

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Aug 5, 2026 thru Aug 7, 2026

COMMUNITY DAY LUNCH 6-8

Generated on: 8/6/2026 7:38:32 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/05/2026																
COMMUNITY DAY LUNCH	Total	7000														
Chicken,Drumstick w/Cornbrd '26	Serving	4000	408	108	670	3.20	2.00	36.0	156	0.9	16	19.6	42.0	17.5	3.40	0.00
BROCCOLI,raw: fresh	Serv. 1/2	5000	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.05	0.00
	c Veg															
Potato Wedges, Plain FRESH '24	5 OUNCE	2000	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	2000	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
APPLESAUCE, UNSWEETNED	serving	2000	51	0	2	1.34	0.28	4.9	35	1.22	11	0.21	13.75	0.12	0.01	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g	2000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2 pint)	5000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			469	75	627	3.82	1.89	353.6	967	32.34	*33	22.08	58.20	16.40	3.76	0.03
% of Calories											*28.5%	18.8%	49.6%	31.4%	7.2%	0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	
Thu - 08/06/2026																
COMMUNITY DAY LUNCH	Total	7000														
Hotdog, Beef '26	1 each	7000	289	30	699	1.99	2.07	53.8	100	7.2	5	11.97	28.86	14.99	5.00	0.00
CHILI BEANS,can '26	3/4 cup	4000	314	0	321	17.21	9.59	255.5	2538	31.41	*19	18.37	66.47	3.48	0.33	*0.00
SALAD 3/WAY, '23	1 cup	4000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
BANANAS	1 EACH	6000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Diced PearsIn Extra Light Syrp	Serv(1/2 Cup)	6000	60	0	5	2.00	0.00	0.0	60	0.0	12	0.0	16.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g	3000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2 pint)	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
CATSUP	.5 oz	3000	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MUSTARD	.5 oz	3000	9	0	166	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.5	0.03	0.00
Weighted Daily Average			757	41	1257	16.18	8.07	475.7	3780	36.33	*56	32.80	122.12	20.68	6.27	*0.04
% of Calories											*29.5%	17.3%	64.5%	24.6%	7.5%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Aug 5, 2026 thru Aug 7, 2026

COMMUNITY DAY LUNCH 6-8

Generated on: 8/6/2026 7:38:33 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/07/2026																
COMMUNITY DAY LUNCH																
MACARONI & CHEESE 2 OG	Total	7000														
BREAD, STICK	1/2 CUP	7000	213	39	654	2.31	1.38	409.4	446	0.01	2	10.25	16.6	12.54	7.17	*0.45
SALAD 3/WAY, '23	1 each	7000	99	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.50	0.00
TOMATOES, GRAPE	1 cup	6000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
APPLES,Fresh	1/2 CUP	6000	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
PEACHES:canned,light syrup '26	1 EACH	6000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Dressing, Buttermilk Ranch '26	1 CUP	6500	136	0	13	3.26	0.90	7.5	889	6.02	33	1.13	36.52	0.08	0.01	0.00
MILK,1% DW 2024	Pouch (12g)	2000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
	EACH(1/2 pint)	6000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	1000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			656	54	958	10.08	4.20	761.1	4380	24.79	63	22.76	101.71	19.48	9.23	*0.47
% of Calories											38.1%	13.9%	62.0%	26.7%	12.7%	*0.7%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	
Weighted Average			627	56	948	10.03	4.72	530.1	3042	31.15	*51	25.88	94.01	18.85	6.42	*0.18
											*72.6%	16.5%	59.9%	27.0%	9.2%	*0.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	627		600 - 700	100%				
Cholesterol (mg)	56							
Sodium 1 (mg)	948		1360	70%				
Sodium 1a (mg)	948		1225	77%				
Fiber (g)	10.03							
Iron (mg)	4.72							
Calcium (mg)	530.1							
Vitamin A (IU)	3042							
Sugars (g)	51	32.27%			Missing			
Vitamin C (mg)	31.15							
Protein (g)	25.88	16.50%						
Carbohydrate (g)	94.01	59.94%						
Total Fat (g)	18.85	27.04%	<=30.00%					
Saturated Fat (g)	6.42	9.21%	<10.00%					
Trans Fat ¹ (g)	0.18	0.26%			Missing			

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Aug 10, 2026 thru Aug 14, 2026

