

Strategies for Success Syllabus 2026-27

Course Description/Goals: All students deserve academic and social support to help prepare them for the challenges they must face after high school graduation. This course advances intellectual curiosity, conscientiousness, dependability, emotional stability and perseverance through tasks that foster deeper levels of thinking and reasoning. It focuses on developing the habits and skills that are expected in the workforce. Placement in this course is determined by the ARD Committee. **Course Objectives:**

<https://casel.org/fundamentals-of-sel/what-is-the-casel-framework/>

CASEL's (Collaborative for Academic, Social, and Emotional Learning)'s framework helps students build essential life skills that support academic success, positive relationships, and responsible decision-making.

Course Outline:

Semester 1 Semester 2	
Foundations for Success — Self-Awareness, Communication, and Study Habits Unit 1: Understanding Myself and Managing Emotions (Casel Self-Awareness and Self-Management) Unit 2: Building Positive Relationships and Communication (Casel Relationship Skills and Social Awareness) Unit 3: Study Skills for Independence (Casel Self-Management, Responsible Decision-Making) Unit 4: Safe and Responsible Choices (Casel Self-Management and Responsible Decision-Making)	Growth and Independence — Responsibility, Problem Solving, and Academic Habits Unit 5: Respect and Relationships (Casel Social Awareness, Relationship Skills, Responsible Decision-Making) Unit 6: Responsible Decision-Making (Casel Self-Management and Responsible Decision-Making) Unit 7: Study and Organizational Skills (Casel Self-Management and Responsible Decision-Making) Unit 8: Independence and Self-Reflection (Casel Self-Awareness and Self-Management)