



2026 CVAL CROSS COUNTRY

Fall practice starts 8/3/2026

Day	Date	Meet	Location	Time	Host
Thurs	9/3/2026	Sanger , El Cap, MLK, Selma, Dinuba, Kerman	Avocado Lake	2:00	Sanger
		Rio Vista, Desmond, Glacier, Reedley, TJ, JFK			
Thurs	9/10/2026	Dinuba , Sanger, Kerman, Rio, Glacier	Lost Lake	3:30	Dinuba
		TJ , Desmond, MLK, El Cap, Reedley, Selma, JFK	TJ	3:30	TJ
Thurs	9/17/2026	Glacier , Desmond, El Cap, Reedley, MLK, TJ	Glacier Point	3:00	Glacier
		Rio Vista , Sanger, JFK, Dinuba, Kerman, Selma	Rio Vista	3:30	Rio Vista
Thurs	9/24/2026	Selma , Desmond, El Cap, Dinuba, Glacier, Reedley	Lincoln	3:30	Lincoln
		Kerman , Rio Vista, Sanger, TJ, MLK, JFK	Lions Park	3:00	Kerman
Thurs	10/1/2026	MLK , Desmond, Sanger, Kerman, Glacier, JFK	MLK	3:30	MLK
		El Cap , Rio Vista, TJ, Selma, Reedley, Dinuba	El Capitan	3:30	El Cap
Thurs	10/8/2026	Reedley , TJ, Rio Vista, MLK, Dinuba, Desmond, Sanger	Reedley College	3:30	Reedley
		JFK , Selma, Glacier, Kerman, El Capitan,	Avocado Lake	3:30	JFK
Thurs	10/15/2026	Desmond , El Cap, Glacier, Dinuba, Rio Vista, JFK	Desmond	3:30	Desmond
		Sanger , MLK, Reedley, TJ, Kerman, Selma, MLK	Avocado Lake	3:30	Sanger
Thurs	10/22/2026	CVAL Championships	Woodward Park	2:00	Reedley

proposed 3/17/26