COMMUNITY DAY LUNCH 6-8

Generated on: 8/6/2026 7:38:45 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Mon - 08/10/2026																
COMMUNITY DAY LUNCH	Total	7000														
Sandwich,Chicken EL '25	1 EACH	7000	344	33	598	5.00	4.00	78.0	80	87.0	4	20.0	43.0	10.5	2.00	0.00
BARBECUE BEANS -2012	1/2 CUP	3500	194	0	782	6.77	2.06	63.3	306	1.51	*9	8.04	45.49	0.63	0.12	*0.00
SALAD 3/WAY, '23	1 cup	5000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
APPLES,Fresh	1 EACH	5000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
PEACHES:canned,light syrup '26	1 CUP	5000	136	0	13	3.26	0.90	7.5	889	6.02	33	1.13	36.52	0.08	0.01	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g	4000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
CATSUP	.5 oz	3000	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	5000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			754	47	1297	13.24	6.03	431.9	3216	101.05	*60	34.70	125.69	15.65	3.60	*0.06
% of Calories											*31.9%	18.4%	66.7%	18.7%	4.3%	*0.1%
Nutrient Guideline			600-700		1360								<=30.0		<10.00	
Tue - 08/11/2026																
COMMUNITY DAY LUNCH	Total	7000														
Chicken, Teriyaki and Rice '24	BOX	7000	349	83	739	3.47	2.14	16.7	4785	2.91	*8	24.13	49.99	6.14	1.27	0.00
SALAD 3/WAY, '23	1 cup	6000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
BROCCOLI,raw: fresh	Serv. 1/2 c Veg	6000	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.05	0.00
BANANAS	1 EACH	6000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	6000	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g	4000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2 pint)	5000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			655	97	987	7.63	3.13	360.9	7740	52.48	*49	36.30	105.50	11.47	3.02	0.06
% of Calories											*30.0%	22.2%	64.5%	15.8%	4.2%	0.1%
Nutrient Guideline			600-700		1360								<=30.0		<10.00	

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Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Aug 10, 2026 thru Aug 14, 2026

COMMUNITY DAY LUNCH 6-8

Generated on: 8/6/2026 7:38:45 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Wed - 08/12/2026																
COMMUNITY DAY LUNCH	Total	7000														
Chicken & Waffles, WG 2024	Serving	7000	395	34	635	4.00	3.08	40.0	182	87.0	20	19.0	60.06	10.0	2.00	0.00
SALAD 3/WAY, '23	1 cup	5000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CORN,CANNED,YELLOW .50cup	Serv(1/2 Cup)	2000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	2000	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
APPLESAUCE, UNSWEETNED	serving	2000	51	0	2	1.34	0.28	4.9	35	1.22	11	0.21	13.75	0.12	0.01	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g	2000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
SYRUP	1 OZ	5000	81	0	12	0.00	0.00	0.0	73	0.0	15	0.0	21.06	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	5000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			645	47	895	5.23	3.51	355.5	2540	93.07	55	29.14	105.21	13.62	3.38	0.03
% of Calories											33.9%	18.1%	65.2%	19.0%	4.7%	0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	
Thu - 08/13/2026																
COMMUNITY DAY LUNCH	Total	6400														
ITALIAN PASTA BAKE 2018	servings	6400	297	44	843	11.12	3.77	186.1	900	13.71	*6	19.88	33.36	9.22	3.86	*0.00
SALAD 3/WAY, '23	1 cup	6000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CARROT, Sticks '24	1/2 Cup	6000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
Blueberries, Frozen	Serv(1/2 Cup)	3000	40	0	1	2.09	0.14	6.2	36	1.94	7	0.33	9.43	0.5	0.04	0.00
FRUIT MIX, Extra Light Syrup	Serv.(1/2 Cup)	3000	80	0	5	1.00	0.00	0.0	200	1.2	15	0.0	18.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	5200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	1200	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			508	57	1052	14.32	4.26	532.1	13277	24.02	*34	29.99	69.38	11.63	5.12	*0.00
% of Calories											*27.1%	23.6%	54.6%	20.6%	9.1%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Aug 10, 2026 thru Aug 14, 2026

