



Cave Spring Middle School eNews

Dear CSMS Parents/Guardians:

We are looking forward to welcoming our students back to school, on Thursday, August 13th. **I have outlined updated Back-to-School information below**; please don't hesitate to contact the CSMS Front Office (540.772.7560), should you ever have any questions/concerns.

Sincerely,
Fiona Hill
CSMS Principal

CSMS FRONT OFFICE PHONE NUMBER: 540.772.7560

FRONT OFFICE HOURS: 7:30 AM to 4:30 PM

ATTENDANCE OFFICE: 540.562.3900 Ext. 30008

BOOKKEEPER: 540.562.3900 Ext. 30009

SCHOOL NURSE: 540.562.3900 Ext. 30039

COUNSELING DEPARTMENT: 540.562.3900 Ext. 30010

CSMS WEBSITE: [Cave Spring Middle School / Homepage \(rcps.us\)](http://CaveSpringMiddleSchool/Homepage/rcps.us)

PRINCIPAL: Fiona Hill

ASST. PRINCIPAL (Last names A-K): Josh Noell

ASST. PRINCIPAL (Last Names L-Z): Stacey Galle

COUNSELOR (Last names A-K): Joan Farley

COUNSELOR (Last Names L-Z): Ryan Reynolds

ANVER – STUDENT FIRST DAY FORMS:

If you have not already done so, please take a few minutes to complete your student's First Day of School Forms, ASAP! This online process will allow key forms to be available on the first day of school (nurse form, emergency contact, and laptop forms, etc.). Students will not be issued a school laptop until ANVER has been completed. All student forms must be filled out online. Parents/Guardians should log into their ParentVUE accounts to complete the Annual Verification of their student's information. If you need assistance logging into your ParentVUE account, please contact CSMS @ 540.772.7560

STUDENT SCHEDULE CHANGE INFORMATION:

RCPS Schedule Change Policy

With the **exception of level changes**, courses may not be adjusted from the date schedules are released, through the first two weeks of the school year.

***Schedules may be viewed via ParentVUE.**

However, should you feel your child's schedule contains an error, please contact your child's counselor immediately:

Student Last Names A-K: **Joan Farley** – jfarley@rcps.us 540.772.7560

Student Last Names L-Z: **Ryan Reynolds** – rreynolds@rcps.us 540.772.7560



Cave Spring Middle School eNews

IMMUNIZATIONS (7th GRADE STUDENTS):

The Commonwealth of Virginia has passed a law requiring additional vaccines for students entering 7th grade. 7th Grade Students **CANNOT** attend school without a Tdap (required), Meningococcal (required), and HPV (recommended) shot record on file at the school by August 13, 2026.

If you have not already done so, please submit a copy of your child's updated immunization record to the CSMS Front Office.

Our FAX number is: (540) 772-2195

Please access the RCPS website @ [Health Services - Roanoke County Public Schools \(rcps.us\)](https://www.rcps.us/HealthServices) for additional information.

SIXTH GRADE & NEW STUDENT ORIENTATION: (Date Change)

We are looking forward to meeting our 6th Grade Students, along with our 7th/8th Grade Students who are new to CSMS, on **Wednesday, August 12, 2026, 9:00 AM – 11:00 AM.**

- ▶ Students with **Last Names A-K:**
- ▶ Students with last names **A-K** should be dropped-off and picked-up under the awning outside **Door #13 (Upper Brambleton Parking Lot)**. Staff members will be present to greet students and to escort students into the building.
- ▶ Students with **Last Names L-Z:**
- ▶ Students with last names **L-Z** should be dropped-off and picked up outside **Door #22 (CSMS Cafeteria Entrance)**. Staff members will be present to greet students and to escort students into the building.

BACK-TO-SCHOOL OPEN HOUSE (Grades 6-8): (Date Change)

We will hold a *Back-to-School Open House* on **Tuesday, August 18th from 5:00 PM to 7:00 PM.** This is a wonderful opportunity to tour our building and meet your child's teachers.

