

Breakfast Menu

HFIS

September 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday



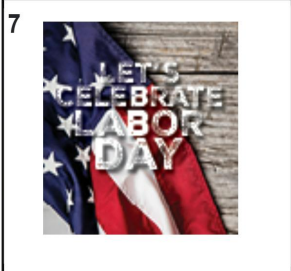
Tuesday



Wednesday

Thursday

Friday



8 Maple Mini Waffles ✓
Unflavored 1% Milk
100% Apple Juice
Diced Pear Cup
Egg and Cheese Sandwich ✓

9 Whole Grain French Toast Slices
Unflavored 1% Milk
100% Apple Juice
Diced Pear Cup
Egg and Cheese Sandwich ✓

10 Strawberry Mini Bagel ✓
Unflavored 1% Milk
100% Apple Juice
Egg and Cheese Sandwich ✓

11 Bacon, Egg and Cheese Breakfast Sandwich
Unflavored 1% Milk
100% Apple Juice
Egg and Cheese Sandwich ✓

14 Egg and Cheese Sandwich ✓
Unflavored 1% Milk
100% Apple Juice
Mini Cinnamon Pull Apart Roll ✓

15 Egg and Cheese Sandwich ✓
Unflavored 1% Milk
100% Apple Juice
Fresh Orange
Banana Bread Sliced ✓

16 Bacon, Egg and Cheese Breakfast Sandwich P
Unflavored 1% Milk
100% Apple Juice
Fresh Apple
Egg and Cheese Sandwich ✓

17 Egg and Cheese Sandwich ✓
Strawberry Mini Bagel ✓
100% Apple Juice
Fresh Apple
Unflavored 1% Milk

18 WG Donut ✓
Unflavored 1% Milk
100% Apple Juice
Fresh Apple
Egg and Cheese Sandwich ✓



22 Yogurt Breakfast Pack
yogurt served with a whole grain side and fruit 🍌
Sausage and Egg Sandwich
Unflavored 1% Milk
100% Apple Juice

23 Cinnamon Bun ✓
Sausage and Egg Sandwich
Unflavored 1% Milk
100% Apple Juice
Fres 

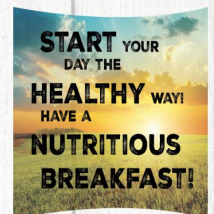
24 Strawberry Mini Bagel ✓
Sausage and Egg Sandwich
Unflavored 1% Milk
100% Apple Juice
Diced Peaches

25 Sausage, Egg & Cheese Burrito* 🍌
100% Apple Juice
Fresh Orange
Unflavored 1% Milk
WG Glazed Donut ✓

28 Maple Mini Waffles ✓
Egg and Cheese Sandwich ✓
Unflavored 1% Milk
100% Apple Juice
Diced Peaches

29 Soft Filled Cinnamon Toast Crunch Bar ✓
Egg and Cheese Sandwich ✓
Unflavored 1% Milk
100% Apple Juice
Diced Peaches

30 Egg and Cheese Sandwich ✓
100% Apple Juice
Unflavored 1% Milk
Banana Bread Sliced ✓



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Breakfast Prices

1st Breakfast No Cost,
2nd Meal: \$3.00
Adult \$4.00
Milk:\$0.90

Available Daily

Assorted Reduced Sugar Breakfast Cereals,
Pop Tarts, Muffins, Juice, Milk
& Assorted Cupped and Fresh Fruits

If you have any questions or would like additional information regarding this menu please contact your food service director

Kathy Coakley at 45-446-4914 ext 2890

