ARLINGTON SCHOOL DISTRICT
ACTIVITIES HANDBOOK



RULES AND REGULATIONS
2026-2027

Table of Contents

Introduction

Nondiscrimination in Education Programs and Activities

Section One: General Information About the Activities Program
- Academic Eligibility
- Attendance at Practices and Contests
- Closings
- Colors
- Complaint Procedure
- Concussions
- Dances
- Electronic Communication
- Equipment
- Fundraising
- Individual Training Rules and Rules of Conduct
- Injuries
- Insurance
- Lettering Requirements
- Mascot
- Physical Exam
- Practices
- Student Manager, Helpers, or Activity Aids
- Sunday and Wednesday Night Activities
- Title IX
- Transportation
- Weight Room

Section Two: Available Activities
- Athletic Teams
- A Club
- Band
- Cheerleading
- Chorus
- Drama
- Future Farmers of America
- National Honor Society
- Oral Interpretation
- Robotics
- Student Council
- Student Publications

Section Three: South Dakota High School Activities Association Rules
SDHSAA Eligibility Rules
Arlington School District Academic Eligibility

Section Four: Code of Conduct
Standard of Conduct
Coach and Sponsor Rules
Arlington Cardinal Code of Ethics
Prohibited Conduct
Discipline
Evaluation, Counseling, and Treatment
Reporting of Incident
Misrepresentations
Questions
Assistance

Section Five: Communication with Coach (Parent & Athlete)
Arlington Cardinal Parent & Coach Relations
Arlington Cardinal Athlete & Coach Relations

Authorization and Acknowledgement

Acknowledgement of Conduct Code

Introduction

Student participation in extracurricular activities has been linked to improved attendance, higher academic achievement, and greater student self-confidence and self-esteem. Arlington Public School provides students with the opportunity to participate in a comprehensive activities program that includes athletics, fine arts, and select clubs or organizations associated with academic areas.

Although the school district believes strongly in the value of student activities, participation in the activities program is a privilege, not a right. Students must obey the rules set out in this handbook and any additional rules created by their coach or activity sponsor. This handbook is advisory and does not create a "contract" with parents, students, or staff. The administration reserves the right to make decisions and make rule revisions at any time to implement the educational program and to assure the well-being of all students. The administration is responsible for interpreting the rules contained in the handbook. If a situation or circumstance arises that is not specifically covered in this handbook, the administration will make a decision based upon all applicable school district policies, and state and federal statutes and regulations.

Please read this handbook carefully. Students and their parents are responsible for complying with all of the rules and procedures detailed in this booklet.

Parents must sign the Authorization and Acknowledgement form at the end of this handbook before their student will be permitted to participate in the activity programs of the district.

Student and parents must sign the Acknowledgement of Conduct Code prior to participation in an activity.

The provisions in this handbook are subject to change at the sole discretion of the Board of Education. From time to time, you may receive updated information concerning changes in the handbook. These updates should be kept within the handbook so that it is up to date. If you have any questions regarding this handbook, please contact the Superintendent for assistance.

NONDISCRIMINATION IN EDUCATION PROGRAMS AND ACTIVITIES

The school district does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The school district prohibits sex discrimination in any education program or activity that it operates.

Students who believe that they have been the subject of unlawful discrimination or harassment due to their disability, or that have other related concerns or questions, should contact the following Section 504 Coordinator: Keri Statema at 605-983-5598, keri.statema@k12.sd.us or in person at school.

Students who believe that they have been the subject of unlawful discrimination or harassment due to their sex, or that have other related concerns or questions, should contact the Title IX Coordinator: Lisa Parry at 605-983-5598, lisa.parry@k12.sd.us, PO Box 359 Arlington, SD 57212 or in person at the school. The School District's specific Notice of Discrimination on the Basis of Sex may be accessed at the following link: https://www.arlington.k12.sd.us

Students who believe that they have been the subject of unlawful discrimination or harassment due to their race, color, or national origin, or that have other related concerns or questions, should contact the Title VI Coordinator: Lisa Parry at 605-983-5598, lisa.parry@k12.sd.us, PO Box 359 Arlington, SD 57212 or in person at school.

Students who believe that they have been the subject of any other unlawful discrimination or harassment should contact the Principal at 605-983-5598, lisa.parry@k12.sd.us or in person at school. Students may report discrimination or harassment to any staff member who will then forward it on to the appropriate coordinator or administrator. The staff member will follow school district policies to respond to the report.

For additional prohibited discrimination and related information, please review school district Policy 3053 – Nondiscrimination

SECTION ONE:
GENERAL INFORMATION ABOUT THE ACTIVITIES PROGRAM

Academic Eligibility

To be eligible to participate in the school's activity programs, each student must meet South Dakota High School Activities Association (SDHSAA) and District requirements concerning scholastic eligibility (see Section Three of this Handbook). Participants must attend practices and participate in all conditioning during any period of ineligibility.

The school district will notify a participant whenever the participant is declared academically ineligible.

Students may not participate in any activity, performance or practice while serving a short-term suspension, long-term suspension, or expulsion from school.

Attendance at Practices and Contests

Participants in the activities program are expected to attend and be on time at all practices and meetings scheduled by the coach or sponsor. Participants may be excused for absences resulting from a participant's illness, a death in the family, a doctor's appointment, a court appearance, or other absences that are arranged in advance. The coach, sponsor, or director of an activity may require a participant who has an excused absence to complete an alternate assignment for missing a practice, meeting, event, performance, or contest. A participant who is unable to attend a scheduled practice, meeting, or game must contact the coach or sponsor in advance. Students who are absent from school due to illness are not required to provide the coach or sponsor with additional notification of the student's absence from practice.

Unexcused absences will result in:

- 1st violation - Each case will be handled at the discretion of the coach
- 2nd violation - Possible suspension from the activity for the year

In addition, each participant will need to be involved in 5 team practices, as set by the SDHSAA, before competing in a contest. Junior varsity and junior high sports will also follow this policy before they will be eligible to compete.

Students are required to be in school for at least three full periods out of the day in order to compete in activities that day.

- Exceptions:
    - Family emergencies approved in advance with a note from the principal

        - Examples would be funerals and other serious family emergencies
    - Missing school to participate in school athletics/activities
    - Cases may be handled at the discretion of the coach and Supt/AD

If a participant misses a scheduled contest or performance, the coach or sponsor may impose discipline up to and including suspension of the participant from the activity for the remainder of the season or length of the activity.

Closings

Unless the administration determines that it is permissible for the activity to continue as scheduled, all activities will be canceled or postponed in the event that school has been called off for inclement weather or any other reason as determined by the administration.

Colors

The Arlington School colors are Red and White.

Complaint Procedure

To reduce conflicts in the school's activities program, students and/or their parents should use the district's formal complaint procedure to manage conflicts about the program. The complaint procedure is printed in the school's student handbook and may be found on the district's web site.

Concussions

Arlington concussion injury policy for a student/athlete to return to play

"Any athlete who exhibits signs, symptoms or behaviors consistent with a concussion, such as loss of consciousness, headaches, dizziness, confusion or balance problems, shall be immediately removed from the contest/practice and shall not return to play until cleared by an appropriate health-care professional."

1. All athletes will need to have completed a baseline ImPact test before starting the season.

2. Using the following guidelines a coach who becomes aware of the following signs or symptoms, regardless of how the coach becomes aware of these signs and or symptoms should follow the procedure listed below.

    a) Immediately remove the student/athlete from the game or practice.

b) If the student athletes signs of a concussion are obvious and no trainer or EMT is available the student/athlete should be monitored closely and not return to practice for the day or future games and/or practices until a parent has been notified and can make the decision on which approved health care provider can make a formal evaluation. An Arlington School Parent/Athlete Consent for Continued Participation Following a Concussion waiver must be signed before a student athlete may return to any future games and/or practices. The waiver will require the following signatures: a parent, coach, an approved health care professional in conjunction with the ImPact test provider, the student athlete and the athletic director.

c) If a trainer or an EMT is available at the site the trainer or EMT may diagnose whether the injury is a lesser injury than a concussion. If the trainer or EMT makes the decision that the injury is not a concussion the student athlete may return to play. If however, a trainer or EMT makes a decision that a student/athlete may have suffered a concussion or cannot make an informed decision the student athlete should then follow items "a" and "b" listed above.

