High School Fall Menu

Monday

Daily Breakfast:

- Cereal
- Bagel & Cream Cheese
- Hot Habanero Nada
- Breakfast Bars
- Breakfast Burrito
- Chocolate or Blueberry Muffin
- Smoothie w/ Granola Bar

Daily Lunch:

- Pepperoni or Cheese Pizza
- Spicy Chicken Burger or Spicy Vegetarian Burger
- Cheeseburger w/ Fries or Vegetarian Cheeseburger w/ Fries
- Chicken Wings w/ Carrots, Celery & Roll
- Turkey & Cheddar Sandwich
- Spicy Grilled Cheese w/ BBQ Chips
- Munchable
- Garden Bar

Breakfast

- Waffles

Lunch

- Chicken Dumpling w/ Teriyaki Glaze & Edamame Rice
- Chicken Bacon Ranch Wrap
- Chicken Fajita Bowl
- Coconut Chicken Curry w/ Rice & Vegetables

Dinner

- Teriyaki Chicken w/ Rice & Broccoli

Side Salad:

- Garden Salad

Breakfast Meal Requirements w/ entree: 1 cup srvg of fruit.
Lunch Meal Requirements w/ entree: 1 cup srvg of fruit & Vegetable
Offered Daily: 1% or Non-fat Milk



Menu Subject to Change

This institution is an equal opportunity provider

High School Fall Menu

Tuesday

Daily Breakfast:

- Cereal
- Bagel & Cream Cheese
- Hot Habanero Nada
- Breakfast Bars
- Breakfast Burrito
- Chocolate or Blueberry Muffin
- Smoothie w/ Granola Bar

Daily Lunch:

- Pepperoni or Cheese Pizza
- Spicy Chicken Burger or Spicy Vegetarian Burger
- Cheeseburger w/ Fries or Vegetarian Cheeseburger w/ Fries
- Chicken Wings w/ Carrots, Celery & Roll
- Turkey & Cheddar Sandwich
- Spicy Grilled Cheese w/ BBQ Chips
- Munchable
- Garden Bar

Breakfast

- French Toast w/ Syrup & Jam

Lunch

- Butter Chicken w/ Rice & Roasted Broccoli
- BBQ Pulled Chicken Sandwich w/ Slaw
- Baja Fist Tacos
- Chicken Alfredo Pasta

Dinner

- Cheese Ravioli w/ Marinara Sauce & Garlic Breadstick

Side Salad

- Southwest Corn & Bean Salad

Breakfast Meal Requirements w/ entree: 1 cup srvg of fruit.
Lunch Meal Requirements w/ entree: 1 cup srvg of fruit & Vegetable
Offered Daily: 1% or Non-fat Milk



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High School Fall Menu

Wednesday

Daily Breakfast:

- Cereal
- Bagel & Cream Cheese
- Hot Habanero Nada
- Breakfast Bars
- Breakfast Burrito
- Chocolate or Blueberry Muffin
- Smoothie w/ Granola Bar

Daily Lunch:

- Pepperoni or Cheese Pizza
- Spicy Chicken Burger or Spicy Vegetarian Burger
- Cheeseburger w/ Fries or Vegetarian Cheeseburger w/ Fries
- Chicken Wings w/ Carrots, Celery & Roll
- Turkey & Cheddar Sandwich
- Spicy Grilled Cheese w/ BBQ Chips
- Munchable
- Garden Bar

Breakfast

- Turkey-Ham & Cheese Biscuit Sandwich

Lunch

- Chicken Katsu w/ Rice & Broccoli
- Nashville Hot Chicken Sandwich
- BBQ Chicken Wings w/ Baked Beans & Cornbread
- Greek Chicken Salad

Dinner

- Chicken & Cheese Quesadilla w/ Berry Slushy

Side Salad

- Broccoli Crunch Salad

Breakfast Meal Requirements w/ entree: 1 cup srvg of fruit.
Lunch Meal Requirements w/ entree: 1 cup srvg of fruit & Vegetable
Offered Daily: 1% or Non-fat Milk



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High School Fall Menu

Thursday

Daily Breakfast:

- Cereal
- Bagel & Cream Cheese
- Hot Habanero Nada
- Breakfast Bar
- Breakfast Burrito
- Chocolate or Blueberry Muffin
- Smoothie w/ Granola Bar

Daily Lunch:

- Pepperoni or Cheese Pizza
- Spicy Chicken Burger or Spicy Vegetarian Burger
- Cheeseburger w/ Fries or Vegetarian Cheeseburger w/ Fries
- Chicken Wings w/ Carrots, Celery & Roll
- Turkey & Cheddar Sandwich
- Spicy Grilled Cheese w/ BBQ Chips
- Munchable
- Garden Bar

Breakfast

- Sausage Egg and Cheese Sandwich

Lunch

- Beef Bibimbap Rice Bowl
- Chicken Bahn Mi Sandwich
- Pesto Pasta w/ Chicken Meatballs
- Chicken Chow Mein

Dinner

- Chicken Drumstick w/ Macaroni Salad

Side Salad

- California Cucumber Salad

Breakfast Meal Requirements w/ entree: 1 cup srvg of fruit.
Lunch Meal Requirements w/ entree: 1 cup srvg of fruit & Vegetable
Offered Daily: 1% or Non-fat Milk



Menu Subject to Change

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High School Fall Menu

Friday

Daily Breakfast:

- Cereal
- Bagel & Cream Cheese
- Hot Habanero Nada
- Breakfast Bar
- Breakfast Burrito
- Chocolate or Blueberry Muffin
- Smoothie w/ Granola Bar

Daily Lunch:

- Pepperoni or Cheese Pizza
- Spicy Chicken Burger or Spicy Vegetarian Burger
- Cheeseburger w/ Fries or Vegetarian Cheeseburger w/ Fries
- Chicken Wings w/ Carrots, Celery & Roll
- Turkey & Cheddar Sandwich
- Spicy Grilled Cheese w/ BBQ Chips
- Mucnhable
- Garden Bar

Breakfast

- Chicken Sausage Pancake Wrap

Lunch

- Chicken Adobo Rice Bowl
- Island Chicken Sandwich w/ Slaw
- Beef Hot Dog w/ Fries
- Carne Asada Bowl

Dinner

- Cheese Pizza

Side Salad

- Street Corn Salad

Breakfast Meal Requirements w/ entree: 1 cup srvg of fruit.
Lunch Meal Requirements w/ entree: 1 cup srvg of fruit & Vegetable
Offered Daily: 1% or Non-fat Milk



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