



Early Childhood Department

## COMMUNITY RESOURCE GUIDE

Lowell City Hall  
[www.lowellma.gov](http://www.lowellma.gov)  
375 Merrimack Street  
Lowell, MA 01852  
978-674-4000

Lowell Police Department  
978-937-3200

Lowell Fire Department  
978-459-2444

ALL EMERGENCIES  
CALL 911



## — TABLE OF CONTENTS —

|                                                                   |    |
|-------------------------------------------------------------------|----|
| Early Childhood Programs and Services .....                       | 3  |
| Lowell Public Schools .....                                       | 4  |
| Core Beliefs, Fundamental Commitments, and Theory of Action ..... | 5  |
| Our Schools .....                                                 | 6  |
| Early Childhood Education and School-Age Programs .....           | 8  |
| Private and Charter Schools .....                                 | 10 |
| Adult Education .....                                             | 11 |
| Agencies Serving Parents and Children .....                       | 12 |
| Employment .....                                                  | 14 |
| Family Violence and Abuse .....                                   | 14 |
| Food Resources .....                                              | 15 |
| Health .....                                                      | 16 |
| Housing, Home Goods, and Utilities .....                          | 17 |
| Legal Assistance .....                                            | 18 |
| Fun Things To Do! .....                                           | 19 |
| Libraries .....                                                   | 20 |
| Museums and Exhibits .....                                        | 21 |
| Outdoor Spaces .....                                              | 23 |
| Farms and Food Production .....                                   | 24 |
| Zoos and Animal Exhibits .....                                    | 24 |
| Online Resources .....                                            | 25 |
| Early Literacy .....                                              | 25 |
| Parenting .....                                                   | 26 |
| PreK Makes a Difference .....                                     | 26 |
| Programs and Supports for Young Children .....                    | 27 |

## — EARLY CHILDHOOD PROGRAMS AND SERVICES —

### **CFCE Membership**

**Tel: 978-967-6784**

mmercedes@lowell.k12.ma.us

Receive information on upcoming community events, newsletters, and resources for you, your child's development, and more.

To register go to: <https://forms.gle/wc2X2vEAcT3tdBGj9>

### **Weekly Playgroups**

**Tel: 978-967-6784**

mmercedes@lowell.k12.ma.us

Weekly playgroups for young children under the age of five and their families! Join the fun and invite your friends! Sing songs, read books, and share ideas with peers. Materials for activities are provided.

### **ParentChild+**

**Tel: 978-967-6784**

mmercedes@lowell.k12.ma.us

A national home visiting program focused on serving children from 18 months to 4 years old to promote language and literacy. A Home Visitor will come to your home for 30 minutes and bring an educational book or toy that is yours to keep. During the visit, we talk about the importance of reading and playing with your child.

### **Positive Solutions for Families: Parenting Workshop**

**Tel: 978-967-6784**

mmercedes@lowell.k12.ma.us

This free interactive parenting series engages families in discussions on how to promote social and emotional skills in children, how to develop positive solutions to address difficult parenting situations and explore ways to cope with children's challenging behaviors.

### **Developmental Screening**

**Tel: 978-674-2050**

slacroix@lowell.k12.ma.us

A quick and easy way to determine your child's strengths and areas of need.

### **Ages and Stages Questionnaire (ASQ)**

slacroix@lowell.k12.ma.us

mmercedes@lowell.k12.ma.us

A parent-completed developmental screening that provides a quick check of their child's development.

### **SPED PAC Special Education Parent Advisory Council**

**Tel: 978-454-1967**

lowellspedpac@aol.com

**Facebook:** Lowell SPED PAC

[lowell.k12.ma.us/spedpac](http://lowell.k12.ma.us/spedpac)

An organization run by parents of children receiving special education services through the Lowell School Department. It was created to share information about special education and promote understanding between parents and the school department.

### **Child Find**

tbowers@lowell.k12.ma.us

ktravis@lowell.k12.ma.us

[lowell.k12.ma.us/Page/4571](http://lowell.k12.ma.us/Page/4571)

Under the Individuals with Disabilities Education Act (IDEA), schools are required to identify that the district must identify, locate, and evaluate all children with disabilities in the state who need special education and related services. This process is known as Child Find.



## — ABOUT LOWELL PUBLIC SCHOOLS —

The **Lowell Public Schools** (LPS) is one of the largest districts in Massachusetts, currently enrolling more than 14,150 students in grades PreK–12. LPS has a dedicated school community committed to serving our students and families.

**Our families are invited to participate in their children’s educational experience.**

To facilitate this, we invite you to check out this website ([www.lowell.k12.ma.us](http://www.lowell.k12.ma.us)), which will inform you of many things such as announcements, school happenings, school calendars, etc.

### **Lowell Public Schools**

155 Merrimack Street  
Lowell, MA 01852  
**Tel: 978-674-2100**  
[lowell.k12.ma.us](http://lowell.k12.ma.us)

### **Early Childhood Programs and Services**

155 Merrimack Street, 5th Floor  
Lowell, MA 01852  
**Tel: 978-674-2051 or 978-967-0396**  
[lowell.k12.ma.us/Domain/83](http://lowell.k12.ma.us/Domain/83)

### **Family Resource Center**

151 Merrimack Street  
Lowell, MA 01852  
**Tel: 978-674-4321**  
[lowell.k12.ma.us/Domain/84](http://lowell.k12.ma.us/Domain/84)

### **Special Education Department**

155 Merrimack Street  
Lowell, MA 01852  
**Tel: 978-674-4322**  
[lowell.k12.ma.us/Domain/92](http://lowell.k12.ma.us/Domain/92)



## Core Beliefs

-  A high-quality education is a fundamental right of every child we serve.
-  Teaching and Learning are at the core of our work. Everything we do must support what happens in the classroom.
-  Families are our partners. School should be a welcoming place for families.
-  Sustainable school improvement requires hard and steady work over time.
-  Every adult in the system is accountable for the success of our students. Putting every child on a path to college or career success is the responsibility of the entire community.



## LPS Fundamental Commitments

The fundamental commitments of the Lowell Public Schools represent a critical charge to all LPS stakeholders:



Ensure that every student has a sense of belonging, is included, and that opportunity gaps among all students are eliminated.



Provide equitable funding and resources among the district's diverse schools.



Engage all families with courtesy, dignity, respect, and cultural understanding.

## Theory of Action

We believe that when we...