3. A healthcare professional listed as acceptable by the Arlington School District will be a Licensed Medical Doctor or a Licensed P.A or CNP in conjunction with the ImPact test provider.

ARLINGTON SCHOOL PARENT/ATHLETE CONSENT FOR CONTINUED PARTICIPATION FOLLOWING A CONCUSSION

I hereby knowingly and voluntarily allow _____ to participate in _____ understanding the possibilities of further injury including: brain damage, paraplegia and quadriplegia, loss of limb or body part and permanent damage to a body part. I will not hold the school district, its employees, or its contractors (including athletic administrator, trainer and coaches) accountable for any further injury that may occur.

The undersigned Parents certify to the District that they have consulted with a health professional or professionals of their choice in conjunction with the ImPact test provider concerning the Athlete's injury, and are not relying upon the School District or its employees in making the determination that the Athlete may return to participation in sports.

I have read the above statement and understand it in its entirety.

_____	_____
Parent	Certified Doctor or CPA or CNP
_____	_____
Parent	ImPact Provider
_____	_____
Athlete	Athletic Director

I have read and understand the above statement and I willfully will participate in _____

_____	_____
Athlete	Date

AN AUTHORIZATION FROM THE STUDENT'S TREATING PHYSICIAN PERMITTING THE STUDENT'S RETURN TO ATHLETIC PARTICIPATION MUST ACCOMPANY THIS FORM.

Dances

School dances are part of the district's extracurricular activity program. Students who wish to participate in school dances must comply with the activity code. Students may be prohibited from participating in school dances as a consequence for violating school rules or these activity rules.

Junior High/High School Dances

Junior high/High school (7-12) dances are restricted to students currently enrolled in the junior high/high school and will be sponsored by advisors. Any advisor wishing to sponsor a junior high/high school dance must obtain permission from the principal regarding date and times. Each dance must be sponsored by at least one faculty member and at least two additional adults. Once admitted to the dance, students must remain until the close of the dance. Students who leave the dance will not be readmitted.

Homecoming and Prom

The Homecoming dance is open to students and guests of Arlington High School.

The Junior/Senior Prom is open to students and guests of the Arlington High School junior and senior classes. Guests must follow all rules that the students must follow. Each student is responsible for his/her guest's conduct. Appropriate attire is required for these dances. No blue jeans, shorts, or T-shirts will be allowed at the banquet or dance for Prom. Black dress jeans will be acceptable.

Electronic Communication

The school board supports the use of technology by coaches, extracurricular sponsors, and other staff members to communicate with students for legitimate educational, extracurricular, and other school-related purposes. However, electronic communication between students and teachers, sponsors, and coaches shall be appropriate at all times and shall not violate any law, district policies, or the Regulations and Standards for Professional Ethics. Please see the Social Media Policy For School District Employees for further explanation.

Equipment

Each participant in the athletic portion of the activities program will be issued a locker to store his/her personal belongings and school equipment that has been checked out. Students should secure their athletic lockers with combination locks.

School-owned clothing or equipment that is checked out to individual students remains the property of the school. The clothing or equipment is not to be used or worn by the student except for the intended use. Each piece of

equipment or clothing is to be returned to the instructor or coach when the season or the use for such clothing or equipment is over. Each participant is responsible for all equipment checked out to him/her. Students will be assessed the replacement cost for school equipment that has been check out to him/her and is lost or stolen.

Uniform policy: Students and athletes will only wear school issued equipment or uniforms. The coach or advisor must approve any clothing or jewelry other than school issued in advance.

Fundraising

All school-sponsored fundraising activities must be approved by a member of the school district administration. Fundraising for any activity must comply with the district's policies, including applicable provisions specifically pertaining to Booster Clubs and PTOs for non-school-sponsored fundraising. Use of the school mascot shall not be permitted unless approved by the superintendent.

Individual Training Rules and Rules of Conduct

Head coaches or sponsors may develop additional training rules or rules of conduct for their activity. Students are responsible for knowing these rules and complying with them.

Injuries

Participants who suffer any type of injury while involved in extracurricular activities must notify the coach or sponsor immediately. The coach or sponsor will then evaluate the injury and, if necessary, notify the participant's parents or seek immediate medical treatment.

If at any time during participation a doctor removes an athlete from participation because of an illness or injury, the athlete must have a written release from a doctor before participating again. The written release must be given to the coach or sponsor of the activity. The release requirement will be satisfied if the initial doctor's order specifies the duration of the student's restriction from participation and/or competition.

Insurance

The school district does not provide medical or other insurance coverage for students who participate in athletic contests or other activities. It is the parents' responsibility to provide adequate insurance to cover any medical expenses that may be incurred while the student is participating in athletics or other activities.

The school district makes an accident insurance plan available for purchase by participants and their families through an authorized insurance agent.

Information about policies which families may purchase will be available prior to each sports season and at fall registration.

Lettering Requirements

While each sport has their own lettering criteria, there are some criteria that pertain to all sports.

A. Three consecutive years in a program will qualify a senior for a letter.

B. Each individual coach along with the activities director will be allowed to use discretion in the following categories for lettering purposes:
   1. Injuries
   2. Individual conduct, attitude, citizenship
   3. Post-season play
   4. Managers or trainers (manage same sport two years in a row to letter)
   5. Student transfers

C. Any condition not provided for concerning lettering in the above categories will be discussed with the activities director and the individual coach of the sport in question.

D. Students will only receive the actual letter one time throughout their career. After the first time they receive pins.

Sport/Activity	**Lettering Requirement**
Managers	*Manage same sport two years in a row to letter.
Football	*Participate in at least one-half of all quarters of play.
Cross Country	*Medal in a Varsity Cross Country Meet and attend all practices.
	*JV runners must medal in two JV meets and attend all practices.
Boys Basketball	*Participate an average of one quarter per varsity game.
Girls Basketball	*Participate an average of one quarter per varsity game.
Wrestling	*Score at least 26 team points in varsity action.
	*Score at least 52 points in JV matches.
	*Must work in at least 5 youth practices, ref local youth tourney, and attend all varsity practices.

Sport/Activity	Lettering Requirement
Golf	*Must play in two of the varsity meets or place in the DVC, Region or State golf meet.
	*JV golfers must medal in two JV meets and attend all practices.
Volleyball	*Participate in one half of all matches.
Track	*Place in a meet with 6 or more teams & participate in all other meets and practices unless you have an excused absence.
Chorus	*Student must maintain an "A" grade each quarter in the class.
	*Student must earn a minimum of 20 points using the chorus point scale over the course of the year. (Scale posted by the instructor.)
Band	*Student must earn a minimum of 20 points using the Band point scale over the course of the year. (Scale posted by the instructor.)
Oral Interp	*See the instructor
Plays	*All participants of the play must participate in at least one play for all performances and attend all practices (with no more than one excused absence).
Softball	*Participate in half of the total innings.

Mascot

The official emblem for the Arlington boys' and girls' athletic teams is the Cardinal. The official emblem for the Kingsbury County wrestling cooperative athletic team is the Knight. The mascots cannot be used for non-school-sponsored purposes unless approved by the superintendent.

Physical Exam

All students wishing to participate in athletics will provide evidence of a physical examination by a licensed physician in accordance with the rules and regulations of the SDHSAA.

Objection to Examination.

Any parent(s) or guardian(s) who object to a physical and/or vision examination and evaluation must submit a signed and dated refusal form to the school.

Practices

The individual head coach or sponsor, in cooperation with the activities director, will schedule all starting times of practices. All participants are expected to be ready at the time set by the coach or sponsor.

To be eligible to practice, a participant must satisfy the following requirements:

1. Submit to the activities director a signed physical form and Activities Code that verifies that a physical examination has been completed and that the student and parent(s) understand the school's position regarding the use or possession of alcohol, tobacco, and other related drugs.
2. Furnish the activities director with proof of insurance.

No student will be permitted to practice without a physical examination, proof of insurance or insurance waiver, a medical consent form, and an interim pre-participation history form. The physical examination is valid for up to one year.

Student Manager, Helpers, or Activity Aids

Students wishing to serve as student volunteers for extracurricular activities must gain the permission of the activity coach or sponsor. Student volunteers must comply with all of the rules and procedures contained in this handbook.

Sunday and Wednesday Night Activities

In order to provide students sufficient time away from school for family-related activities, the school will endeavor not to schedule activities on Wednesday evenings or on Sundays. Practices will be organized so that all participants are showered, dressed, and/or leave the facilities by 6:30 p.m. on Wednesday nights. An exception to this guideline would be when a team, group of students, or an individual may be required to participate in an activity sponsored by the conference, district, or state on a Wednesday night.

