

MENU

Lunch Elementary

September

Monday	Tuesday	Wednesday	Thursday	Friday
31 Whole Grain Cheese Breadsticks Marinara Sauce Steamed Broccoli Choice of Fruit Milk	1 Turkey Hot Dog or Veggie Burger Baked Fries Choice of Fruit Milk	2 Chicken or Bean Nachos Fresh Tomato Salsa Refried Beans Choice of Fruit Milk	3 Whole Wheat Honey Chicken Corn Dog Roasted Sweet Potatoes Choice of Fruit Milk	4 Pepperoni or Cheese Pizza Veggie Sticks Choice of Fruit Milk
7 No School	8 Pancakes Turkey Sausage Roasted Potatoes Choice of Fruit Milk	9 Beef or Bean Nachos Black Bean and Corn Salsa Refried Beans Choice of Fruit Milk	10 BYO Turkey Pitas Carrot Sticks Pepper Slices Choice of Fruit Milk	11 Pepperoni or Cheese Pizza Veggie Sticks Choice of Fruit Milk
14 Grilled Cheese Tomato Soup Choice of Fruit Milk	15 Cheeseburger or Veggie Burger Baked Fries Broccoli Choice of Fruit Milk	16 French Toast Sausage Link Roasted Potatoes Choice of Fruit Milk	17 Ham & Cheese Sub Veggie Sticks Choice of Fruit Milk	18 Pepperoni or Cheese Pizza Veggie Sticks Choice of Fruit Milk
21 Whole Grain Cheese Breadsticks Marinara Sauce Steamed Broccoli Choice of Fruit Milk	22 Turkey Hot Dog or Veggie Burger Baked Fries Choice of Fruit Milk	23 Chicken or Bean Nachos Fresh Tomato Salsa Refried Beans Choice of Fruit Milk	24 Whole Wheat Honey Chicken Corn Dog Roasted Sweet Potatoes Choice of Fruit Milk	25 Pepperoni or Cheese Pizza Veggie Sticks Choice of Fruit Milk
28 No School	29 Pancakes Turkey Sausage Roasted Potatoes Choice of Fruit Milk	30 Beef or Bean Nachos Black Bean and Corn Salsa Refried Beans Choice of Fruit Milk	1 BYO Turkey Pitas Carrot Sticks Pepper Slices Choice of Fruit Milk	2 Pepperoni or Cheese Pizza Veggie Sticks Choice of Fruit Milk

Menu Subject to Change

Gluten Sensitive Items are in bold.

Dairy Free items are available everyday upon request

Lunch Includes: Entrée, Two Servings of Fruits or Vegetables, One Serving of Grain or Bread, One Low-Fat Milk

USDA is an equal opportunity provider, employer, and lender.

Please discuss any food allergy issues concerning your child with the Executive Chef Dave Karaynak 740.587.8156

david.kraynak@avifoodsystems.com or you can contact Miranda Petrigash, RDN, AVI Foodsystems at mpetrigash@avifoodsystems.com for assistance