



Welcome to the High School Counseling Office Newsletter!

Welcome to the High School Counseling Office Newsletter. This monthly publication keeps students, families, and staff informed and connected throughout the school year with important dates and timely updates related to college and career counseling. Here, you'll find information about upcoming events, instant decision days, college visits, application timelines, and other valuable opportunities.

The newsletter also highlights mental health resources, wellness initiatives, and support services available to students and families, along with details about our annual Clearinghouse Scholarship opportunities for North Plainfield High School seniors. Our goal is to provide clear, consistent communication that supports students' academic planning and overall well-being.

If you have any questions or need assistance, please contact your assigned school counselor. Counselor assignments and office locations are listed on the side of this newsletter.

Ms. Stephanie Scasso

Director of School Counseling

2026 High School Counselor Assignments

Joelle Bruno

9th -12th A-C

High School Counseling office

Kathleen Mathews

9th -12th D-K

High School Counseling office

Caitlyn Crespo

9th M-Q | 10th -12th L-P

High School Counseling office

Michelle Fallucca

9th R-Z | 10th -12th Q-Z

High School Counseling office

Kaitlyn Gregory

ML Counselor

9th -12th A-Z

High School Library

Yolanda Cajas

Student Assistance Coordinator
High School Library

Nancy Reyes

College & Career Counselor
High School Library



SCAN ME!

Scan the QR code to the Counseling Department page for important links and information



Important Deadlines/Reminders



Reminder: Register for the SAT

Below is the list of test dates and registration deadlines:

~~March 14th (Registration Deadline: February 27th)~~

~~May 2nd (Registration Deadline: April 17th)~~

June 6th (Registration Deadline: May 22nd)

Students that qualify for free/reduced lunch can receive a fee waiver for two tests.
Contact your school counselor for a fee waiver code.

[REGISTER FOR THE SAT HERE](#)

AP Exam Schedule

On the day of your exam, you are not required to attend your regular classes.

If you have a morning (AM) exam, you may leave school once your exam is complete.
If you have an afternoon (PM) exam, you may arrive at 11:30am for your scheduled exam.

You must report to your testing location at:

7:30 AM for morning exams

11:30 AM for afternoon exams

IMPORTANT REMINDER

- **Before test day, make sure you can log in to the Bluebook app using the email and password linked to your College Board account.**
- On exam day, you'll use Bluebook to access your test—no paper tickets will be provided—so it's important to sign in early to preview the exam and resolve any login issues ahead of time.
- Students may not leave the testing room until the exam has officially ended, even if they finish early.
- If you participate in a sport or have a job, please inform your coach or employer ahead of time to make necessary arrangements.
- All students must follow the policies set by both CollegeBoard and North Plainfield High School during the exam period.
- Misconduct may be reported and could affect your AP Exam score.
- **If you decide not to take your scheduled exam, please notify Ms. Scasso as soon as possible.**
- You can review the 2025 AP Exam Terms and Conditions here: [AP Terms and Conditions](#)

Wishing you the best of luck!

[AP EXAM SCHEDULE](#)



Important Deadlines/Reminders



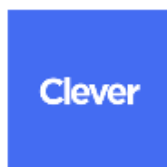
Mandatory for all Seniors

Exit Survey Naviance

Today - Complete the Senior Exit Survey on Naviance

(Mandatory for all Seniors)

Please use your chromebooks to complete this survey. Use **Clever** to connect to your Naviance account



QR to Naviance

Exit Survey Naviance

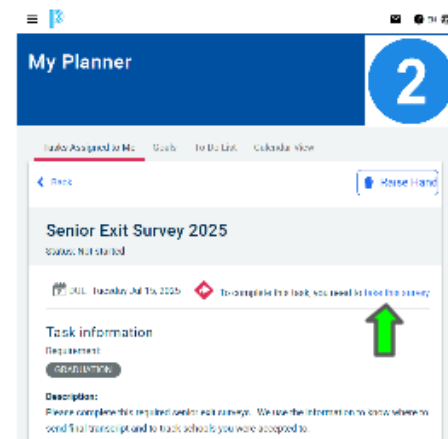
Today - Complete the Senior Exit Survey on Naviance

1

SENIOR EXIT SURVEY 2025 can be found on the right task bar of the main page



2



ICYMI: (In case you missed it)

From the

College & Career Counselor

College Admissions Game **3/31/2026**

On March 31st, NP hosted the College Admissions Game, an interactive presentation led by Peter Van Buskirk that gave students and families a behind-the-scenes look at the college admissions process.

