

Parfait & Yogurt Carb Counts

Menu Item (Serving Size)	Carb (g)
Parfaits/Yogurt	
Category: Entree; May Choose: 1	
Apples & Yogurt Parfait, Lunch - TR2349 (1 ea.)	93.03
Bananas & Yogurt Parfait, Breakfast - TR2340 (1 ea.)	75.54
Bananas & Yogurt Parfait, Lunch - TR2346 (1 ea.)	102.54
Crust-less Apple Pie Yogurt Parfait, Breakfast - TR2141 (1 ea.)	73.29
Crust-less Apple Pie Yogurt Parfait, Lunch - TR2419 (1 ea.)	116.54
Fruit Mix & Yogurt Parfait, Breakfast - TR2341 (1 ea.)	73.13
Fruit Mix & Yogurt Parfait, Lunch - TR2350 (1 ea.)	101.92
Mandarin Orange & Yogurt Parfait, Breakfast - TR2343 (1 ea.)	66.76
Mandarin Orange & Yogurt Parfait, Lunch - TR2347 (1 ea.)	96.04
Mixed Berries & Yogurt Parfait, Breakfast - TR2338 (1 ea.)	77.11
Mixed Berries & Yogurt Parfait, Lunch - TR2344 (1 ea.)	104.11
Peaches & Yogurt Parfait, Breakfast - TR1816 (1 ea.)	72.97
Peaches & Yogurt Parfait, Lunch - TR1439 (1 ea.)	99.97
Pineapple & Yogurt Parfait, Breakfast - TR2342 (1 ea.)	74.86
Pineapple & Yogurt Parfait, Lunch - TR2348 (1 ea.)	101.86
Pineapple, Mandarin Orange, & Yogurt Parfait, Lunch (Candy Corn Parfait) - TR2554 (1 ea.)	97.81
Strawberries & Yogurt Parfait, Breakfast - TR1817 (1 ea.)	72.38
Strawberries & Yogurt Parfait, Lunch - TR1438 (1 ea.)	99.38
Strawberry & Banana & Yogurt Parfait, Lunch - TR1961 (1 ea.)	100.28
Yogurt, Blueberry, Upstate - TR2856 (1 ea.)	15.00
Yogurt, Cherry/Vanilla, Upstate - TR2232 (1 ea.)	15.00
Yogurt, Peach, Upstate - TR2855 (1 ea.)	15.00
Yogurt, Raspberry & Cherry Twin Pack, Dannon (Cloverland) - TR2633 (1 serving)	11.89
Yogurt, Strawberry & Vanilla Twin Pack, Dannon (Cloverland) - TR2634 (1 serving)	14.00
Yogurt, Strawberry Banana, Danimals - TR2629 (1 ea.)	12.00
Yogurt, Strawberry Banana, Danimals (Cloverland) - TR2632 (1 ea.)	12.00
Yogurt, Strawberry, Danimals - TR2630 (1 ea.)	12.00
Yogurt, Strawberry/Banana, Upstate - TR2234 (1 ea.)	15.00
Yogurt, Vanilla, Danimals - TR2631 (1 ea.)	12.00

