

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Aug 10, 2026 thru Aug 14, 2026

COMMUNITY DAY 9-12 BRKFAST

Generated on: 8/6/2026 7:37:22 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/10/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
Cinnamon Swirls, BIC WG 2026	Serving	5000	260	10	105	3.01	1.50	45.1	0	0.0	19	6.01	41.07	8.01	2.00	0.00
TANGERINES,FRESH	Serving	2500	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	2500	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			455	17	312	4.52	1.63	406.2	2472	37.43	53	14.89	78.58	8.77	2.34	0.00
% of Calories											47.0%	13.1%	69.1%	17.4%	4.6%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Tue - 08/11/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	5000	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	2500	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
Orange juice, DW, 4oz.2024	1 EACH	2500	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			471	29	434	3.45	1.94	291.9	1010	16.98	54	14.21	80.11	10.17	3.66	0.00
% of Calories											45.9%	12.1%	68.1%	19.5%	7.0%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Aug 10, 2026 thru Aug 14, 2026

COMMUNITY DAY 9-12 BRKFAST

Generated on: 8/6/2026 7:37:22 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/12/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
BURRITO,BICEGGCHEZ&BCH	1 each	5000	210	65	340	3.00	*N/A*	*N/A*	*N/A*	*N/A*	3	10.0	22.0	9.0	3.00	0.00
ORIZO'26																
BANANAS	1 EACH	2500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice, apple 4oz. DW-2024	1 EACH	2500	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			402	74	534	4.31	*0.13	*262.5	*832	*19.39	34	18.95	58.63	10.17	3.66	0.00
% of Calories											33.5%	18.8%	58.3%	22.7%	8.2%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Thu - 08/13/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
YOGURT PARFAIT W/ GRANO	serving	5000	374	29	118	3.33	1.30	312.7	200	47.28	36	10.81	60.42	10.29	5.22	0.00
LA 2024																
APPLES,Fresh sliced	pkg. (2oz)	2500	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	2500	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			541	38	312	4.33	1.39	677.7	2025	124.08	64	19.21	89.52	11.29	5.82	0.00
% of Calories											47.0%	14.2%	66.3%	18.8%	9.7%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat' (g)
Fri - 08/14/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
Uncrustable, Rsp Wh 2.6oz-'26	1 each	5000	300	0	270	4.00	1.10	40.0	0	0.0	15	9.0	32.0	16.0	3.50	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	4000	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	4000	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			495	9	467	5.54	1.10	308.0	907	24.00	49	18.20	68.51	17.00	4.10	0.00
% of Calories											39.3%	14.7%	55.4%	30.9%	7.5%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Weighted Average			473	33	412	4.43	*1.24	*389.3	*1449	*44.38	51	17.09	75.07	11.48	3.91	0.00
											96.5%	14.5%	63.5%	21.9%	7.5%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	473		450 - 600	100%				
Cholesterol (mg)	33							
Sodium 1 (mg)	412		640	64%				
Fiber (g)	4.43							
Iron (mg)	1.24				Missing			
Calcium (mg)	389.3				Missing			
Vitamin A (IU)	1449				Missing			
Sugars (g)	51	42.87%						
Vitamin C (mg)	44.38				Missing			
Protein (g)	17.09	14.46%						
Carbohydrate (g)	75.07	63.52%						
Total Fat (g)	11.48	21.86%	<=30.00%					
Saturated Fat (g)	3.91	7.45%	<10.00%					
Trans Fat' (g)	0.00	0.00%						

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Aug 17, 2026 thru Aug 21, 2026

COMMUNITY DAY 9-12 BRKFAST

Generated on: 8/6/2026 7:37:47 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/17/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
Bowl,Potato,Sausage,Egg&Chz'26	1 EACH	5000	320	25	610	6.00	2.80	330.0	0	0.0	1	14.0	40.0	12.0	5.00	0.00
Snack-Giant Cinn Goldfish Grah	pkg	5000	120	0	140	1.00	2.00	100.0	0	0.0	7	1.0	19.0	4.0	1.00	0.00
TANGERINES,FRESH	Serving	2500	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	2500	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			635	34	945	8.51	4.93	821.1	2372	37.43	41	24.08	95.31	17.26	6.63	0.00
% of Calories											26.1%	15.2%	60.1%	24.5%	9.4%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Tue - 08/18/2026																
COMMUNITY DAY 9-12 BR	Total	4950														
CEREAL,MALT-O,Marsh-Mateys'24	BOWL (2 oz.)	5000	210	0	380	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
CEREAL, MOM, Hny Nut Scooters	BOWL	5000	193	0	341	3.50	14.18	131.3	656	7.87	15	4.37	39.37	2.19	0.00	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	2500	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
Juice, apple 4oz. DW-2024	1 EACH	2500	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			589	11	913	7.02	32.65	634.5	2430	37.23	70	17.46	119.98	5.92	0.97	0.00
% of Calories											47.6%	11.9%	81.5%	9.0%	1.5%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 2

