



7/29/26

Dear Parents and Guardians,

Welcome to the 2026–2027 school year! As we partner with you to ensure your child’s academic success, we also prioritize their health and well-being. To maintain a safe and healthy learning environment and in strict compliance with Pennsylvania Department of Health regulations, our district will enforce mandated physical and dental examinations this school year in accordance with state law and School Board Policy. These requirements apply to ALL Pleasant Valley students, including Pleasant Valley Cyber students.

Under Pennsylvania state law, specific grades are required to submit updated health records:

Physical Examinations are REQUIRED for students entering: Kindergarten, 1st Grade, 6th Grade, 11th Grade, and all new students. *Private physical exams will be accepted from 1 year before the current school year.*

Dental Examinations are REQUIRED for students entering: Kindergarten, 1st Grade, 3rd Grade, 7th Grade, and all new students. *Private dental exams will be accepted from 1 year before the current school year.*

- **Compliance Deadline for incoming Kindergarten Students: August 31, 2026**
- **Compliance Deadline for 1st-11th Grade Students: December 31, 2026**
- **Compliance Deadline for New Students: 60 days from start date**

PV Family - We Are Here to Help: Free School Exams Are Available to our students

We never want a lack of access to healthcare to disrupt your child's education. To fully support our families, **the school district will be offering a FREE physical and dental examination at the school.** Please check the school website for information about these exams.

If you would like your child to be seen by the school physician or school dentist at no cost to you, please complete the permission forms when they come home and return them to the school nurse. *NO IMMUNIZATIONS ARE GIVEN AT A SCHOOL PHYSICAL. If you would like to be present for your child’s exam, please reach out to your school nurse.*

PLEASE NOTE: THESE DEADLINES DO NOT APPLY TO REQUIRED IMMUNIZATIONS. Immunizations will continue to be required by the first day of school, or your student will be EXCLUDED per Board Policy.

Thank you for your prompt attention to this matter and for your continued support in keeping our school community healthy, safe, and ready to learn. If you have any questions or need assistance, please do not hesitate to reach out to your school's health office.

Sincerely,

Pleasant Valley Nursing Department:

PVE: tichy.sabreena@pvbears.org, PVI: kieffer.dawn@pvbears.org, PVMS: krasniqi.amy@pvbears.org, PVHS: borger.rachel@pvbears.org