- Cultivate rigorous and relevant instruction in every classroom
- Ensure that all schools are safe and welcoming
- Invest in the recruitment, development, and retention of exceptional and diverse talent
- Implement supportive and efficient systems that align resources with student needs

...then we will create the conditions for every learner in Lowell to thrive—academically, socially, and emotionally, within a responsive and innovative school district that continuously evolves to meet the needs of a dynamic world.



# — OUR SCHOOLS —

## After School Programs Key:

|                                                                                   |                                                                                   |                                                                                    |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
|  |  |  |
| <b>Century 21 Program</b>                                                         | <b>Community Teamwork</b>                                                         | <b>YMCA</b>                                                                        |

### **Abraham Lincoln Elementary School (PreK–4)**

300 Chelmsford Street, 01851

**Tel: 978-937-2846**

[lowell.k12.ma.us/Domain/19](http://lowell.k12.ma.us/Domain/19)



### **Bartlett Community Partnership (PreK–8)**

79 Wannalancit Street, 01854

**Tel: 978-937-8968**

[lowell.k12.ma.us/Domain/9](http://lowell.k12.ma.us/Domain/9)

*\*After-school is available.*

### **Cardinal O'Connell Early Learning Center (PreK)**

21 Carter Street, 01852

**Tel: 978-446-7000**

[lowell.k12.ma.us/Domain/30](http://lowell.k12.ma.us/Domain/30)

### **Charles W. Morey Elementary School (PreK–4)**

130 Pine Street, 01851

**Tel: 978-937-7662**

[lowell.k12.ma.us/Domain/23](http://lowell.k12.ma.us/Domain/23)



### **Charlotte M. Murkland Elementary School (PreK–4)**

350 Adams Street, 01854

**Tel: 978-937-2826**

[lowell.k12.ma.us/Domain/24](http://lowell.k12.ma.us/Domain/24)



### **Dr. Gertrude Bailey Elementary School (PreK–4)**

175 Campbell Drive, 01851

**Tel: 978-937-7644**

[lowell.k12.ma.us/Domain/17](http://lowell.k12.ma.us/Domain/17)



**Dr. Janice Adie Day School**  
**(PreK–12)** 60 Carlisle Street  
Chelmsford, MA 01824  
**Tel: 978-674-2405**  
[lowell.k12.ma.us/lowellday](http://lowell.k12.ma.us/lowellday)

**John J. Shaughnessy Elementary School**  
**(PreK–4)**  
1158 Gorham Street, 01852  
**Tel: 978-937-7657**  
[lowell.k12.ma.us/Domain/27](http://lowell.k12.ma.us/Domain/27)



**Joseph G. Pyne Arts Magnet School**  
**(PreK–8)**  
145 Boylston Street, 01852  
**Tel: 978-937-7639**  
[lowell.k12.ma.us/Domain/12](http://lowell.k12.ma.us/Domain/12)

**Pawtucketville Memorial Elementary School**  
**(PreK–8)**  
425 West Meadow Road, 01854  
**Tel: 978-937-7667**  
[lowell.k12.ma.us/Domain/25](http://lowell.k12.ma.us/Domain/25)



**S. Christa McAuliffe Elementary School**  
**(PreK–4)**  
570 Beacon Street, 01850  
**Tel: 978-937-2838**  
[lowell.k12.ma.us/Domain/20](http://lowell.k12.ma.us/Domain/20)



**Washington Elementary School**  
**(PreK–4)**  
795 Wilder Street, 01851  
**Tel: 978-937-7635**  
[lowell.k12.ma.us/Domain/29](http://lowell.k12.ma.us/Domain/29)

**Frederic T. Greenhalge Elementary School**  
**(PreK–4)**  
149 Ennell Street, 01850  
**Tel: 978-937-7670**  
[lowell.k12.ma.us/Domain/18](http://lowell.k12.ma.us/Domain/18)



**Joseph A. McAvinnue Elementary School**  
**(PreK–4)**  
131 Mammoth Road, 01854  
**Tel: 978-937-2871**  
[lowell.k12.ma.us/Domain/21](http://lowell.k12.ma.us/Domain/21)



**Moody Elementary School**  
**(K–4)**  
158 Rogers Street, 01852  
**Tel: 978-937-7673**  
[lowell.k12.ma.us/Domain/22](http://lowell.k12.ma.us/Domain/22)

**Peter W. Reilly Elementary School**  
**(PreK–4)**  
115 Douglas Road, 01852  
**Tel: 978-937-7652**  
[lowell.k12.ma.us/Page/45](http://lowell.k12.ma.us/Page/45)



**STEM Academy @ the Rogers School**  
**(K–8)**  
43 Highland Street, 01852  
**Tel: 978-674-4331**  
[lowell.k12.ma.us/Domain/28](http://lowell.k12.ma.us/Domain/28)



# — EARLY CHILDHOOD EDUCATION AND SCHOOL-AGE PROGRAMS —

Key:

|                                                                                   |                                                                                   |                                                                                    |                                                                                     |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|  |  |  |  |
| Infant                                                                            | Toddler                                                                           | Preschool                                                                          | School-Age                                                                          |

## ACRE Family Child Care

327 Gorham Street, 01852

Tel: 978-937-5899

acrefamily.org



ACRE Family Child Care provides a pathway for women to achieve economic independence by operating high-quality childcare businesses in their homes. ACRE Family provides care for nearly 400 children every day in a network of family childcare homes. ACRE Family staff visit the homes to monitor the quality of care and offer family support services and early childhood training programs in multiple languages throughout the year.

ACRE Family Child Care (AFCC) was founded in 1988 in response to two related economic and community development needs: jobs and child care. ACRE Family Child Care provides training programs in English, Spanish, and Khmer that enable women to run licensed family childcare businesses in their own homes. The program has an innovative ripple effect in the community: the family child care providers earn a living and are able to stay at home with their own young children; at the same time, they offer child care to the community so other parents may work or attend job training programs.



## Bethel Child Care Services

411 Merrimack Street–1st Floor  
Methuen, MA 01843

Tel: 978-458-6577

bethelccs.com



Bethel Child Care Services Inc. provides community-based, quality early learning programs to children from birth to 13 years of age in licensed family childcare educator homes. We support each child's development by working to meet their individual needs of early learning, literacy, and healthy social-emotional development. We support parents by collaborating with them to guide the best developmental outcomes for their children.

