



MNSD ELEMENTARY MENU: SEPTEMBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

ANNOUNCEMENTS!

BREAKFAST

Free for all students!

LUNCH

Students: \$3.20

Questions? Visit our
[webpage!](#)

Check out our new
Gluten Free
Options--GF

****This menu does not
accommodate students
with severe gluten
sensitivities related to
cross-contamination****

Local fat-free chocolate
and reduced-fat white milk
are available during
breakfast and lunch
All grains are **whole grain
rich (WG)**

All juice is **100% fruit juice**

A La Carte items are
available to purchase using
your Student Account. For
funding and account
management access
www.schoolcafe.com

Menu is subject to changes



No School

BREAKFAST

Assorted Daily Breakfast Items
GF- Double Chocolate Muffin

LUNCH

A-Mozzarella Sticks
B-Cereal Fun Lunch
C-Cheeseburger
D-GF Hamburger

SIDES

Seasoned Spiral Fries
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Double Chocolate Muffin

LUNCH

A-Tortellini in Marinara Sauce
w/ Meatballs and Garlic Knot
B-Blueberry Muffin Fun Lunch
C-Cheeseburger
D-GF Penne Pasta in
Marinara Sauce w/ Meatball

SIDES

Seasoned Spiral Fries
Seasoned Green Bean
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Cinnamon Chex Cereal

LUNCH

A-Hot Dog
B-Cereal Fun Lunch
C-Big Daddy Pizza Slice
D-GF Lucky Charms Cereal
Fun Lunch

SIDES

Seasoned Wedge Fries
Edamame
Baked Beans
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Cinnamon Chex Cereal

LUNCH

A-Chicken Alfredo w/ Penne
B-Chocolate Chip Muffin Fun
Lunch
C-Bosco Sticks
D-GF Grilled Chicken Alfredo

SIDES

Seasoned Wedge Fries
Mixed Veggies
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Lucky Charms Cereal

LUNCH

A-Mac & Cheese w/ Dinner
Roll
B-Cereal Fun Lunch
C-Chicken Tenders w/ Dinner
Roll
D-GF Chicken Tenders

SIDES

Seasoned Crinkle Fries
Seasoned Broccoli
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Lucky Charms Cereal

LUNCH

A-Walking Taco
B-Chocolate Muffin Fun Lunch
C-Pepperoni Pizza Bites
D-GF Walking Taco

SIDES

Seasoned Crinkle Fries
Edamame
Assorted Cold Fruit & Veggie

BREAKFAST

Assorted Daily Breakfast Items
GF- Rice Chex Cereal

LUNCH

A-Meatball Sandwich w/
American Cheese
B-Blueberry Muffin Fun Lunch
C- Big Daddy Pizza Slice
D-GF Pizza Daiya

SIDES

Emoticon Mashed Potatoes
Seasoned Edamame
Assorted Cold Fruit & Veggies

No School



MNSD ELEMENTARY MENU: SEPTEMBER

MONDAY

BREAKFAST

Assorted Daily Breakfast Items
GF-Blueberry Muffin

LUNCH

A-Pancake Sausage Bites &
Chocolate Chip Muffin
B-Pretzel Fun Lunch
C-Cheeseburger
D-GF Burger

SIDES

Tater Tots
Edamame
Assorted Cold Fruit & Veggies

TUESDAY

BREAKFAST

Assorted Daily Breakfast Items
GF- Double Chocolate Muffin

LUNCH

A-Mashed Potato & Chicken
Bowl w/ Gravy and Corn
B-Pretzel Fun Lunch
C-Pizza Bites
D-GF Mashed Potato &
Chicken Bowl w/ Corn

SIDES

Seasoned Fries
Edamame
Assorted Cold Fruit & Veggies

WEDNESDAY

BREAKFAST

Assorted Daily Breakfast Items
GF- Cinnamon Chex Cereal

LUNCH

A-Turkey & Cheese Sandwich
B-Pretzel Fun Lunch
C-Big Daddy Pizza Slice
D-GF Pizza Daiya

SIDES

Seasoned Wedge Fries
Edamame
Seasoned Broccoli
Assorted Cold Fruit & Veggies

THURSDAY

BREAKFAST

Assorted Daily Breakfast Items
GF- Lucky Charms Cereal

LUNCH

A-Mac & Cheese And Burger
Bites w/ Dinner Roll
B-Pretzel Fun Lunch
C-Tenders w/ Dinner Roll
D-GF Tender