The school does not allow Sunday practice sessions, except when a varsity team, group of students, or individual is scheduled to compete or perform in a Region or State event on Monday. Practices scheduled for a Sunday must have the prior approval of the activities director or building principal.

Title IX

As required by Title IX of the Education Amendments of 1972, it is the policy of the school district that no person shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subject to discrimination under any of the school district's programs or activities, or in regards to admission or employment. Any person may report sex discrimination,

including sexual harassment. This report may be made by any means to the district's Title IX Coordinator, who can be contacted at PO Box 359 – 306 South Main Arlington, SD 57212, lisa.parry@k12.sd.us, 605-983-5597. Any other inquiries regarding the application of this policy should be referred to the Title IX Coordinator.

Definitions. As used in this policy, the following terms are defined as follows:

- **Complainant** means an individual who is alleged to be the victim of conduct that could constitute sexual harassment.

- **Formal complaint** means a document or electronic submission filed by a complainant or signed by the Title IX Coordinator alleging sexual harassment and requesting that the district investigate the allegation of sexual harassment. At the time of filing a formal complaint with the district, a complainant must be participating in or attempting to participate in the district's education program or activity.

- **Respondent** means an individual who has been reported to be the perpetrator of conduct that could constitute sexual harassment.

- **Consent** for purposes of this policy means the willingness in fact for conduct to occur. An individual may, as a result of age, incapacity, disability, lack of information, or other circumstances be incapable of providing consent to some or all sexual conduct or activity. Neither verbal nor physical resistance is required to establish that an individual did not consent. District officials will consider the totality of the circumstances in determining whether there was consent for any specific conduct. Consent may be revoked or withdrawn at any time.

- **Sexual harassment** means conduct on the basis of sex where (1) An employee of the district conditions the provision of an aid, benefit, or service of the district on an individual's participation in unwelcome sexual conduct; (2) An individual experiences unwelcome conduct determined by a reasonable person to be so severe, pervasive, and objectively offensive that it effectively denies the person equal access to the district's education program or activity; (3) An individual experiences a sexual assault, dating violence, domestic violence, or stalking as further defined below. Any report of conduct not meeting these definitions will not require the grievance procedure described in this policy.

- **Sexual assault**, as defined in 20 U.S.C. § 1092(f)(6)(A)(v), which means an offense classified as a forcible or nonforcible sex offense under the uniform crime reporting system of the Federal Bureau of Investigation:

- **Sex Offenses**—Any sexual act directed against another person, without the consent of the victim including instances where the victim is incapable of giving consent.
    - **Rape**—(Except Statutory Rape) Penetration, no matter how slight, of the vagina or anus with any body part or object, or oral penetration by a sex organ of another person, or by a sex-related object. This definition includes instances in which the victim is incapable of giving consent because of temporary or permanent mental or physical incapacity (including due to the influence of drugs or alcohol) or because of age. Physical resistance is not required on the part of the victim to demonstrate lack of consent.
    - **Criminal Sexual Contact**—The intentional touching of the clothed or unclothed body parts without consent of the victim for the purpose of sexual degradation, sexual gratification, or sexual humiliation. The forced touching by the victim of the actor's clothed or unclothed body parts, without consent of the victim for the purpose of sexual degradation, sexual gratification, or sexual humiliation. This offense includes instances where the victim is incapable of giving consent because of age or incapacity due to temporary or permanent mental or physical impairment or intoxication for the purpose of sexual degradation, sexual gratification, or sexual humiliation.
- **Unlawful Sexual Intercourse**
    - **Incest**—Nonforcible sexual intercourse between persons who are related to each other within the degrees wherein marriage is prohibited by law
    - **Statutory Rape**—Nonforcible sexual intercourse with a person who is under the statutory age of consent

- **Dating violence**, as defined in 34 U.S.C. § 12291(a)(10), which means violence committed by a person—
    - who is or has been in a social relationship of a romantic or intimate nature with the victim; and
    - where the existence of such a relationship shall be determined based on a consideration of the following factors:
        - The length of the relationship.
        - The type of relationship.

        - The frequency of interaction between the persons involved in the relationship.

- **Domestic violence**, as defined in 34 U.S.C. § 12291(a)(8), which includes felony or misdemeanor crimes of violence committed by a current or former spouse or intimate partner of the victim, by a person with whom the victim shares a child in common, by a person who is cohabitating with or has cohabitated with the victim as a spouse or intimate partner, by a person similarly situated to a spouse of the victim under the domestic or family violence laws of the jurisdiction receiving grant monies, or by any other person against an adult or youth victim who is protected from that person's acts under the domestic or family violence laws of the jurisdiction.

- **Stalking**, as defined in 34 U.S.C. § 12291(a)(30), which means engaging in a course of conduct directed at a specific person that would cause a reasonable person to—

    - fear for his or her safety or the safety of others; or

    - suffer substantial emotional distress.

- **Supportive measures** are non-disciplinary, non-punitive individualized services offered without fee that do not unreasonably burden the parties. Supportive measures may include counseling, extensions of deadlines or other course-related adjustments, modifications of work or class schedules, campus escort services, mutual restrictions on contact between the parties, changes in work or housing locations, leaves of absence, increased security and monitoring of certain areas of the campus, and other similar measures.

Reporting Sexual Harassment. Any person who witnesses an act of unlawful sexual harassment is encouraged to report it to the district's Title IX Coordinator. district personnel will not retaliate against any individual based on any report of suspected sexual harassment. Any district employee who receives a report of sexual harassment or has actual knowledge of sexual harassment must convey that information to the Title IX Coordinator as soon as reasonably practicable, but in no case later than the end of the following school day.

Response to Sexual Harassment

General Obligations. When the district has actual knowledge of sexual harassment in its education program or activity against a person in the United States, the district will respond promptly in a manner that is not deliberately indifferent. For the purposes of this policy "education program or activity"

includes locations, events, or circumstances over which the district exercised substantial control over both the respondent and the context in which the sexual harassment occurs. The district's ability to impose discipline for off-campus misconduct does not necessarily constitute "substantial control" over the respondent and the context. The district's response to an allegation of sex harassment will treat complainants and respondents equitably.

Limitations on Discipline. No respondent will have disciplinary sanctions imposed upon him/her until the conclusion of the formal grievance process described below.

Emergency Removal. Disciplinary sanctions do not include removal on an emergency basis where the respondent is an immediate threat to the health or safety of another as a result of allegations of sexual harassment. The district also may place any employee on administrative leave during the pendency of the grievance process below.

Grievance Process for Formal Complaints of Sexual Harassment

General Obligations. All Title IX team members and individuals carrying out district obligations will comply with the regulatory requirements of objective evaluations, avoiding conflict of interest or bias, training, and protection of legally privileged information.

Presumption. It is presumed that the respondent is not responsible for the alleged conduct until a determination regarding responsibility is made at the conclusion of the grievance process.

Grievance Procedure

Time Frames. The district will resolve grievances in a time frame that is reasonably prompt. Good cause for delay may include considerations such as the absence of a party, a party's advisor, or a witness; concurrent law enforcement activity; or the need for language assistance or accommodation of disabilities.

Range of Possible Sanctions and Remedies. At the conclusion of the grievance process, the district may impose disciplinary sanctions and remedies in conformance with this and the district's student discipline policy, and other state and federal laws. Depending upon the circumstances, these policies provide for disciplinary sanctions and remedies up to and including expulsion and/or immediate discharge from employment.

Separation of Roles. The decision-maker cannot be the same person as the Title IX Coordinator or the investigator(s).

Notice of Allegations. Upon receipt of a formal complaint, the district will provide notice of this policy and the allegations to all parties. The notice will include sufficient details known by the district at that time to provide sufficient time to prepare a response before any initial interview. Sufficient details, if known by the district, include the identities of the parties involved in the incident, the conduct allegedly constituting sexual harassment, and the date and location of the alleged incident. The district will provide notice of additional allegations revealed during an investigation to the parties.

Dismissal of Formal Complaint. The district **must** dismiss a formal complaint if the conduct alleged in the formal complaint, would not constitute sexual harassment even if proven; did not occur in the district's education program or activity; or if the conduct alleged did not occur against a person in the United States.