## Boys and Girls Club

657 Middlesex Street, 01851

Tel: 978-458-4526

lbgc.org



All young people ages 8-18 are welcome. Our members represent diverse socio-economic and ethnic backgrounds. Membership fees are kept at just \$30 per year (\$5 for teens), and grant many scholarships to ensure access to all youth who benefit from club services.

## Clarendon Early Education Services

100 Merrimack Street, #201, 01852

Tel: 978-454-3026

clarendonearlyeducationservices.org



Clarendon Early Education Services, Inc. provides quality childcare services to children from birth to 13 years, supporting families from diverse ethnic, social, and economic backgrounds. Safe, healthy environments with a robust nutrition program set the stage for improved outcomes in school and in life.



**Community Teamwork Inc.**

155 Merrimack Street, 01852

**Tel: 978-459-0551**

commteam.org



Supporting working parents with demanding schedules, we offer affordable, high-quality child care and education for infants through age 5, promoting early learning, literacy, and healthy social/physical development. Our extended care is also available for middle schoolers.

**Girls Inc.**

220 Worthen Street, 01852

**Tel: 978-458-6529**

girlsinclowell.org



Girls Incorporated of Lowell provides programs to help all girls develop the skills and tools for becoming women who are strong, smart and bold. Our aim is to develop strong interpersonal skills between students while bolstering self-confidence and an awareness of the world around them.

**Learning Latta**

75 Douglas Road, 01852

**Tel: 978-323-9310**

lowell.k12.ma.us/domain/2977



Learning Latta is a large group and school-age child care in Lowell with a maximum capacity of 46 children. The provider does not participate in a subsidized child care program. Learning Latta provides various opportunities that help their students learn essential academic skills.

**Little Sprouts Enrichment Center**

900 Chelmsford Street, 01851

**Tel: 978-453-6614**

littlesprouts.com



Little Sprouts schools are filled with passionate early educators committed to supporting children's social, emotional, physical, and academic growth. We create healthy and safe spaces to help infants, toddlers, preschoolers, kindergartners, and school-aged children meet their milestones, expand their imaginations, and make many new friends.

**Lowell Day Nursery**

119 Hall Street, 01854

**Tel: 978-454-5981**

lowelldaynursery.net



Lowell Day Nursery is a nonprofit, early education child care center accredited by the National Association for the Education of Young Children (NAEYC). Accepting children from the age of 15 months up to PreK (6 years old). Our school has been open since 1885—**more than 140 years of experience in child development.**

**Merrimack Valley Christian Day School**

1195 Varnum Avenue, 01854

**Tel: 978-452-2462**

merrimackvalleychristiandayschool.com



M.V.C.D.S. is a state licensed, non-profit corporation which has functioned as a ministry of the Lowell First Church of the Nazarene for over 30 years. We offer high quality care and education for children ages 8 weeks through 5 years in a distinctively Christian environment.

**Small Steps**

1230 Bridge Street, 01850

**Tel: 978-221-5257**

smallstepsdaycare.ma.net



Small Steps offers part-time, full-time, and hourly childcare services for children 3 weeks to 8 years old. We provide all meals and formula for infants, including some special diets. A hands-on, interactive approach is the best way for children to learn.

**UTEC Early Education Center**

15 Warren Street, 01854

**Tel: 978-441-9949**

utecinc.org



UTEC Early Education Center is a large group and school-age child care facility that provides day services for all children. Children who experience quality early education and child care in the UTEC Early Education Center in the City of Lowell receive long-term benefits.

**YMCA Child Care Programs****Greater Lowell YMCA**

35 YMCA Drive, 01852

**Tel: 978-454-7825**

greaterlowellymca.org



The Greater Lowell Family YMCA Preschool offers exceptional care for children ages 2.9–5 years. Our program is certified by the Department of Early Education and Care. It is designed to create an environment that both stimulates and strengthens each child's physical, educational, and social development. The YMCA offers before and after-school child care for children ages 5–12 with EEC-certified staff.



## — PRIVATE AND CHARTER SCHOOLS —

**Collegiate Charter School of Lowell  
(K–12)**

1857 Middlesex Street, 01851

**Tel: 978-458-1399**

[collegiatelowell.org](http://collegiatelowell.org)

**Hellenic American Academy  
(PreK–6)**

41 Broadway Street, 01854

**Tel: 978-453-5422**

[hellenicaa.org](http://hellenicaa.org)

**Lowell Catholic  
(PreK–12)**

530 Stevens Street, 01851

**Tel: 978-452-1794**

[lowellcatholic.org](http://lowellcatholic.org)

**St. Michael School  
(PreK–8)**

21 6th Street, 01850

**Tel: 978-453-9511**

[school.saint-michael.com](http://school.saint-michael.com)

**Community Christian Academy  
(PreK–8)**

105 Princeton Boulevard, 01851

**Tel: 978-453-4738**

[ccalowell.org](http://ccalowell.org)

**Immaculate Conception School  
(PreK–8)**

218 E. Merrimack Street, 01852

**Tel: 978-454-5339**

[icslowell.com](http://icslowell.com)

**Lowell Community Charter Public School  
(PreK–8)**

206 Jackson Street, 01852

**Tel: 978-323-0800**

[lccps.org](http://lccps.org)





## — ADULT EDUCATION —

### **ABE/ESOL & GED Programs**

### **TEL**

|                                               |              |
|-----------------------------------------------|--------------|
| Adult Literacy Program @ Pollard Library      | 978-674-1541 |
| Cambodian Mutual Assistance Association       | 978-454-6200 |
| Financial Literacy Academy                    | 978-654-5673 |
| International Institute                       | 978-459-9031 |
| Lowell Adult Education                        | 978-937-8989 |
| Massachusetts Alliance of Portuguese Speakers | 617-864-7600 |
| Youth Build Lowell                            | 978-446-9803 |
| YWCA Young Parent Program                     | 978-454-5405 |

### **State Colleges & Universities**

|                                      |              |
|--------------------------------------|--------------|
| Middlesex Community College, Bedford | 781-280-3200 |
| Middlesex Community College, Lowell  | 978-656-3200 |
| University of Massachusetts, Lowell  | 978-934-4000 |

### **Vocational and Technical Schools**

|                                            |              |
|--------------------------------------------|--------------|
| Greater Lowell Technical School, Tyngsboro | 978-454-5411 |
| Lincoln Technical Institute                | 978-458-4800 |
| Lowell Academy Hairstyling Institute       | 978-453-3235 |





## — AGENCIES SERVING PARENTS AND CHILDREN —

**Cambodian Mutual Assistance Association**  
465 School Street, 01851  
**Tel: 978-454-6200**  
[cmaalowell.org](http://cmaalowell.org)

Educational, cultural, economic and social programs for Cambodian Americans and other minorities and disadvantaged persons in Lowell.

