

Unity Meals Ingredient & Allergen Index

***Food safety is our top priority. This sheet should not be used for medical purposes. This is not a medical document.**

Common question about allergy meals:

Why do I need to submit a medical document for my child's allergies?

- For the safety of all children, if a child has a food allergy they need to submit medical documentation to their school site for an allergen free meal kit. This alerts the staff and kitchen to provide the correct meal for your child's safety.
- Medical documentation is required by the state.
- All meals on the general school menu are prepared in a central kitchen. Allergen free meals are prepared in a separate location to reduce cross contamination. This improves food safety.
- Please discuss options with your school site director if you need further assistance.

All menu items are subject to change based on availability. Not all menu items, such as specials, are listed since they are altered closer to the production date.

FRUITS & VEGETABLES

■ **Refried Beans, Vegetarian** Ingredients: Pinto beans, water, canola oil, salt, distilled vinegar, chili pepper, onion powder, spices, and garlic powder. Allergen Statement: None.

■ **Broccoli** Ingredients: Broccoli. Allergen Statement: None.

■ **Tater Tots** Ingredients: Potatoes, vegetable oil, dextrose, sodium acid pyrophosphate. Allergen Statement: None.

■ **Potato Wedges** Ingredients: Grade A potatoes, vegetable oil (contains one or more of the following: canola, soybean, cottonseed, sunflower, or corn oil). Contains 2% or less of: dextrose, sodium acid pyrophosphate (added to maintain natural color). Allergen Statement: Trace amounts of soy and wheat

■ **Cooked Carrots** Ingredients: Carrots. Allergen Statement: None.

■ **Cucumber Rounds** Ingredients: Fresh cucumbers. Allergen Statement: None.

■ **Apple / Sliced Apple** Ingredients: Fresh apples. Allergen Statement: None.

■ **Banana** Ingredients: Fresh bananas. Allergen Statement: None.

■ **Tangerines** Ingredients: Fresh tangerines. Allergen Statement: None.

■ **Flame Roasted Corn** Ingredients: Whole kernel corn. Allergen Statement: None

■ **Green Beans** Ingredients: Green beans Allergen Statement: None identified.

■ **Baby Carrots** Ingredients: Carrots. Allergen Statement: None

■ **Celery Sticks** Ingredients: Celery. Allergen Statement: None

■ **Pear, Fresh** Ingredients: Pear. Allergen Statement: None

MILK

■ **White Milk (1% Low-Fat)** Ingredients: Low-fat milk, vitamin A palmitate, vitamin D3. Allergen Statement: Contains Milk.

■ **Chocolate Fat-Free Milk** Ingredients: Fat-free milk, sugar, cocoa processed with alkali, stabilizers, vitamins A and D. Allergen Statement: Contains Milk.

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RICE BOWL ENTREES

■ **American BBQ Chicken Bowl** Ingredients: Chicken breast meat (boneless, skinless cooked chicken breast), brown rice (whole grain brown rice, water, canola oil, salt), BBQ sauce (tomato paste, vinegar, sweeteners, modified food starch, spices, garlic, mustard flour, natural smoke flavor, caramel color). Allergen Statement: No major allergens identified.

■ **Asian Rice Bowl with Teriyaki Chicken and Chicken Vegetable Dumplings**
Ingredients: Brown rice, grilled chicken breast, whole grain chicken and vegetable dumplings, canola oil, seasonings. Sauce: Water, sugar, soy sauce (water, soybeans, salt, sugar, wheat flour, extract of mushroom) modified starch, salt, garlic, lime juice, ginger, and green onion. Whole grain dumpling wrapper, chicken, vegetables Chicken, Hydrated soy protein concentrate (Water, soy protein), Green cabbage, green onion, canola oil, carrots, sugar, salt sesame oil Less than 2% lecithin, Dough: Whole Wheat flour, enriched wheat flour, water, modified corn starch, salt, canola oil, wheat gluten. Allergen Statement: Contains Wheat, Soy, Sesame

■ **Teriyaki Chicken Rice Bowl** Ingredients: Chicken: Chicken leg meat, water, sugar, soy sauce (water, soybeans, salt, sugar, wheat flour, extract of mushroom), salt, lime juice 100%, garlic, ginger and green onion. Sauce: Water, sugar, soy sauce (water, soybeans, salt, sugar, wheat flour, extract of mushroom) modified starch, salt, garlic, lime juice, ginger, and green onion. Allergen Statement: Contains Soy and Wheat.

■ **Teriyaki Tofu Bowl** Ingredients: Brown rice (whole grain brown rice, water, canola oil, salt), tofu (water, soybeans, calcium sulfate and/or magnesium chloride), sauce blend (Water, sugar, soy sauce (water, soybeans, salt, sugar, wheat flour, extract of mushroom) modified starch, salt, garlic, lime juice, ginger, and green onion), canola oil, seasonings. Allergen Statement: Contains Soy, Wheat, trace amounts of Sesame.

■ **BRC Bowl** Ingredients: Brown rice, refried beans (Pinto beans, water, canola oil, salt, distilled vinegar, chili pepper, onion powder, spices, and garlic powder), cheddar cheese, tomato filets, garlic powder, onion powder, parsley, paprika, vegetable base, canola oil. Allergen Statement: Contains Milk.

■ **Chicken Taco Bowl** Ingredients: Brown Rice (Whole Grain Rice), cooked Chicken (diced, boneless, fresh), Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto [vegetable Color]), diced onion, diced tomato, Paprika, Salt, Black Pepper, Garlic powder, Refried Beans (Vegetarian) Cooked Beans, Water, Less than 2% of: Canola Oil, Salt, Distilled Vinegar, Potassium Salt, Sea Salt, Chili Pepper, Onion Powder, Spices, Natural Flavor, Garlic Powder. Allergens: Milk, Dairy, *may contain soy

■ **Beef Taco Bowl** Ingredients: Brown Rice (Whole Grain Rice), Beef (Ground Beef, Water, Textured Vegetable Protein (Soy Flour, Caramel Color), Onions, Seasoning (Salt, Chili Pepper, Spices, Tomato Powder, Garlic Powder, Hydrolyzed Corn Gluten, Wheat Protein and Soy Protein, Silicon Dioxide, Autolyzed Yeast Extract , Sugar, Citric

