

Bakeshop Item Carb Counts

Menu Item (Serving Size)	Carb (g)
Bakeshop Items CHO	
Category: Entree; May Choose: 1	
Homemade Cheese Pizza, Wilbur Bake Shop - TR1443 (1 slice)	43.52
Homemade Pepperoni Pizza, Wilbur Bake Shop - TR1444 (1 slice)	43.78
Category: Grain; May Choose: 1	
Breadstick, Wilbur Bake Shop - TR1422 (1 ea.)	15.11
Homemade Dinner Roll, Wilbur Bake Shop (1 oz) - TR1421 (1 roll.)	18.32
Homemade Dinner Roll, Wilbur Bake Shop (2 oz) - TR1420 (1 roll.)	23.75
Category: Extra; May Choose: 1	
Chocolate Chip Cookies with sprinkles, Wilbur Bake Shop - 1oz (using margarine) - TR2501 (1 ea.)	15.33
Chocolate Chip Cookies, Wilbur Bake Shop - 1.5oz (using margarine) - TR2467 (1 ea.)	19.58
Chocolate Chip Cookies, Wilbur Bake Shop - 1oz (using margarine) - TR1494 (1 ea.)	14.68
Homemade Black Bean Brownie - TR1429 (1 ea.)	28.02
Sugar Cookies, Wilbur Bake Shop - 1.5oz (using margarine) - TR2468 (1 ea.)	17.52
Wilbur Bakeshop Homemade Sugar Cookie - TR1491 (1 ea.)	12.52

