

AUGUST 7, 2026

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

It is with great excitement and anticipation that I welcome the start of the 2026-27 school year! Over the summer, our custodial crew has been busy getting the building into tip-top shape, our staff has been busy attending professional development opportunities and preparing for the year, and our ASB has been planning activities. In short, our dedicated FHS team is committed to creating a positive and enriching environment that will help each student thrive.

As we prepare to welcome the school year, I want to recognize and thank two outstanding educators: Rob Cayce is stepping away from his role as a paraeducator, and we are grateful for his dedication, work ethic, and commitment to our students; we also congratulate Scott Carolan on his retirement following more than 30 years of service as a teacher, coach, and mentor. Scott's impact on generations of Freeman students will be felt for years to come, and we wish him all the best in this next chapter.

We are also excited to welcome three new members to the Freeman team: Reece Bauer, joining us with counseling experience and fresh ideas; Bo Nielsen, bringing welding expertise and three years of teaching experience; and Rachel Shrauger, who brings agricultural science experience and a passion for growing our FFA programs. Please join me in giving each of them the warm Freeman welcome that makes our school community special!

In closing, I would like to personally invite you to attend our Open House Ice Cream Social event on August 17th from 4:30 - 6:30pm. At 6 pm, I will hold a Parent Meeting in our Blue Gym to introduce the FHS staff, share our focus for the year, inform you of any changes from past years, and/or answer questions.

In closing, our Friday Flyer is an important source of information/reminders associated with FHS. Please continue to review the Flyer every week as it contains multiple items that are important to everyone's success at Freeman. I'm looking forward to a fantastic year full of learning, growth, and success! Go Dawgs!

Jeff Smith, Principal

Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Lisa Phelan, lphelan@freemansd.org, 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030

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Attention families: new signage at front doors

You may notice new signage posted on windows/doors on our campus identifying the end of public access areas and the beginning of secured school property. In recent months, school districts across Spokane have experienced an increase in visits from individuals commonly referred to as "First Amendment Auditors," who are unidentifiable and intentionally film and post on YouTube on public property to test how organizations respond.

These signs are not in response to a specific incident at Freeman but are a proactive step to help clearly define public and secured areas, support consistent safety practices and assist visitors in understanding where access is permitted. Our priority is to provide a safe, welcoming and uninterrupted learning environment for our students and staff while respecting the rights of all individuals.



OUR SAFE LEARNING SPACE

begins here



Help us create a safe and distraction free environment for our students.



AUTHORIZED PERSONNEL ONLY BEYOND THIS POINT.



You will need a valid badge or be granted temporary access by administration. Photo I.D. will be required.

UPCOMING events

AUGUST 17TH

Freshman Orientation - 3:00pm

Back to School Open House/Ice Cream Social 4:30-6:30pm. FHS Parent Mtg at 6:00pm

AUGUST 19TH

First Day of School - 8:15am

AUGUST 27TH

HS Fall Sports Parent Mtg. - 6pm

SEPTEMBER 2ND

Fall Sports Pictures by Leo's

SEPTEMBER 3RD

School Picture Day

SEPTEMBER 4TH

NO SCHOOL

SEPTEMBER 7TH

NO SCHOOL - LABOR DAY



WHAT'S UP?

Would you like to read about what's happening at the elementary or middle school? Get caught up with their Friday newsletters here:

FES

FREEMAN
ELEMENTARY

FMS

FREEMAN
MIDDLE SCHOOL



Back to School Checklist

✓ Complete Your Back to School Registration

Every year we must have all back to school forms completed for every student. Please log in to [Family Access](#) and complete form sets for each student prior to the first day of school. You can find this on the left side of your home page on the Skyward Family Access screen titled "FHS Registration for All Returning Students". Also important in these forms is opting in or out of Chromebook Assurance Plan (see page 9).

✓ Pay Lunch, ASB, Club and Sport Fees

Our [online payment portal](#) is open for you to go in and add lunch money and pay for ASB cards, club fees, sports fees, yearbooks and more. Your default username and password for the payment site are the same as your Family Access credentials.