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Acid, Sodium Diacetate, Malic Acid), Oats, Modified Food Starch, Paprika, Caramel Color), Cheddar Cheese (pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto [vegetable Color]), diced onion, diced tomato, Paprika, Salt, Black Pepper, Garlic powder, Refried Beans (Vegetarian) Cooked Beans, Water, Less than 2% of: Canola Oil, Salt, Distilled Vinegar, Potassium Salt, Sea Salt, Chili Pepper, Onion Powder, Spices, Natural Flavor, Garlic Powder. Allergens: Milk, Dairy, Soy, Wheat

■ **Carne Asada Chicken Bowl** Ingredients: Ingredients: Spanish Brown Rice (Whole Grain Rice, canola oil, paprika, garlic, onion, tomato, parsley, salt), Beef, Water, Seasoning (Modified Potato Starch, Autolyzed Yeast Extract, Salt, Brown Sugar, Dextrose, Carrageenan, Cocoa Processed with Alkali, Onion Powder, Tomato Powder, Maltodextrin, Corn Syrup Solids, Garlic Powder, Disodium inosinate, Disodium Guanylate, Spice, Dehydrated Beef Stock, Citric Acid, Natural Flavors, Potassium Chloride, Lemon Juice Powder [Corn Syrup Solids, Lemon Juice Solids, Natural Flavors], and less than 2% Calcium. Allergen Statement: May contain trace amounts of soy

PASTA ENTREES

■ **Whole Grain Garlic Pasta with Chicken** Ingredients: Whole grain pasta (Whole grain Duram wheat flour), grilled chicken breast, canola oil, fresh garlic, salt, seasonings. Allergen Statement: Contains Wheat.

■ **Whole Grain Garlic Pasta with Cheese** Ingredients: Whole grain pasta (Whole grain Duram wheat flour), shredded mozzarella cheese, canola oil, fresh garlic, seasonings. Allergen Statement: Contains Wheat, Milk.

■ **Whole Grain Mac and Cheese Pasta** Ingredients: Whole grain Pasta (Whole Grain Durum Wheat Flour), Cheese sauce (Canola oil, shallots, milk (2%), water, white pepper, Vegetable base, parmesan cheese, cheddar cheese, flour, butter.) Cheddar Cheese ((pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto [vegetable Color]) Allergens: Milk, Dairy, Wheat

■ **Whole Grain Mac and Beef Pasta** Ingredients: Whole grain Pasta (Whole Grain Durum Wheat Flour), Cheddar Cheese ((pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto [vegetable Color]), Beef (Ground Beef, Water, Textured Vegetable Protein (Soy Flour, Caramel Color), Onions, Seasoning (Salt, Chili Pepper, Spices, Tomato Powder, Garlic Powder, Hydrolyzed Corn Gluten, Wheat Protein and Soy Protein, Silicon Dioxide, Autolyzed Yeast Extract , Sugar, Citric Acid, Sodium Diacetate, Malic Acid), Oats, Modified Food Starch, Paprika, Caramel Color), Cheese sauce (Canola oil, shallots, milk (2%), water, white pepper, Vegetable base, parmesan cheese, cheddar cheese, flour, butter.) Broccoli. Allergens: Milk, Dairy, Wheat, Egg, Soy

■ **Orange Chicken Chow Mein** Ingredients: Whole grain spaghetti (Whole grain Duram wheat flour), orange chicken with mandarin sauce (Chicken: Dark meat chicken chunks, water, cornstarch, white whole grain wheat flour, soybean oil, liquid whole eggs, salt, white pepper powder, garlic, ginger, and green onion.) Sauce: Sugar, vinegar, water,

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soy sauce (water, soybeans, salt, sugar, wheat flour, extract of mushroom), modified starch, garlic, mandarin orange juice and peel, ginger, green onion, and chili powder, soy tamari, ginger, garlic, cornstarch, brown sugar, mirin. Allergen Statement: Contains Egg, Wheat, Soy and Citrus.

■ **Edamame Chow Mein** Ingredients: Whole grain spaghetti, edamame soybeans, Sauce: Sugar, vinegar, water, soy sauce (water, soybeans, salt, sugar, wheat flour, extract of mushroom), modified starch, garlic, mandarin orange juice and peel, ginger, green onion, and chili powder, seasonings. Allergen Statement: Contains Wheat, Soy, citrus.

■ **Whole Grain Pesto Pasta with Chicken** Ingredients: Whole grain Pasta (Whole Grain Durum Wheat Flour), Chicken, Boneless Tenders, Heavy cream, Pesto sauce (Basil, Canola Oil, Water, Parmesan Cheese (pasteurized Part-skim Cows' Milk, Cheese Culture, Salt, Enzymes), Granulated Garlic, Salt). Allergens: Milk, Dairy, Wheat, Gluten

■ **Whole Grain Pesto Pasta with Cheese** Ingredients: Whole grain pasta (Whole grain Durum wheat flour), Pesto sauce (Basil, Canola Oil, Water, Parmesan Cheese (pasteurized Part-skim Cows' Milk, Cheese Culture, Salt, Enzymes), Granulated Garlic, Salt), Mozzarella cheese. Allergen Statement: Contains Milk, Wheat

■ **Whole Grain Spaghetti Marinara with Meatballs** Ingredients: Pasta (Whole Wheat Durum Flour), Marinara sauce (Olive Oil/ Canola Oil blend, Garlic, Carrots, Celery, Onion, Thyme, Kosher salt, Crushed tomato filets, tomato paste, water, Basil, Meatball: Beef (80/20), Water, Textured Vegetable Protein Product (Soy Flour, Caramel Color, Zinc Oxide, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Pyridoxine Hydrochloride, Riboflavin, Thiamine Mononitrate, Vitamin A Palmitate, Cyanocobalamin) Bread Crumbs (Enriched Wheat Flour [Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid], Dextrose, Salt, Yeast, Soybean Oil), Soy Protein Concentrate, Dextrose, Salt, Onions, Sodium Phosphate, Garlic Powder, Spices, Parmesan Cheese (Cultured Part-Skim Milk, Salt, Enzymes), Tomato Paste, Dehydrated Whole Eggs, Celery. Allergens: Milk, Dairy, Wheat, Egg, Soy

■ **Whole Grain Spaghetti Marinara with Cheese** Ingredients: Pasta (Whole Wheat Durum Flour), Mozzarella Cheese, Marinara sauce (Olive Oil/ Canola Oil blend, Garlic, Carrots, Celery, Onion, Thyme, Kosher salt, Crushed tomato filets, tomato paste, water, Basil. Allergens: Milk, Dairy, Wheat, Egg, Soy

