

Parental Diabetic Supply Checklist for School

Category		Item	Comments
Physician Orders	☐	Diabetes Management Physician Orders for School	Obtain yearly at your diabetes clinic appointment before school starts, and update as needed for any school changes in school care. Parents must sign the orders in addition to Provider signature.
Health Care Plan	☐	This must be completed with School Supervising RN prior to, or when student starts school.	This will allow for you to discuss your student's individual diabetic needs and have them put into their plan of care.
Testing Supplies	☐	Glucose Meter	
	☐	Lancets	
	☐	Blood Testing Strips	Cannot use after expiration date
	☐	Control Solution	
	☐	Alcohol Pads	
	☐	Ketone Strips	Must be disposed of 3 to 6 months after opening (depends on manufacturer), or by the manufacturer's printed expiration date, which ever comes first. If opened, open date must be written on the bottle.
Hypoglycemic (Low Blood Sugar) Treatment Supplies	☐	Emergency Fast Carbohydrate Snack to treat low blood sugar. Examples:	Given per Diabetic Orders, usually around 15gms of Carbs. Parent is responsible for providing these for their child.
		Juice Box	Cannot use after expiration date
		Fruit Snacks	
		Skittles, prepackaged Oreos, etc.	
		Glucose Tabs	
	☐	Regular Slow Carbohydrate Snack to treat low blood sugar. Examples:	Given per Diabetic Orders. Parent is responsible for providing these for their child.
		Cheese crackers - Peanut butter crackers	Cannot use after expiration date.
		Granola bars	
Emergency Glucagon Medication	☐	Glucagon Kit, Baqsimi, Gvoke, Zegalogue etc.	Per Diabetic Orders. Must be in manufacturer box with prescription label. Medication or prescription cannot be expired.
Insulin	☐	Insulin Pen (<i>if uses pump, then back up pen</i>) Pen Needles	Insulin Brand Per Diabetic Orders. Must be in box/bag with prescription label on it. Medication or prescription cannot be expired. Pen must be unused. Insulin Pens are to be stored in the fridge unless transporting or using. Once opened, Insulin pen expires after 28 days.
Plastic Storage Container for Diabetic Supplies	☐	Medium container i.e.: 13L x 8.5 W	Could be plastic shoe box or similar. Must be labeled with student's name.