✓ Attend Our Back To School Night

Please plan to attend our Back To School event on Monday, August 17th from 4:30 – 6:30pm. See more details [here](#).

✓ School Supplies

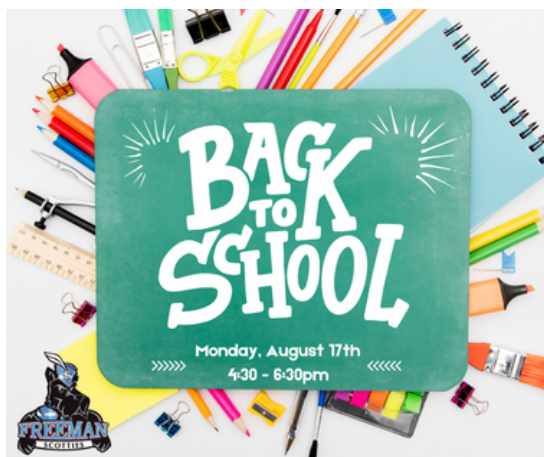
See page 4

FALL SPORTS PARENT MEETING



AUG. 27TH 6:00PM
FHS BLUE GYM

- All parents will meet in the Blue Gym to hear from our Athletic Director
- Sports will then breakout for meetings with each head coach
- It is important that at least one parent/guardian be in attendance



Join us for our Back to School Open House & Ice Cream Social on Monday, August 17th from 4:30–6:30pm!

- ✓ Greet your teachers
- ✓ Tour our buildings
- ✓ Connect with friends & community
- ✓ Enjoy a sweet treat!
- 📍 Parent Meetings
 - 🏠 Freeman Middle School – 5:30pm in the gym
 - 🏠 Freeman High School – 6:00pm in the gym

Let's kick off the new school year together—see you there!

School Lunch Prices for 2026-2027

Lunch \$4.20

Scottie Break: \$2.50

If you would like to apply for Free/Reduced meals, please do so [here](#) ASAP so we can process your applications.
View lunch menus [here](#).



PICTURE DAY



Leos will be here for individual school pictures on Thursday, September 3rd, first thing in the morning.

If you are a Running Start or NewTech student, please plan to come right at 8:00am to have your picture taken for yearbook and ASB cards.

FHS SCHOOL SUPPLY LIST

FHS does not have a specific school supply list for students. We recommend getting general supplies for your student to manage their 7 different classes. (Pens, pencils, paper, notebook, folders, etc.) If your student needs any specific supplies for a class, that will be communicated the first week of school.



FRESHMAN ORIENTATION

CLASS OF 2030



LEAD BY THE
2026-2027 ASB

2026
AUGUST 17
3:00 PM



MEET IN THE HIGH
SCHOOL

WELCOME!

IF YOU HAVE QUESTIONS PLEASE CONTACT:

Kyle Monasmith:
kmonasmith@freemansd.org

Emma Dreyer:
emma.dreyer@goscotties.com



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

 Every Friday

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 -- 9:53	47 min
SCOTTIE BREAK	9:53 -- 10:01	8 min
3	10:04 -- 10:51	47 min
4	10:55 -- 11:42	47 min
5	11:46 -- 12:33	47 min
LUNCH	12:33 -- 1:03	30 min
6	1:07 -- 1:54	47 min
7	1:58 -- 2:45	47 min

AM Activity Schedule		
1	8:15 -- 8:57	42 min
2	9:01 -- 9:43	42 min
SCOTTIE BREAK	9:43 -- 9:51	8 min
3	9:55 -- 10:37	42 min
4	10:41 -- 11:23	42 min
5	11:27 -- 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 -- 1:59	42 min
7	2:03 -- 2:45	42 min

Late Start Schedule		
1	10:15 -- 10:46	31 min
2	10:50 -- 11:21	31 min
3	11:25 -- 11:56	31 min
4	12:00 -- 12:31	31 min
LUNCH	12:31 -- 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 -- 2:11	31 min
7	2:15 -- 2:45	30 min

ATTENDANCE LINE

Please email fhsoffice@freemansd.org or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply here.

