

SMALL HIGH SCHOOL MENU

AUGUST 2026 • BREAKFAST & LUNCH



TUE 8/11

Egg Bites with Potatoes 🌱

Smoked BBQ 🌱
Chicken Sandwich
- or - Nashville
Chicken Wrap - or
Hummus Wrap 🌱

WED 8/12

Fresh Baked Muffin 🌱

Pasta Alfredo w/
Chicken 🌱 - or -
Pepperoni Pizza
-or-
Cheese Pizza 🌱

THU 8/13

Egg & Potato 🌱
Breakfast Bowl

Chicken Wings &
Cornbread 🌱 -or-
Mandarin Chicken
& Fried Rice 🌱 -or-
Korean BBQ Tofu
Bowl 🌱

FRI 8/14

Chicken Chili
Crispito w/Salsa

Spicy Chicken
Sandwich -or-
Roasted Turkey
Sandwich 🌱 -or-
Hummus Bento
Box 🌱

MON 8/17

Pancakes & Turkey
Sausage

Chili Cheese Beef
Hot Dog 🌱
-or- Nashville
Tenders & Mac
Bowl 🌱 -or-
Kickin Tenders &
Mac Bowl 🌱

TUE 8/18

Garden Frittata &
Salsa 🌱

Cheeseburger &
Tots -or-
Fish Sandwich &
Tots -or-
Black Bean Burger
& Tots 🌱

WED 8/19

Fresh Baked Muffin 🌱

Pasta Alfredo w/
Chicken 🌱 -or-
Pepperoni Pizza
-or- Cheese Pizza 🌱

THU 8/20

Turkey Sausage
Breakfast Square

Mesquite Chicken
Drumstick &
Cornbread 🌱 -or-
Korean BBQ Chicken
& Fried Rice 🌱 -or-
Kickin Tenders &
Cornbread 🌱

FRI 8/21

Chicken Chili
Crispito w/Salsa

Tex Mex Queso
Beef Burrito 🌱 -or-
Roasted Turkey
Sandwich 🌱 -or-
Tex Mex Queso
Bean Burrito 🌱

MON 8/24

Smoothie &
Oatmeal Round

Smoked BBQ 🌱
Chicken Sandwich
-or- Birria Pupas
w/Refried Beans 🌱
-or- Hummus &
Tzatziki Wrap 🌱

TUE 8/25

Bagel & Cream
Cheese 🌱

Honey Chipotle
Chicken Bowl 🌱 -
or- Fish Sandwich
& Tots -or-
Kickin Nugget
Verde Bowl 🌱

WED 8/26

Fresh Baked Muffin 🌱

Pasta Alfredo w/
Chicken 🌱 -or-
Pepperoni Pizza
-or- Cheese Pizza 🌱

THU 8/27

Egg & Potato 🌱
Breakfast Bowl

Chicken Wings &
Cornbread 🌱 -or-
Mandarin Chicken &
Fried Rice Bowl 🌱
-or- Korean BBQ
Tofu and Fried Rice
Bowl 🌱

FRI 8/28

Chicken Chili
Crispito w/Salsa

Spicy Crispy
Chicken Sandwich
-or- Roasted
Turkey Sandwich 🌱
-or- Hummus
Bento Box 🌱

MON 8/31

Pancakes & Turkey
Sausage

Chili Cheese Beef
Hot Dog 🌱
-or- Nashville
Tenders & Mac
Bowl. 🌱 -or-
Kickin Tenders &
Mac Bowl 🌱

All meals include: Fat-free, low-fat or lactose-free milk choices.

- Breakfast options: Listed entrée or General Mills Whole Grain Cereal with sides.
- Lunch options: Listed entrée or a Sunbutter Sandwich.
- Various seasonal fruit offerings available for breakfast and lunch.

This institution is an equal opportunity provider.

Menus subject to change.



Vegetarian



Freshly Prepared by Central Kitchen



CENTRAL
KITCHEN

Check out our newest house-smoked chicken thighs infused with cherrywood smoke, layered with our scratch-made bread & butter pickles and fresh made sweet-and-tangy BBQ sauce on a locally baked bun. Paired with a side of crisp coleslaw for the perfect balance of smoke, crunch and tang.

Smoked BBQ Chicken Sandwich