The district **may** dismiss the formal complaint if, at any time during the investigation or hearing, the complainant notifies the Title IX Coordinator in writing that the complainant would like to withdraw the formal complaint or any allegations therein; the respondent is no longer enrolled in or employed by the district; or specific circumstances prevent the district from gathering evidence sufficient to reach a determination as to the formal complaint or allegations therein.

Upon a dismissal, the district will promptly send written notice of the dismissal and an explanation of that action simultaneously to the parties.

Dismissal of a formal complaint under this policy does not preclude the district from taking action under another provision of the district's code of conduct or pursuant to another district policy.

Investigation of Formal Complaint. When investigating a formal complaint and throughout the grievance process, the district will designate and authorize one or more persons (which need not be district employees) as investigator(s) to conduct the district's investigation of a formal complaint. The district may consolidate formal complaints where the allegations of sexual harassment arise out of the same facts or circumstances.

The district will bear the burden of gathering evidence sufficient to reach a determination regarding responsibility. All parties will have an equal opportunity to present witnesses, including fact and expert witnesses, and other inculpatory and exculpatory evidence. The district may not restrict the ability of either party to discuss the allegations under investigation or to gather and present relevant evidence.

All parties will have the same opportunity to be accompanied by the advisor of their choice in any meeting or grievance proceeding. This policy does not relieve the advisor of choice of any other applicable legal obligations or limitations. The district may establish restrictions regarding the extent to which the advisor may participate in the proceedings, as long as the restrictions apply equally to both parties.

The district will provide written notice of the date, time, location, participants, and purpose of all investigative interviews or other meetings, with sufficient time for the party to prepare to participate.

All parties will have an equal opportunity to inspect and review evidence obtained as part of the investigation if that evidence is directly related to the allegations raised in a formal complaint. The parties will have no less than 10 calendar days to review the evidence and submit a response. The investigative report will fairly summarize the relevant evidence and the investigator will send the finalized report to all parties and their advisors.

Determination Regarding Responsibility. Before the district reaches a determination regarding responsibility, each party may submit written, relevant questions of any party or witness. The decision-maker will provide each party with the answers, and allow for additional, limited follow-up questions from each party. Questions and evidence about the complainant's sexual predisposition are never relevant. Questions about the complainant's prior sexual behavior are only relevant if those questions and evidence are offered (1) to prove that someone other than the respondent committed the conduct alleged by the complainant, or (2) are offered to prove consent and concern specific incidents of the complainant's prior sexual behavior with respect to the respondent. If the decision-maker decides to exclude a question because it is not relevant, he/she will explain the basis for that decision.

The decision-maker will issue a written determination regarding responsibility no sooner than ten days after the parties receive the final investigative report. The decision-maker will apply the preponderance of the evidence standard. The written determination will include:

- Identification of the allegations potentially constituting sexual harassment;

- A description of the procedural steps taken from the receipt of the formal complaint through the determination, including any notifications to the parties, interviews with parties and witnesses, site visits, and methods used to gather other evidence;

- Findings of fact supporting the determination;

- Conclusions regarding the application of the district's code of conduct to the facts;

- A statement of, and rationale for, the result as to each allegation, including a determination regarding responsibility, any disciplinary sanctions the district imposes on the respondent, and whether remedies designed to restore or preserve equal access to the district's education program or activity will be provided by the district to the complainant; and

- The district's procedures and permissible bases for the complainant and respondent to appeal.

The district will provide the written determination to the parties simultaneously. If neither party timely appeals, the determination becomes final. If a party appeals, the determination will become final on the date that the district provides the parties with the written determination of the result of the appeal.

Appeals. The district will offer both parties the opportunity to appeal from a determination regarding responsibility, and from the district's dismissal of a formal complaint or any allegations therein, on the grounds identified below.

Time for Appeal. Appeals may only be initiated by submitting a written Notice of Appeal to the Office of the Superintendent of Schools no later than 5:00 pm on the fifth calendar day after the written determination is issued. The Notice of Appeal must include (a) the name of the party or parties making the appeal, (b) the determination, dismissal, or portion thereof being appealed, and (c) a concise statement of the specific grounds upon which the appeal is based. A party's failure to timely submit a Notice of Appeal will be deemed a waiver of the party's right to appeal.

Grounds for Appeal. Appeals are limited to the following grounds:

- Procedural irregularity that affected the outcome of the matter;

- New evidence that was not reasonably available at the time the determination or dismissal was made that could affect the outcome of the matter; and

- The Title IX Coordinator, investigator(s), or decision-maker had a conflict of interest or bias for or against complainants or respondents generally or the individual complainant or respondent that affected the

outcome of the matter.

The district will notify other parties in writing when an appeal is filed; implement appeal procedures equally for all parties; and ensure that the decision-maker for the appeal is not the same person as the decision-maker, the investigator(s), or the Title IX Coordinator.

The district will give both parties a reasonable, equal opportunity to submit a written statement that supports or challenges the outcome; issue a written decision describing the result of the appeal and the rationale for the result; and provide the written decision simultaneously to both parties.

Informal Resolution. The district may informally resolve allegations without completing the grievance procedure with the written consent of all parties. The process may not be used when allegations involve an employee harassing a student. As part of this process, the district will provide to the parties in writing a notice stating:

- the allegations;

- the requirements of the informal resolution process including the circumstances under which it precludes the parties from resuming a formal complaint arising from the same allegations;

- that at any time prior to agreeing to a resolution, any party has the right to withdraw from the informal resolution process and resume the grievance process with respect to the formal complaint; and

- any consequences resulting from participating in the informal resolution process, including the records that will be maintained or could be shared.

Recordkeeping. The district will maintain the following records for a period of seven years:

- Each sexual harassment investigation including any determination regarding responsibility, any disciplinary sanctions imposed, and any remedies provided;

- Any appeal and its result;

- Any informal resolution and its result; and

- All materials used to train Title IX Coordinators, investigators, decision-makers, and any person who facilitates an informal resolution process.

The district will make these training materials publicly available on its website, or if the district does not maintain a website, then the district will make these materials available upon request for inspection by members of the public.

The district will also create records documenting any actions, including any supportive measures, taken in response to a report or formal complaint of sexual harassment. In each instance, the district will document the basis for its conclusion that its response was not deliberately indifferent, and document that it has taken measures designed to restore or preserve equal access to the district's education program or activity. If the district does not provide a complainant with supportive measures, then the district will document the reasons why such a response was not clearly unreasonable in light of the known circumstances. The documentation of certain bases or measures does not limit the district in the future from providing additional explanations or detailing additional measures taken. The district will maintain these records for a period of seven years.

Retaliation Prohibited. Neither the district nor any other person may intimidate, threaten, coerce, or discriminate against any individual for the purpose of interfering with any right or privilege secured by Title IX, 34 C.F.R. part 106, or this policy, or because the individual has made a report or complaint, testified, assisted, or participated or refused to participate in any manner in an investigation, proceeding, or hearing under this policy. The district will keep confidential the identity of any individual who has made a report or complaint of sex discrimination, including any individual who has made a report or filed a formal complaint of sexual harassment, any complainant, any individual who has been reported to be the perpetrator of sex discrimination, any respondent, and any witness, except as may be permitted by the FERPA statute, 20 U.S.C. § 1232g, or FERPA regulations, 34 C.F.R. part 99, or as required by law, or to carry out the purposes of 34 C.F.R. part 106, including the conduct of any investigation, hearing, or judicial proceeding arising thereunder. Complaints alleging retaliation may be filed according to shall be addressed pursuant to Board Policy 2006 (Complaint Procedure).

The exercise of rights protected under the First Amendment does not constitute retaliation prohibited by this section. Charging an individual with a code of conduct violation for making a materially false statement in bad faith in the course of a grievance proceeding under this part does not constitute retaliation prohibited under this section, provided that a determination regarding responsibility alone is not sufficient to conclude that any party made a materially false statement in bad faith.

Notification of Policy. The district will notify applicants for admission and employment, students, parents or legal guardians of students, employees, and all unions or professional organizations holding collective bargaining or professional agreements with the district of the existence of this policy. The requirement to not discriminate, as stated in Title IX and 34 C.F.R. part 106, in the district's education program(s) or activities extends to admission and employment, and inquiries about the application of Title IX and 34 C.F.R. part 106 to the district may be referred to the district's Title IX Coordinator, the Assistant Secretary for Civil Rights of the United States Department of Education, or both.