**Catie's Closet**  
28 Loon Hill Road, Dracut, MA 01826  
**Tel: 978-957-2200**  
[catiescloset.org](http://catiescloset.org)

Provides clothing and toiletries to students 4–18 years, free of charge. This can be accessed through the Lowell Public School Early Childhood Department: 978-674-2051.

**Catholic Charities Merrimack Valley**  
70 Lawrence Street, 01852  
**Tel: 978-452-1421**  
[ccab.org](http://ccab.org)

Services vary by location and include emergency financial assistance for fuel, rent, and utilities: food pantries or vouchers, Young Parents Programs, Second Chance School, Young Fathers Program.

**Family Connection of Greater Lowell**  
Pawtucket Congregational Church  
15 Mammoth Road, 01854  
**Tel: 978-452-2144**  
[TFCplayspace.weebly.com](http://TFCplayspace.weebly.com)

Features a large indoor area where young children can play in a safe environment, and where parents can connect with each other.

**International Institute**  
101 Jackson Street, 01852  
**Tel: 978-459-9031**  
[iine.org](http://iine.org)

Assistance with accessing community services, applying for refugee cash assistance when applicable, offering cultural orientations for newly arrived immigrants.

**Mass. Alliance of Portuguese Speakers (MAPS)**  
490 Central Street, 01852  
**Tel: 978-970-1250**  
[maps-inc.org](http://maps-inc.org)

MAPS works with the Brazilian, Cabo Verdean, Portuguese, and other Portuguese-speaking communities to increase access and remove barriers to health care, education, and social services through direct services, advocacy, leadership, and community development.

**Massachusetts Department of Children & Family Services**  
2 Omni Way, Chelmsford, MA 01824  
**Tel: 978-275-6800**  
[mass.gov/locations/dcf-greater-lowell-area-office](http://mass.gov/locations/dcf-greater-lowell-area-office)

The Department of Children and Families (DCF) is committed to protecting children from abuse and neglect and, in partnership with families and communities, ensuring that children can grow and thrive in a safe and nurturing environment.



**NFI Family Resource Center of GR. Lowell**  
27 Prescott Street, 01852  
**Tel: 978-455-0701**  
nfima.org

The FRC's Family Support Workers assist families in connecting to resources, making referrals, and providing follow-up to ensure successful connections.

**Thom Child & Family Services**  
126 Phoenix Avenue, 01852  
**Tel: 978-453-8331**  
thomchild.org

Thom Child & Family Services (Thom Anne Sullivan Center) is committed to providing high-quality, comprehensive, and family-centered early intervention services to infants, toddlers, their families, and others in the community who care for them. Our nurses, social workers, occupational and physical therapists, speech-language pathologists, mental health counselors, educators, and other specialists are passionate about supporting families and young children. If you have a concern regarding your child's development, please contact us.

**Newborn & Pregnancy Support**  
126 Phoenix Avenue, 01852  
**Tel: 978-453-8331**  
thomchild.org

A home-visiting program that serves pregnant women, postpartum mothers, and their infants. It provides prenatal education, breastfeeding information and support, newborn education, and more.

**Partners in Child Development**  
32 Osgood Street, Andover, MA 01810  
**Tel: 978-475-3806**  
mypcd.org

Nurturing the growth and development of every child to maximize their potential. We are passionate and committed to helping children and their families with programs focused on a child's development and well-being.

**Mentor-South Bay Early Intervention**  
22 Old Canal Drive, 01851  
**Tel: 978-452-1736**  
mentorsouthbay.com

Early Intervention provides support to families with children aged birth–3 years.

**United Way of Massachusetts Bay & Merrimack Valley**  
PO Box 9313, Lowell, MA 01853  
**Tel: 617-624-8000**  
unitedwaymassbay.org

United Way is dedicated to improving the lives of individuals, families, and children in need throughout the Merrimack Valley: Ending homelessness, moving families out of poverty, supporting young children, and preparing youth for success. And we won't rest until everyone in our footprint has the means for a better future.

**JRI Young Parents Support Program**  
227 Chelmsford Street, Suite 13C  
Chelmsford, MA 01824  
**Tel: 774-504-4334**  
jri.org

The Young Parents Support Program is a free and confidential community outreach program for pregnant or parenting young persons. Strength-based case management is offered in a home-based environment.

**ParentChild+**  
Equal Possibilities From The Start



## — EMPLOYMENT —

**MassHire Lowell Career Center**  
107 Merrimack Street, 01852  
**Tel: 978-458-2503**  
masshirelowellcc.com

Aids in obtaining employment and employment skills.

**Department of Transitional Assistance**  
131 Davidson Street, 01852  
**Tel: 978-446-2400**  
mass.gov/locations/dta-lowell-transitional-assistance-officeassistance-office

Provides basic education, job training and job search skills.

**Middlesex Community College**  
33 Kearney Square, 01852  
**Tel: 800-818-3434**  
middlesex.edu

Services open to all—no fee to register and attend most workshops. Provides employment and career development services to individuals.

**Secure Jobs**  
165 Merrimack Street, 01852  
**Tel: 978-459-0551**  
commteam.org

Provides integrated housing and personalized employment services, while working to remove barriers for success by linking participants with childcare resources, transportation to and from training programs, job readiness and job services.

## — FAMILY VIOLENCE AND ABUSE —

**The Center for Hope & Healing**  
21 George Street, 4th Floor, 01852  
**Tel: 978-452-7721**  
chhinc.org

Free counseling services to survivors of sexual violence as well as their friends and family.

**Department of Children and Families**  
2 Omni Way, Chelmsford, MA 01824  
**Tel: 800-792-5200**  
dcfoffices.org

DCF is the state agency with the primary responsibility of keeping children safe from abuse and neglect.

**Asian Task Force  
Against Domestic Violence**  
**Tel: 617-338-2350**  
**Hotline: 617-338-2355**  
atask.org

ATASK's mission is to empower Asian survivors of domestic violence and abuse to rebuild their lives. Our work bridges language and cultural gaps for Asian communities and advocates for social change.