■ **Whole Grain Alfredo Pasta with Chicken Ingredients:** Ingredients: Whole grain pasta (Whole Grain Durum wheat flour), Alfredo Sauce: Modified Cornstarch, Maltodextrin, Whey, Soybean Oil, Canola Oil, Corn Syrup Solids, Parmesan Cheese Powder (parmesan Cheese [pasteurized Milk, Cultures, Salt Enzymes], Whey, Enzymes, Disodium Phosphate), Nonfat Milk Powder, Salt, Sodium Caseinate, Yeast Extract, 2% Or Less Of Cellulose Gel, Sodium Alginate, Sodium Citrate, Spices, Dehydrated Butter (cream, Salt), Annatto & Turmeric (color), Natural Flavors, Disodium

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Inosinate, Calcium Alginate, Disodium Guanylate, Chicken breast (cooked) Allergens: Wheat, Milk, Dairy, Soy

■ **Whole Grain Alfredo Pasta with Cheese** Ingredients: Whole grain pasta (Whole Grain Durum wheat flour), Alfredo Sauce: Modified Cornstarch, Maltodextrin, Whey, Soybean Oil, Canola Oil, Corn Syrup Solids, Parmesan Cheese Powder (parmesan Cheese [pasteurized Milk, Cultures, Salt Enzymes], Whey, Enzymes, Disodium Phosphate), Nonfat Milk Powder, Salt, Sodium Caseinate, Yeast Extract, 2% Or Less Of Cellulose Gel, Sodium Alginate, Sodium Citrate, Spices, Dehydrated Butter (cream, Salt), Annatto & Turmeric (color), Natural Flavors, Disodium Inosinate, Calcium Alginate, Disodium Guanylate. Mozzarella cheese. Allergens: Wheat, Milk, Dairy, Soy

■ **Whole Grain Cajun Pasta with Chicken** Ingredients: Whole grain Pasta (Whole Grain Durum Wheat Flour), Chicken (diced, boneless, fresh), Cajun sauce (Vegetable broth, heavy cream, butter, Cajun seasoning, basil, garlic powder) Allergens: Milk, Dairy, Wheat, Gluten

■ **Whole Grain Cajun Pasta with Cheese** Ingredients: Whole grain Pasta (Whole Grain Durum Wheat Flour), Mozzarella Cheese, Cajun sauce (Vegetable broth, heavy cream, butter, Cajun seasoning, basil, garlic powder) Allergens: Milk, Dairy, Wheat, Gluten

■ **Whole Grain Longevity Noodles with Teriyaki Chicken** Ingredients: Whole grain Spaghetti (Whole Grain Durum Wheat Flour), Chicken (Chicken leg meat, water, sugar, soy sauce (water, soybeans, salt, sugar, wheat flour, extract of mushroom), salt, lime juice 100%, garlic, ginger and green onion.), Teriyaki Sauce: Water, Sugar, Soy sauce (water, wheat, soybean, salt) Modified food starch, distilled vinegar, caramel color, xanthan gum, garlic puree, spices. Allergens: Wheat, Soy, Sesame, Gluten

■ **Lasagna Roll-up in Pink Sauce** Ingredients: Lasagna Roll up: Ricotta Cheese (pasteurized Whey, Pasteurized Milk, Vinegar And Carrageenan), Semolina Flour, Water, Heavy Whipping Cream (cream, Carrageenan), Contains Less Than 2% Of: Parmesan Cheese (pasteurized Part-skim Milk, Cheese Cultures, Salt, Enzymes), Unsalted Butter (pasteurized Cream, Natural Flavorings), Eggs, Romano Cheese (pasteurized Cow's Milk, Cheese Cultures, Salt, Enzymes), Dehydrated Garlic, Dehydrated Onion, Spice, Citric Acid, Modified Food Starch, Salt, Pink Sauce: Tomato sauce (tomato filets, garlic, salt, pepper), heavy whipping cream. Green Beans (olive oil, salt, pepper). Allergens: Wheat, Dairy, Milk, Egg

SANDWICH ENTREES

■ **Hamburger** Ingredients: Beef patty (ground beef, water, textured soy protein, salt, sodium phosphate), Hamburger bun (whole wheat flour, enriched wheat flour, yeast, soybean oil, wheat gluten). Allergen Statement: Contains Wheat and Soy.

■ **Grilled Cheese Sandwich** Ingredients: Whole Grain Bread: Whole wheat flour, unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron,

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thiamine mononitrate, riboflavin, folic acid), water, sugar, canola oil, yeast, salt, dough conditioner (wheat gluten, wheat flour, deactivated yeast, enzymes, ascorbic acid), vital wheat gluten, bread softener (enriched wheat flour, enzymes). Cheese Blend Filling: Reduced sodium, reduced fat pasteurized process American cheese (milk, skim milk, water, dairy product solids, modified food starch, cream, cheese culture, citric acid, color added, enzymes, milk protein concentrate, potassium citrate, salt, sodium citrate, sorbic acid, soy lecithin, vitamin A palmitate), low-moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese cultures, salt, enzymes), canola oil. Allergen Statement: Contains Wheat, Milk, and Soy.

■ **Chicken, Turkey Ham and Cheese on WG Wedge** Ingredients: Whole Grain Bread (Water, Whole Wheat Flour, Unbleached Enriched Wheat Flour [Flour, Barley Malt, Niacin {Vitamin B3}, Iron, Thiamin Mononitrate {Vitamin B1} Riboflavin {Vitamin B2}, Folic Acid {Vitamin B9}], Sugar, Yeast, Wheat Gluten, Contains 2% Or Less Of The Following: Soybean Oil, Salt, Dough Conditioner [Mono- And Diglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid], Calcium Propionate And Sorbic Acid [To Retain Freshness], Yeast Nutrients [Citric Acid, Ammonium Sulfate], Hydrogenated Cottonseed Oil, Soy Lecithin), Turkey Ham (Turkey Thigh, Water, Isolated Soy Protein, Salt, Sugar, Less Than 2% Potassium Lactate, Sodium Phosphate, Potassium Acetate, Smoke Flavoring, Sodium Nitrite, Sodium Erythorbate), Chicken Breast (Chicken Breast, Water, Salt, Less Than 2% Modified Food Starch, Potassium Lactate, Sodium Phosphates, Potassium Acetate, Natural Flavoring), Low-Moisture Part-Skim Mozzarella Cheese (Cultured Part Skim Milk, Salt, Enzymes, Sorbic Acid [Preservative], Sunflower Lecithin [Anti-Sticking Agent]), Pasteurized Process Yellow American Cheese (Cultured Skim Milk and Milk, Potassium Citrate, Sodium Citrate, Paprika And Annatto [Color], Salt, Enzymes, Sorbic Acid [Preservative], Sunflower Lecithin [Anti-Sticking Agent]). Allergen Statement: Wheat, Dairy/Milk, Soy