Publication of Policy. The district will prominently display on its website, if any, and in each handbook that it makes available to applicants for admission and employment, students, parents or legal guardians of students, employees, and all unions or professional organizations holding collective bargaining or professional agreements with the district, the name or title, office address, electronic mail address, and telephone number of the employee or employees designated as the Title IX Coordinator(s).

Application Outside the United States. The requirements of this policy apply only to sex discrimination occurring against a person in the United States.

Scope of Policy. Nothing herein shall be construed to be more demanding or more constraining upon the district than the requirements of Title IX (20 U.S.C. § 1681) and 34 C.F.R. part 106. To the extent that the district is in compliance with Title IX and 34 C.F.R. part 106, then all of the district's obligations under this policy shall be deemed to be fulfilled and discharged.

Transportation

All participants are expected to ride to and from away activities by means of approved school transportation.

A participant may ride home with his or her parent/guardian only if the parent/guardian personally contacts the sponsor at the activity. A participant may ride home with an adult if the participant's parent/guardian has personally contacted the principal prior to the activity and the adult personally contacts the sponsor at the activity prior to leaving with the student. Parents are discouraged from requesting to take their children home after an away contest or performance. Travel to and from an event provides time for the students to further develop a strong team concept.

Weight Room

The weight room has been developed to help each athlete, student, or adult in the community maintain a level of physical fitness. No one may use the

weight room or equipment without proper supervision. The coaches will develop a schedule for use of the weight room by athletes during the school year and during the summer months.

The weight room is a high demand area within the school facilities. The following guidelines will help determine the priorities in reference to use if more than one group desires to use the facility at the same time:

1. Physical education instruction
2. By the team sports, which are in season
3. Conditioning programs for athletes not currently out for a sport
4. Summer conditioning programs
5. Adult education

SECTION TWO:
AVAILABLE ACTIVITIES

Athletic Teams

Basketball (boys and girls)
Cross County (boys and girls)
Football
Golf (boys and girls)
Track (boys and girls)
Softball
Volleyball
Wrestling (boys and girls)

A Club

Any student who has participated in any sport is eligible for membership. The purpose of the Club is to stimulate and encourage sportsmanship and to assist in bringing about a closer bond between students in all sports.

Band

The school district sponsors marching band, pep band, and jazz band in addition to concert band. Participants must be enrolled in band class in order to be eligible to participate in these groups.

Cheerleading

Participants are selected by the sponsor(s) or judges appointed by the sponsor. Cheerleading members will attend all home and away athletic contests.

Chorus

The school district sponsors combined mixed chorus, girls glee, and boys glee. Participants must be enrolled in chorus class in order to be eligible to participate in these groups.

Drama (One-Act Play and All School Play)

The Drama activities are open to all students interested in any aspect of theater and offers varying levels of involvement. The main focus of this activity is to produce the fall competitive play and spring play.

Future Farmers of America (FFA)

FFA is an integral part of the agricultural education department and all students of that department are urged to belong. The activities include training in leadership, opportunities for travel and recreation, and safety and community service activities. Students may participate in field trips, conventions, judging contests, and hands-on experience.

National Honor Society

The National Honor Society is a national organization that recognizes student character, scholarship, leadership, and service to the school. Student members shall be selected from the junior and senior classes by the high school faculty. The results of the selection will be announced and those selected will be honored at a banquet.

Oral Interpretation

Students compete in seven different categories of competition. These include serious reading, duet interpretation, humorous reading, non-original oratory, poetry reading, readers theatre, and storytelling.

Robotics

The purpose of robotics is to support students involved in student research projects. The club members include students enrolled in 8th grade science honors, physical science honors, biology honors, and science independent study. The club encourages student participation in competitions, seminars, training camps, and research programs.

Student Council

The purpose of student council is to arouse the spirit of loyalty toward the school, to promote good citizenship, to sponsor school activities, to extend the spirit of good fellowship throughout the student body, to foster a spirit of cooperation between the students and faculty, and to seek to develop a spirit of cooperation, good will, and better understanding with other schools. The organization, operation, and scope of the student council shall be administered by the student council advisor.

Student Publications

The yearbook is published by the publisher after being designed by the students along with the help of the advisor. The annual is financed partially by funds raised from the sale of the books.

SECTION THREE:
SOUTH DAKOTA HIGH SCHOOL ACTIVITIES ASSOCIATION RULES

SDHSAA Eligibility Rules

In order to represent a high school in interscholastic athletic competition, a student must abide by eligibility rules of the South Dakota High School Activities Association. Eligibility requirements are established by the SDHSAA in its Constitution and its Bylaws and Approved Rulings. These documents can be found online at https://www.sdhsaa.com/Portals/0/PDFs/Handbook/Athletics/3-ConstitutionByLaws.pdf?ver=2016-07-21-131149-890. A summary of the major rules is given below. Contact the principal, activities director or the activity sponsor or coach for an explanation of the complete rule.

- **Age.** The student must be under 20 years of age at the time of participation. Age to be determined by birth date.
- **Enrollment.** The student must have enrolled not later than the sixteenth school day of the current semester.
- **Eight Semester Rule.** A student shall be eligible for four first semesters and four second semesters of interscholastic competition while enrolled in grades 9-12. For the purpose of this subsection, enrollment and attendance in school or participation in one or more contests shall count as a semester of eligibility. Once a student enrolls as a ninth grader, all semesters must be consecutive unless waived as per Article VII, Section 3 (l), page 10 of the SDHSAA Constitution.

SDHSAA Academic Eligibility.

- **Preceding Semester/Trimester.** The student, unless they are entering high school for the first time, shall have successfully earned a minimum of two (2) units of credit which are used in the issuance of a diploma, for the preceding or for the most recent semester/trimester of attendance in any accredited high school. For the purposes of this subsection, enrollment and attendance in school or participation in one or more contests shall constitute a semester/trimester in determining eligibility. However, the Board of Directors or the Executive Director shall have the authority to waive the attendance rule when and if a student withdraws from school as a result of an injury or illness and does not return to any school for the remainder of the semester/trimester and the student does not receive any high school course credits.

NOTE: Failure to earn two (2) units of credit the previous semester/trimester causes the student to become ineligible the entire following semester/trimester. NOTE: Only credits accepted by the school for graduation

may be used in determining whether a student successfully earned two (2) units of credit. Source: Minutes of the January 10-11, 2001 Board of Directors Meeting.

- **Current Semester.** The student shall (a) be enrolled in an accredited high school and attend courses for which a minimum of two (2) units of credit may be earned towards the issuance of a diploma, (b) be receiving alternative instruction as set forth in SDCL § 13-27-3 or (c) any student in grades ten, eleven, or twelve may apply to an institution of higher education or a postsecondary vocational education institution as a special student in a course or courses offered at the institution of higher education or postsecondary vocational education institution. Correspondence/college courses approved in advance by the high school principal for which credits earned are used in the issuance of a high school diploma may count towards the two (2) units of credit eligibility requirement. (Refer to SDCL § 13-28-37)
- **Project Grades.** A student's grades which are dependent upon completion of a project such as a vocational education project after the close of the academic school year shall be determined by the grade averages of record assuming satisfactory completion of the project.
- **Credit recovery.** Students who have been declared ineligible because of academic deficiencies from the previous semester/trimester may earn scholastic/academic eligibility by taking an academic course(s) via the options approved by the SD Department of Education. Examples include, but not limited to, on-line courses, in-district credit recovery courses, alternative education settings, digital courses, etc. The principal must monitor the successful completion of the course(s) and reinstate eligibility only after the successful completion of 2 units of credit as per Chapter I, Part IV, Section 1, Subsection D., page 14 of the Bylaws.
- **Beginning and Ending of a Semester.** For the purpose of this subsection, the first semester shall be considered as ending at midnight on the day before the second semester begins and the second semester shall be considered as starting on the first day classes are held in said semester. The actual ending of the first/second semester or school year, rather than the date of graduation exercises or diploma date, controls the determination when eligibility terminates.

Arlington School District Academic Eligibility

Students in athletics and activities are required to maintain certain academic standards to remain eligible to participate.

- On the last day of the second week of each quarter students' grades will begin being checked.