- Participants acted as admissions committee members, reviewed sample applications, and learned how factors such as academic rigor, essays, recommendations, and college fit influence admissions decisions and financial aid opportunities.
- This engaging session provided valuable insight into how to build a strong and competitive college application.

Career Day: Film **4/14/2026**

On April 14th, North Plainfield HS students participated in Career Day: Film where they learned about the growing Film industry in New Jersey and various career opportunities such as cinematography, screenwriting, directing, casting, makeup, special effects, costume and more. The special guests on the panel were:

- Gary Nadeau, Oscar winning director and screen writer,
- David Schoner Jr., Associate Director, NJ Motion Pictures and Television Commission
- Daryl Eisenberg, Casting Director,
- Angela Miele, Somerset County Film Commission,
- Amy Layton, Director of RVCC Beauty Professions Commission,
- Jabril Haskell (NPHS Alumni) and Jessica Paolini of the Somerset County Economic Development.



1CYM1:
(In case you missed it)

Fairleigh Dickinson University
3/31/2026

On March 31st, our 11th graders visited Fairleigh Dickinson University for a Regional HSI College Fair and campus tour.

Students connected with representatives from a diverse range of in-state and out-of-state institutions, received a tour of FDU's academic buildings, residence halls, and explored their major offerings.



Seton Hall Trip
4/16/2026

On April 16th, 11th grade students toured the beautiful campus of Seton Hall University and participated in an admission presentation where they learned about their majors, accelerated & combined Bachelor/Master Programs as well as internships, financial aid, scholarship and study abroad opportunities.



ICYMI:
(In case you missed it)

College Money Chica **4/17/2026**

On April 17th, 11th grade students participated in an assembly where they learned about financial aid and scholarships from Yaritza Gonzalez, the College Money Chica.



Raritan Valley Community College **4/21/2026**

On Tuesday, April 21st, 35 seniors participated in a trip to Raritan Valley Community College for RVCC Day. Students participated in a tour of RVCC, admission & EOF presentation. Students also began their student registration process by taking the ID pictures, scheduling their placement testing, orientation and advisement to create their fall schedules.



SUMMER PROGRAMS



Summer 2026 Enrichment

Duration: June 29, 2026 – July 30, 2026

(Monday–Thursday; select programs extend into August)

Age: Current grades 3–11

Details: Free summer enrichment featuring sports, arts, music, theater, AP bootcamps, and college readiness—plus a 5-week afternoon program (grades 3–6) and free breakfast/lunch; registration opens May 6 (limited spots).

[CLICK HERE TO VIEW FLYER](#)



Greater Raritan Workforce Development Board 2026 Summer Youth Work Experience Program

Employers and Youth in Hunterdon and Somerset Counties are invited to apply to take part in The GRWDB's Seventh Annual Program

The Greater Raritan Workforce Development Board SUMMER YOUTH WORK EXPERIENCE PROGRAM DETAILS:

DURATION: Any 200-hour period between May 26, 2026, and October 16, 2026.

AGE: Candidates must be between the ages of 16 and 24 and can be in school or out of school.

REQUIREMENTS: Youth accepted into the program will work 180 hours with an employer and complete 20 more hours working on a virtual career-readiness program platform and taking part in in-person classes. Each participant will be paid a stipend of \$17 an hour for 200 hours, for a total of \$3,400.

EMPLOYERS PARTICIPANTS: Private and public employers in Hunterdon and Somerset counties with part-time summer positions may apply. Position responsibilities may include: office, clerical and support work; children's summer programs; administration support; maintenance work; and more. Applications may be downloaded here or go to the Somerset County website's Public Notices tab on the home page. They are due by Tuesday, May 5, 2026.

YOUTH CANDIDATES: Youth Participant Applications and Policies can be downloaded here and on the home page of www.thegrwdb.org. Completed applications are due to the GRWDB by Monday, May 4, 2026.

For details, employers and youth may contact Program Coordinator Jeanne Cassano at jcassano@somersetcountynj.gov, call 908-541-5785, use the QR code or go to www.thegrwdb.org.



Summer Youth Work Experience Program

Duration: Any 200-hour period between May 26, 2026 and October 16, 2026

Age: Between ages of 16 and 24

Details: Accepted youth will complete 200 hours—180 with an employer and 20 in career readiness training—and earn a \$3,400 stipend at \$17 per hour.

