



JUNIOR HIGH MENU

AUGUST

2026



BREAKFAST: Student \$2.35 • Adult: a la carte

LUNCH: Student \$3.85 • Reduced \$0.40 • Adult: \$6.00

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes fruit, juice & choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

MEAL BENEFITS APPLY NOW



WWW.NLAPPSCLOUD.COM

12 BREAKFAST
Mini Pancakes
OR
Pop Tart & Cereal
Raisels, Fruit Juice

LUNCH
Chicken Tenders
OR
Steak Fingers
Wheat Roll
OR
Ham/Cheese
Sub Sandwich
OR
Strawberry Yogurt
Parfait w/ Muffin
Mashed Potatoes
w/Cream Gravy
Green Beans
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

13 BREAKFAST
Chocolate Filled
Crescent
OR
Toast & Cereal
Raisels, Fruit Juice

LUNCH
Beef Lasagna
OR
Crispy Chicken
Drumstick
Garlic Toast
OR
Turkey/Ham &
Cheese Salad
w/ Flatbread
OR
Grilled Cheese
Sandwich
Steamed Broccoli
Whole Kernel Corn
Fresh Veg. of the Day
Fruit Cup, Fruit Juice

14 BREAKFAST
Chicken -n- Waffles
OR
Pop Tart & Cereal
Raisels
Fruit Juice

LUNCH
Pepperoni Pizza/
Cheese Pizza
OR
BBQ Beef
Rib Sandwich
OR
Crispy Chicken
Caesar Wrap
OR
Italian Sub
Sandwich
Baked Beans
French Fries
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

17 BREAKFAST
Mini French
Toast
OR
Pop Tart & Cereal
Raisels
Fruit Juice

LUNCH
Beef/Cheese
Nachos
OR
Hot/Spicy Chicken
Sandwich
OR
Strawberry Yogurt
Parfait w/ Muffin
Refried Beans
French Fries
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

18 BREAKFAST
Chicken Biscuit
Sandwich
OR
Toast & Cereal
Raisels, Fruit Juice

LUNCH
Hamburger/
Cheeseburger
OR
Cheese Bites w/
Marinara Dip
OR
Crispy Buffalo Chicken
Salad w/ Flatbread
OR
Turkey/Cheese
Croissant Sandwich
Bahamas Blend
French Fries
Fresh Veg. of the Day
Fruit Cup, Fruit Juice

19 BREAKFAST
Bagel filled w/
Cream Cheese
OR
Toast & Cereal
Raisels, Fruit Juice

LUNCH
Chicken Tenders
OR
Chicken Fried Steak
Wheat Roll
OR
Turkey/Ham/Cheese
Sub Sandwich
OR
Fruit/Cheese Plate
Mashed Potatoes
w/Cream Gravy
Green Beans
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

20 BREAKFAST
Pancakes w/
Scrambled Eggs
OR
Pop Tart & Cereal
Raisels, Fruit Juice

LUNCH
Spaghetti w/
Meat Sauce &
Garlic Breadstick
OR
Crispy Chicken
Sandwich
OR
*Turkey Club Wrap
OR
Blueberry Yogurt
Parfait w/ Muffin
Corn on the Cob
French Fries
Fresh Veg. of the Day
Fruit Cup, Fruit Juice

21 BREAKFAST
Cinnamon Roll &
String Cheese
OR
Toast & Cereal
Raisels, Fruit Juice

LUNCH
Pepperoni Pizza/
Cheese Pizza
OR
Sweet/Sour Chicken
w/ Seasoned Rice
& Chicken Egg Roll
OR
Cold Cut Sub Sand.
OR
Crispy Chicken
Wrap
Whole Kernel Corn
French Fries
Fresh Veg. of the Day
Fruit Cup, Fruit Juice

*Contains Pork

Fresh Fruit served daily

Menu Subject to change due to product availability

HEB+ISD
HURST-EULESS-BEDFORD

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.



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24 BREAKFAST Mini Cinnis OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Chicken Alfredo w/ Garlic Toast OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Steamed Broccoli French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice	25 BREAKFAST *Sausage Rolls OR Toast & Cereal Raisels, Fruit Juice LUNCH Hamburger/ Cheeseburger OR Cheese Enchiladas w/ Mexican Rice OR Crispy Buffalo Chicken Wrap OR Ham/Turkey/Cheese Salad w/ Flatbread Ranch Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice	26 BREAKFAST Breakfast Pizza OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Chicken Nuggets OR Steak Fingers Wheat Roll OR Ham/Cheese Croissant Sandwich OR Blueberry Yogurt Parfait w/ Muffin Mashed Potatoes w/Cream Gravy Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice	27 BREAKFAST French Toast w/ Scrambled Eggs OR Pop Tart & Cereal Raisels, Fruit Juice LUNCH *Pepperoni Calzone/ Cheese Calzone w/ Marinara Dip OR Crispy Chicken Sandwich OR Chicken Caesar Salad w/ Flatbread OR Italian Sub Sand. Corn on the Cob French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice	28 BREAKFAST Sausage w/ Biscuit & Gravy OR Toast & Cereal Raisels, Fruit Juice LUNCH Pepperoni Pizza/ Cheese Pizza OR Chili Frito Pie w/ Wheat Roll OR *Turkey Club Wrap OR Cold Cut Sub Sandwich Green Beans Tater Tots Fresh Vegetable of the Day Fruit Cup, Fruit Juice
31 BREAKFAST Breakfast Swirled Roll OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Beef/Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice	1 BREAKFAST *Breakfast Taco w/ Eggs/Bacon & Tots OR Toast & Cereal Raisels, Fruit Juice LUNCH Hamburger/ Cheeseburger OR Macaroni/Cheese w/ Fish Nuggets & Roll OR Crispy Buffalo Chicken Salad w/ Roll OR Fruit/Cheese Plate w/ Muffin Green Beans French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice	2 BREAKFAST Sausage/Cheese Biscuit Sandwich OR Pop Tart & Cereal Raisels, Fruit Juice LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Ham/Turkey/Cheese Sub Sandwich OR Grilled Cheese Sand. Mashed Potatoes w/Cream Gravy California Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice	3 BREAKFAST Fruit Filled Frudel OR Toast & Cereal Raisels, Fruit Juice LUNCH Tangerine Chicken w/ Seasoned Rice & Chicken Egg Roll OR Brd. Mozzarella Cheese Sticks w/ Dip OR Crispy Buffalo Chicken Wrap OR Ham/Cheese Sub Sandwich Steamed Broccoli French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice	4 BREAKFAST Waffles w/ Strawberries/Cream OR Toast & Cereal Raisels, Fruit Juice LUNCH Pepperoni Pizza/ Cheese Pizza OR Grilled Philly Cheese Sandwich OR Blueberry Yogurt Parfait w/ Muffin OR Italian Sub Sandwich Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice

*Contains Pork

Fresh Fruit served daily

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