Base Menu Spreadsheet

COMMUNITY DAY LUNCH 6-8

Portion Values - Detailed

Page 3

Generated on: 8/6/2026 7:38:45 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/14/2026																
COMMUNITY DAY LUNCH	Total	7000														
PIZZA, DETROIT STYLE '26	5.80 OZ	7000	370	35	700	2.00	2.40	400.0	*N/A*	*N/A*	5	20.0	44.0	14.0	6.00	*N/A*
CUCUMBER, SLICED 2021	serving	6000	12	0	2	0.39	0.22	12.5	82	2.18	1	0.51	2.83	0.09	0.03	0.00
TOMATOES, GRAPE	1/2 CUP	7000	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
APPLES,Fresh	1 EACH	7200	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
PEACHES, Diced Xtra Lite Syrup	serving	5000	60	0	10	0.00	0.00	0.0	300	1.2	13	0.0	14.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g	4000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2 pint)	5000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			658	49	941	6.66	2.97	734.7	*1625	*19.47	48	30.52	95.23	19.06	7.59	*0.06
% of Calories											29.1%	18.5%	57.9%	26.1%	10.4%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	
Weighted Average			644	60	1034	9.41	3.98	483.0	*5680	*58.02	*49	32.13	100.20	14.29	4.54	*0.04
											*68.8%	20.0%	62.2%	20.0%	6.3%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	644		600 - 700	100%				
Cholesterol (mg)	60							
Sodium 1 (mg)	1034		1360	76%				
Sodium 1a (mg)	1034		1225	84%				
Fiber (g)	9.41							
Iron (mg)	3.98							
Calcium (mg)	483.0							
Vitamin A (IU)	5680				Missing			
Sugars (g)	49	30.59%			Missing			
Vitamin C (mg)	58.02				Missing			
Protein (g)	32.13	19.95%						
Carbohydrate (g)	100.20	62.23%						
Total Fat (g)	14.29	19.96%	<=30.00%					
Saturated Fat (g)	4.54	6.35%	<10.00%					
Trans Fat ¹ (g)	0.04	0.05%			Missing			

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Page 1

Aug 17, 2026 thru Aug 21, 2026

COMMUNITY DAY LUNCH 6-8

Generated on: 8/6/2026 7:38:53 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/17/2026																
COMMUNITY DAY LUNCH	Total	7000														
FISH STICKS, POLLOCK -2026	SERV.(4 sticks)	7000	210	55	290	3.00	1.44	59.0	0	0.0	0	18.0	23.0	5.0	0.50	0.00
Bread, Garlic Texas Toast '25	1 each	7000	100	0	125	1.00	1.10	10.0	*N/A*	*N/A*	1	3.0	13.99	3.5	0.50	0.00
SALAD 3/WAY, '23	1 cup	5000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CARROT, Sticks '24	1/2 Cup	5000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	6500	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
PEACHES:canned,light syrup '26	1 CUP	5000	136	0	13	3.26	0.90	7.5	889	6.02	33	1.13	36.52	0.08	0.01	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g	5000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2 pint)	6000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	1000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			655	71	694	10.77	3.68	427.9	*10169	*16.93	56	32.31	102.48	14.54	2.89	0.07
% of Calories											33.9%	19.7%	62.5%	20.0%	4.0%	0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	
Tue - 08/18/2026																
COMMUNITY DAY LUNCH	Total	7500														
Chicken, tempura nuggets '26	Serving (4 ea)	7500	220	35	350	1.00	1.00	0.0	0	0.0	0	12.0	10.0	15.0	3.00	0.00
Roll, 51% WG Artisan Roll	ROLL	7500	150	0	240	5.00	2.00	41.0	*N/A*	*N/A*	3	5.0	31.0	2.0	0.00	0.00
BARBECUE BEANS (VEGETARIAN)	1/2 CUP	900	190	0	494	6.12	1.94	66.1	321	5.37	*13	7.02	44.27	0.68	0.11	*0.00
CUCUMBER, SLICED	1/2 Cup	3000	8	0	1	0.26	0.15	8.3	55	1.46	1	0.34	1.89	0.06	0.02	0.00
SALAD 3/WAY, '23	1 cup	5000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CARROT, Sticks '24	1/2 Cup	5000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	5000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Diced PearsIn Extra Light Syrp	Serv(1/2 Cup)	5000	60	0	5	2.00	0.00	0.0	60	0.0	12	0.0	16.0	0.0	0.00	0.00
CATSUP	.5 oz	5000	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
Salsa, LaVictoria 1oz	Serv(1oz)	3000	9	0	189	0.00	0.00	0.0	0	0.0	1	0.0	1.89	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	5500	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Aug 17, 2026 thru Aug 21, 2026

