

BIC ELEMENTARY MENU



AUGUST

BELLAIRE • HARRISON LANE
MIDWAY PARK • OAKWOOD TERRACE

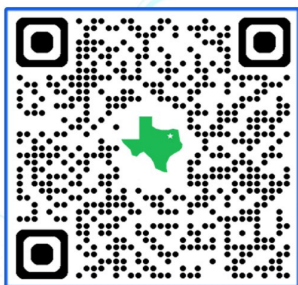
2026



BREAKFAST: Student: Free • Adult: a la carte **LUNCH:** Student: \$3.50 • Reduced: \$0.40 • Adult: \$6.00

BREAKFAST: Pop Tart & Cereal offered daily. Includes fruit, juice & choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

MEAL BENEFITS APPLY NOW



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12 BREAKFAST
Mini Pancakes
OR
Pop Tart & Cereal
Raisels
Fruit Juice

LUNCH
Chicken Tenders
OR
Steak Fingers
Wheat Roll
OR
Yogurt/Cheese Meal
Mashed Potatoes
w/Cream Gravy
Green Beans
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

13 BREAKFAST
Chocolate Filled
Crescent
OR
Pop Tart & Cereal
Raisels, Fruit Juice

LUNCH
Beef Lasagna
OR
Crispy Chicken
Drumstick
Wheat Roll
OR
Grilled Cheese
Sandwich
Steamed Broccoli
Whole Kernel Corn
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

14 BREAKFAST
2oz Muffin &
String Cheese
OR
Pop Tart &
Cereal
Raisels
Fruit Juice

LUNCH
Pepperoni Pizza/
Cheese Pizza
OR
BBQ Beef
Rib Sandwich
Baked Beans
French Fries
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

17 BREAKFAST
Mini Waffle
OR
Pop Tart & Cereal
Raisels, Fruit Juice

LUNCH
Beef/Cheese
Nachos
OR
Breaded Chicken
Sandwich
OR
Yogurt/Cheese
Meal
Refried Beans
Smile Potatoes
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

18 BREAKFAST
Breakfast
on a Stick
OR
Pop Tart &
Cereal
Raisels
Fruit Juice

LUNCH
Hamburger/
Cheeseburger
OR
Cheese Bites w/
Marinara Dip
Bahamas Blend
French Fries
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

19 BREAKFAST
Bagel filled w/
Cream Cheese
OR
Pop Tart & Cereal
Raisels, Fruit Juice

LUNCH
Chicken Nuggets
OR
Chicken Fried Steak
Wheat Roll
OR
Grilled Cheese
Sandwich
Mashed Potatoes
w/Cream Gravy
California Blend
Fresh Vegetable
of the Day
Fruit Cup, Fruit Juice

20 BREAKFAST
Cinnamon Roll &
String Cheese
OR
Pop Tart & Cereal
Raisels
Fruit Juice

LUNCH
Spaghetti w/
Meat Sauce &
Garlic Breadstick
OR
Strawberry Yogurt
Parfait w/ Muffin
Corn on the Cob
Green Beans
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

21 BREAKFAST
Mini French
Toast
OR
Pop Tart & Cereal
Raisel
Fruit Juice

LUNCH
Pepperoni Pizza/
Cheese Pizza
OR
Sweet/Sour
Chicken w/
Seasoned Rice
Steamed Broccoli
Whole Kernel Corn
Fresh Vegetable
of the Day
Fruit Cup
Fruit Juice

*Contains Pork

Menu Subject to change due to product availability

HEB*ISD
HURST-EULESS-BEDFORD

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

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24 BREAKFAST Mini Cinnis OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Cheese Enchiladas w/ Mexican Rice OR Breaded Chicken Sandwich Ranch Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice	25 BREAKFAST Breakfast Burrito w/ Eggs & Sausage OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Hamburger/ Cheeseburger OR Fish Nuggets w/ Hushpuppies California Blend Smile Potatoes Fresh Vegetable of the Day Fruit Cup, Fruit Juice	26 BREAKFAST Breakfast Pizza OR Pop Tart & Cereal Raisels, Fruit Juice LUNCH Chicken Tenders OR Steak Fingers Wheat Roll OR Cheese Pizza LunchPak Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice	27 BREAKFAST Pull Apart Donut OR Pop Tart & Cereal Raisels, Fruit Juice LUNCH Chicken Alfredo w/ Garlic Toast OR Fiestada Pizza OR Grilled Cheese Sandwich Bahama Blend Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup, Fruit Juice	28 BREAKFAST Breakfast on a Stick OR Pop Tart & Cereal Raisels, Fruit Juice LUNCH Pepperoni Pizza/ Cheese Pizza OR Crispy Chicken Drumstick w/ Biscuit & Gravy Corn on the Cob French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice
31 BREAKFAST Fruit Filled Frudel OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Pepperoni Calzone/ Cheese Calzone w/ Marinara Dip OR Corn Dog Bahama Blend French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice	1 BREAKFAST Waffle/Sausage Breakfast Sandwich OR Pop Tart & Cereal Fruit Cup Fruit Juice LUNCH Hamburger/ Cheeseburger OR Macaroni & Cheese w/ Wheat Roll Green Beans Smile Potatoes Fresh Vegetable of the Day Fruit Cup Fruit Juice	2 BREAKFAST Mini Donut Rounds OR Pop Tart & Cereal Raisels, Fruit Juice LUNCH Popcorn Chicken OR Chicken Fried Steak Wheat Roll OR Yogurt/Cheese Meal Mashed Potatoes w/Cream Gravy California Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice	3 BREAKFAST Bagel filled w/ Cream Cheese OR Pop Tart & Cereal Raisels, Fruit Juice LUNCH Soft Beef Tacos w/ Mexican Rice OR Breaded Mozzarella Cheese Sticks w/ Marinara Dip Ranch Beans Corn on the Cob Fresh Vegetable of the Day Fruit Cup, Fruit Juice	4 BREAKFAST *Sausage Roll & String Cheese OR Pop Tart & Cereal Raisels Fruit Juice LUNCH Pepperoni Pizza/ Cheese Pizza OR Ham/Cheese Croissant Sandwich Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice

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