



MNSD WORRALL MENU: SEPTEMBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

ANNOUNCEMENTS!

BREAKFAST

Free for all students!

LUNCH

Students: \$3.20

Questions? [Visit our webpage!](#)

Gluten Free Options
Available Upon Request
For Gluten Free Options
please contact
tstiles@mnsd.org

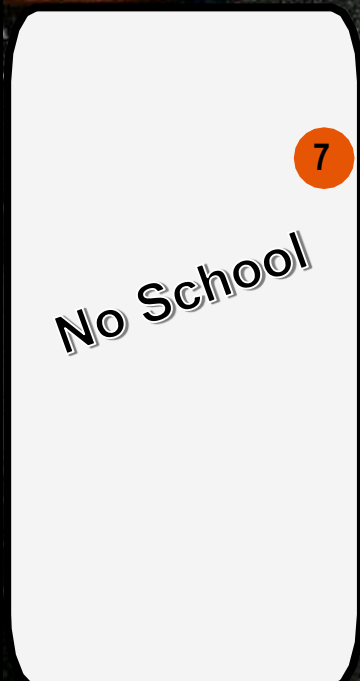
****This menu does not accommodate students with severe gluten sensitivities related to cross-contamination****

Local fat-free chocolate and reduced-fat white milk are available during breakfast and lunch
All grains are **whole grain rich (WG)**

All juice is **100% fruit juice**

A La Carte items are available to purchase using your Student Account. For funding and account management access www.schoolcafe.com

Menu is subject to changes



BREAKFAST

Assorted Daily Breakfast Items

1

LUNCH

A-Mozzarella Sticks
B-Blueberry Parfait

SIDES

Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items

2

LUNCH

A-Cheeseburger
B-Strawberry Parfait

SIDES

Tater Tots
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items

3

LUNCH

A-French Toast & Sausage Links
B-Blueberry Parfait

SIDES

Hashbrowns
Edamame
Assorted Cold Fruit & Veggies

No School

BREAKFAST

Assorted Daily Breakfast Items

8

LUNCH

A-Pancakes & Sausage
B-PB&J Fun Lunch

SIDES

Hashbrowns
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items

9

LUNCH

A-Big Daddy Pizza Slice
B-PB&J Fun Lunch

SIDES

Tater Tots
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items

10

LUNCH

A-Chicken Nuggets & Dinner Roll
B-PB&J Fun Lunch

SIDES

Seasoned Broccoli
Edamame
Assorted Cold Fruit & Veggie

BREAKFAST

Assorted Daily Breakfast Items

11

LUNCH

A-Big Daddy Pizza Slice
B-PB&J Fun Lunch

SIDES

Seasoned Wedge Fries
Edamame
Assorted Cold Fruit & Veggies



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BREAKFAST

Assorted Daily Breakfast Items

14

LUNCH

A-Chicken Tenders & Dinner Roll
B-Nacho Fun Lunch

SIDES

Smile Fries
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items

15

LUNCH

A-Waffles & Sausage Links
B-Nacho Fun Lunch

SIDES

Hashbrowns
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items

16

LUNCH

A-Hot Dog
B-Nacho Fun Lunch

SIDES

Tater Tots
Baked Beans
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items

17

LUNCH

A-Cheeseburger Bites
B-Nacho Fun Lunch

SIDES

Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items

18

LUNCH

A-Big Daddy Pizza Slice
B-Nacho Fun Lunch

SIDES

Seasoned Wedge Fries
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items

22

LUNCH

A-Chicken Patty Sandwich
B-Turkey & Cheese Sandwich

SIDES

Mixed Veggies
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items

23

LUNCH

A-Big Daddy Pizza Slice
B-Ham & Cheese Sandwich

SIDES

Tater Tots
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items

24

LUNCH

A-Mac & Cheese w/ Chicken Poppers & Dinner Roll
B-Turkey & Cheese Sandwich

SIDES

Mixed Veggies
Edamame
Assorted Cold Fruit & Veggie

BREAKFAST

Assorted Daily Breakfast Items

25

LUNCH

A-Big Daddy Pizza Slice
B-Ham & Cheese Sandwich

SIDES

Seasoned Wedge Fries
Edamame
Assorted Cold Fruit & Veggies

No School

BREAKFAST

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BREAKFAST

Assorted Daily Breakfast Items

28

LUNCH

A-Pepperoni Pizza Bites
B-Strawberry Parfait

SIDES

Smile Fries
Edamame
Assorted Cold Fruit & Veggies

TUESDAY

BREAKFAST

Assorted Daily Breakfast Items

29

LUNCH

A-Mozzarella Sticks
B-Blueberry Parfait

SIDES

Edamame
Assorted Cold Fruit & Veggies

WEDNESDAY

BREAKFAST

Assorted Daily Breakfast Items

30

LUNCH

A-Cheeseburger
B-Strawberry Parfait

SIDES

Tater Tots
Edamame
Assorted Cold Fruit & Veggies

FRIDAY

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ASSORTED DAILY BREAKFAST ITEMS

-HOT BREAKFAST ITEMS

Pancakes or Cinnamon Waffles

-BENE-FIT BAR

French Toast or Chocolate Chip Oatmeal

-CEREAL BOWL

Lucky Charms, Trix, Cinnamon Toast Crunch, Or Cocoa Puffs

-MUFFIN

Chocolate Chip or Double Chocolate Chip

-PASTRY

Strawberry Bagel or Cinnamon Toast Crunch Bar

-POP TART

Cinnamon or Strawberry

BREAKFAST FRUITS AVAILABLE DAILY

Apples
Apple Slices
Oranges
Apple Juice
Orange Juice
Fruit Punch
Assorted Fruit Cups

LUNCH SIDES AVAILABLE DAILY

Carrots
Celery
Cucumbers
Garden Salad
Apple
Apple Slice
Oranges
Assorted Fruit Cups

Check out our A La
Cart Items
Offered Daily
and Prices

A La Cart

Bug Bites
Cheese Itz
Chips
Fruit By The Foot

\$.60
\$. 60
\$1.30
\$1.00

Grandma Cookies
Ice Cream
Pop tart
Rice Krispie Treat
Scooby Snacks

\$1.50
\$1.10
\$1.00
\$1.15
\$1.00