

Mountainside Athletic Information

Sports are available to both boys and girls in 6th, 7th, and 8th grades.

1st Quarter

Girls Volleyball, Boys Baseball

Meet the Coach (Parent Meeting): Monday, August 10th (3:00-3:30pm)

Practice Begins: Tuesday, August 11th

*Last day to register is Monday, August 17th

Festival: Saturday, August 29th

2nd Quarter

Girls Softball, Girls Soccer, Cheer, Boys Soccer, Boys Basketball

Meet the Coach (Parent Meeting): Monday, October 19th (3:00-3:30pm)

Practices begins: Tuesday, October 20th

*Last day to register is Monday Oct. 26th

Festival: Saturday November 7th

3rd Quarter

Girls Basketball, Flag Football, Cross Country

Meet the Coach (Parent Meeting): Tuesday, January 5th (3:00-3:30pm)

Practices begins: Wednesday, January 6th

*Last day to register is Monday, January 11th

Festival: Saturday, January 23rd

4th Quarter

Track and Field

Meet the Coach (Parent Meeting): Monday, March 22nd (3:00-3:30pm)

Practices begins: Tuesday, March 23rd

*Last day to register is Monday, March 29th

First Practice Meet: Thursday, April 8th

Requirements for Participation

Registration & Fees

- All paperwork at www.registermyathlete.com. Must be approved by school before practicing.
- Must complete proper paperwork and have a current physical on the 26-27 AIA physical form. For the current school year, physicals must be dated after March 1, 2026.
- Fees must be paid before participating. You can pay with cash or check in the front office. If you pay online, email a copy of the receipt to Erin Richardson at erichardson@susd.org or you can bring a copy of the receipt to the front office.
- All fees are non-refundable.
- Cross Country and Track and Field - One-time fee of \$90
- Cheer/Spiritline - One-time fee of \$90
- All other sports - \$75 fee for Tier 1, **additional fee** of \$40 for Tier 2

Practices

- Monday through Thursday (no practice on early release days), after school until 4:30
- Please ensure to pick up your child promptly after practice concludes in the west parking lot (Baseball DM west parking lot)

Bring appropriate clothing and equipment for practices.

Tier 1

- Begins after the start of each quarter (see dates above)
- First 3 weeks of each season
- Athletes learn and work on fundamental skills
- Athletes will receive a festival t-shirt that is to be worn at the festival – athletes may keep these t-shirts.
- Saturday Festival at the end of Tier 1 - athletes showcase what they have learned as they play games against some of the other schools in our district.

Tier 2

- Competitive portion of the season - begins Monday after the festival.
- Athletes chosen from Tier 1 make up a Varsity and Junior Varsity team.
- Varsity can be 6th/7th/8th graders and J.V. can be 6th/7th graders.
- **Additional fee of \$40 (non-refundable) - due before the first game.**
- Athletes will receive a school uniform to wear for games - this uniform must be returned at the end of the season or a fine may be placed on the athlete's student account.
- Games begin at 4:00 (JV begins at 4:00 with Varsity immediately after)
- On game days, athletes must be at school at least 50% of the school day to be eligible to play.

Academics

- Must have above a 2.0 GPA or above *and* no F's to be eligible to compete in the Tier 2 games.
- Grade checks for Tier 2 will be done every Friday for the following weeks game schedule

Looking forward to an exciting year of sports!

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