Paper copies of student schedules will be available for parents/students outside the auditorium; you may also access these schedules via your ParentVUE Account.

Parents/students may enter the building via Door #1 (Main Front Office Entrance), Door #13 (Bus Loop Entrance) and/or via Door #15 (Auditorium Entrance).



Cave Spring Middle School eNews

CSMS STUDENT SUPPLY LIST

CAVE SPRING MIDDLE SCHOOL SUPPLY LIST (GRADES 6, 7, & 8)

- ▶ Pens (One Red, One Blue, One Black)
- ▶ Pencils (Four #2 Pencils)
- ▶ Colored Pencils (Pack of 12)
- ▶ Highlighter (One)
- ▶ Glue Sticks (Two)
- ▶ Pencil Pouch

- ▶ One Large Binder
- ▶ Pocket Dividers (Six)
- ▶ Loose Leaf Paper
- ▶ Lined Paper (College Ruled)
- ▶ Graph Paper (1/4" Squares)

- ▶ Ear buds

- ▶ Health/PE: Gym Clothes
(Shorts, T-Shirt, & Tennis Shoes)
- ▶ Water Bottle

*Individual teachers may request additional materials for their classes.

*Donations of tissues and additional school supplies would be greatly appreciated.
Please send these donations to the CSMS Front Office.

Thank you so much!



Cave Spring Middle School eNews

RCPS COUNSELING DEPARTMENT



Let's Talk

powered by Gaggle Therapy 

Roanoke County Public Schools is proud to announce the launch of "*Let's Talk*," a new telehealth service available for elementary, middle, and high school students and parents/guardians. Through this new service, students/parents/guardians can receive up to five (5) free counseling sessions for a variety of issues including:

- ▶ Relationships
- ▶ Stress
- ▶ Anxiety/Depression
- ▶ Coping with grief or loss
- ▶ Any other difficult life situation

Like so many communities across the country, the Roanoke Valley faces a challenge when it comes to local availability of licensed mental health counselors due to overwhelming demand. *Let's Talk* helps bridge that gap and connects students and parents/guardians to critical counseling services. The *Let's Talk* service, powered by Gaggle Therapy, is possible thanks to a grant from the Virginia Department of Behavioral Health and Developmental Services.

This program will support students and parents/guardians through direct counseling, prevention, and early intervention services, delivered by a contracted mental telehealth provider. The goal is to improve access to care by reducing barriers such as transportation and scheduling challenges, supporting early identification and intervention for mental health concerns, and fostering a more supportive and responsive school environment that promotes wellness and academic success.

To register for a counseling session, please click on the following link:

www.rcps.us/letstalk.

RCPS School Counseling Website:

<https://www.rcps.us/departments/counseling-student-records>



Cave Spring Middle School eNews



CSMS Athletic Announcements



Thank you for your support of CSMS Athletics!

Stacey Galle - CSMS Athletic Director -
sgalle@rcps.us



New this Year:
Students must have an Arbiter registration completed to be eligible for participation.

Fall 2026 Season Important Dates:

Football:

Parent & Athlete Meeting - July 22nd,
CSMS Auditorium, 5:00-6:00 PM



Practices officially begin on July 23rd 5:00-7:00 PM

Head Coach: James Simpkins (jsimpkins@rcps.us)

Volleyball:

Try-Outs - August 3rd & 4th 1:30-4:30, CSMS Main Gym

Head Coach: Ellie McReynolds (emcreynolds@rcps.us)



Cheer:

Practices officially begin July 30th 4:00-7:00 PM,
CSMS Aux Gym

Head Coach: Marley James (mjames@rcps.us)



CSMS Cross Country
Head Coach: Briana Apgar!

Cross Country:

Open - Practices: August 4th, 5th, 6th, 3:30-5:00 PM;

CSMS Lower Track; Try-Out/ Official Practices
start: August 10th, 3:30-5:00 PM

Head Coach: Briana Apgar (bapgar@rcps.us)