- Grades will continue to be checked on the last day of each subsequent week.
- Any student with an F will be placed on the 'Ineligibility List'
- Each quarter, each student will be granted a one-week probationary period where they are eligible to participate while they improve their grade.
  - During this period, if a student improves their grade, and is not on the 'Ineligibility List' for the subsequent week they will remain eligible. However, they will not be granted a probationary period if they find themselves on the 'Ineligibility List' again during the same quarter.
  - If a student does not improve their grade, they will be deemed academically ineligible to compete until they are no longer on the weekly 'Ineligibility List'.
  - If a student has already exhausted their probationary period and they are on the 'Ineligibility List', they are deemed academically ineligible to compete until they improve their grades and are no longer on the weekly 'Ineligibility List'.
- Academic eligibility is a weekly determination. A student's eligibility status changes the day after the 'Ineligibility List' is distributed and does not change again until the day after the next 'Ineligibility List' is distributed. This typically would result in a student being deemed ineligible for a Monday through Sunday period.
- If a student receives a failing grade for the first quarter or third quarter, they will remain academically ineligible until grades are posted for the first time in the next quarter. If a student receives a failing grade for the second quarter/first semester, they will remain ineligible until the third quarter/second semester begins.
  - Students who receive a failing grade for the final quarter of the school year are deemed academically ineligible for any activities that extend beyond the last day of school.
    - These students will NOT be academically ineligible for the beginning of the next school year.
- Students deemed academically ineligible:
  - Will practice with the team at the coach/advisor/director discretion and must sit on the bench during home contests and away contests.
    - A coach may waive these rules in lieu of having the student spend this time working to improve their academics.
  - Will not compete or dress for any varsity or sub-varsity competitions.

- Will not travel with the team to away competitions/events if the team leaves during the school hours.

Head Coach/Activities Director should visit with any member of the team that is on the following ineligibility list.

Students in Green have been granted a one-week probationary period where they are eligible to participate while they improve their grade.

Students in Red are ineligible for all games or performances starting from the upcoming Monday to the following Sunday until they are no longer on the weekly 'Ineligibility List'.

One-Week Probationary Period	Exhausted Probationary Period	Ineligible
Students listed below have failed a class for one week and have been granted a one-week probationary period where they are eligible to participate.	**Students listed below have exhausted their one-week probationary period for the quarter.**	**Students listed below have not improved their grade after the one-week probationary period and are deemed academically ineligible to particpate.**
7th Grade CAN PARTICIPATE	7th Grade	7th Grade NO PARTICIPATION
8th Grade CAN PARTICIPATE	8th Grade	8th Grade NO PARTICIPATION
9th Grade CAN PARTICIPATE	9th Grade	9th Grade NO PARTICIPATION
10th Grade CAN PARTICIPATE	10th Grade	10th Grade NO PARTICIPATION
11th Grade CAN PARTICIPATE	11th Grade	11th Grade NO PARTICIPATION
12th Grade CAN PARTICIPATE	12th Grade	12th Grade NO PARTICIAPTION

SECTION FOUR:
CODE OF CONDUCT

All students associated with Arlington Public School and participating in extracurricular or school sponsored activities (including all SDHSAA activities) are required to avoid conduct that is detrimental to the integrity of, and public confidence in, the school. Rules promoting lawful, ethical, and responsible conduct serve the interests of all people associated with the school. Illegal and irresponsible conduct puts people at risk, tarnishes the reputation of the offender and everyone else associated with the school, and undermines the public support and respect of the school district.

Standard of Conduct

Participation in school-sponsored or extracurricular activities is a privilege and not a right. Participants must follow board policy, this code, and all the training rules and rules of conduct of the coaches and/or activity sponsors. Students participating in school-sponsored or extracurricular activities are held to a high standard. Students are expected to conduct themselves in a way that is lawful, responsible, promotes the values upon which the school is based, and that brings credit to themselves and the school. Students who fail to live up to the required standard of conduct are guilty of detrimental conduct and subject to discipline under all school policies, the general student code of conduct, and these Activity Participation Rules.

Coach and Sponsor Rules

Coaches and/or activity sponsors shall establish training rules or rules of conduct for participation in or attendance at the activity or event. General training rules or rules of conduct shall be established prior to the activity or event. This Code shall control in the event that there is a conflict with coach or sponsor rules.

Arlington Cardinal Code of Ethics

Students involved in any athletic/fine arts programs are under the full direction of the coach/advisor/director/supervisor along with his/her assistants. Students are expected to abide by the rules and regulations set up. Failure to abide by the rules is sufficient cause for a student to be dismissed or dropped from an activity.

All SDHSAA policies and procedures will be followed and conformed to along with the Arlington High School policies. The Arlington Cardinal Code of Ethics is in effect year-round. Each new year begins the first day after the final SDHSAA State event and continues until the current years final SDHSAA event is completed.

All punishment may carry over to the following year if the consequences have not been met by the end of the previous year. For a student to carry out their punishment they must be out for the activity within the first week of the season and continue in the activity until after the state event or until the team is eliminated from further competition.

These rules are the minimum and may be strengthened by the individual in charge of the activity. Activities under the Cardinal Code of Ethics are, but not limited to the following:

Girls Sports	**Boys Sports**	**Other Activities**	**Extras**
Cross Country	Cross Country	*Robotics	Prom
Basketball	Football	**FFA (Non-Graded	Sr. Priv.
Volleyball	Basketball	*Band (Non-Graded)	HC Royalty
Track & Field	Track & Field	*Vocal (Non-Graded)	Dances
Sideline Cheer/ Comp Cheer	Wrestling	*Plays	Field Trips
Golf	Golf	*Oral Interpretation	Sr. Skip Day
Softball			
Wrestling			

*Exceptions may be made as decided by the Superintendent/AD based on what is best for the group involved.

**FFA also follows specific FFA bylaws in addition to the Arlington Code of Ethics

Controlled drugs or substances or marijuana.
Athletes will follow SDCL 13-32-9. The law states: Suspension from extracurricular activities for controlled substances violation--Unified Judicial System to give certain notices. Any person adjudicated, convicted, the subject of an informal adjustment or court-approved diversion program, or the subject of a suspended imposition of sentence or suspended adjudication of delinquency for possession, use, or distribution of controlled drugs or substances or marijuana as defined in chapter 22-42, or for ingesting, inhaling, or otherwise taking into the body any substances as prohibited by § 22-42-15, is ineligible to participate in any extracurricular activity at any

secondary school accredited by the Department of Education for one calendar year from the date of adjudication, conviction, diversion, or suspended imposition of sentence. The one-year suspension may be reduced to thirty calendar days if the person participates in an assessment with a certified or licensed addiction counselor. If the assessment indicates the need for a higher level of care, the student is required to complete the prescribed program before becoming eligible to participate in extracurricular activities. Upon a second adjudication, conviction, diversion, or suspended imposition of a sentence for possession, use, or distribution of controlled drugs, substances, or marijuana as defined in chapter 22-42, or for ingesting, inhaling, or otherwise taking into the body any substance as prohibited by § 22-42-15, by a court of competent jurisdiction, that person is ineligible to participate in any extracurricular activity at any secondary school accredited by the Department of Education for one year from the date of adjudication, conviction, diversion, or suspended imposition of sentence. The one year suspension may be reduced to sixty calendar days if the person completes an accredited intensive prevention or treatment program. Upon a third or subsequent adjudication, conviction, diversion, or suspended imposition of sentence for possession, use, or distribution of controlled drugs or substances or marijuana as defined in chapter 22-42, or for ingesting, inhaling, or otherwise taking into the body any substances as prohibited by § 22-42-15, by a court of competent jurisdiction, that person is ineligible to participate in any extracurricular activity at any secondary school accredited by the Department of Education. Upon such a determination in any juvenile court proceeding the Unified Judicial System shall give notice of that determination to the South Dakota High School Activities Association and the chief administrator of the school in which the person is participating in any extracurricular activity. The Unified Judicial System shall give notice to the chief administrators of secondary schools accredited by the Department of Education for any such determination in a court proceeding for any person eighteen to twenty-one years of age without regard to current status in school or involvement in extracurricular activities. The notice shall include name, date of birth, city of residence, and offense. The chief administrator shall give notice to the South Dakota High School Activities Association if any such person is participating in extracurricular activities.

Upon placement of the person in an informal adjustment or court-approved diversion program, the state's attorney who placed the person in that program shall give notice of that placement to the South Dakota High School Activities Association and chief administrator of the school in which the person is participating in any extracurricular activity.

As used in this section, the term, extracurricular activity, means any activity sanctioned by the South Dakota High School Activities Association. Students

are ineligible to participate in activity events, competitions, and performances, but a local school district may allow a student to participate in practices.

