DRISCOLL ISD PHYSICAL EDUCATION

2nd Grade PE Syllabus

2026–2027 School Year

Driscoll Dragons Physical Education
Grade: 2nd Grade
Course: Physical Education (PE)

Course Purpose

Second Grade Physical Education builds upon fundamental movement skills while helping students develop greater coordination, confidence, fitness, cooperation, and independence.

PE Schedule

Assigned PE Schedule: ☐ MWF (Monday • Wednesday • Friday)
☐ TTHF (Tuesday • Thursday • Friday)

Students should come prepared for physical activity on their assigned PE days. **Athletic or tennis shoes are strongly recommended.**

What We Will Learn

Students will develop:

- Locomotor movement patterns
- Balance, coordination, agility, and body control
- Throwing and catching
- Kicking and passing
- Hand and foot dribbling
- Introductory striking
- Movement combinations
- Fitness and endurance
- Partner and small-group skills
- Game rules and procedures
- Teamwork and sportsmanship

9-Weeks Overview of Instruction

1st 9 Weeks – Movement, Fitness & Safety

- PE procedures and safety
- Locomotor skill review
- Balance, agility, and coordination
- Movement combinations
- Fitness fundamentals
- Cooperative activities
- Sportsmanship

2nd 9 Weeks – Manipulative Skills

- Throwing and catching
- Accuracy and target activities
- Kicking and passing
- Hand dribbling
- Foot dribbling
- Striking fundamentals
- Partner activities

3rd 9 Weeks – Applying Skills

- Combining movement and ball skills
- Passing and receiving
- Dribbling with control
- Striking activities
- Small-group games
- Fitness stations
- Introduction to basic game strategies

4th 9 Weeks – Games, Fitness & Teamwork

- Skill review and application
- Modified team activities
- Cooperative challenges
- Fitness development
- Recreational games
- Teamwork and sportsmanship
- End-of-year skill review

Instruction may be adjusted based on student needs, facilities, equipment, weather, school events, and the PE rotation.

Dragon PE Expectations

Students are expected to:

- Be safe during all activities.
- Be respectful toward classmates and teachers.
- Be responsible for behavior and equipment.
- Give their best effort.
- Follow directions.
- Cooperate with others.
- Demonstrate good sportsmanship.

Participation & Assessment

Assessment may include:

- Participation and effort
- Skill development
- Following directions
- Safe behavior
- Understanding activities
- Cooperation
- Sportsmanship
- Individual improvement

Students develop skills at different rates. **Growth, effort, and participation are emphasized.**

Shoes, Clothing & Safety

Athletic or tennis shoes are strongly recommended. Students should wear clothing appropriate for safe physical movement.

Students must follow safety procedures and use equipment only as instructed. Injuries, illness, or unsafe conditions should be reported immediately.

Our Driscoll Dragon Promise

Move Safely • Listen Carefully • Try Our Best • Be Kind • Help Others • Show Good Sportsmanship

Parent/Guardian Acknowledgment

We have reviewed the **Driscoll ISD 2nd Grade Physical Education Syllabus** and understand the expectations for participation in PE.

Student Name: _____

PE Schedule: ☐ MWF ☐ TTHF

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____

DRISCOLL DRAGONS

Be Safe • Be Respectful • Be Responsible • Do Your Best