

Breakfast Menu

Lamoille Cambridge Elementary School

September 2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Strawberry Mini Bagel 
Multigrain Cheerios 
Whole Grain Bagel with Cream Cheese
Honey Graham Crackers

2 Ham & Cheese Bagel Melt 
Yogurt Parfait 
Red. Sugar Cinnamon Toast Crunch Cereal 
Whole Grain Bagel with Cream Cheese String Cheese

3 Cinnamon Bun Sticks 
Whole Grain Bagel with Cream Cheese Multigrain Cheerios 
Honey Graham Crackers

4

7

8 Yogurt with Granola 
Whole Grain Bagel with Cream Cheese Multigrain Cheerios 
Honey Graham Crackers

9 Banana Bread Sliced 
Whole Grain Bagel with Cream Cheese Red. Sugar Cinnamon Toast Crunch Cereal 
String Cheese

10 Sausage, Egg and Cheese Sandwich Red. Sugar Cinnamon Toast Crunch Cereal 
Whole Grain Bagel with Cream Cheese

11 Blueberry Muffin 
Whole Grain Bagel with Cream Cheese Multigrain Cheerios 
String Cheese

14 Sausage and Cheese Sandwich Whole Grain Bagel with Cream Cheese Homemade Apple Cinnamon Oatmeal 
Multigrain Cheerios 

15 Strawberry Mini Bagel 
Multigrain Cheerios 
Whole Grain Bagel with Cream Cheese Honey Graham Crackers

16 Ham & Cheese Bagel Melt 
Yogurt Parfait 
Red. Sugar Cinnamon Toast Crunch Cereal 
Whole Grain Bagel with Cream Cheese String Cheese

17 Cinnamon Bun Sticks 
Whole Grain Bagel with Cream Cheese Multigrain Cheerios 
Honey Graham Crackers

18 Sausage, Egg & Cheese Burrito* 
Whole Grain Bagel with Cream Cheese Red. Sugar Cinnamon Toast Crunch Cereal 
Multigrain Cheerios 

21

22 Maple Mini Waffles 
Whole Grain Bagel with Cream Cheese Red. Sugar Cinnamon Toast Crunch Cereal 
Multigrain Cheerios 
Honey Graham

23 Yogurt Parfait 
Whole Grain Bagel with Cream Cheese Red. Sugar Cinnamon Toast Crunch Cereal 
Reduced Sugar Trix 
Multigrain Cheerios

24 Sausage, Egg and Cheese Sandwich Red. Sugar Cinnamon Toast Crunch Cereal 
Multigrain Cheerios 
Honey Graham Crackers

25 Blueberry Muffin 
Red. Sugar Cinnamon Toast Crunch Cereal 
Reduced Sugar Trix 
Multigrain Cheerios 
String Cheese

28 Sausage, Egg and Cheese Sandwich Whole Grain Bagel with Cream Cheese Golden Grahams Cereal 
Gluten Free Rice Chex Cereal 
String Cheese

29 Homemade Chocolate Chip Muffins 
Yogurt with Graham Crackers 
Whole Grain Bagel with Cream Cheese Gluten Free Rice Chex Cereal 

30 Sausage and Cheese Sandwich Yogurt Parfait 
Red. Sugar Cinnamon Toast Crunch Cereal 
Whole Grain Bagel with Cream Cheese String Cheese

 shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

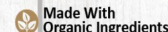
(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Available Daily

Fresh, Canned or Dry Fruit, 100% Fruit Juice

1% White Milk or Fat

Free Chocolate Milk



Meals Are Free To All Students

Adult Breakfast \$4.00

Adult Lunch \$6.50

Milk \$0.75