

What's on the Menu?

September 2026
Gluten Free

Monday	Tuesday	Wednesday	Thursday	Friday
	1 1. Beef Nachos 2. Cheese Nachos Corn and Black Bean Salad	2 1. Toasted Pepperoni Pizza Sandwich on GF Bread 2. Caprese Sandwich on GF Bread	3 1. Turkey Sausage w/ Yogurt 2. Yogurt Hashbrown Warm Apple Topping	4 No School
7 No School	8 1. Beef Nachos 2. Cheese Nachos Corn and Black Bean Salad	9 1. Toasted Pepperoni Pizza Sandwich on GF Bread 2. Caprese Sandwich on GF Bread	10 1. Turkey Sausage w/ Yogurt 2. Yogurt Hashbrown Warm Apple Topping	11 1. GF Chicken Tenders 2. Chickpea Salad with Cheese Stick
14 1. GF Chicken Tenders w/ Mashed Potatoes 2. Grilled Cheese on GF Bread	15 1. Beef Nachos 2. Cheese Nachos Corn and Black Bean Salad	16 1. Toasted Pepperoni Pizza Sandwich on GF Bread 2. Caprese Sandwich on GF Bread	17 1. Turkey Sausage w/ Yogurt 2. Yogurt Hashbrown Warm Apple Topping	18 1. Hot Dog on GF Bun 2. Chickpea Salad with Cheese Stick
21 1. Hamburger/ Cheeseburger on GF Bun w/Smiley Fries 2. Grilled Cheese on GF Bread	22 1. Beef Nachos 2. Cheese Nachos Corn and Black Bean Salad	23 1. Toasted Pepperoni Pizza Sandwich on GF Bread 2. Caprese Sandwich on GF Bread	24 1. Turkey Sausage w/ Yogurt 2. Yogurt Hashbrown Warm Apple Topping	25 1. GF Chicken Tenders 2. Chickpea Salad with Cheese Stick
28 1. GF Chicken Tenders w/ Smiley Fries 2. Grilled Cheese on GF Bread Curly Fries	29 1. Beef Nachos 2. Cheese Nachos Corn and Black Bean Salad	30 1. Toasted Pepperoni Pizza Sandwich on GF Bread 2. Caprese Sandwich on GF Bread		

All meals served with milk or chocolate milk



Vegetarian



Locally Grown

Weekly Choice 3 Options

MONDAY
Turkey & Cheese on GF Bread

TUESDAY
Taco Salad

WEDNESDAY
Pizza Salad

THURSDAY
GF Chicken Tenders

FRIDAY
GF Chicken Tenders

DAILY OPTIONS

FRUIT AND VEGGIE BAR

FRESH FRUITS
FRESH VEGGIES

Tuesdays:
BLACK BEAN & CORN SALAD

DAILY During Week 1 & 3
TOSSED SALAD

DAILY During Week 2 & 4
CUCUMBER BASIL SALAD