COMMUNITY DAY LUNCH 6-8

Generated on: 8/6/2026 7:38:54 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Weighted Daily Average % of Calories			644	47	1030	11.66	3.74	384.6	*9143	*12.21	*43	27.89	95.62	19.21	4.16	*0.00
											*26.5%	17.3%	59.4%	26.8%	5.8%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	
Wed - 08/19/2026																
COMMUNITY DAY LUNCH	Total	7000														
Chicken,Orange EL	3.6 OZ	7000	150	40	300	0.00	0.72	10.0	0	0.0	11	11.0	20.0	3.0	0.00	0.00
Noodles, Chow Mein '23 OG	1/2 Cup	7000	116	0	901	2.61	1.07	27.3	1430	7.02	*2	4.05	19.62	3.1	0.48	*0.00
SALAD 3/WAY, '23	1 cup	6000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
BROCCOLI,raw: fresh	Serv. 1/2	6000	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.05	0.00
	c Veg															
GRAPES,Fresh	Serv.(1/2	6000	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
	Cup)															
APPLESAUCE, UNSWEETNED	serving	6000	51	0	2	1.34	0.28	4.9	35	1.22	11	0.21	13.75	0.12	0.01	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g	4000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2	5000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
MILK,NF Chocolate DW 2024	EACH (1/	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															
Weighted Daily Average % of Calories			538	55	1451	5.66	2.80	381.3	4360	50.11	*53	26.46	87.14	11.25	2.14	*0.06
											*39.7%	19.7%	64.7%	18.8%	3.6%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Aug 17, 2026 thru Aug 21, 2026

Base Menu Spreadsheet

COMMUNITY DAY LUNCH 6-8

Portion Values - Detailed

Generated on: 8/6/2026 7:38:54 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/20/2026																
COMMUNITY DAY LUNCH	Total	7000														
Nacho,TURKEY TACO, '25	Serving(3.2 oz)	7000	481	44	784	1.89	226.80	328.8	77	0.0	4	25.89	45.4	24.42	5.64	0.00
SALAD 3/WAY, '23	1 cup	3000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CORN,CANNED,YELLOW .50cup	Serv(1/2 Cup)	4000	55	0	168	1.64	0.22	2.5	38	1.48	4	1.88	11.76	1.0	0.20	0.00
STRAWBERRIES,FRESH	1/2 Cup	3000	23	0	1	1.44	0.30	11.5	9	42.34	4	0.48	5.53	0.22	0.01	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	3500	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
Salsa, LaVictoria 1oz	Serv(1oz)	2000	9	0	189	0.00	0.00	0.0	0	0.0	1	0.0	1.89	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	4000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			680	55	1120	3.51	227.34	621.9	2035	21.49	30	36.02	80.28	26.52	6.62	0.00
% of Calories											17.6%	21.2%	47.2%	35.1%	8.8%	0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	
Fri - 08/21/2026																
COMMUNITY DAY LUNCH	Total	8000														
Penne, Alfredo, Cheesy '23	1 CUP	8000	160	7	202	8.52	1.03	137.6	74	0.43	*1	7.03	26.26	2.73	1.06	*0.06
Bread, Garlic Texas Toast '25	1 each	8000	100	0	125	1.00	1.10	10.0	*N/A*	*N/A*	1	3.0	13.99	3.5	0.50	0.00
SALAD 3/WAY, '23	1 cup	6000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
TOMATOES, GRAPE	1/2 CUP	4000	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
APPLES,Fresh	1 EACH	4000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
PEACHES:canned,light syrup '26	1 CUP	4000	136	0	13	3.26	0.90	7.5	889	6.02	33	1.13	36.52	0.08	0.01	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g	4000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	6000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			525	16	589	13.39	2.98	399.4	*3436	*16.09	*45	20.15	90.55	9.55	2.35	*0.11
% of Calories											*34.4%	15.4%	69.0%	16.4%	4.0%	*0.2%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 4

Aug 17, 2026 thru Aug 21, 2026

COMMUNITY DAY LUNCH 6-8

Generated on: 8/6/2026 7:38:54 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Average			609	49	977	9.00	48.11	443.0	*5829	*23.36	*45 *67.0%	28.56 18.8%	91.21 60.0%	16.21 24.0%	3.63 5.4%	*0.05 *0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	609		600 - 700	100%				
Cholesterol (mg)	49							
Sodium 1 (mg)	977		1360	72%				
Sodium 1a (mg)	977		1225	80%				
Fiber (g)	9.00							
Iron (mg)	48.11							
Calcium (mg)	443.0							
Vitamin A (IU)	5829				Missing			
Sugars (g)	45	29.79%			Missing			
Vitamin C (mg)	23.36				Missing			
Protein (g)	28.56	18.77%						
Carbohydrate (g)	91.21	59.95%						
Total Fat (g)	16.21	23.98%	<=30.00%					
Saturated Fat (g)	3.63	5.37%	<10.00%					
Trans Fat ¹ (g)	0.05	0.07%			Missing			