■ **Chicken Ranch Sandwich** Ingredients: Chicken breast (cooked), hamburger bun, Kraft Ranch Dressing. Chicken breast: chicken breast/tenders. Hamburger bun ingredient statement was not included in packet. Kraft Ranch Dressing: soybean oil, water, vinegar, sugar, egg yolks, salt, buttermilk; less than 2% modified food starch, garlic, MSG, xanthan gum, whey, natural flavor, onions, phosphoric acid, spice, parsley, disodium guanylate, disodium inosinate, yeast extract, potassium sorbate and calcium disodium EDTA. Allergen Statement: Wheat, Dairy/Milk, Soy, Egg

■ **WOW Butter & Jam Sandwich** Ingredients: Whole Grain Bread: Whole grain wheat flour, enriched flour [unbleached wheat flour, malted barley flour, reduced iron, thiamine mononitrate (B1), riboflavin (B2), niacin (B3), folic acid], water, sugar, yeast, wheat gluten, soybean oil, resistant wheat starch, monoglycerides, salt, modified whey, dextrose, natural flavor, vitamin D2, calcium propionate, sodium stearoyl lactylate, calcium sulfate, citric acid, ascorbic acid, sesame. Soy WOW Butter Spread: Whole toasted soy, pressed soy oil, cane sugar, palm oil (sustainable), sea salt. Fruit Grape Jelly: White sugar, grape juice (made from concentrate), pectin, citric acid, potassium sorbate. Allergen Statement: Contains Wheat, Soy, Milk, and Sesame.

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■ **Chicken and Mozzarella Cheese on Whole Grain Bun** Ingredients: Brioche Bun (Whole White Wheat Flour, Unbleached Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Yeast, Wheat Gluten, Soybean Oil, Natural Flavors, Contains 2 Or Less Of The Following Salt, Corn Flour, Spices [Turmeric And Paprika], Mono Diglycerides, Calcium Propionate [Wheat Starch, Sunflower and Canola Oil, Pea Protein, Potato Protein, Fava Bean Protein, Dextrose, Maltodextrins, Corn Starch, Enzymes, Ascorbic Acid]), Rotisserie Seasoned Chicken Breast (Chicken Breast, Chicken Broth, And 2 Or Less Of Salt, Sugar, Vinegar, Natural Flavors, Yeast Extract, Sodium Phosphate Coated With Yellow Corn Flour, Salt, Spices (Including Celery Seed), Paprika, Dried Garlic, Sugar, Citric Acid, Dried Onion, Paprika Oleoresin, Natural Flavors), Low Moisture Part Skim Mozzarella Cheese (Cultured Part Skim Milk, Salt, Enzymes, Sorbic Acid [Preservative], Soy Lecithin [Anti Sticking Agent]) Allergen Statement: Contains Milk, Soy, Wheat.

■ **Turkey and Cheese Wrap** Ingredients: Turkey Ham (Turkey Thigh, Water, Isolated Soy Protein, Salt, Sugar, Less Than 2% Potassium Lactate, Sodium Phosphate, Potassium Acetate, Smoke Flavoring, Sodium Nitrite, Sodium Erythorbate), Flour Tortilla (Whole Wheat Flour, Water, Bleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Vegetable Shortening [Contains One Or More Of The Following Oils: Soybean Oil And/Or Canola Oil], Sugar, Honey, Sodium Bicarbonate, Sodium Aluminum Phosphate, Potassium Sorbate (A Preservative), Mono And Diglycerides, Fumaric Acid, Calcium Propionate (A Preservative), Salt, Sodium Metabisulfite [Dough Conditioner]), Low-Moisture Part-Skim Mozzarella Cheese (Cultured Part Skim Milk, Salt, Enzymes, Sorbic Acid [Preservative], Sunflower Lecithin [Anti-Sticking Agent]), Pasteurized Process Yellow American Cheese (Cultured Skim Milk and Milk, Potassium Citrate, Sodium Citrate, Paprika And Annatto [Color], Salt, Enzymes, Sorbic Acid [Preservative], Sunflower Lecithin [Anti-Sticking Agent]). Allergen Statement: Contains Milk, Soy, Wheat.

■ **Crispy Chicken Sandwich** Ingredients: Hamburger bun with cooked whole grain chicken patty/fritter. Bun includes wheat ingredients; chicken patty is a breaded whole grain chicken product. Allergen Statement: Contains Soy and Wheat. Crispy Chicken Sandwich Patty Ingredients: Breaded chicken patty. Chicken, water, whole wheat flour, textured soy flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), isolated soy protein with less than 2% lecithin, contains 2% or less of the following: chicken type flavor [brown sugar, yeast extract, onion powder, maltodextrin, canola oil, carrot powder, garlic powder, silicon dioxide (anti-caking agent), citric acid, spice, salt, vegetable stock (carrot, onion, celery), natural flavor], dextrose, dried garlic, dried onion, dried yeast, paprika extract (color), salt, spice, sugar, textured soy protein concentrate, torula yeast, turmeric extract (color), wheat gluten. Breading set in vegetable oil. Allergen Statement: Contains Soy and Wheat.

SALAD ENTREES

■ **Grilled Chicken Caesar Salad** Ingredients: Romaine lettuce, grilled chicken breast, whole grain croutons (Whole Wheat Flour, Canola Oil, Seasoning [sugar, Whey, Salt,

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Romano Cheese [(milk, Salt, Cheese Cultures, Enzymes), Whey, Disodium Phosphate, Lactic Acid], Parmesan Cheese [(milk, Cheese Cultures, Salt, Enzymes), Whey, Salt, Disodium Phosphate, Lactic Acid], Tomato*, Garlic*, Natural Flavor (including Autolyzed Yeast Extract), Vinegar Powder (maltodextrin, Vinegar), Spices], Rye Chops, Salt, Oats, Water, Yeast, Cracked Wheat, Vital Wheat Gluten, Caraway Seeds, Natural Butter Flavor, Ascorbic Acid (vitamin C), Caesar dressing (oil, egg yolk, parmesan cheese, vinegar, seasonings), carrots, parmesan cheese. Allergen Statement: Contains Wheat, Milk, Egg.

