FRUIT & YOGURT PARFAIT  
GRANOLA

**LUNCH**

ORANGE CHICKEN  
STEAMED RICE  
OR  
PIZZA

21

**BREAKFAST**

BREAKFAST PIZZA

**LUNCH**

CHICKEN NUGGETS  
OR  
CORN DOG  
FRIES

24

**BREAKFAST**

BAGEL & CREAM CHEESE

**LUNCH**

CHICKEN ALFREDO  
DELI SANDWICH  
CHIPS & COLESLAW

25

**BREAKFAST**

HOMEMADE MUFFIN

**LUNCH**

PAPA MURPHY'S PIZZA  
OR  
UNCRUSTABLE, STRING CHEESE  
CHIPS

26

**BREAKFAST**

EGG STRAVAGANZA  
TOAST & JELLY

**LUNCH**

DELI HOAGIE  
OR  
CHICKEN PATTY SANDWICH  
CHIPS

27

**BREAKFAST**

PANCAKE SAUSAGE SANDWICH  
SYRUP

**LUNCH**

NACHOS OR QUESADILLA  
REFRIED BEANS  
BIRTHDAY TREAT

28

**BREAKFAST**

YOGURT  
TOAST

**LUNCH**

BEAN & CHEESE BURRITO  
SPANISH RICE  
OR  
QUESADILLA & SPANISH RICE

31



Breakfast: \*Optional breakfast is cereal & graham crackers\*  
All breakfasts include the following components: 2 oz Grains,  
1 Cup Fruit & 1 Cup Milk.  
Lunch: All lunches include the following components: 1 Cup Milk,  
1-2 Oz Meat/Meat Alternative, 1-2 Oz Grains, ½ Cup Fruit & ¼  
Cup Vegetables.

Salad bar offered daily.

**Menus are subject to change**

This institution is an equal opportunity provider.  
Student meals provided at no charge  
Adult Breakfast \$4.25 & Lunch \$5.75

Happy Birthday to everyone with a birthday in August!  
Birthday treat comes with hot lunch only.

