

St. Martin August Lunch Secondary Menu 2026				
Monday	Tuesday	Wednesday	Thursday	Friday
10	11	12	13	14
Cheese Burger Sandwich Tossed Salad (3/4 c) Burger Bun (2 oz.) Potato Rounds (3/4) Pear Diced (3/4) Fresh Fruit 1 c Milk Variety (8oz.)	White Beans (3/4) & Sausage (3/4 c) Cornbread (2 oz.) Glazed Carrots (3/4) Mustard Green (3/4) Fresh fruit (3/4c) Fresh Apple Milk Variety (8 oz.)	Corndog 1 each French Fries (3/4c) Baked Beans ½ c Fruit Cup ¾ c Fresh Orange Halves (3/4) Milk Variety (8 oz.)	Hamburger Steak (2 oz.) w/ gravy Steamed Rice (1/2) Corn ¾ c Garden Salad (3/4) Fresh Fruit (3/4) WG Hot Roll (2 oz.)	Baked Chicken 1 each Rice Dressing (1/2) Green Beans (3/4) Baked Beans ¾ c Fresh orange Halves (3/4) WG Hot Roll (2 oz.)
17	18	19	20	21
Chicken Sandwich Burger Bun (2 oz.) Potato Rounds (3/4) Carrot sticks (3/4) Mustard Green (3/4) Pear Diced ¾ c Mixed Fruit C (3/4) Milk Variety (8oz.)	Spaghetti & Meat sauce (1c.) Corn (3/4) Green Beans (3/4) Pear Diced (3/4) Apple (3/4) Fresh Fruit 1 c Birthday Cake (1 oz.) Milk Variety (8 oz.)	Red Beans (3/4) & Sausage (2 oz.) Steamed Rice (1/2) Cornbread (2 oz.) Glazed Carrots (3/4) Mustard Green (3/4) Fresh Oranges (3/4) Fresh Fruit 1 c Milk Variety (8 oz.)	BBQ Chicken Seasoned Rice (3/4) Green Beans (3/4) Broccoli w/Cheese 3/4 c Fresh orange Halves (3/4) Fresh Fruit 1 c WG Hot Roll (2 oz.) Milk Variety (8 oz.)	Sausage and Tomato Gravy Steamed Rice ½ c Green Beans ¾ c Apple Diced 3/4c Fresh Fruit 1 c WG Hot Roll 2 oz Milk Variety (8 oz.)
24	25	26	27	28
Hamburger (3 oz.) Salad 3/4c Burger Bun (2 oz.) Potato Rounds (3/4) Pear Diced (3/4) Fresh Fruit 1 c Milk Variety (8oz.)	Baked Chicken Rice Dressing (1/2) Green Beans (3/4) Baked Beans (3/4c) Fresh orange Halves (3/4) Fresh Fruit 1 c WG Hot Roll (2 oz.) Milk Variety (8 oz.)	Beef Stew (3 oz.) Steamed Rice (1/2) Corn (3/4) Garden Salad (3/4 c) Mustard Green (3/4) Fresh Fruit 1 c Fresh Fruit (3/4) Milk Variety (8 oz.)	Pizza 1 Slice Seasoned Corn (3/4 c) Orange Halves (3/4) Apple Diced 1 cup Fresh Fruit 1 c Spinach Salad (3/4) Milk Variety	Meatloaf (2 oz) w/Gravy Mashed Potatoes 3/4 c Broccoli/cheese 3/4 c Orange halves 3/4 c Fresh Fruit 1 c WG Hot Roll, 2 oz Milk Variety (8 oz.)
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Cheese Burger (3 oz.) Popeye Salad (3/4c) Burger Bun (2 oz.) Potato Rounds (3/4) Pear Diced (3/4) Fresh Fruit 1 c Milk Variety (8oz.)				

