



ABA Lingo - Foreign Language Programme- Semester 1 (13th Sept- 11th Dec 2026)

If you would like to register for any of the classes mentioned below, download the app 'ABA Oman ASP' on [the Apple store](#) or [Google Play](#) and select FLP.

We need **a minimum of 4 students** to open a class.

1-1 classes are also available. Please contact abalingo@abaoman.org for more details.

If your desired language is not part of our timetable below, you can request it using [this form](#) and we will do our best to open a class for that language.

Day	Language	Level/age	Timing	Teacher
Children (3-17 years old)				
Sunday	French	6 years and above (KG3 and above)	2:50-3:45 (pm)	Ms Yasmina
Sunday	Arabic	6 years and above (KG3 and above)	2:50-3:45 (pm)	Ms Fakhriya
Sunday	Spanish	13-17 years old (G8-12)	2:50 - 3:45 (pm)	Mr Miguel
Sunday	Spanish	6 years old and above	2:50 - 3:30 (pm)	Ms Leila
Sunday	Korean	5 years old and above (KG3 and above)	2:50-3:45(pm)	Ms. Hye Ra
Sunday	German	6 years old and above	2.50 - 3.45 (pm)	Ms Andrea
Adults				
Sunday	Spanish	Adults group2 (A1beginner) twice a week	8:00-9:00 (am)	Ms Sila
Sunday	Chinese	Adults (beginners)	09:15-10:45 (am)	Ms Julie
Sunday	Arabic	Adults Private class	1:30-2:30 (pm)	Ms.Ruba
Sunday	English	Adults(IELTS & beginners)	2:50-3:50 (pm)	Ms Rahana

Sunday	Spanish	Adults	6:00-7:30 (pm)	Ms Sila
Sunday	Portuguese	Adults (beginners)	04:30- 05:30(pm)	Ms Inese
Day	Language	Level/age	Timing	Teacher
Children (3-17 years old)				
Monday	Arabic	3-5 years old (FC)	2:50- 3:45 (pm)	Ms Fakhriya
Monday	English	Grades 6-10	2:50-3:50 (pm)	Ms Rahana
Monday	Spanish	14-17 years old (HS) Intermediate level (A2-B1)	2:50-3:45 (pm)	Mr Miguel
Monday	Spanish	6 years and above	2:50 - 3:45 (pm)	Ms Leila
Monday	Korean	6 years and above	2:50-3:45	Ms Hye Ra
Adults				
Monday	Spanish	Adults Group1 (A2) Twice a week	8:00-9:00 (am)	Ms Sila
Monday	English	Adults (Elementary GE)	8:30/9:00-10:00(am)	Ms Gaby
Monday	English	Adults (Upper intermediate GE)	10:15-11:45 (am)	Ms Gaby
Monday	English	Adults (Int GE)	12:00- 13:30 (pm)	Ms Gaby
Monday	Turkish	Adults (beginners)	05:00-06:00 (pm)	Ms Meryem
Monday	Arabic	Adults beginners 1	01:00-02:00 (pm)	Ms Ruba
Monday	Russian	Beginner to Intermediate (twice a week)	6:00-8:00 (pm)	Ms Anna, Russian House Oman
Day	Language	Level/age	Timing	Teacher
Children (3-17 years old)				
Tuesday	Spanish	3-5 years old (FC)	2:50-3:45 (pm)	Ms Leila
Tuesday	Chinese	6 years and above	2:50-3:30 (pm)	Ms Julie

Tuesday	French	11 years old 13 years old- Improve your <i>French listening and speaking skills</i>	2:50-3:45 (pm)	Ms Yasmina
Tuesday	Turkish	(KG3 and above)	2:50-3:45 (pm)	Ms Meryem
Tuesday	Arabic	11- 13 years old (G6-8)	2:50-3:45 (pm)	Ms Fakhriya
Tuesday	Spanish	6-11 years old (G1-G5)	2:50-3:45 (pm)	Ms Leila
Adults				
Tuesday	Spanish	Adults group2 (A1beginner) twice a week	8:00-9:00 (am)	Ms Sila
Tuesday	Russian	Adults Beginner to Intermediate (twice a week)	9:30-11:30 am	Ms Anna, Russian House Oman
Tuesday	Arabic	Adults private class	1:00-2:00 (pm)	Ms.Ruba
Tuesday	Spanish	Adults	6:00-7:30 (pm)	Ms Sila
Day	Language	Level/age	Timing	Teacher
Children (3-17 years old)				
Wednesday	Spanish	3-5 years old (FC)	2:50 - 3:45 (pm)	Ms Leila
Wednesday	Arabic	6-10 years old	2:50-3:45 (pm)	Ms Fakriya
Wednesday	French	DEL F preparation	2:50-3:45 (pm)	Ms Yasmina
Wednesday	English	G6-10	2:50-3:50 (pm)	Ms Rahana
Adults				
Wednesday	Spanish	Adults Group1 (A2) Twice a week	8:00-9:00 (am)	Ms Sila
Wednesday	English	Elementary GE	09:00-10:00 (am)	Ms Gaby
Wednesday	English	Intermediate GE	10:30-12:00 (am)	Ms Gaby
Wednesday	English	Pre-intermediate	12:00-1:30 (pm)	Ms Gaby
Wednesday	Arabic	Adults beginner 2	1:00-2:00 (pm)	Ms.Ruba
Wednesday	French	Beginners	04:00-05:00 (pm)	Ms Yasmina

Wednesday	Russian	Beginners to Intermediate (twice a week)	6:00-8:00 (pm)	Ms Anna, Russian House Oman
Wednesday	Russian	Adults beginners (A1)	6:00- 7:00 (pm)	Ms Katya (Yekaterina)
Day	Language	Level/age	Timing	Teacher
Children (3-17 years old)				
Thursday	French	14-17 years old (G9-12) Become more confident speaking French!	2:50-3:45 (pm)	Ms Yasmina
Thursday	Hindi	6 years old and above	03:00-03:55 (pm)	Ms Anu
Adults				
Thursday	Russian	Adults Beginner to Intermediate (twice a week)	9:30-11:30 (am)	Ms Anna, Russian House Oman
Thursday	Arabic	Adults private class	1:30-2:30 (pm)	Ms Ruba
Thursday	English	Adults(IELTS&beginners)	2:50- 3:50 (pm)	Rahana
Day	Language	Level/age	Timing	Teacher
Children (3-17 years old)				
Saturday	Chinese	6 years and above	10:00-11:00 (am)	Ms Julie

*Please keep in mind that this timetable is provisional and we might make some slight changes depending on the numbers of registrations for each course, and that we might add extra classes too, therefore please check the timetable regularly.