[CLICK HERE TO VIEW FLYER](#)



NORTH PLAINFIELD HIGH SCHOOL



Seventh Annual SUMMER COLLEGE APPLICATION BOOTCAMP

August 10, 11 & 12, 2026
(All 3 days)
(9am-12pm)
Location: North Plainfield High School



Class of 2027, Get a jumpstart on your college applications!

School Counselors, English teachers, and NPHS Alumni will be there to assist you.

Special guests: College admission representatives will offer advice & tips for a successful college application

- Find the right fit college for You.
- Organize your college list.
- Start your college applications on Common Application, Naviance & STAR
- College Essay Writing Workshop
- Learn about financial aid, and Scholarships.
- Interview Skills
- And more.....

To register, complete the google form using the QR code above or use the attached link: <https://forms.gle/hUapyT97f1dJ9Tn7A> For questions or information, Email: nancy_reyes@nplainfield.org

Summer College Application Bootcamp

Free Summer Rutgers Medical Program

Dates: August 10, 11, & 12, 2026

All 3 days, 9AM-12PM

Location: North Plainfield High School

Details: North Plainfield High School will host its Summer College Application Bootcamp on August 10–12, 2026 (9 AM–12 PM) for the Class of 2027, offering support with applications, essays, and financial aid.

[CLICK HERE TO VIEW FLYER](#)



Hispanic Center of Excellence (HCOE)

2026 SUMMER YOUTH SCHOLARS PROGRAM (SYSP)

Free

In-Person
Medical Summer Program
for Rising Juniors & Seniors

SAT PREP ACADEMY

Saturdays: June 6, 13, 20, 27
9:00 AM – 1:00 PM

PROGRAM DETAILS

Dates: June 29 – July 31
Monday – Friday 9 AM – 3:30 PM
Location: In-Person at Rutgers
NJMS (Newark, NJ)



WHAT YOU'LL EXPERIENCE

SAT Preparation
Anatomy & Physiology Exposure
Hands-on Medical & STEM Learning
Research Project
College Readiness & Career Exploration
Wellness & Mental Health Activities
Community Service

Apply by May 18th



Rutgers Medical Summer Program

Free Summer Rutgers Medical Program

Dates: June 29- July 31

Monday -Friday 9AM -3:30PM

Location: In-Person at Rutgers NJMS (Newark NJ)

Details: Free in-person Medical Summer Program for
Rising Juniors & Seniors

[CLICK HERE TO VIEW FLYER](#)

TRADE PROGRAMS



Construction Industry Career Day

Date: May 27th 2026

Location: NJ Convention and Expo Center

Details: Learn about various trades such as plumbing, electrician, carpentry, bricklaying, machine operation, metal work, HVAC & Refrigeration, elevator construction and more.

Trip information: Permission slips will be released in March. Students that would like to receive a permission form for this trip, please complete the attached form.

Link: <https://forms.gle/55u3ZqCBvvAXc4p48>

For more information about the Construction Industry Career Day Trip - contact Ms. Bruno
(joelle_bruno@nplainfield.org)

[COMPLETE THIS FORM](#)



ATTENTION SENIORS



Don't Miss Out on Money for College

Join Mrs. Reyes' Groups. To participate, sign up using QR below



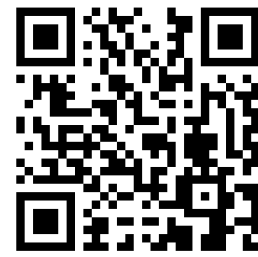
Financial Aid Application



SRAR-STAR Application
(Rutgers - Penn State
Admission Applications)

SCAN ME

Financial Aid &
SRAR(STAR)
Applications



[Financial Aid & Scholarship Search Engines](#)

Mental Health & Wellness

May



Mental Health Awareness Month

May is designated as Mental Health Awareness Month to increase public understanding of mental health issues, reduce the stigma associated with mental illness, and promote access to treatment and support. This year's theme, "More Good Days, Together," encourages everyone to reflect on what a "good" day means for both themselves and their communities. By recognizing what supports well being, we can work together to connect people with the right resources at the right time, while strengthening advocacy, education, and community involvement to help create more good days for everyone.

988

SUICIDE & CRISIS
LIFELINE

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Mental Health & Wellness

Events & Programs



SMART RECOVERY FOR TEENS

**THURSDAYS
4PM - 5PM
BEGINNING
APRIL 16TH**

AGES 13-17

Join us for a supportive, non-judgmental space for teens.

