



Back To School

SCHOOL COUNSELING NEWSLETTER

AUGUST 2026

Social Worker- Dr. Creary



Hello, Wildcats!

I am Dr. Creary, your school social worker, and I am excited to start another school year with you. My job is to support you and your family not only with school, but also with friendships, emotions, problem-solving, coping skills, and feeling connected to our school community. This year, my goal is to help us create a place where kindness matters, asking for help is normal, and every student knows they belong. Throughout the year, I will share wellness messages, encourage healthy choices, and remind you that taking care of your mind is just as important as taking care of your grades. Middle school can be a lot, because apparently growing up needed extra plot twists, but we are going to work through it together.

6th Grade- Mr. Auger



Welcome back!

I hope you had a wonderful, restful, and enjoyable summer. As we begin a new school year, I am excited to welcome both our returning students and those joining the Forest Glen family for the first time.

My name is Mr. Patrick Auger, and I am proud to serve as your School Counselor. My goal is to support every student's academic, social, and emotional growth while helping them develop the confidence and skills they need to succeed both in and out of the classroom.

Middle school is an exciting time filled with new opportunities, friendships, and experiences. Whether students need help adjusting to a new schedule, setting goals, managing challenges, or simply someone to talk to, my door is always open. I also look forward to partnering with parents and guardians throughout the school year to ensure every student feels supported and successful.

I encourage all students to start the year with a positive attitude, be kind to one another, work hard, and take pride in being a part of the Forest Glen Middle School community.

I am looking forward to an amazing school year filled with learning, growth, and achievement. Together, we can make this our best year yet!

7th Grade- Ms. Durden



Welcome back,

Wildcats! My name is Portia Durden, and I will be your 7th-grade school counselor. I am so excited to be returning to Forest Glen to continue serving the students, family, and staff this year. I hold a Bachelor of Arts (BA) in Psychology and Human Services from Davis & Elkins College and a Master's degree in School Counseling and Counseling Licensure from Kutztown University of Pennsylvania.

My passion for counseling and supporting youth has been shaped through my elementary and high school field experiences, where I polished my counseling approach and techniques. I utilize an individualized and goal-oriented approach where students receive holistic support with an emphasis on what is best for the student and how they can best be served. I am committed to being an advocate for all students and their needs at school so they can be successful students and people within their community.

My goal is to become a valuable resource and consistent source of support for their diverse needs to help them achieve their fullest potential. I am dedicated to ensuring the students are learning, growing, and developing to their highest capacity, both academically and emotionally. I can't wait to empower students to believe in themselves and their capabilities!

8th Grade- Ms. Brandon



Welcome Back!

My name is Lakia Brandon, and I proudly serve as the 8th grade school counselor and Counseling Director at Forest Glen, where I've had the privilege of supporting students, families, and staff for the past 8 years. I hold a Bachelor of Science Degree in Criminal Justice from North Carolina A&T State University - Aggie Pride! - and a Master's degree in Education with a concentration in School Counseling from Liberty University.

With over a decade of experience in the counseling field, my mission is to advocate for all students by promoting academic achievement, social-emotional growth, and post-secondary readiness. As Director of our counseling department, I work closely with my team to ensure we provide a comprehensive and student-centered program that meets the diverse needs of our middle school learners.

I am passionate about building strong relationships with students and families, fostering a positive school culture, and equipping young people with the tools they need to succeed both in and out of the classroom. I look forward to continuing to serve our community and helping each student realize their full potential.