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Rialto Unified School District

Aug 24, 2026 thru Aug 28, 2026

Base Menu Spreadsheet

COMMUNITY DAY LUNCH 6-8

Portion Values - Detailed

Page 1

Generated on: 8/6/2026 7:39:04 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcsm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/24/2026																
COMMUNITY DAY LUNCH	Total	7000														
TAMALE, CHICKENRED W/ BEANS 26	1 EACH	7000	420	45	1030	5.00	2.30	90.0	*0	*0.0	1	18.0	43.0	21.0	3.00	*0.00
SALAD 3/WAY, '23	Serv.(1/2 Cup)	5000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CARROT, Sticks '24	1/2 Cup	5000	25	0	42	1.71	0.18	20.1	10191	3.6	3	0.57	5.84	0.15	0.02	0.00
APPLES,Fresh	1 EACH	5000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
Peaches, Frozen '24	Serv(1/2 Cup)	4000	80	0	0	1.00	0.36	0.0	300	162.0	*N/A*	1.0	19.0	0.0	0.00	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g)	4000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
Salsa, LaVictoria 2oz	Serv(2oz)	4000	19	0	378	0.00	0.00	0.0	0	0.0	2	0.0	3.78	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	5000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			703	59	1509	9.29	2.96	420.1	*9761	*103.84	*30 *17.3%	28.77 16.4%	92.06 52.4%	25.88 33.1%	4.55 5.8%	*0.06 *0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	
Tue - 08/25/2026																
COMMUNITY DAY LUNCH	Total	7000														
TERIYAKI BEEF DUNKERS '26	SERVING (4each)	7000	180	40	350	1.00	1.00	16.0	0	0.0	7	13.0	10.0	10.0	4.00	0.00
RICE, ORIENTAL-BROWN RIC E-2014	1/2 CUP	7000	113	1	133	1.32	0.51	2.9	1	0.44	*0	3.24	22.92	1.12	0.04	0.00
SALAD 3/WAY, '23	1 cup	6500	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
CUCUMBER, SLICED	1/2 Cup	6500	8	0	1	0.26	0.15	8.3	55	1.46	1	0.34	1.89	0.06	0.02	0.00
BANANAS	1 EACH	3500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Diced PearsIn Extra Light Syrp	Serv(1/2 Cup)	5000	60	0	5	2.00	0.00	0.0	60	0.0	12	0.0	16.0	0.0	0.00	0.00
DRESSING, RANCH 1oz. '23	Servings (1oz)	5000	69	7	140	0.03	0.02	19.0	1	0.16	1	0.55	2.12	7.61	1.27	*0.00
MILK,1% DW 2024	EACH(1/2 pint)	6000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	1000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Aug 24, 2026 thru Aug 28, 2026