**Wayside Youth &  
Family Support Network**  
77 East Merrimack Street, 01852  
**Tel: 978-460-8712**  
waysideyouth.org

Empowering children, young adults and families to achieve greater independence and emotional well-being. Wayside Lowell's site provides a variety of in-home and community-based services for youth with emotional and behavioral needs, and families experiencing significant stress.



## — FOOD RESOURCES —

**Catholic Charities Food Pantry**

70 Lawrence Street, 01852

**Tel: 978-452-1421**

[ccab.org](http://ccab.org)

Call for updated Food Pantry hours.

**Central Food Ministry Food Pantry**

370 W. Sixth Street, 01850

**Tel: 978-454-7445**

[cfministry.org](http://cfministry.org)

Call to make an appointment to pick up food.

**Christ Jubilee Food Pantry**

101 Smith Street, 01851

**Tel: 978-452-9976**

[christjubilee.com](http://christjubilee.com)

Call for updated distribution hours.

**Food Stamp Program (SNAP)**

131 Davidson Street, 01852

**Tel: 978-446-2400**

[gettingsnap.org/how-to-apply](http://gettingsnap.org/how-to-apply)

Provides eligible households with a monthly food stamp allowance to purchase groceries at approved markets.

**Merrimack Valley Food Bank****Mobile Pantry & Operation Nourish**

1703 Middlesex Street, 01851

**Tel: 978-454-7272**

[mvfb.org](http://mvfb.org)

It offers home delivery of food for low-income, homebound elderly and disabled individuals. Operation Nourish provides supplemental food to children who may not have enough to eat at home. It also operates a free community market in the Summer.

**Open Pantry of Greater Lowell**

13 Hurd Street, 01852

**Tel: 978-453-6693**

[theopenpantry.org](http://theopenpantry.org)

Food Assistance every 30 days. Any person who lives in Greater Lowell may be eligible for assistance. Call for updated hours.

**Salvation Army**

150 Appleton Street, 01852

**Tel: 978-458-3396**

[salvationarmyusa.org](http://salvationarmyusa.org)

A variety of services are available, including food assistance, holiday assistance, emergency assistance, and clothing and furniture assistance.

**Women, Infants and Children (WIC )**

45 Kirk Street, 01852

**Tel: 978-454-6397**

[commteam.org](http://commteam.org)

Free nutrition program for Massachusetts families that provides healthy food and education.



**Lowell Community Health Center**

161 Jackson Street, 01854

*Family Planning Department—2nd Floor*

**Tel: 978-937-9700**

[lchealth.org](http://lchealth.org)

High quality free or low-cost family planning and reproductive health care.

**Lowell General Hospital**

*Main Campus:*

295 Varum Avenue, 01854

*Saints Campus:*

1 Hospital Drive, 01852

**Tel: 978-937-6000**

[lowellgeneral.org](http://lowellgeneral.org)

Free Screenings, Childbirth Classes, Support Groups, Physician Referrals, Hospital Information/Patient Services, etc.

**METTA Health Center-LCHC**

135 Jackson Street, 01852

**Tel: 978-441-1700**

[lchealth.org/Metta.shtml](http://lchealth.org/Metta.shtml)

**METTA Health Center (part of Lowell Community Health Center) offers traditional Cambodian Healing. Accepts most insurances, including Medicaid and Medicare, sliding fee scale available.**

**New Mothers Support Group**

Lowell General Hospital –

Hanchett Auditorium

**Tel: 978-788-7224**

[lowellgeneral.org](http://lowellgeneral.org)

A free drop-in support group for new mothers and their babies. Provides a place to come with your questions and concerns, or just to meet other new mothers.

**Poison Control Center**

**Tel: 800-222-1222**

[poison.org](http://poison.org)

Emergency advice on poisoning and information on poisons. Always open.

**Wayside Youth &  
Family Support Network**

77 East Merrimack Street, 01852

**Tel: 978-460-8712**

[waysideyouth.org](http://waysideyouth.org)

Wayside works with families under significant stress due to mental illness, behavioral problems, addiction issues, and other challenges. We also support youth who have experienced abuse, neglect and trauma.







## — HOUSING, HOME GOODS, AND UTILITIES —

### **Alternative House 24-hour hotline**

P.O. Box 2100, Lowell, MA 01853

**Tel: 978-937-5777**

**Tel: 888-291-6228**

[alternative-house.org](http://alternative-house.org)

Provides emergency shelter, referral, counseling and legal advocacy services for battered women and their children.

### **Community Teamwork**

45 Kirk Street, 01852

**Tel: 978-459-6161**

[commteam.org](http://commteam.org)

Provides energy programs and fuel assistance to help low-income people become self-sufficient.

### **Common Ground Development Corp.**

155 Merrimack Street, 01852

**Tel: 978-459-0551**

[commgroundhousing.org](http://commgroundhousing.org)

Our mission is to produce more housing for home buyers and tenants, and to preserve existing apartments at affordable rent levels. Has 6 properties in Lowell.

### **Community Teamwork — Section 8 Housing/Shelter Program**

155 Merrimack Street, 01852

**Tel: 978-459-0051**

[commteam.org](http://commteam.org)

Multiple housing programs including vouchers for Section 8 and information and assistance with basic housing needs. Also provides emergency shelter and supportive services for homeless families.

### **Department of Transitional Assistance**

131 Davidson Street, 01852

**Tel: 978-446-2400**

[mass.gov/locations/dta-lowell-transitional-assistance-office](http://mass.gov/locations/dta-lowell-transitional-assistance-office)

Food stamps, Transitional Aid for Needy Families (TANF) and other assistance. New applicants: 800-445-6604



**House of Hope**

812 Merrimack Street, 01854

**Tel: 978-458-2870**

houseofhopelowell.org

Provides short-term emergency shelter for low-income families in crisis who are without housing and are not drug involved.

**Lowell Housing Authority**

350 Moody Street, 01854

**Tel: 978-364-5311**

lhma.org

Responsible for taking applications and managing public housing units and rental subsidies.

**Lowell Transitional Living Center**

193 Middlesex Street, 01852

**Tel: 978-458-9888**

ltlc.org

Provides emergency food and shelter for single adult men and women over the age of 18. Pregnant women may receive shelter through their 1st and 2nd trimesters only due to safety considerations.

**Merrimack Valley Housing Partnership**

664 Merrimack Street, 01854

**Tel: 978-459-8490**

mvhp.org

Promotes home ownership opportunities for low- and moderate-income earners by producing comprehensive training and counseling as well as promoting the use of special mortgage products and down payment assistance programs.