FREE SNACKS

The Franklin Hub
873 Hamilton St.
Somerset, NJ 08873

WHAT IS SMART RECOVERY?

SMART (Self-Management and Recovery Training) helps teens make positive changes using real-life tools. This group focuses on managing thoughts, handling challenges, and building a life that feels good and in your control.

NOTE TO PARENTS & GUARDIANS:
CIC is a nonprofit peer recovery center that supports each individual's unique path of recovery. Our credentialed CPRS team takes a person-first approach, prioritizing safety, responsibility, and meaningful support for all.

Questions? Christopher:
czito@communityincrisis.org or
Mike: mmannion@communityincrisis.org

Community in Connection

Smart Recovery for Teens

Dates: Beginning April 16th

Thursdays 4PM-5PM

Location: The Franklin Hub 873 Hamilton St
Somerset, NJ 08873

Details: SMART Recovery for Teens is a weekly support group for ages 13–17, held Thursdays from 4–5 PM starting April 16 at The Franklin Hub in Somerset, NJ. It offers a safe, nonjudgmental space to build coping skills, manage challenges, and support recovery using practical tools.

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**ALLIES OF RECOVERY
WELCOME!**

AGES 16-23

**CALLING ALL YOUNG
PEOPLE IN RECOVERY!**

**JOIN OUR YOUTH IN
RECOVERY COMMITTEE**

- Make a positive impact in the recovery community and have your voice heard
- Connect with other youth in recovery in a supportive, welcoming space
- Share your ideas and help shape peer-driven initiatives
- Turn your lived experience into meaningful change

**ARE YOU IN RECOVERY OR
RECOVERY CURIOUS?**

QUESTIONS?
TEXT MIKE: (908) 324-2603
OR EMAIL:
mmannion@communityincrisis.org

Community in Connection

Youth in Recovery

Ages: 16-23

Details: Allies of Recovery is inviting young people in recovery to join a supportive group where they can connect with peers, share experiences, and help shape recovery-focused initiatives while making a positive impact in their community.

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Mental Health & Wellness



Gamer Zone

Dates: Wednesday Nights

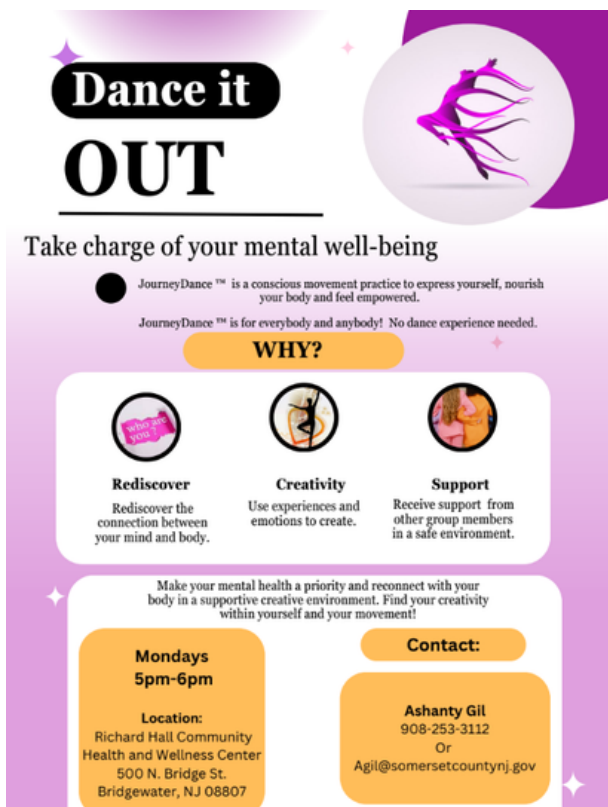
Time: 4:30-5:30 PM

Ages: For teens ages 13-17 years old

Location: 500 North Bridge Street Bridgewater, NJ 08807

Details: A weekly “Gamer Zone” event for teens ages 13–17, held Wednesdays from 4:30–5:30 PM at Richard Hall in Bridgewater, NJ, featuring video, board, and card games. Contact Robyn for details.

[CLICK HERE TO VIEW FLYER](#)



Dance it OUT

Dates: Mondays

Time: 5PM-6PM

Location: Richard Hall Community Health and Wellness Center 500 N. Bridge St. Bridgewater, NJ 08807

Details: A weekly “Dance It Out” class on Mondays from 5–6 PM at Richard Hall, promoting mental well-being through creative movement in a supportive, all-level environment.

[CLICK HERE TO VIEW FLYER](#)