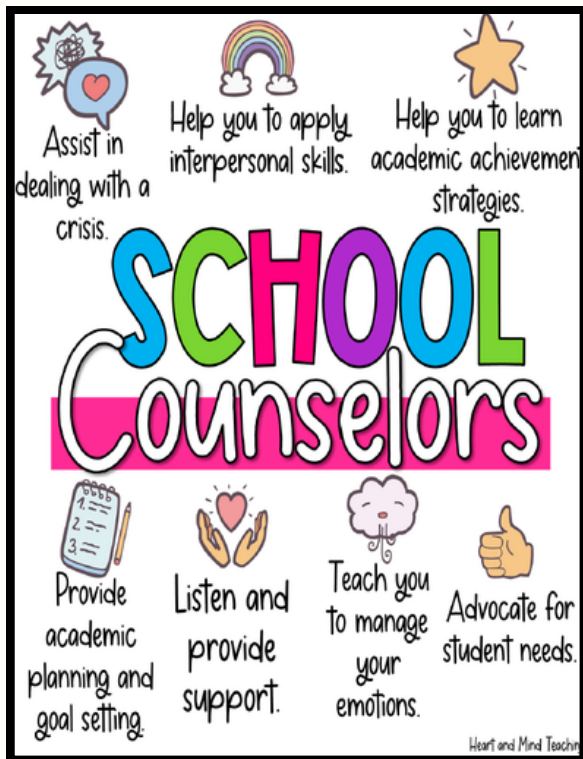


# Counseling Corner

AUGUST 2026



## What is the school counselor's role?

An important part of my job is to work with ALL students to encourage a safe and supportive school climate built on trust and respect. School counseling is an extra support for students to build skills in emotional regulation, social awareness, and making responsible choices.

How do I do this?

- Delivery of whole-class lessons to EVERY grade level
- Facilitate small groups to build social skills
- Meet individually with students for short-term counseling
- Collaborate with parents/guardians, teachers, support staff & administration

## Let's Connect!

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School Counselor for  
Katherine, Mountain View &  
Berlywood Elementary



## About Ms. Bendik

I have been a school counselor for 4 years, this is my 3rd year in SVUSD!  
CLU Alumni!

In my free time I enjoy watching beach sunsets, cooking & baking new recipes, and reading books!

Me in kindergarten! -->

