

HIGH SCHOOL MENU

AUGUST 2026 • BREAKFAST & LUNCH



TUE 8/11

Egg Bites with Potatoes -or- Bagel & Cream Cheese

Smoked BBQ Chicken Sandwich -or- Nashville Chicken Wrap -or- Hummus Wrap -or- Kickin Tenders & Mac Bowl

WED 8/12

Turkey Sausage & Cheese Croissant -or- Fresh Baked Muffin

Chicken Pasta Alfredo -or- Pepperoni Pizza -or- Cheese Pizza -or- Vegetarian Pasta Alfredo

THU 8/13

Egg Bites and Potato Breakfast Bowl -or- Fresh Baked Muffin

Chicken Wings & Cornbread -or- Mandarin Chicken & Fried Rice Bowl -or- Korean BBQ Tofu Bowl

FRI 8/14

Chicken Chili Crispito w/Salsa -or- Fruit & Yogurt Parfait

Chicken Colorado Burrito -or- Roasted Turkey Sandwich -or- Bean & Cheese Burrito -or- Hummus Bento Box

MON 8/17

Pancakes & Turkey Sausage -or- Freshly Baked Muffin

Chili Cheese Beef Hot Dog -or- Nashville Tenders & Mac Bowl -or- Kickin Tenders & Mac Bowl -or- Kickin Patty Sandwich

TUE 8/18

Garden Frittata & Salsa -or- Bagel & Cream Cheese

Cheeseburger & Fries -or- Carnitas Chili Verde Bowl -or- Fish Sandwich & Fries -or- Black Bean Burger & Fries -or- Kickin Nugget Chile Verde Bowl

WED 8/19

Egg & Potato Breakfast Burrito -or- Fresh Baked Muffin

Chicken Pasta Alfredo -or- Pepperoni Pizza -or- Cheese Pizza -or- Vegetarian Pasta Alfredo

THU 8/20

Turkey Sausage Breakfast Square -or- Fresh Baked Muffin

Mesquite Chicken Drumstick & Cornbread -or- Korean BBQ Chicken & Fried Rice -or- Kickin Tenders & Cornbread

FRI 8/21

Chicken Chili Crispito w/Salsa -or- Fruit & Yogurt Parfait

Tex Mex Queso Beef Burrito -or- Spicy Crispy Chicken Sandwich -or- Roasted Turkey Sandwich -or- Tex Mex Queso Bean Burrito -or- Hummus Bento Box

MON 8/24

Smoothie & Oatmeal Round -or- Fresh Baked Muffin

Smoked BBQ Chicken Sandwich -or- Birria Pupusas w/Refried Beans -or- Hummus & Tzatziki Wrap -or- Kickin Tenders & Mac Bowl

TUE 8/25

Egg Bites w/Potatoes -or- Bagel & Cream Cheese

Cheeseburger & Fries -or- Fish Sandwich & Fries -or- Black Bean Burger & Fries -or- Kickin Nugget Chile Verde Bowl

WED 8/26

Turkey Sausage & Cheese Croissant -or- Fresh Baked Muffin

Chicken Pasta Alfredo -or- Pepperoni Pizza -or- Cheese Pizza -or- Vegetarian Pasta Alfredo

THU 8/27

Egg & Potato Breakfast Bowl -or- Fresh Baked Muffin

Chicken Wings & Cornbread -or- Mandarin Chicken & Fried Rice Bowl -or- Korean BBQ Tofu and Fried Rice Bowl

FRI 8/28

Chicken Chili Crispito w/Salsa -or- Fruit & Yogurt Parfait

Chicken Colorado Burrito -or- Spicy Crispy Chicken Sandwich -or- Roasted Turkey Sandwich -or- Tex Mex Queso Bean Burrito -or- Hummus Bento Box

MON 8/31

Pancakes & Turkey Sausage -or- Freshly Baked Muffin

Chili Cheese Beef Hot Dog -or- Nashville Tenders & Mac Bowl -or- Kickin Tenders & Mac Bowl -or- Kickin Patty Sandwich

All meals include: Fat-free, low-fat or lactose-free milk choices.

- **Breakfast options:** Listed entrée or General Mills Whole Grain Cereal with sides.
- **Lunch options:** Listed entrée or a Sunbutter Sandwich.
- **Various seasonal fruit offerings available for breakfast and lunch.**

This institution is an equal opportunity provider.

Menus subject to change.



Vegetarian



Freshly Prepared by Central Kitchen



CENTRAL
KITCHEN

Check out our newest house-smoked chicken thighs infused with cherrywood smoke, layered with our scratch-made bread & butter pickles and fresh made sweet-and-tangy BBQ sauce on a locally baked bun. Paired with a side of crisp coleslaw for the perfect balance of smoke, crunch and tang.

Smoked BBQ Chicken Sandwich