



AUGUST 2026



Lunch 9-12

MON	TUE	WED	THU	FRI
10 Stew Beef (2 oz.) WG Macaroni & Cheese (wet) (1 cup) Glazed Carrots (1 ¼ Cup) 100% Fruit Juice (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Stew Veggie Burgers (2 oz.)	11 Chicken Strips (2 oz.) WG Brown Rice (1 cup) Stew Vegetarian Beans (1 cup) Sliced Peaches (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Black Bean Burger (2 oz.)	Stew Ground Turkey/Ground Beef (2oz.) 12 WG Macaroni (1 cup) Corn /Diced Carrots (3/4 cup) Pineapple Chunks (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Curry Lentil (2 oz.)	13 BBQ Chicken Legs (2 oz.) WG Seasoned Rice (1 cup) Steam Spinach (3/4 cup) OR Lettuce (1 ½ cup) Fruit Cocktail (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Stew/BBQ Veggie Burger (2 oz.)	14 Chicken Tenders (2 oz.) WG Bun (1 each) Potato Wedges (1 cup) Pear Halves (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Tofu (4.4 oz.)
Meatballs w/ Marinara Sauce (2 oz.) 17 WG Macaroni (1 cup) Seasoned Broccoli (1 cup) Sliced Pineapple (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Burger in Marinara Sauce (2oz.)(Cut-Up)	18 Stew Ground Turkey (2oz) WG Brown Rice (1 cup) Stew Pinto Beans (1 cup) Diced Peaches (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Tofu (4.4 oz.)	19 WG Pepperoni/Veggie Pizza (4.6 oz.) Steamed Carrots (1 1/4 cup) Mixed Fruit (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. WG Cheese Pizza (2 oz.)	20 Ground Beef Meatloaf w/ gravy (2 oz.) WG Buttered Slice Bread (2 slice) Mashed Potato (1 cup) Pineapple Chunks (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Burger w/ gravy (2 oz.)	21 Taco - Tortilla Shell (2 oz.) (Chicken strips) (2 oz.) Shredded cheese (1 oz.) Lettuce (1 Cup) & Tomato (½ cup) 100% Fruit Juice (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Tofu (4.4 oz.)
24 Chicken Alfredo Chicken Strips (2 oz.) Mixed Vegetables (1 cups) Glazed Carrots (1 1/4 Cup) Tropical Fruits (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Tofu in Alfredo Sauce(4.4 oz.)	25 Curry Beef (2 oz.) WG Brown Rice (1 cup) Stew Vegetarian Beans (1 cup) Pineapple Chunks (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Black Bean Burger (2 oz.)	26 WG Pepperoni/Veggie Pizza (4.6 oz.) Seasoned Mixed Vegetables (1 cups) 100% Apple Juice (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Cheese Pizza (4.6 oz.)	27 Turkey Roast w/gravy (2oz.) WG Macaroni & Cheese (1 cup) Seasoned Spinach (1 1/4 cup) Sliced Peaches (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt.Tofu w/gravy (4.4oz)	28 Hot Dogs (2 oz.) WG Hot Dog Bun (1 each) French Fries (1 cup) Mandarin Orange (1 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Black Bean Burger (2 oz.) Condiments:Ketchup & Salad Dressing

