

Salad Carb Counts

Menu Item (Serving Size)	Carb (g)
Salads CHO	
Category: Entree; May Choose: 1	
Apple Chicken Salad 6-12 - TR1650 (1 ea.)	71.67
Apple Chicken Salad K-5 - Small - TR2014 (1 ea.)	68.42
BBQ Chicken Salad 6-12 - TR1751 (1 ea.)	51.43
BBQ Chicken Salad K-5 - Small - TR2016 (1 ea.)	45.04
Buffalo Chicken Salad 6-12 - TR1371 (1 ea.)	43.88
Buffalo Chicken Salad K-5 - Small - TR2017 (1 ea.)	39.05
Cheeseburger Salad 6-12 Maid Rite - TR2904 (1 ea.)	42.99
Cheeseburger Salad K-5 Maid Rite - TR2907 (1 ea.)	39.15
Chef Salad 6-12 - TR1361 (1 ea.)	46.51
Chef Salad K-5 - Small - TR2019 (1 ea.)	40.42
Chicken Caesar Salad 6-12 - TR1559 (1 ea.)	38.10
Chicken Caesar Salad K-5 - Small - TR2012 (1 ea.)	41.52
Chicken Tender Salad 6-12 - TR1363 (1 ea.)	42.96
Chicken Tender Salad K-5 -Small - TR2013 (1 ea.)	37.21
Italian Chopped Salad 6-12 - TR2075 (1 ea.)	58.97
Italian Chopped Salad K-5 -Small - TR2021 (1 ea.)	46.29
Roasted Turkey BLT Salad K-5 -Small - TR2569 (1 ea.)	39.02
Roasted Turkey Garden Salad K-5 - Small - TR2570 (1 ea.)	39.35
Strawberry Spinach Chicken Salad 6-12 - TR1656 (1 ea.)	47.00
Strawberry Spinach Chicken Salad K-5 - Small - TR2022 (1 ea.)	44.41
Taco Salad 6-12 - TR1745 (1 ea.)	55.80
Taco Salad K-5 - Small - TR2023 (1 ea.)	52.11
Tuna Garden Salad 6-12 - TR1359 (1 ea.)	46.03
Tuna Garden Salad K-5 - Small - TR2024 (1 ea.)	40.27
Turkey BLT Salad 6-12 - TR1372 (1 ea.)	46.20
Turkey BLT Salad K-5 -Small - TR2025 (1 ea.)	39.55
Veggie Salad w/ Egg 6-12 - TR1366 (1 ea.)	45.00
Veggie Salad w/ Egg K-5 - Small - TR2010 (1 ea.)	39.25