



Weston Ranch High School
Cougar Athletic Department

Mike Hale
Athletic Director/VP

Lauren Washington
Athletic Clerk

Cougar Cross-Country 2026

Date	Time	Level	Opponent	Location
9/5	8:00 AM	V	Lagoon Valley	Lagoon Valley
9/17	3:00 PM	V	Stagg	HOME
9/19	8:00 AM	V	Frogtown	Angel Camp
9/24	3:00 PM	V	Edison/Tokay	Edison
10/1	3:00 PM	V	Bear Creek/Franklin	Franklin
10/15	3:00 PM	V	Chavez/McNair	McNair
10/17	8:00 AM	V	Hughson	Hughson
10/28	2:00 PM	V	Championship	Lodi Lake
11/7	8:00 AM	V	Subsections	Angel Camp
11/14	8:00 AM	V	Sectionals	Willow Hills

Head Coach: Rick Cuevas
Head Coach: Paul Whitaker