**Salvation Army**

150 Appleton Street, 01852

**Tel: 978-458-3396**

salvationarmyusa.org/usn

A variety of services are available, including food assistance, holiday assistance, emergency assistance, and clothing and furniture assistance.

**St. Vincent de Paul Thrift Store**

1488 Middlesex Street, 01851

**Tel: 978-453-7750**

Those in need/low-income families, emergency family stabilization support. Families responsible for picking up goods.

**The Wish Project**

166 Middlesex Street

N. Chelmsford, MA 01863

**Tel: 866-947-4360**

thewishproject.org

Wishes, Projects, & Emergency Aid. Social workers can submit form for clients. Clients can receive items at one time, no repeat visits.



## — LEGAL ASSISTANCE —

**International Institute**

101 Jackson Street, Suite 2, 01852

**Tel: 978-459-9031**

iine.org

We create opportunities for refugees and immigrants to succeed through resettlement, education, career advancement and pathways to citizenship.

**Children's Law Center of Massachusetts**

2 State Street, 2<sup>nd</sup> Floor, Lynn, MA 01903

**Tel: 781-581-1977**

clcm.org

Serving all of Greater Lowell. Offers low cost & free legal advice to low income & elderly people.

# — FUN THINGS TO DO —

## BEACHES & ACTIVITIES

### CITY OF LOWELL SUMMER PUBLIC SWIMMING LOCATIONS

*Need to cool off this summer?*

The Lowell Recreation Department operates the following public swimming locations with staff.

#### **Merrimack Waterfront**

160 Pawtucket Boulevard | Hours: 11 AM – 7 PM

#### **Splash Pad at Shaughnessy Elementary School**

1118 Gorham Street

#### **South Common Pool**

272 South Street | Hours: 12 PM – 6 PM

#### **Raymond Lord Memorial Swimming Pool—State of MA**

81 Cross Street | Tel: 978-459-7370



#### **Splash Pad at Shedd Park**

433 Rogers Street

**The Splash Pad** is operated by the City of Lowell, Massachusetts, and the Department of Parks and Recreation. It is a great area where supervised children can cool down with water sprays.

For more information about the Splash Pad, please call the City's Recreation Office at 978-674-4175 or visit the City of Lowell website, [www.lowellma.gov](http://www.lowellma.gov).



#### **City of Lowell Parks and Recreation**

107 Merrimack Street, 4th Floor

[recreation@lowellma.gov](mailto:recreation@lowellma.gov) | Tel: 978-674-4175

For a complete view of all programs and activities, please go to the website.







## — LIBRARIES —

Many area libraries have museum passes available, which allow you to bring your family to a specific museum for little or no charge. Most passes are for town residents only and need to be reserved in advance. Call your local library or check their website for further information on passes as well as special children's events they may be sponsoring during the summer.

### **Pollard Memorial Library**

401 Merrimack Street, 01852

**Tel: 978-674-4120**

[pollarddml.org](http://pollarddml.org)

Wheelchair accessible.

Closed Saturdays in the summer.

Passes may be booked online,  
in person, or on the phone.

*Limit 3 passes per day.*



**Want to only access the Library from home?  
Sign up for an eCard!**

### **Museum passes available:**

- Boott Cotton Mills Museum
- Mass Audubon
- Museum of Science
- New England Quilt Museum
- Seacoast Science Center
- USS Constitution Museum
- Discovery Museum
- Massachusetts State Parks
- New England Aquarium
- Peabody Essex Museum
- Trustees of the Reservations
- Zoo New England

MVLC is now offering eCards for access to our digital collections, databases and more!

<https://lowelllibrary.org/services/library-cards-loan-rules/ecard/>





## — MUSEUMS AND EXHIBITS —

The National Park runs various programs seasonally. Visitors are recommended to make reservations for all tours in advance, as they can fill up quickly. To make a reservation, call 978-970-5000. The website [nps.gov/lowell/planyourvisit/hours.htm](https://nps.gov/lowell/planyourvisit/hours.htm) will have all up-to-date information on operating hours and other basic information to plan your visit.



[lowellsummermusic.org/pages/kids](https://lowellsummermusic.org/pages/kids)



[nps.gov/lowe/planyourvisit/justforkids.htm](https://nps.gov/lowe/planyourvisit/justforkids.htm)



**Lowell National Historical Park**  
246 Market Street, 01852  
Tel: 978-970-5000

Wheelchair accessible in most areas. Open to all ages. Limited free parking is available. From March to November, a trolley ride is available between sites free of charge. Several walking tours are available free of charge. The Visitor Center is the starting point for all tours. Visit the Children's Corner, available as a self-guided tour during regular Visitor Center hours. Slide presentations are given every 1/2 hour. Please call for up-to-date hours.

**Boott Cotton Mills Museum**  
115 John Street, 01852  
Tel: 978-970-5000

You can see operating power looms, use interactive exhibits, and learn about the Industrial Revolution and Lowell's rise, fall, and rebirth. Please call for up-to-date hours and admission fees.

**Mill Girls & Immigrants Exhibit**  
40 French Street, 01852  
Tel: 978-970-5000

Admission is free. Tells the human story of the industrial revolution. Please check for up to date operating hours.





**Boarding House Park**  
40 French Street, 01852  
**Tel: 978-970-5200**  
[lowellsummermusic.org](http://lowellsummermusic.org)

Boarding House Park is a lush, grassy park located in downtown Lowell. It serves as an outdoor music venue that hosts the Lowell Summer Music Series and the Lowell Folk Festival each summer. There are no reserved seating areas in the park, and concert seating is typically general admission. Blankets and beach chairs are welcome. Rain information is posted on the website.

**Summer Children's Series @ Boarding House Park**  
[lowellsummermusic.org/free-fun-for-kids](http://lowellsummermusic.org/free-fun-for-kids)

All shows are Free! Crafts, Snacks, Performances & Trolley rides. Check the website for up-to-date information.

**Lowell Heritage State Park**  
160 Pawtucket Boulevard, 01854  
**Tel: 978-458-8750**  
[mass.gov/dcr/forparks.htm](http://mass.gov/dcr/forparks.htm)

Over two miles of landscaped esplanade, summer concerts, swimming, and boating in the Merrimack River are additional attractions at this popular park.

**New England Quilt Museum**  
18 Shattuck Street, 01852  
**Tel: 978-452-4207**

Four exhibits during the season. Check the website for up-to-date hours of operation and admission fees. Today's visitors can explore exhibits about Lowell's role in America's industrial history presented in conjunction with Lowell's National Historical Park.