■ **Asian Chicken Salad Ingredients:** Romaine Lettuce, shredded cabbage, cooked chicken breast, Crispy Chow Mein noodles (Whole Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm Oil, Contains 2% Or Less Of: Salt, Yeast, Sugar. Contains Wheat). Asian salad dressing packet (Soybean Oil, water, sugar, soy sauce, wheat, soybeans, salt, distilled vinegar, sesame oil, salt, sesame seeds, Xanthan gum spice, carrageenan, oleoresin rosemary. Allergens: Soy, Sesame, Wheat

■ **Southwest Chicken Salad Ingredients:** Romaine lettuce, chicken breast, mozzarella cheese, black beans, roasted corn, Ranch salad dressing packet (Soybean Oil, Water, Buttermilk, Distilled Vinegar, Salt, Egg Yolk, Sugar, Whey Protein Concentrate, Garlic Juice, Monosodium Glutamate, Xanthan Gum, Natural Flavor, Onion*, Potassium Sorbate And Sodium Benzoate Added As Preservatives, Polysorbate 60, Garlic*, Spice, Phosphoric Acid, Lactic Acid, Calcium Disodium Edta Added To Protect Flavor.), Croutons: Whole Wheat Flour, Canola Oil, Seasoning [sugar, Whey, Salt, Romano Cheese [(milk, Salt, Cheese Cultures, Enzymes), Whey, Disodium Phosphate, Lactic Acid], Parmesan Cheese [(milk, Cheese Cultures, Salt, Enzymes), Whey, Salt, Disodium Phosphate, Lactic Acid], Tomato*, Garlic*, Natural Flavor (including Autolyzed Yeast Extract), Vinegar Powder (maltodextrin, Vinegar), Spices], Rye Chops, Salt, Oats, Water, Yeast, Cracked Wheat, Vital Wheat Gluten, Caraway Seeds, Natural Butter Flavor, Ascorbic Acid (vitamin C). Allergen Statement: Contains Dairy, Egg, Milk, Soy, Wheat

■ **Chef Salad Ingredients:** Romaine Lettuce, Turkey breast, Cheddar cheese, Crouton (Whole Wheat Flour, Canola Oil, Seasoning [sugar, Whey, Salt, Romano Cheese [(milk, Salt, Cheese Cultures, Enzymes), Whey, Disodium Phosphate, Lactic Acid], Parmesan Cheese [(milk, Cheese Cultures, Salt, Enzymes), Whey, Salt, Disodium Phosphate, Lactic Acid], Tomato*, Garlic*, Natural Flavor (including Autolyzed Yeast Extract), Vinegar Powder (maltodextrin, Vinegar), Spices], Rye Chops, Salt, Oats, Water, Yeast, Cracked Wheat, Vital Wheat Gluten, Caraway Seeds, Natural Butter Flavor, Ascorbic Acid (vitamin C)), Ranch salad dressing packet (Soybean Oil, Water, Buttermilk, Distilled Vinegar, Salt, Egg Yolk, Sugar, Whey Protein Concentrate, Garlic Juice, Monosodium Glutamate, Xanthan Gum, Natural Flavor, Onion*, Potassium Sorbate And Sodium Benzoate Added As Preservatives, Polysorbate 60, Garlic*, Spice, Phosphoric Acid, Lactic Acid, Calcium Disodium Edta Added To Protect Flavor.) Allergen Statement: Egg, Milk, Dairy, Soy, Wheat

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■ **Italian Chicken Salad** Ingredients: Mixed Greens (Lettuce), Cherry tomato, cooked Chicken breast, Whole Grain Croutons (Whole Wheat Flour, Canola Oil, Seasoning [sugar, Whey, Salt, Romano Cheese [(milk, Salt, Cheese Cultures, Enzymes), Whey, Disodium Phosphate, Lactic Acid], Parmesan Cheese [(milk, Cheese Cultures, Salt, Enzymes), Whey, Salt, Disodium Phosphate, Lactic Acid], Tomato*, Garlic*, Natural Flavor (including Autolyzed Yeast Extract), Vinegar Powder (maltodextrin, Vinegar), Spices], Rye Chops, Salt, Oats, Water, Yeast, Cracked Wheat, Vital Wheat Gluten, Caraway Seeds, Natural Butter Flavor, Ascorbic Acid (vitamin C)) Italian salad dressing packet (Water, Soybean Oil, Distilled Vinegar, High Fructose Corn Syrup, Salt, Garlic*, Onion*, Bell Peppers*, Xanthan Gum, Lemon Juice Concentrate, Spice, Calcium Disodium EDTA Added to Protect Flavor, Artificial Color, Natural Flavor.) Allergens: Soy, Milk, Dairy, Wheat

■ **Greek Salad** Ingredients: Chicken breast, romaine lettuce, mozzarella cheese, whole grain croutons Whole Wheat Flour, Canola Oil, Seasoning [sugar, Whey, Salt, Romano Cheese [(milk, Salt, Cheese Cultures, Enzymes), Whey, Disodium Phosphate, Lactic Acid], Parmesan Cheese [(milk, Cheese Cultures, Salt, Enzymes), Whey, Salt, Disodium Phosphate, Lactic Acid], Tomato*, Garlic*, Natural Flavor (including Autolyzed Yeast Extract), Vinegar Powder (maltodextrin, Vinegar), Spices], Rye Chops, Salt, Oats, Water, Yeast, Cracked Wheat, Vital Wheat Gluten, Caraway Seeds, Natural Butter Flavor, Ascorbic Acid (vitamin C), cherry tomatoes. Balsamic Dressing: Water, Vegetable Oil (soybean Oil, Extra Virgin Olive Oil), Balsamic Vinegar, Distilled Vinegar, Sugar, Salt, Contains 2% Or Less Of: Garlic, Spices, Xanthan Gum, Onion, Onion*, Red Bell Pepper*, Extractive Of Paprika (for Color). *dried. Allergen Statement: Contains Wheat, Milk.

ENTREES (OTHER)

■ **Bean & Cheese Burrito** Ingredients: Filling: Water, Pinto Beans, Cheddar Cheese (pasteurized milk, cheese culture, salt, enzymes, annatto color), Textured Vegetable Protein Product [soy flour, caramel color, zinc oxide, ferrous sulfate, niacinamide, calcium pantothenate, pyridoxine hydrochloride (B6), riboflavin (B2), thiamine mononitrate (B1), vitamin A palmitate, vitamin B12], contains 2% or less of salt, spices, garlic powder, modified food starch (refined from corn). Whole Wheat Flour Tortilla: Wheat flours (whole wheat flour, enriched bleached flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid]), water, soy flour, soybean oil, potato starch, pea fiber, distilled monoglyceride, wheat gluten, glycerin, salt, baking powder (corn starch, sodium bicarbonate, sodium aluminum sulfate, monocalcium phosphate) Allergen Statement: Contains Wheat, Soy, Milk.

