

CFISD Leadworthy (2026-2027)

Course Description

Leadworthy The Course is a one semester course designed to develop personal responsibility, leadership, and professional skills through explicit social-emotional participatory learning experiences. The course provides students the opportunity to develop an awareness of personal image, a healthy self-concept, and healthy relationships. Students learn the concepts of

consequential thinking and principle-based decision making. Students examine their awareness of social media, the effects of peer pressure and bullying, along with effective strategies to counteract those effects. This course will provide students opportunities to improve their public speaking and communication skills and their personal vision, mission statement, and goals. They will develop an understanding of what it means to be an effective member of the community through community service.

Texas Essential Knowledge and Skills:

[Leadworthy The Course TEKS](#)

First Semester (80 Days**)

1st Grading Period

Unit	Start Date	End Date
Laying the Foundation, Looking at Yourself, Understanding Yourself	08/12/2026	10/8/2026

*2nd Grading Period

Unit	Start Date	End Date
Relationships, Taking Responsibilities, Getting It Together	10/19/2026	12/18/2026

OR Second Semester (93 Days)**

3rd Grading Period

Unit	Start Date	End Date
Laying the Foundation, Looking at Yourself, Understanding Yourself	01/5/2027	03/11/2027

***4th Grading Period**

Unit	Start Date	End Date
Relationships, Taking Responsibilities, Getting It Together	03/22/2027	05/27/2027

Notes

* Includes time for Final Exams.

**The length of each unit is a specific number of days, but it is understood that there is a range of +/- a day. The purpose of the flexibility is to allow teachers the opportunity to plan for the needs of their students and to accommodate re-teaching or review when necessary. If pre-assessment indicates student mastery could be obtained in a shorter number of days, the additional time could be used for extension or carried into the next unit.

Instructional Materials

PAL Teacher / Student Manual

palsusa.org

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