## — OUTDOOR SPACES —

### **LOWELL-DRACUT TYNGSBORO STATE FOREST**

Trotting Park Road, 01854

**Tel: 978-369-6312**

[mass.gov/locations/lowell-dracut-tyngsboro-state-forest](https://mass.gov/locations/lowell-dracut-tyngsboro-state-forest)

NOT wheelchair accessible. Located in three towns, this forest contains 1,140 acres of ponds, swamps, and wetlands. It is the probable site of a Native American village prior to colonial settlement, and later was acquired to obtain granite for canals and factory foundations. The forest has six miles of trails offering hiking, bicycling, horseback riding, cross-country skiing, and snowmobiling. Hunting is permitted in season. The park also has a boat ramp, fishing, and permits non-motorized boating.

### **UMass Lowell Kayak Center**

500 Pawtucket Boulevard, 01854

**Tel: 978-995-2362**

[kayakcenter@uml.edu](mailto:kayakcenter@uml.edu)

The UMass Lowell Kayak Center is open to the public as well as the UMass community. We offer rentals, instruction, tours, and fun with Kayaks, canoes, and stand-up paddleboards. You can check the website for up-to-date visitor information.

### **Great Brook Farm**

165 North Road, Carlisle, MA 01741

**Tel: 978-369-6312**

[mass.gov/locations/great-brook-farm-state-park](https://mass.gov/locations/great-brook-farm-state-park)

The Farm and buildings at Great Brook Farm comprise a classic eastern Massachusetts agricultural landscape. The arrangement of open fields, sturdy walls, diversified woodlands, and historic structures are significant images of our agricultural past. Visitor's center, pavilion & indoor restrooms. Picnic tables provide shade relief under the pavilion and overlook a butterfly garden. During the winter months, cross-country skiing is available (for a fee), and one trail is lantern-lit for a "moonlight" experience on Tuesday & Thursday evenings! Ski rentals are available. The park is home to the first robotic milking system in Massachusetts, installed in a state-of-the-art "smart" barn. Please contact the park office for additional information on tours of the new dairy facility.





## — FARMS AND FOOD PRODUCTION —

### **Mill City Grows**

650 Suffolk Street, Suite G10, 01854

**Tel: 978-455-2620**

info@millcitygrows.org

At the heart of the Mill City Grows is our Urban Farm Program, which produces all the seasonal fruits and vegetables we make available to the community. We use organic practices and work side-by-side with community volunteers to grow fresh food for our Mobile Market, education classes, and local emergency food providers. Our urban farms host educational classes for youth, community groups, and volunteers throughout the growing season.

### **Parlee's Farm**

95 Farwell Road

Tyngsboro, MA 01879

**Tel: 978-649-3854**

parleefarms.com

Located on 93 beautiful acres near the Merrimack River in Tyngsboro, Massachusetts. Parlee Farms offers the finest fruits, vegetables and flowers. We offer pick your own apples, blueberries, cherries, cut flowers, peaches, pumpkins, and strawberries. Please check the website for the harvest schedule. Annie's Animal Barns have over 90 young animals to feed and pet-baby goats, sheep, chickens, and bunnies. Mary's Country kitchen offers tasty treats related to each picking season, as well as a great selection of ice cream. For the young farmers there is a tractor training course and a hay play maze.



## — ZOOS AND ANIMAL EXHIBITS —

### **The Butterfly Place at Pavilion Park**

120 Tyngsboro Road

Westford, MA 01886

**Tel: 978-392-0955**

butterflyplace-ma.com

Wheelchair accessible. At any given time, the atrium may contain up to 500 butterflies representing as many as 50 different species from around the world. Best to go on sunny days. To really enjoy the butterflies, plan to spend at least an hour.

### **Franklin Park Zoo**

One Franklin Park Road

Boston, MA 02121

**Tel: 617-541-LION**

zoonewengland.com

Wheelchair accessible. Visit "Kalahari Kingdom", "Serengeti Crossing", the "Tropical Forest", "Franklin Farm", the "Outback Trail", "Tiger Tales", or "Giraffe Savannah". Picnic areas available. *For more information on special events call 617-541-LION, select option 3. An AZA accredited zoo.*

### **Stone Zoo**

149 Pond Street

Stoneham, MA 02180

**Tel: 781-438-5100**

zoonewengland.com

Wheelchair accessible. Zoo highlights include snow leopards, jaguars, Treasures of the Sierra Madre, Yukon Creek, the Touchable Barnyard, Grey Wolf exhibit and the Black Bears exhibit. Picnics allowed in designated areas.

*For more information on special events call 617-541-LION, select option 3. An AZA accredited zoo.*

The annual Zoo-Lights display runs in the month of December.



## — ONLINE RESOURCES —

### HEALTH

|                                                                                                  |                                                                                                                                                                                                                             |
|--------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Behavioral Health Services:</b>                                                               | <a href="https://lchealth.org/patients/connect-services/behavioral-health-services">lchealth.org/patients/connect-services/behavioral-health-services</a>                                                                   |
| <b>Boston Children's Hospital:</b>                                                               | <a href="https://childrenshospital.org/community-health">childrenshospital.org/community-health</a>                                                                                                                         |
| <b>Bridgewell Counseling Services:</b>                                                           | <a href="https://bridgewell.org/behavioral-health-services/outpatient-clinics/bridgewell-counseling-services-lowell">bridgewell.org/behavioral-health-services/outpatient-clinics/bridgewell-counseling-services-lowell</a> |
| <b>Deaf and Hard of Hearing:</b>                                                                 | <a href="https://mass.gov/info-details/specialty-services-for-infantstoddlers-who-are-deaf-or-hard-of-hearing">mass.gov/info-details/specialty-services-for-infantstoddlers-who-are-deaf-or-hard-of-hearing</a>             |
| <b>Family Violence and Abuse:</b>                                                                | <a href="https://lowell.k12.ma.us/Page/3088">lowell.k12.ma.us/Page/3088</a>                                                                                                                                                 |
| <b>Healthy Children:</b>                                                                         | <a href="https://healthychildren.org/English/Pages/default.aspx">healthychildren.org/English/Pages/default.aspx</a>                                                                                                         |
| <b>Mindful:</b>                                                                                  | <a href="https://mindful.org">mindful.org</a>                                                                                                                                                                               |
| <b>National Resource Center<br/>For Health and Safety In Child<br/>Care and Early Education:</b> | <a href="https://nrckids.org">nrckids.org</a>                                                                                                                                                                               |
| <b>Massachusetts Commission for<br/>the Blind: Children's Services</b>                           | <a href="https://mass.gov/service-details/children-services">mass.gov/service-details/children-services</a>                                                                                                                 |