Aug 17, 2026 thru Aug 21, 2026

COMMUNITY DAY 9-12 BRKFAST

Generated on: 8/6/2026 7:37:37 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/19/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
Croissant,Sausage & Cheese '25	1 Each	5000	222	35	406	2.20	1.61	154.3	182	0.0	3	12.14	18.28	11.3	5.43	0.16
BANANAS	1 EACH	2500	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice, apple 4oz. DW-2024	1 EACH	2500	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			415	44	600	3.51	1.74	416.8	1015	19.39	33	21.09	54.91	12.47	6.09	0.16
% of Calories											32.0%	20.3%	53.0%	27.1%	13.2%	0.3%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Thu - 08/20/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
Smoothie,Triple Berry'26w/crak	8 oz	5000	267	3	165	1.00	0.97	293.8	40	0.0	31	6.0	52.01	4.0	0.00	0.00
APPLES,Fresh sliced	pkg. (2oz)	5000	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			421	12	351	3.00	1.15	563.8	890	123.60	54	14.40	77.61	5.00	0.60	0.00
% of Calories											51.0%	13.7%	73.7%	10.7%	1.3%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Fri - 08/21/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
Concha, WG PINK-'24	1 EACH	5000	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Crisps, Apple-Strawberry '22	BAG (0.34 oz)	2500	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	2500	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Base Menu Spreadsheet

Portion Values - Detailed

Page 3

Aug 17, 2026 thru Aug 21, 2026

COMMUNITY DAY 9-12 BRKFST

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			367	12	295	2.96	1.80	275.0	1007	15.00	36	13.70	64.62	6.50	1.80	0.00
% of Calories											39.7%	14.9%	70.5%	15.9%	4.4%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Weighted Average			485	23	621	5.00	8.45	542.2	1543	46.53	47	18.15	82.49	9.43	3.22	0.03
											87.1%	15.0%	68.0%	17.5%	6.0%	0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	485		450 - 600	100%				
Cholesterol (mg)	23							
Sodium 1 (mg)	621		640	97%				
Fiber (g)	5.00							
Iron (mg)	8.45							
Calcium (mg)	542.2							
Vitamin A (IU)	1543							
Sugars (g)	47	38.71%						
Vitamin C (mg)	46.53							
Protein (g)	18.15	14.96%						
Carbohydrate (g)	82.49	68.00%						
Total Fat (g)	9.43	17.49%	<=30.00%					
Saturated Fat (g)	3.22	5.97%	<10.00%					
Trans Fat ¹ (g)	0.03	0.06%						

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Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Aug 24, 2026 thru Aug 28, 2026

COMMUNITY DAY 9-12 BRKFAST

Generated on: 8/6/2026 7:37:58 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/24/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
Bites, Three Chz & Eggs '26	Serving	5000	180	240	520	0.00	1.20	160.0	0	0.0	2	14.0	4.0	12.0	6.00	0.00
TANGERINES,FRESH	Serving	4050	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	4050	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	4000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	1000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			421	253	697	2.45	1.40	692.3	3147	60.63	44	23.90	49.50	14.42	7.25	0.00
% of Calories											41.4%	22.7%	47.1%	30.8%	15.5%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Tue - 08/25/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
Cluster Brk. Whole Grain '22	1 EACH	5000	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
GRAPES,Fresh	Serv.(1/2 Cup)	4050	66	0	2	0.89	0.29	13.9	99	3.97	16	0.63	17.02	0.35	0.11	0.00
Orange juice, DW, 4oz.2024	1 EACH	4050	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			478	11	377	3.72	2.93	389.4	931	27.51	54	14.92	79.52	11.78	3.49	0.00
% of Calories											45.5%	12.5%	66.5%	22.2%	6.6%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Wed - 08/26/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
MaplepancakeChx&Saus.Snd'2026	serving	5000	140	25	240	1.00	0.70	40.0	*N/A*	*N/A*	6	8.0	16.0	5.0	1.00	0.00
BANANAS	1 EACH	4050	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
Juice, apple 4oz. DW-2024	1 EACH	4050	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	4000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	1000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

