PRE-SCHOOL FALL MENU

Daily Breakfast: Oatmeal, Cereal, Bagels w/ Cream Cheese,

Daily Lunch: Munchables, Sunbutter & Jelly Sandwich

Monday

B - Pancake Bites w/ Syrup & Jam
L - Cheese Ravioli w/ Marinara Sauce & Garlic Bread
S - Yogurt w/ Graham Cracker

Tuesday

B - Cheesy Pull Apart w/ Marinara Sauce Cups
L - Cheese Quesadilla w/ Beans
S - Apple Slices w/ Cheese Stick

Wednesday

B -Chicken Sausage Pancake Wrap
L - Beef Hot Dog w/ Fries
D - Celery Sticks w/ Hummus

Thursday

B- Smoothie w/ Granola Bar
L - Orange Chicken w/ Rice & Roasted Broccoli
S - Waffle w/ Fresh Fruit

Friday

B - French Toast Sticks w/ Syrup & Jam
L - Chicken Nuggets w/ Tater Tots & Roll
S - Cottage Cheese w/ Fresh Fruit

Breakfast Meal Requirements w/ entree: ½ cup srvg of fruit.
Lunch Meal Requirements w/ entree: 1/2 cup srvg of fruit & Vegetable
Offered Daily: 1% or Non-fat Milk

Menu Subject to Change

This institution is an equal opportunity provider