SCOTTIE BREAK We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: \$2.50

LUNCH - served at the High School in the MPR. Cost: \$4.20. Click image for menus.

Menu



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.



Upcoming Sports



**CROSS
COUNTRY**

Sports Links:



GO FAN

Pay Fines/Fees



goscotties.org
athletics website

FALL SPORTS NEWS

Here are some important details for you to know if your student is planning to participate in a Fall Sport:

- Football begins Wednesday, August 19th.
- All other fall sports begin Monday, August 24th.
- As usual, all athletes will need to be signed up for their respective sports in Final Forms with forms signed by both parent and student.
- We MUST have a current sports physical (valid for 2 years) on file at the school before any athlete can practice. If you need a physical, please reach out to your physician ASAP to get that scheduled.
- Coaches have been communicating with athletes that are registered in Final Forms, so if you haven't heard anything, you may not have selected the appropriate fall sport. Please go in today and make sure you have done so.
- Head Coaches contact information:
Football: Mike McKeown mmckeown@freemansd.org
Soccer: Keith Homfeldt keith.homfeldt1@gmail.com
Volleyball: Kaela Straw kaela.straw@gmail.com
CC: Mallory McDonald mallory.mcdonald@hotmail.com
- **There will be an Athletic Parent meeting on Thursday, August 27th at 6:00pm in the Blue Gym. It is expected that at least one parent/guardian of each student/athlete will be in attendance.**
- Each athlete must pay their fees prior to the first athletic competition:

ASB Card: \$35

Transportation: \$20

Sport Fee: \$25

(Please pay using the link to the left. You will need to "select items at student's school" then add each item separately. If you have questions email khayek@freemansd.org)



FREEMAN SCHOOL DISTRICT #358

2026 - 2027 School Calendar



August				
Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				
September				
Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		
October				
Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	*22	*23
26	27	28	29	30
November				
Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				
December				
Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	
January				
Mon	Tue	Wed	Thu	Fri
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

Significant Dates

August 17	Staff Orientation/Open House
August 18	Professional Development
August 19	First Day of School
August 24	First Day of Kindergarten
August 31	First Day of Transition to Kindergarten
September 4	No School
September 7	Labor Day Holiday - No School
September 23	Late Start PD
October 22 - 23	Conferences - No School
November 4	Late Start PD
November 11	Veterans' Day Observed - No School
November 23 - 27	Thanksgiving Holiday - No School
December 2	Late Start PD
December 18	End of Semester
December 21 - January 1	Winter Break - No School
January 4	Professional Development - No School
January 18	Martin Luther King Jr. Day - No School
February 3	Late Start PD
February 15	Presidents' Day Holiday - No School
February 16	No School
March 4	Snow Make-up Day - No School
March 5	No School
March 8	Professional Development - No School
March 17	Late Start PD
April 1 - 2	Conferences - No School
April 5 - 9	Spring Break - No School
April 26	Professional Development - No School
May 5	Late Start PD
May 28	Snow Make-up Day - No School
May 31	Memorial Day Holiday - No School
June 5	High School Graduation
June 10	8th Grade Promotion
June 11	Last Day of School - Early Release

Shaded Dates - No School

○ Indicates Late Start/Professional Development Days

* Indicates Parent Conference Days - No School

** Indicates Early Release - 12:30 pm

Yellow box indicates School Begins & Ends

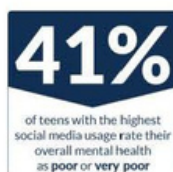
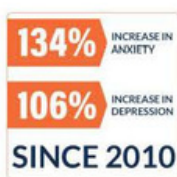
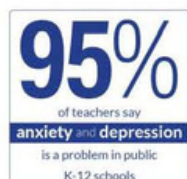
February				
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
March				
Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		
April				
Mon	Tue	Wed	Thu	Fri
			*1	*2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30
May				
Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				
June				
Mon	Tue	Wed	Thu	Fri
	1	2	3	4
7	8	9	10	**11
14	15	16	17	18
21	22	23	24	25
28	29	30		
July				
Mon	Tue	Wed	Thu	Fri
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30



FHS Cell Phone Policy

Why are we going cell-phone-free?