■ **Beef & Cheese Taco Stick (Individually Wrapped)** Ingredients: Fully Cooked Taco Beef Filling: Ground beef (not more than 20% fat), water, textured vegetable protein (soy flour, caramel color), onions, seasoning (salt, chili pepper, spices, tomato powder, garlic powder, hydrolyzed corn gluten, wheat protein and soy protein, silicon dioxide, autolyzed yeast extract, sugar, citric acid, sodium diacetate, malic acid), oats, modified food starch, paprika, caramel color. Whole Grain Flour Tortilla: Whole grain wheat flour, wheat enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, soybean oil, hydrogenated soybean oil, contains 2% or less of

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leavening (sodium bicarbonate, sodium acid pyrophosphate, sodium aluminum sulfate), salt, sugar, calcium propionate (preservative), potassium sorbate (preservative), monodiglycerides, fumaric acid, yeast, enzyme, L-cysteine (dough conditioner). Cheese Blend: Low moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese cultures, salt, enzymes), Cheddar cheese (pasteurized milk, cheese cultures, salt, enzymes, annatto color). Gelling/Binding Agents: Kelvis (sodium alginate E401), water, enriched bleached wheat flour. Allergen Statement: Contains Wheat, Milk, and Soy.

■ **Beef Patty** Ingredients: Ground beef (not more than 30% fat), water, textured vegetable protein product [soy protein concentrate, caramel color, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), cyanocobalamin (B12)], salt, sodium phosphate, caramel color. Allergen Statement: Contains Soy.

■ **Hamburger Bun** Ingredients: Whole white wheat flour, unbleached enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, sugar, wheat gluten, soybean oil, contains 2% or less of the following: salt, calcium propionate (preservative), wheat starch, enzymes, ascorbic acid. Allergen Statement: Contains Wheat.

■ **Chicken Tamale** Ingredients: Masa: [Water, Whole Ground White Corn Masa Flour, Canola Oil, Pea Protein, Seasoning (Modified tapioca and corn starch, Apple pectin & Fiber, Xanthan gum, Guar gum, Methyl cellulose), Baking powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium phosphate), Salt, Trace of Lime.] Filling: [Chicken Leg meat, Tomatillo, Fire Roasted Poblano peppers, Water, Ground White Corn Masa Flour (Trace of Lime), Salt, Garlic powder. Allergen Statement: None.

■ **Cheese Tamale** Ingredients Corn Masa: Corn Masa Flour (White Corn Treated with Hydrated Lime), Water, Vegetable Stock [Water, Vegetable Stock Base (Vegetables [Onions, Tomatoes, Potatoes, Carrots, and Celery], Salt, Yeast Extract, Corn Starch, Corn Oil, Onion Powder, Sugar, Natural Flavoring)], Low-Moisture Part-Skim Mozzarella Cheese [Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes, May Contain Powdered Cellulose (to prevent caking)], Palm Oil, Brown Rice Flour (Long Grain Brown Rice, Stabilized Rice Bran), Contains 2% or Less of: Baking Powder (Sodium Bicarbonate, Sodium Aluminum Sulfate, Corn Starch, Calcium Sulfate, Monocalcium Phosphate), Soy Flour, Garlic Powder and Sea Salt. Filling: Two Cheese Blend [Low-Moisture Part-Skim Mozzarella Cheese (Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes, May Contain Powdered Cellulose [to prevent caking]) and Pepper Jack Cheese (Monterey Jack Cheese with Jalapeno Peppers [Pasteurized Milk, Cheese Culture, Jalapeno Peppers, Salt, Enzymes]), May Contain Powdered Cellulose (to prevent caking)], Fire Roasted Diced Green Chiles (Green Chile Peppers, Salt, Citric Acid. May Also Contain Water and Calcium Chloride), Contains 2% or Less of: Jalapeno Peppers (May Contain One or More of the Following: Water, Salt, Citric Acid and

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Calcium Chloride) and Modified Food Starch (Refined From Corn). Allergen Statement: Contains Soy, Milk / Dairy.

■ **Chicken and Waffles** Ingredients: Chicken tenders (breaded chicken, wheat flour, seasonings), Maple Mini Madness waffles (Water, Whole Wheat Flour, Sugar, Soybean Oil, Maltodextrin, Brown Sugar, Eggs, Nonfat Milk, Corn Syrup, Ground Whole Grain Corn, Soy Lecithin, Baking Soda, Sodium Aluminum Phosphate, Salt, Corn Starch, Calcium Acid Pyrophosphate, Palm Oil, Natural and Artificial Flavor, Potassium Bicarbonate, Tricalcium Phosphate) Allergen Statement: Contains Egg, Milk, Soy, Wheat

■ **Waffles, Maple Mini Madness** Ingredients: Whole wheat flour, brown rice flour, water, sugar, egg, milk, soy protein concentrate, canola and/or soybean oil, leavening agents, natural maple flavor syrup system. Allergen Statement: Contains Wheat, Egg, Milk, and Soy.

■ **Beef & Cheese Taco Stick on Whole Grain Tortilla** Ingredients: Whole grain tortilla (whole wheat flour, enriched wheat flour, water, soybean oil, yeast), seasoned beef filling (beef, water, spices, textured soy protein), reduced-fat cheddar cheese, modified food starch, seasoning blend. Allergen Statement: Contains Wheat, Milk, Soy.

■ **Cheesy Pull-apart Bread** Ingredients: Cheese: Part skim mozzarella cheese ([pasteurized milk, cultures, salt, enzymes] modified food starch). Bread: Water, whole grain whole wheat flour, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) yeast, palm oil, sugar, natural & artificial flavors, salt, soybean oil. Allergen Statement: Contains Milk, Wheat, Soy

■ **Macho Beef Burrito** Ingredients: Ground beef, cheddar cheese, crushed tomatoes, taco seasoning, textured vegetable protein, whole wheat tortilla, soy flour, soybean oil, wheat gluten. Allergen Statement: Contains Milk, Soy and Wheat.