## — EARLY LITERACY —

|                                       |                                                                                   |
|---------------------------------------|-----------------------------------------------------------------------------------|
| <b>ABC Mouse:</b>                     | <a href="https://abcmouse.com/abc">abcmouse.com/abc</a>                           |
| <b>First Things First:</b>            | <a href="https://firstthingsfirst.org">firstthingsfirst.org</a>                   |
| <b>PBS Kids:</b>                      | <a href="https://pbskids.org">pbskids.org</a>                                     |
| <b>Reading Rocket:</b>                | <a href="https://readingrockets.org">readingrockets.org</a>                       |
| <b>Sesame Streets in Communities:</b> | <a href="https://sesamestreetincommunities.org">sesamestreetincommunities.org</a> |
| <b>Zero to Three:</b>                 | <a href="https://zerotothree.org">zerotothree.org</a>                             |





## — PARENTING —

|                                         |                                                                              |
|-----------------------------------------|------------------------------------------------------------------------------|
| <b>Boston Basics:</b>                   | <a href="http://boston.thebasics.org">boston.thebasics.org</a>               |
| <b>Center for the Developing Child:</b> | <a href="http://developingchild.harvard.edu">developingchild.harvard.edu</a> |
| <b>Hand Hold MA:</b>                    | <a href="http://handholdma.org">handholdma.org</a>                           |
| <b>Macaroni Kid:</b>                    | <a href="http://lowell.macaronikid.com">lowell.macaronikid.com</a>           |
| <b>Mind in the Making:</b>              | <a href="http://mindinthemaking.org">mindinthemaking.org</a>                 |
| <b>Searching resources:</b>             | <a href="http://mass211.org">mass211.org</a>                                 |



## — PREK MAKES A DIFFERENCE —

PreK provides children access to rich experiences that build on their natural curiosity as learners. Preschool programming supports the development of language, literacy, math skills, social and emotional skills, science, and creative expression.

### — Registration —

#### You will need:

- Your child's Birth Certificate
- Your child's Immunization Records
- Parent ID
- Proof of Address

### — Register in Person —

LPS Family Resource Center  
151 Merrimack Street

*Walk-in or make an appointment:*

978-674-4321

[familyresourcecenter@lowell.k12.ma.us](mailto:familyresourcecenter@lowell.k12.ma.us)

—  
**Register  
Online**  
—



**2X**

PreK students are more than twice as likely to be ready for Kindergarten compared to students who didn't attend PreK.

Students who attend PreK are 23% more likely to attend a four-year college than those who didn't attend PreK

**23%**

**61%**

Students with PreK experience show 61% improvement in letter/word recognition compared to students who didn't attend PreK.

Students who attended PreK are 48% more likely to obtain an associate's degree than those who didn't attend PreK.

**48%**



## — PROGRAMS AND SUPPORT FOR YOUNG CHILDREN —



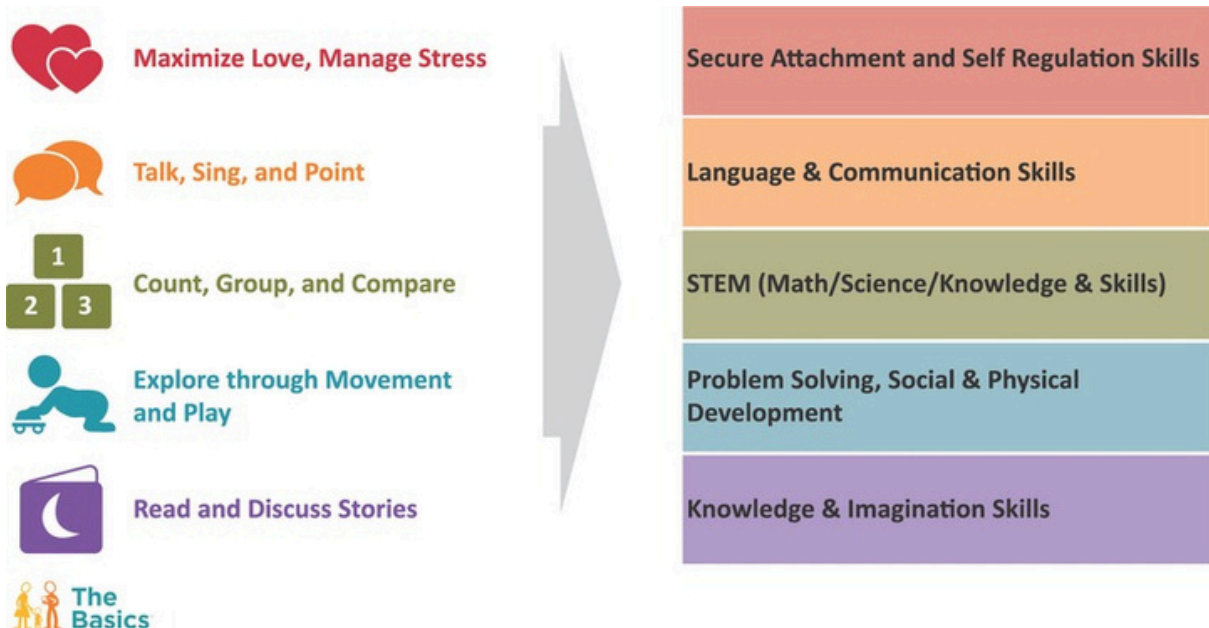
### Parent Child+

Twice weekly home visits to young children and parents (18 months–4 years). Visits focus on the importance of reading and playing with your child. We provide an educational book or toy each week.

### Weekly Playgroups

For young children under the age of 5 and their families, playgroups provide opportunities to interact with other children while developing language and social skills. For more information, visit the Early Childhood page at [www.lowell.ma.us](http://www.lowell.ma.us)

**Engaging in these basic principles every day promotes  
school readiness.**



## — THE BASICS —

Sign up and receive two FREE text messages each week.

Messages include information and activities to boost your child's brain development. For ages 0–5.



# Early Childhood Department Community Resource Guide Community Partners



*Equity, Excellence, Empowerment.*