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Aug 24, 2026 thru Aug 28, 2026

COMMUNITY DAY 9-12 BRKFEST

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			377	38	415	3.13	0.91	364.1	*652	*31.42	43	17.69	62.04	7.27	2.29	0.00
% of Calories											45.7%	18.8%	65.8%	17.3%	5.5%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Thu - 08/27/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
BAR, DOUBLE CHOC CHIP	1 EACH	5000	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
APPLES,Fresh sliced	pkg. (2oz)	4050	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	4050	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			466	11	416	6.62	2.85	480.1	2466	124.42	54	13.60	83.03	9.50	3.40	0.00
% of Calories											46.3%	11.7%	71.2%	18.3%	6.6%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Fri - 08/28/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
BREAD,BANANA K-5 OG	1/2 Slice	5000	311	31	166	3.43	1.02	26.2	70	2.94	*27	3.96	45.76	14.21	1.30	*0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	4050	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	4050	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	3000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			507	42	351	4.99	1.02	324.3	878	27.24	*60	13.37	81.31	15.71	2.20	*0.00
% of Calories											*47.5%	10.5%	64.2%	27.9%	3.9%	*0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Weighted Average			450	71	451	4.18	1.82	450.0	*1615	*54.24	*51	16.69	71.08	11.74	3.73	*0.00
											*102.2	14.8%	63.2%	23.5%	7.5%	*0.0%

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Rialto Unified School District

Aug 24, 2026 thru Aug 28, 2026

Base Menu Spreadsheet

COMMUNITY DAY 9-12 BRKFST

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) 100%	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg) Overage	Calcium (mg)	Vit-A (IU) Error Messages (if any)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	450		450 - 600														
Cholesterol (mg)	71																
Sodium 1 (mg)	451			640	71%												
Fiber (g)	4.18																
Iron (mg)	1.82																
Calcium (mg)	450.0																
Vitamin A (IU)	1615					Missing											
Sugars (g)	51	45.40%				Missing											
Vitamin C (mg)	54.24					Missing											
Protein (g)	16.69	14.84%															
Carbohydrate (g)	71.08	63.20%															
Total Fat (g)	11.74	23.48%															
Saturated Fat (g)	3.73	7.46%															
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Base Menu Spreadsheet
Portion Values - Detailed

Aug 31, 2026 thru Aug 31, 2026
COMMUNITY DAY 9-12 BRKFAST

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/31/2026																
COMMUNITY DAY 9-12 BR	Total	5000														
Cinnamon Swirls, BIC WG 2026	Serving	5000	260	10	105	3.01	1.50	45.1	0	0.0	19	6.01	41.07	8.01	2.00	0.00
TANGERINES,FRESH	Serving	2500	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
Juice, Wildberry, 4oz, 2024	1 EACH	2500	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/ 2 pint)	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			455	17	312	4.52	1.63	406.2	2472	37.43	53	14.89	78.58	8.77	2.34	0.00
% of Calories											47.0%	13.1%	69.1%	17.4%	4.6%	0.0%
Nutrient Guideline			450-600		640									<=30.0	<10.00	
Weighted Average			455	17	312	4.52	1.63	406.2	2472	37.43	53	14.89	78.58	8.77	2.34	0.00
											105.7%	13.1%	69.1%	17.4%	4.6%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	455		450 - 600					
Cholesterol (mg)	17							
Sodium 1 (mg)	312		640					
Fiber (g)	4.52							
Iron (mg)	1.63							
Calcium (mg)	406.2							
Vitamin A (IU)	2472							
Sugars (g)	53	46.97%						
Vitamin C (mg)	37.43							
Protein (g)	14.89	13.09%						
Carbohydrate (g)	78.58	69.08%						
Total Fat (g)	8.77	17.36%	<=30.00%					
Saturated Fat (g)	2.34	4.62%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

*Data comparisons are not available for one or two day selections

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