LOWELL CATHOLIC

ATHLETICS

2026 MIAA Fall Sports – Starting Dates/Times

Athletic Director: ***Matthew Stone*** *| 978-452-1794 x117 | mstone@lowellcatholic.org*

Sport	Start Date & Time	Coach
Cheerleading Game Day & Competition Team	**Mon. Aug. 24 & Wed. Aug. 26** 5:30pm - 7:30 p.m Keith Gymnasium	**Paige Dame** coachdame@lowellcatholic.com
Cross Country Boys & Girls	**Mon. Aug. 24 – Fri. Aug. 28** 2:00 p.m. – 4 p.m. @ Lowell Catholic	**Lydia Margolien** lmargolien@lowellcatholic.org **Caroline Kuhlman** kuhlman@lowellcatholic.org
Football	**Tues. Aug. 18** (equipment pickup) Lowell Catholic 10:00 a.m. **Mon. Aug. 24 - Fri. Aug. 28** 3:00 p.m. Meet at LC Practice 3:30 p.m. - 5:30 p.m. Return to LC 6:00 p.m.	**Zack Swale** zswale@lowellcatholic.org
Golf	**Mon. Aug. 24 - Tues. Aug. 25** Whirl Away Golf Methuen 3:00 p.m. - 4:15 p.m. Note: Prior golf experience required	**Brian Martin** bmartin@lowellcatholic.org
Soccer Boys	**Mon. Aug. 24 – Fri. Aug. 28** 4:00 p.m. - 6:00 p.m. @ Gage Field	**Omar Asrih** coachasrih@lowellcatholic.org
Soccer Girls	**Mon. Aug. 24 – Wed. Aug 26** 8:00 a.m. - 10:30 @ Gage Field 8/27 - Scrimmage 4:30 - vs LHS @ Cawley 8/28 practice 12:30-2:00pm @ Gage Field	**Shelagh O'Neil** coachoneil@lowellcatholic.org
Volleyball Girls	**Mon. Aug. 24 – Fri. Aug. 28** 2:30 p.m. -5:00pm Keith Gymnasium	**Wady Chhuon** coachchhuon@lowellcatholic.org
Field Hockey Girls Co-op Greater Lowell Tech	**Mon. Aug. 24 – Fri. Aug. 28** 8/24- 2:00pm-3:30pm 8/25- 2:00pm-3:30pm 8/26- 2:00pm-3:30pm Note: Prior experience required @ Greater Lowell Tech Main Stadium Turf Field	**Patricia Ramirez** pramirez@gltech.org