COMMUNITY DAY LUNCH 6-8

Generated on: 8/6/2026 7:39:04 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			570	59	753	5.47	2.04	373.7	2798	11.71	*38 *26.7%	26.96 18.9%	76.54 53.7%	18.93 29.9%	6.31 10.0%	*0.00 *0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	
Wed - 08/26/2026																
COMMUNITY DAY LUNCH	Total	7000														
Chicken & Waffles, WG 2024	Serving	7000	395	34	635	4.00	3.08	40.0	182	87.0	20	19.0	60.06	10.0	2.00	0.00
BROCCOLI,raw: fresh	Serv. 1/2	5000	15	0	15	1.14	0.32	20.7	274	39.25	1	1.24	2.92	0.16	0.05	0.00
	c Veg															
Potato Wedges, Plain FRESH '24	5 OUNCE	2000	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
GRAPES,Fresh	Serv.(1/2	2000	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
	Cup)															
APPLESAUCE, UNSWEETNED	serving	2000	51	0	2	1.34	0.28	4.9	35	1.22	11	0.21	13.75	0.12	0.01	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g	2000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2	5000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
MILK,NF Chocolate DW 2024	EACH (1/	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															
Weighted Daily Average % of Calories			631	47	879	5.99	3.83	373.0	1059	118.83	*44 *27.8%	29.88 18.9%	94.26 59.7%	16.40 23.4%	3.82 5.4%	0.03 0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	
Thu - 08/27/2026																
COMMUNITY DAY LUNCH	Total	7000														
Hotdog, Beef '26	1 each	7000	289	30	699	1.99	2.07	53.8	100	7.2	5	11.97	28.86	14.99	5.00	0.00
CHILI BEANS,can '26	3/4 cup	3000	314	0	321	17.21	9.59	255.5	2538	31.41	*19	18.37	66.47	3.48	0.33	*0.00
SALAD 3/WAY, '23	1 cup	3000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
BANANAS	1 EACH	6000	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Diced PearsIn Extra Light Syrp	Serv(1/2	6000	60	0	5	2.00	0.00	0.0	60	0.0	12	0.0	16.0	0.0	0.00	0.00
	Cup)															
Dressing, Buttermilk Ranch '26	Pouch (12g	6000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2	6000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
	pint)															
MILK,NF Chocolate DW 2024	EACH (1/	1000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
	2 pint)															
CATSUP	.5 oz	4000	17	0	154	0.05	0.06	2.6	90	0.7	4	0.18	4.66	0.02	0.00	0.00
MUSTARD	.5 oz	4000	9	0	166	0.60	0.24	9.5	16	0.05	0	0.56	0.87	0.5	0.03	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Aug 24, 2026 thru Aug 28, 2026

COMMUNITY DAY LUNCH 6-8

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			735	47	1276	13.80	6.72	505.5	2895	31.12	*52	30.88	110.90	23.43	7.20	*0.08
% of Calories											*28.2%	16.8%	60.3%	28.7%	8.8%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	
Fri - 08/28/2026																
COMMUNITY DAY LUNCH	Total	7000														
MACARONI & CHEESE 2 OG	1/2 CUP	7000	213	39	654	2.31	1.38	409.4	446	0.01	2	10.25	16.6	12.54	7.17	*0.45
BREAD, STICK	1 each	7000	99	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.50	0.00
SALAD 3/WAY, '23	1 cup	6000	13	0	6	0.16	0.27	2.6	2260	5.83	0	0.66	2.74	0.01	0.00	0.00
TOMATOES, GRAPE	1/2 CUP	6000	13	0	4	0.89	0.20	7.5	621	10.21	2	0.66	2.9	0.15	0.02	0.00
APPLES,Fresh	1 EACH	6000	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
PEACHES:canned,light syrup '26	1 CUP	6000	136	0	13	3.26	0.90	7.5	889	6.02	33	1.13	36.52	0.08	0.01	0.00
Dressing, Buttermilk Ranch '26	Pouch (12g	2000	49	4	106	0.04	0.03	1.5	0	0.0	1	0.61	1.02	4.92	0.77	0.10
MILK,1% DW 2024	EACH(1/2 pint)	6000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	1000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			646	54	958	9.85	4.14	760.6	4317	24.36	60	22.68	99.10	19.47	9.23	*0.47
% of Calories											37.2%	14.0%	61.4%	27.1%	12.9%	*0.7%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	
Weighted Average			657	53	1075	8.88	3.94	486.6	*4166	*57.97	*45	27.83	94.57	20.82	6.22	*0.13
											*61.4%	16.9%	57.6%	28.5%	8.5%	*0.2%

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Rialto Unified School District

Aug 24, 2026 thru Aug 28, 2026

Base Menu Spreadsheet

COMMUNITY DAY LUNCH 6-8

Portion Values - Detailed

Page 4

Generated on: 8/6/2026 7:39:04 AM

Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) 600 - 700	Cholst (mg) % of Target	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg) Overage	Calcm (mg)	Vit-A (IU) Error Messages (if any)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	657				100%												
Cholesterol (mg)	53																
Sodium 1 (mg)	1075			1360	79%												
Sodium 1a (mg)	1075			1225	88%												
Fiber (g)	8.88																
Iron (mg)	3.94																
Calcium (mg)	486.6																
Vitamin A (IU)	4166					Missing											
Sugars (g)	45	27.30%				Missing											
Vitamin C (mg)	57.97					Missing											
Protein (g)	27.83	16.95%															
Carbohydrate (g)	94.57	57.58%															
Total Fat (g)	20.82	28.52%															
Saturated Fat (g)	6.22	8.52%			<=30.00%												
Trans Fat ¹ (g)	0.13	0.18%				Missing											

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