■ **Pupusa (Bean and Cheese)** Ingredients: Masa: Whole Cooked Corn, Canola oil, Cultured Dextrose, Salt, Trace of Lime. Filling: Beans [Water, Pinto Beans, Jalapeno Pepper (Jalapeno Pepper, Water, Vinegar, Salt), Salt, Chile powder (Chili Pepper and Spices)], Mozzarella cheese (pasteurized part skim milk, cheese culture, salt, enzyme). Allergen Statement: Contains Dairy/Milk.

■ **Three Cheese Corn Enchilada** Ingredients: Corn enchiladas with corn tortillas/masa, three-cheese filling, enchilada sauce, and cheese topping. Product is prepared from thawed state and heated to required internal temperature per packet instructions. Allergen Statement: Contains Milk/Dairy and Soy.

■ **Macho Beef Burrito** Ingredients: Whole grain-rich tortilla filled with seasoned beef, cheese, beans/rice-style filling components, tomato-based seasonings, textured vegetable protein/soy ingredients, and wheat tortilla ingredients. Allergen Statement: Contains Milk, Soy, Wheat.

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■ **BRC Burrito** Ingredients: Pepper jack cheese, brown rice, roasted poblano chiles, tomato puree, onion, textured soy flour, spices, refried beans, whole wheat flour tortilla, soy flour, vegetable shortening, wheat gluten, guar gum, xanthan gum, baking powder. Allergen Statement: Contains Milk, Soy and Wheat.

■ **Chicken and Vegetable Dumplings** Ingredients: Whole grain dumpling wrapper, chicken, vegetables Chicken, Hydrated soy protein concentrate (Water, soy protein), Green cabbage, green onion, canola oil, carrots, sugar, salt sesame oil Less than 2% lecithin, Dough: Whole Wheat flour, enriched wheat flour, water, modified corn starch, salt, canola oil, wheat gluten. Allergen Statement: Contains Wheat, Soy, Sesame

■ **Cheesy Nachos** Ingredients: Cheddar cheese, Tortilla chips: Whole Grain Stone Ground Cooked Corn, Water, Corn Oil and/or Soybean Oil, Sea Salt and a Trace of Lime. Allergen Statement: Contains Milk/Dairy, Soy.

■ **Quesadilla, Three Cheese** Ingredients: Whole Wheat Flour Tortilla: Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), salt, leavening (sodium bicarbonate, sodium aluminum sulfate, calcium carbonate), sugar, calcium propionate and fumaric acid and sodium acid pyrophosphate (preservatives), mono- and diglycerides, soy shortening, wheat fiber. Three Cheese Filling Blend: Reduced fat/sodium American pasteurized process cheese (cultured skim milk and milk, water, natural flavor, nonfat dry milk, maltodextrin, modified food starch, sodium citrate, potassium citrate, salt, annatto and paprika [color], enzymes, vitamin A palmitate, sorbic acid), Monterey Jack cheese with Jalapeno peppers (pasteurized milk, jalapeno peppers, cheese cultures, salt, enzymes), low-moisture part-skim mozzarella cheese (cultured pasteurized part-skim milk, salt, enzymes). Allergen Statement: Contains Wheat, Milk, and Soy.

■ **Walking Taco (Beef)** Ingredients: Beef (Ground Beef, Water, Textured Vegetable Protein (Soy Flour, Caramel Color), Onions, Seasoning (Salt, Chili Pepper, Spices, Tomato Powder, Garlic Powder, Hydrolyzed Corn Gluten, Wheat Protein and Soy Protein, Silicon Dioxide, Autolyzed Yeast Extract, Sugar, Citric Acid, Sodium Diacetate, Malic Acid), Oats, Modified Food Starch, Paprika, Caramel Color), cheddar cheese. Chips: Corn, Vegetable Oil (corn, Canola, And/or Sunflower Oil), And Salt. Allergen Statement: Contains Milk, Soy, Wheat

■ **Garbanzo Bean Cocoa Spread** Ingredients: Roasted Chickpeas, Cocoa Powder, Canola Oil, Sugar, RSPO (Sustainable) Palm Oil, Natural Flavor Allergen Statement: None.

■ **Graham Crackers** Ingredients: Graham flour (Whole grain wheat flour), unbleached enriched flour (Wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, soybean, canola oil, molasses, palm oil, leavening (Baking soda, calcium phosphate, salt) Allergen Statement: Contains Wheat and Soy.

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■ **Walking Taco (Cheese)** Ingredients: Cheddar cheese. Chips: Corn, Vegetable Oil (corn, Canola, And/or Sunflower Oil), And Salt. Allergen Statement: Contains Milk

■ **Chicken Hot Dog** Ingredients: Mechanically separated chicken, water, dextrose, salt, contains less than 2% flavorings, potassium lactate, corn syrup solids, corn syrup, paprika, sodium phosphate, sodium diacetate, sodium erythorbate, sodium nitrite. Stuffed in cellulose casings (peeled prior to packaging). Allergen Statement: None.

■ **Hot Dog Bun** Ingredients: Whole white wheat flour, unbleached enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, sugar, wheat gluten, soybean oil, contains 2% or less of the following: salt, calcium propionate (preservative), wheat starch, enzymes, ascorbic acid. Allergen Statement: Contains Wheat.

■ **Turkey with Mashed Potatoes and Gravy** Ingredients: Turkey, Potatoes (Idaho® Potatoes, dehydrated) with Emulsifier (monoglycerides) and Preservative (sodium Acid Pyrophosphate, Sodium Bisulfite, Citric Acid, Mixed Tocopherols), Gravy (modified food starch, Salt, Palm Oil, Enriched Bleached Flour (wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Autolyzed Yeast Extract, Turkey, Dextrose contains Less Than 2%: Chicken Fat, Chicken, Garlic, Onion, Soy Sauce (soybeans, Wheat, Salt), Spices, Sugar, Molasses, Turmeric, Hydrolyzed Vegetable Protein (corn, Wheat), Natural Flavors, Wheat Gluten, Corn Syrup Solids, Soy Protein Concentrate, Maltodextrin, Sodium Caseinate, Soy Flour, Whey Protein Concentrate, Mono & Diglycerides, Color Added, Soy Lecithin, Disodium Guanylate, Disodium Inosinate)

Allergens: Soy, Milk, Dairy, Wheat, Gluten

■ **Chicken Nuggets** Ingredients: Chicken breast with rib meat, water, isolated soy protein, soy protein concentrate, Morton Lite Salt (salt, potassium chloride, magnesium carbonate), dextrose monohydrate, garlic powder, white pepper, onion powder, salt, celery seeds, Herbalox; breaded and battered with whole wheat/enriched wheat flours, potato ingredients, leavening, seasonings, chicken broth, and spices. Contains soy and wheat.