- Phones are interrupting student learning
- 40% of 8–12-year-olds and 95% of teenagers are on social media
- Teens spend nearly five hours a day on social media apps
- 3+ hours a day on social media doubles the risk of poor mental health



What are cell-phone-free schools seeing?



- Improvements in overall school culture
- Students talking to each other more
- Fewer disruptions in the classroom
- Increased Engagement

Parent Communication

- Parents communicate to students through the Main Office during school hours @ 509-291-3721

Freeman High School Cell Phone Policy

- High school will be cell phone-free during classroom time.
- Other cell-based devices, such as smartwatches, air pods, etc., also will not be allowed to be used during classroom time.
- Students with specific medical or other documented needs may have accommodations made on an individual basis.
- High school students may use their cell phone during meals and passing periods.

Daily Routine:

- Teachers remind students of the policy and expectations at the beginning of each class period.

Violation Procedure:

- One warning and redirection to store the phone in their locker or designated location.
- Continued violation results in non-confrontational device surrender request.
- Teacher may seek support from Administration

Device Confiscation:

- Student will walk their phone down to the Main Office and give to administration or other office personnel.
- Confiscated devices will be stored in a secure location in the office for end-of-day pickup.
- 2nd office referral, parent/guardian will be notified that they need to pick up their child's device.
- Escalated behavior may result in disciplinary actions in partnership with parent/guardian.

Repeated Violations:

- Creation of a plan with student and family/guardian.

*Optional Chromebook Assurance Program | Grades 6-12*

As part of our learning program, the Freeman School District provides a Chromebook to all secondary students (Grades 6-12). This device is the property of the Freeman School District. **Chromebooks are issued to 6th-12th grade students in September and collected in June.**

Families have the opportunity to enroll in the district's **optional** Chromebook Assurance Program (CAP). While not mandatory, this insurance program is highly recommended as it provides coverage in the event the device is lost or damaged. Annual cost is **\$20 per student** for the school year. Families who choose to enroll more than two Middle or High School students in CAP will only be required to pay for two CAP enrollments to cover all district-owned devices in the family each school year. Defective devices will be replaced or repaired at no cost to the family. **Fees must be paid by September 15th.**

- To **opt-in** to the annual insurance program, there is a **\$20 fee** for the school year. **Fees must be paid by September 15th.** To purchase insurance, access Online Payments at <https://wa-freeman.intouchrecepting.com>
- **Opting out of the program** means families will be held financially responsible for the full cost of repair or replacement associated with any damaged, lost or stolen equipment. A fine will be placed on student accounts for the cost of replacing or repairing the equipment.
- **Lack of action prior to September 15th will be considered an opt-out.**

OPT-IN – Chromebook Insurance Program	OPT-OUT – Chromebook Insurance Program
Annual Fee: \$20 nonrefundable Annual Coverage: • Accidental Damage: First incident covered in full. After first incident, family is responsible for full replacement of damaged part, or up to \$200 total per incident. (Loaner device available during repair.) • Lost or Stolen: First incident \$100. \$200 for subsequent incidents. (If stolen, Police Report must be filed within 24 hours and a copy provided to the school Business Office.) If the device is later found or recovered and is in working condition the fee will be refunded. Not Covered: • Intentional damage, neglect or loss without a copy of a Police Report. • Lost/Damaged Power Cord (\$30) Note: Replacement equipment will not be issued until fees set forth above have been paid or there is a payment plan in place. Student Name _____	Damage Fees: • \$200 Full Replacement • \$150 Motherboard • \$50 Display (LCD) • \$20 Keyboard • \$20 Trackpad Lost or Stolen: • \$200 Device (If the device is later found or recovered and is in working condition the fee will be refunded.) • \$30 Power Cord Note: Replacement equipment will not be issued until fees set forth above have been paid or there is a payment plan in place. I, would like to: OPT- IN ☐ OPT-OUT ☐ Parent Signature: _____ Parent Signature _____

*I understand that by inserting my name in the signature fields I am submitting an electronic signature.
This signature will be enforceable on the same basis as if it were signed in person.*