

Bluffton-Harrison Elementary School
This Institute is an equal opportunity provider

Don't forget Bluffton-Harrison Elementary School
 Serves Breakfast Daily!
 Start your tiger out with a Nutritional Advantage!
 Served Daily 7:40am—8:00am

Breakfast \$2.25/day
 Lunch \$2.75/day

MY
 SCHOOL
 BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com

AUGUST 2026



Daily Tiger Choices :

PB&J Meal

Peanut Butter/Grape Jelly
 Uncrustable 32g Cheese Stick
 (String Cheese 1g or
 Colby Jack 0g)
 Reduced Fat Nacho Doritos 20g
 Raw Veggie Option (1-11g)
 Fruit of the Day 8-28g
 Milk 24g

Or Hot Meal option as menued

Raw Tiger Veggie Packs
Vary Daily:

(1oz Ranch 10g & 1oz Peanut
 Butter Cup 8g Offered)
 1/2C Cucumbers
 1/2C Grape Tomatoes
 1/2C Cauliflower
 1/2C Bell Pepper
 1/2C Celery
 1/2C Carrots
 1/2C Broccoli
 (1-11g)

Flavored Milk Varieties 11-20g

1 Cup 1% White
 1 Cup FF Chocolate

Condiments Offered Daily
 according to menu
 (0g-11g)

*** Tiger Menu's Subject to
 Change**

Mon	Tue	Wed	Thu	Fri
10	11	12	13	14
		Corn Dog on a Stick 30g French Fries 29g Glazed Carrots 8g Pears 16g Milk 24g Total 107g	Grilled Cheese 23g Mini Ravioli 16g Broccoli 8g Cheese Sauce 4g Mixed Fruit 17g Milk 24g Total 92g	Chicken Quesadilla 37g Spanish Rice 44g Cookie 17g Carrots 4g Peach Cup 19g Milk 24g Total 145g
17	18	19	20	21
Pancakes-3ea 39g Egg & Cheese Omelet 4g Hash Brown 27g Carrots 4g Syrup Cup 31g Pears 17g Milk 24g Total 146g	Breaded Chicken Patty 16g Cheese Slice 1g Hamburger Bun 28g Baked Beans 43g Pineapple 18g Milk 24g Total 124g	Hamburger Patty 2g Hamburger Bun 28g Cheese Slice 1g Broccoli 5g Tater Tots 16g Mixed Fruit 18g Milk 24g Total 94g	Chicken & Noodles 50g Mashed Potatoes 14g White Dinner Roll 19g w/Butter Cup 0g Green Beans 4g Applesauce 14g Milk 24g Total 125g	Pizza Pepperoni or Cheese 33g Trix Yogurt Cup 15g Peas 11g Peach Cup 19g Milk 24g Total Carbs 102g
24	25	26	27	28
Chicken Nuggets— 5es 16g Baked Beans 43g Tator Tots 16g Mixed Fruit 15g Dip Cup 3-11g Pears 17g Milk 24g Total 144 g	BBQ Rib 13g White Hamburger Bun 28g Green Beans 3g Baked Lays 25g Pineapple 18g Milk 24g Total 111g	Marinated Grilled Chicken 16g White Bun 22g Corn 15g Mixed Fruit 18g Milk 24g Total 95g	Spaghetti w/ Meat Sauce 38g WG Bosco Stick 14g Lettuce Salad w/Ranch 17g Applesauce 14g Milk 24g Total 103g	Fiestada Pizza 43g Spanish Rice— 1/2C 23g Churro 28g Carrots 4g Mixed Berry Cup 20g Milk 24g Total 142g
31				
Breaded Pork Chop 15g Hamburger Bun 28g Cole Slaw 23g Peaches 14g Milk 24g Total 104g				