■ **Vegan Chik'n Nuggets** Ingredients: Water, soy protein concentrate, whole wheat flour, vegetable oil (corn, canola and/or sunflower), enriched flour (wheat flour, niacin, reduced iron, vitamin B1 [thiamine mononitrate], vitamin B2 [riboflavin], folic acid), soy protein isolate. Contains 2% or less of: methylcellulose, potato starch, salt, natural flavors, maltodextrin, potassium salt, yeast extract, spices, sugar, yeast, garlic powder, onion powder, paprika color, dextrose, leavening (sodium acid pyrophosphate, sodium bicarbonate), citric acid, xanthan gum. Allergen Statement: Contains Soy and Wheat.

■ **Chicken Tenders** Ingredients: Chicken breast meat with rib meat, water, salt, sodium phosphate, onion powder, garlic powder, modified corn starch. Breaded and Battered With: Whole wheat flour, enriched wheat flour (wheat flour, niacin, reduced iron,

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thiamine mononitrate, riboflavin, folic acid), salt, spices, sucrose, dried yeast, garlic powder. Allergen Statement: Contains Wheat.

SAUCES, SIDES & DRESSINGS

■ **BBQ Sauce** Ingredients: High fructose corn syrup, distilled vinegar, tomato paste, modified corn starch, less than 2% of salt, pineapple juice concentrate, natural smoke flavor, spice, caramel color, molasses, sodium benzoate (preservative), garlic, mustard flour, corn syrup, sugar, tamarind, natural flavor, celery seed. Allergen Statement: None.

■ **Garlic Oil Base** Ingredients: Pure canola oil, fresh raw chopped garlic cloves. Simmered until garlic is translucent, then chilled. Allergen Statement: None.

■ **Teriyaki Sauce Glaze** Ingredients: Water, soy sauce (water, wheat, soybeans, salt), sugar, cane molasses, modified food starch, distilled vinegar, contains less than 2% of ginger, garlic, sesame seeds, xanthan gum, potassium sorbate (preservative). Allergen Statement: Contains Soy, Wheat, and Sesame Seeds.

■ **Corn Muffin** Ingredients: Whole grain wheat flour, enriched wheat flour (contains niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, whole grain cornmeal flour, sugar, vegetable oil (soybean), eggs, whey (milk), baking powder, salt. Allergens: Soy, Milk, Dairy, Wheat, Gluten

PIZZA ENTREES

■ **Domino's Cheese Pizza** Ingredients: Pizza crust (whole grain wheat flour, enriched flour, soybean oil, yeast), mozzarella cheese, pizza sauce (tomato paste, spices). Allergen Statement: Contains Wheat, Milk, Soy.

■ **Domino's Pepperoni Pizza** Ingredients: Pizza crust (whole grain wheat flour, enriched flour, soybean oil, yeast), mozzarella cheese, pepperoni (pork and beef, spices), pizza sauce. Allergen Statement: Contains Wheat, Milk, Soy.

■ **Pizza Bagels** Ingredients: Bagel Crust: Flour blend (whole wheat flour, enriched wheat flour [wheat flour, malted barley flour, niacin, reduced iron, ascorbic acid (dough conditioner), thiamine mononitrate, riboflavin, folic acid]) Water, Contains 2% or less of: Yeast Sugar Dry malt (malted barley, wheat flour) Dextrose Salt Calcium propionate. Cheese Topping: Low moisture part skim mozzarella cheese (pasteurized part skim milk, cheese cultures, salt, enzymes) Sauce: Water, Tomato paste (not less than 28% solids), Modified food starch, Sugar, Dextrose, Salt, Spices, Dehydrated onion, Dehydrated Romano cheese (pasteurized cultured cow's milk, salt, enzymes), Garlic powder, Paprika, Citric acid, Beet powder Allergen Statement: Contains Wheat, Milk

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■ **Cheese Pizza Pack** Ingredients: Crust: Water, Whole Grain Whole Wheat Flour, Enriched Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), soybean oil, sugar, oat fiber, sea salt, yeast, baking powder (sodium acid pyrophosphate, sodium bicarbonate, starch, monocalcium phosphate), calcium propionate, calcium sulfate, L-cysteine hydrochloride, ascorbic acid. Cheese: Low moisture part-skim mozzarella cheese (cultured pasteurized milk, salt and enzymes). Pizza Sauce: Water, tomato paste (not less than 31% natural tomato soluble solids), salt, spices & flavoring. Allergen Statement: Contains Milk, Wheat, Soy

■ **Cheese Pizza Round** Ingredients: Crust: Flour blend (white whole wheat flour, enriched flour [wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid]), water, vegetable oil (soybean and/or canola oil), defatted soy flour, yeast, isolated soy protein, contains 2% or less of: sugar, soy lecithin, salt, distilled monoglycerides, ascorbic acid (dough conditioner). Toppings: Low moisture part-skim mozzarella cheese (pasteurized part-skim milk, cheese cultures, salt, enzymes). Sauce: Tomatoes (water, tomato paste [not less than 28% soluble solids]), modified food starch, sugar, contains 2% or less of: dextrose, sea salt, dried onion, spice, dehydrated Romano cheese (sheep's and cow's milk, cheese cultures, salt, enzymes), paprika, dried garlic, citric acid. Allergen Statement: Contains Milk, Soy, and Wheat.

SIDES:

■ **Whole Grain Dinner Roll** Ingredients: whole wheat/enriched wheat flour, water, yeast, sugar, vegetable oil. Allergen Statement: Wheat; may contain Soy.

■ **Cheese, American Slices** Ingredients: Cultured milk, cream, water, sodium citrate, salt, cheese culture, sorbic acid (preservative), citric acid, enzymes, soy lecithin, apo-carotenal and beta-carotene (color). Allergen Statement: Contains Milk and Soy.

■ **Tofu Premium Firm (For Tofu Rice Bowl)** Ingredients: Water, non-GMO soybeans, firming agents (calcium sulfate and/or magnesium chloride). Allergen Statement: Soy.

■ **Graham Crackers** Ingredients: Graham flour (Whole grain wheat, Unbleached enriched wheat flour, sugar, mononitrate, riboflavin, sugar, soybean and canola oil, molasses, palm oil, leavening (Baking soda, calcium phosphate, salt. Allergen Statement: Contains Wheat