Tobacco and Alcohol Policy

- The use, possession, acquiring, delivering, or transportation of tobacco, and/or alcohol is considered a violation of the 'Arlington Cardinal Code of Ethics' and will result in suspensions listed below.
- The setting in which the violation happens will result in differing consequences.
    - Settings:
        - In School
            - Within the school grounds
            - In any school owned property (bus/vehicle/location)
            - At any practice or away game
            - In any instance not listed where an individual is representing an Arlington activity or athletics organization
        - Out of School
            - Any instance not listed above
- Violations
    - Each subsequent violation of the 'Tobacco and Alcohol Policy' during a given year results in an elevated suspension.
    - If a student has a previous violation, their 'Violation Count' will be elevated, and punishment determined based on total violation count and setting. See table below.
    - A student's violation count is reset to zero after the final SDHSAA state event each school year.

- Penalties
    - Suspensions will begin the day the violation is confirmed.
    - Level 1 suspensions are based on 10% & 20 % of the season
        - Examples of a 10% a season suspension:
            - Football/Cross Country/Track & Field/FB Cheer/Comp Cheer/Golf – 1 contest
            - Band/Vocal/Plays – 1 performance
            - OI/FFA/Robotics – 1 event
            - Basketball/BB Cheer/Volleyball/Wrestling – 2 contests
            - Prom – not allowed to attend if suspension is not served prior

- While serving a suspension, the student will be required to attend all practices and games/performances with no chance to participate
- If a violation occurs during an activity in which a student is participating, the student is no longer eligible for any post season awards or recognition for that activity
- If the violation happens in between activity seasons, the suspension will be served at the beginning of the next activity season.
- If a violation happens while a student is in multiple activity seasons, the penalty will be applied to each of those seasons
    - Example: A student is in Cross Country and Football at the same time and violates the 'Tobacco and Alcohol Policy' for the first time. The student will be suspended for 10% of the football season and 10% of the cross country season.
- If a penalty has not been completed by the end of the school year, the remaining penalty will be carried forward to the next year.
- A student will not be able to join and quit activities to manipulate when a suspension will be served.
    - If a student serves a suspension and then quits the activity, the suspension is considered not served and the penalty will be carried to the next activity.
    - If a student has a pending suspension and joins an activity that has already began its season, the student will not be allowed to serve their suspension for the activity they have just joined.

Tobacco and Alcohol Penalties		
Violation Count	**Setting**	
	Out of School	**In School**
1	10% of the Season	20% of the Season

2	Remainder of the Season or 6 weeks, whichever is longer.	Remainder of the Season or 12 weeks, whichever is longer.
3	The student is no longer eligible for any extracurricular activities for the remainder of the year. The student will be ineligible for all post-season awards that are given through the school or by outside organizations.	

Conduct

Student/Athletes must not only maintain the required academic standards, but also proper standards of conduct. Any student/athlete guilty of gross misconduct such as stealing, willful destruction of property or disregard for school authority will be subject to discipline determined by the coach, principal and athletic director. This could be a suspension from an event/activity for an undetermined length of time. A student/athlete must pay for any abnormal damages to school issued equipment.

Due Process

Students who are accused of misconduct are entitled to a due process hearing with the personnel involved with their activity and an administrator.

Prohibited Conduct

Students in school-sponsored and/or extracurricular activities may not engage in the following conduct:

1. Receipt of a criminal citation by law enforcement for any reason.
2. Conviction of a crime in adult court or the adjudication of a criminal charge in juvenile court.
3. Any behavior that is illegal under the laws of South Dakota or the United States of America regardless of whether it results in a criminal charge or conviction.
4. Any conduct that substantially interferes with the educational process or disrupts the activity or event.
5. Possession, consumption, use, distribution, or being under the influence of alcohol, illicit drugs, tobacco, controlled substances, or any lookalike or imitations thereof; or being in the presence of alcohol, illicit drugs, controlled substances, or any lookalike or imitations thereof that are being possessed, consumed, used, or distributed by any person under

twenty-one (21) years of age without parental supervision. "Lookalike or imitations" means substances such as K2 and products like electronic nicotine delivery systems, vapor pens, etc. (Note: the term "under the influence" for school purposes has a less strict meaning than it does under criminal law; for school purposes, the term means any level of impairment and includes even the odor of alcohol on the breath or person of a student; also, it includes being impaired by reason of the use or abuse of any substance for the purpose of inducing a condition of intoxication, stupefaction, depression, giddiness, paralysis, inebriation, excitement, or irrational behavior, or in any manner changing, distorting, or disturbing the auditory, visual, mental, or nervous processes).

6. Engaging in initiations, defined as any ritualistic expectations, requirements, or activities placed upon new members of a school organization for the purpose of admission into the organization, even if those activities do not rise to the level of "hazing" as defined below. Initiations are prohibited except by permission of the superintendent.
7. Engaging in hazing as defined by state law and this policy. Hazing is defined as any activity by which a person intentionally or recklessly endangers the physical or mental health or safety of an individual for the purpose of initiation into, admission into, affiliation with, or continued membership in any school organization. Under state criminal law, hazing activities include, but are not limited to, whipping, beating, branding, an act of sexual penetration, an exposure of the genitals of the body done with the intent to affront or alarm any person, a lewd fondling or caressing of the body of another person, forced and prolonged calisthenics, prolonged exposure to the elements, forced consumption of any food, liquor, beverage, drug, or harmful substance not generally intended for human consumption, prolonged sleep deprivation, or any brutal treatment or the performance of any unlawful act that endangers the physical or mental health or safety of any person. For purposes of school rules, hazing also includes any activity expected of someone joining a group, team, or activity that humiliates, degrades or risks emotional and/or physical harm, regardless of the person's willingness to participate; personal servitude; restrictions on personal hygiene; yelling, swearing and insulting new members/rookies; being forced to wear embarrassing or humiliating attire in public; consumption of vile substances or smearing of such on one's skin; binge drinking and drinking games; sexual simulation and sexual assault.
8. Bullying which shall include cyber-bullying, defined as the use of the internet, including but not limited to social networking sites such as Facebook, cell phones or other devices to send, post, or text message images and material intended to hurt or embarrass another person. This may include, but is not limited to; continuing to send e-mail to someone who has said they want no further contact with the sender; sending or

posting threats, sexual remarks, or pejorative labels (i.e., hate speech); ganging up on victims by making them the subject of ridicule in forums; posting false statements as fact intended to humiliate the victim; disclosure of personal data, such as the victim's real name, address, or school at websites or forums; posing as the identity of the victim for the purpose of publishing material in their name that defames or ridicules them; sending threatening and harassing text, instant messages, or emails to the victims; and posting or sending rumors or gossip to instigate others to dislike and gang up on the target.

9. Using any Internet or social networking websites to make statements, post pictures, or take any other actions that are obscene, slanderous, abusive, threatening, harassing, or terrorizing.
10. Violating any school policy, handbook provision, or a coach's or activity sponsor's training rules or rules of conduct.
11. Dressing or grooming in a manner which is (A) dangerous to the student's health and safety or a danger to the health and safety of others, (B) materially and substantially disruptive to the work and discipline of the school or an extracurricular activity, (C) interpreted to advocate the use of illegal drugs or other substances by a reasonable observer.
12. Failing to report for an activity at the beginning of a season unless excused by the coach or activity sponsor.
13. Failing to attend scheduled practices and meetings unless excused by the coach or activity sponsor.

Such conduct is prohibited year-round regardless of whether it occurs on-campus or off-campus. However, punishment for violations that occur during the summer break shall be administered by the coach at his or her discretion.

Discipline

Students who violate any provision of these Activity Participation Rules may be subject to discipline up to and including expulsion from extracurricular activities and school sponsored events. (including but not limited to graduation ceremony and related activities). These disciplinary consequences and this Activity Code of Conduct are in addition to and do not prejudice, diminish, impede, or reduce any discipline that is authorized by state law, Board Policy, or the Student Handbook. Disciplinary action may include a probationary period and conditions that must be satisfied prior to or following reinstatement. Administrators and coaches will take the following into consideration when making disciplinary decisions:

1. Any prior or additional misconduct;
2. The nature and seriousness of the offense;
3. The motivation for the offense;

4. The amount of violence involved;
5. The student's demeanor and attitude regarding the violation;
6. The actual, threatened, or potential risk to the student and others due to the student's behavior;
7. Whether the student has compensated or will compensate the victim in the event of property damage or personal injury;
8. Whether the circumstances of the violation are likely to recur;
9. The student's willingness to participate in evaluations, counseling, or other programs;
10. Any mitigating factors;
11. Any other relevant factors.