SIDES

Seasoned Fries
Seasoned Mixed Veggie
Edamame
Assorted Cold Fruit & Veggies

FRIDAY

BREAKFAST

Assorted Daily Breakfast Items
GF- Rice Chex Cereal

LUNCH

A-Big Daddy Pizza Slice
B-Pretzel Fun Lunch
C-Ham and Cheese Sandwich
D-GF Pizza Daiya

SIDES

Emoticon Mashed Potatoes
Edamame
Assorted Cold Fruit & Veggies

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BREAKFAST

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BREAKFAST

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LUNCH

A-Penna Pasta in Meat Sauce
B-PB&J Fun Lunch
C-Cheeseburger
D-GF Penne Pasta in Meat
Sauce

SIDES

Seasoned Fries
Seasoned Broccoli
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Cinnamon Chex Cereal

LUNCH

A-Chicken Cheese Steak
B-PB&J Fun Lunch
C-Hot Dog
D-GF Chicken Cheese Steak

SIDES

Seasoned Wedge Fries
Baked Beans
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Lucky Charms Cereal

LUNCH

A-Sweet & Sour Chicken
B-PB&J Fun Lunch
C-Cheese Filled Bosco Sticks
D-GF Tenders

SIDES

Seasoned Fries
Seasoned Green Beans
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Rice Chex Cereal

LUNCH

A-Grilled Cheese & Tomato
Soup
B-PB&J Fun Lunch
C- Big Daddy Pizza Slice
D-GF Pizza Daiya

SIDES

Emoticon Mashed Potatoes
Assorted Cold Fruit & Veggies



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MONDAY

BREAKFAST

Assorted Daily Breakfast Items
GF-Blueberry Muffin

LUNCH

28

A-Chicken Nuggets w/ Dinner Roll
B-Nacho Fun Lunch
C-Pancakes & Sausage
D-GF Nacho Fun Lunch

SIDES

Tater Tots
Seasoned Peas
Edamame
Assorted Cold Fruit & Veggies

TUESDAY

BREAKFAST

Assorted Daily Breakfast Items
GF- Double Chocolate Muffin

LUNCH

29

A-Mozzarella Sticks
B-Nacho Fun Lunch
C-Cheeseburger
D-GF Chicken Tenders

SIDES

Seasoned Spiral Fries
Edamame
Assorted Cold Fruit & Veggies

WEDNESDAY

BREAKFAST

Assorted Daily Breakfast Items
GF- Cinnamon Chex Cereal

LUNCH

30

A-Big Daddy Pizza Slice
B-Nacho Fun Lunch
C-Garden Salad with Chicken & Dinner Roll
D-GF Pizza Daiya

SIDES

Seasoned Wedge Fries
Edamame
Assorted Cold Fruit & Veggies

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ASSORTED DAILY BREAKFAST ITEMS

- Bagels w/ Cream Cheese
- Assorted Cereal Bars
- Assorted Cereal Cups
- Assorted Muffins
- Assorted Pop-Tarts
- Assorted Bene-Fit Breakfast Bars
- Assorted 100% Fruit Juices
- Assorted Pancakes & Waffles
- Assorted Pastry Bars
- Sausage Crunchers

BREAKFAST FRUITS AVAILABLE DAILY

- Apples
- Apple Slices
- Oranges
- Apple Juice
- Orange Juice
- Fruit Punch
- Assorted Fruit Cups

LUNCH SIDES AVAILABLE DAILY

- Carrots
- Celery
- Cucumbers
- Garden Salad
- Apple
- Apple Slice
- Oranges
- Assorted Fruit Cups

Check out our A La
Cart Items
Offered Daily
and Prices

A La Cart

Bagged Cookies	\$1.50	Fruit By The Foot	\$1.00
Brownie	\$1.50	Fruit Roll Ups	\$1.00
Bug Bites	\$.60	Gold Fish	\$.60
Cheese Itz	\$.60	Gold Fish Pretzel	\$.60
Chewy Granola Bars	\$1.10	Ice Cream	\$1.10
Chips	\$1.30	Motts or Welches Fruit Snacks	\$1.00
Dog Bones Graham Cracker	\$.60	Pop tart	\$1.00
Vanilla Emoji	\$.60	Rice Krispie Treat	\$1.15
		Scooby Snacks	\$1.00