If suspended, the student must continue to participate in practices and conditioning during the suspension if required by the coach or activity sponsor. The failure to comply with the practice and conditioning requirement will make the student ineligible for reinstatement to the activity.

Evaluation, Counseling, and Treatment
Apart from any other disciplinary procedures, students who violate any provision of these rules may be required to undergo a formal clinical evaluation at the administration's/coach's/sponsor's discretion. Based upon the results of that evaluation, the student may be encouraged or required to participate in an education program, counseling, or other treatment deemed appropriate by the evaluating professional.

Reporting of Incident
Students shall report any violation of these rules to the coach, principal, or superintendent no later than 30 minutes after the beginning of the next school day after the violation has occurred. Failure to report an incident will constitute a violation of these rules and will be taken into consideration in making disciplinary determinations under this policy.

Misrepresentations
Any misrepresentation of fact by a student regarding any alleged violation of these rules shall be considered a separate violation of these rules, and the student shall be subject to additional disciplinary action.

Questions
Any parent or student who has questions about board policy, this code, training rules, or rules of conduct of coaches or activity sponsors, or their interpretation or application shall consult with the activities director and/or the superintendent.

Assistance
Students are encouraged to consult with their coach, an administrator, a counselor, or a teacher to obtain access to educational, counseling, and other programs and resources that may be available to help avoid misconduct that may result in discipline under this policy.

Section Five: Communication with Coach (Parent & Athlete)

Arlington Cardinal Parent & Coach Relations

(found on school website under For Parents Tab)

Both parenting and coaching are extremely difficult commitments and vocations that both parties have chosen. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to the children. As parents, when your children become involved in Cardinal programs, you have the right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

Communication You Should Expect From Your Child's Coach

1. Philosophy of the coach.
2. Expectations the coach has for your child as well as all players on the squad.
3. Location and times of all practices and contests.
4. Team requirements, i.e., fees, special equipment, training rules, lettering requirements.
5. Discipline that results in the denial of your child's participation.

Communication Coaches Expect From Parents

1. Concerns expressed directly to the coach.
2. Notification of any scheduling conflicts well in advance.
3. Specific concerns in regard to a coach's philosophy and/or expectations.

As your child becomes involved in the programs at Arlington High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there may also be times when things do not go the way you or your child would like them to. At these times appropriate discussions with the coach is encouraged.

Appropriate Concerns To Discuss With Coaches

1. The treatment of your child mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child's behavior.
4. Reasons your child is being disciplined.

It is very difficult to accept your child not playing as much as you may hope. Coaches are professionals. They make decisions based on what they believe to be the best for all students involved with the information they have. As

you have seen from the list above, certain things can be and should be discussed with your coach. Other things, such as those following, should be left to the discretion of the coach.

Issues Not Appropriate to Discuss

1. Playing time.
2. Team strategy.
3. Play calling.
4. Other student-athletes.

There are situations that may require a conference between the coach and the athlete and/or parents of the athlete. These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary the following procedure should be followed to help promote a resolution to the issue of concern.

If You Have A Concern To Discuss With A Coach, The Procedure You Should Follow

1. Call to set up an appointment at the school.
2. The Arlington School telephone number is 983-5598.
3. If the coach cannot be reached, talk to the Athletic Director. She can set up the meeting for you.
4. Please do not attempt to confront a coach after a contest or a practice. These can be emotional times for both the parent and the coach. Meetings of this nature usually do not promote a resolution.

The Next Step

What can a parent do if the meeting did not provide a satisfactory resolution?

1. Call and set up an appointment with the Activities Director and the athlete's parent to discuss the situation.
2. At this meeting the appropriate next step can be determined.

Since research indicates a student involved in co-curricular activities has a greater chance of success during adulthood, these programs have been established. Many of the character traits required to be successful participants are exactly those that will promote a successful life after high school. Desirable traits such as being on time, working hard, carrying out your job, working as a team, and being a good sport are all expected outcomes of participation. We hope the information provided makes your experience with the Arlington Cardinal Athletic programs less stressful and more enjoyable for all.

Please be a good sport at all times and represent our school and community in a positive way!

Arlington Cardinal Athlete & Coach Relations
(found on school website under For Parents Tab)

Both being an athlete and coaching are extremely difficult commitments that both parties have chosen. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to the team. As an athlete when you become involved in Cardinal programs, you have the right to understand what expectations are placed on you. This begins with clear communication from the coach of your sport.

Communication You Should Expect From Your Coach

1. Philosophy of the coach.
2. Expectations the coach has for you as well as all players on the squad.
3. Location and times of all practices and contests.
4. Team requirements, i.e., fees, special equipment, training rules, lettering requirements.
5. Discipline that results in the denial of your participation.

Communication Coaches Expect From Athletes

1. Concerns expressed directly to the coach.
2. Notification of any scheduling conflicts well in advance.
3. Specific concerns in regard to a coach's philosophy and/or expectations.

As you become involved in the programs at Arlington High School, you will experience some of the most rewarding moments of your life. It is important to understand that there may also be times when things do not go the way you or would like them to. At these times appropriate discussions with the coach is encouraged.

Appropriate Concerns To Discuss With Coaches

1. Your treatment, mentally and physically.
2. Ways to help you improve.
3. Concerns about your lack of progress.
4. Reasons for being disciplined.

It is very difficult to accept not playing as much as you may hope. Coaches are professionals. They make decisions based on what they believe to be the best for all students involved with the information they have. As you have

seen from the list above, certain things can be and should be discussed with your coach. Other things, such as those following, should be left to the discretion of the coach.

Issues Not Appropriate to Discuss

1. Playing time.
2. Team strategy.
3. Play calling.
4. Other student-athletes.

There are situations that may require a conference between the coach and the athlete and/or parents of the athlete. These are to be encouraged. After practice would be a good time for the athlete to ask the coach for a time that is convenient for the athlete and the coach to meet. It is important that both parties involved have a clear understanding of the other's position. When these conferences involve parents, the following procedure should be followed to help promote a resolution to the issue of concern.

If you have a concern to discuss with a coach and would like your parents involved, the procedure you should follow

1. Call to set up an appointment at the school.
2. The Arlington School telephone number is 983-5598.
3. If the coach cannot be reached, talk to the Athletic Director. She can set up the meeting for you.
4. Please do not attempt to confront a coach after a contest or a practice. These can be emotional times for both the parent and the coach. Meetings of this nature usually do not promote a resolution.

The Next Step

What can an athlete do if the meeting did not provide a satisfactory resolution?

1. Call and set up an appointment with the Activities Director and the athlete’s parent to discuss the situation.
2. At this meeting the appropriate next step can be determined.

Since research indicates a student involved in co-curricular activities has a greater chance of success during adulthood, these programs have been established. Many of the character traits required to be successful participants are exactly those that will promote a successful life after high school. Desirable traits such as being on time, working hard, carrying out your job, working as a team, and being a good sport are all expected outcomes of participation. We hope the information provided makes your experience with

the Arlington Cardinal Athletic programs less stressful and more enjoyable for all.

Please be a good sport at all times and represent our school and community in a positive way!

AUTHORIZATION AND ACKNOWLEDGEMENT

WARNING: SERIOUS CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION

Many forms of athletic competition result in violent physical contact among players, the use of equipment that may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury. Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will eliminate these risks. Students have suffered accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment while playing sports. By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists. Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction and utilization and must refrain from improper uses and techniques.

I understand the statement above and I understand that by allowing my student to participate in athletic events, I assume the risk that he/she may be injured, perhaps severely.

_____

Signature of Parent

_____ _____

Printed Name of Parent Date

ACKNOWLEDGEMENT OF CONDUCT CODE

I understand that as a student representing the school district in activities, I am obligated to comply with the athletic handbook, including the code of conduct. I understand that if I violate the code of conduct or other rules in this handbook, I may be suspended from participation in all co-curricular activities and/or school sponsored activities or events.

_____
Signature of Student

_____ _____
Printed Name of Student Date

I understand that my student is obligated by this handbook, including the statements above.

_____
Signature of Parent

_____ _____
Printed Name of Parent Date