NOTRE DAME HIGH SCHOOL

ATHLETICS HANDBOOK

2026-2027

Notre Dame High School
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423-624-4618
www.myndhs.com

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INTRODUCTION

The following athletic policies have been documented to familiarize parents/guardians and students with the philosophy of the Notre Dame High School Athletic Program. The program, resulting activities, and consequent responsibilities should be reviewed so that parents/guardians, coaches, and student-athletes can work together to provide the safest and most beneficial program for all involved.

MISSION STATEMENT

"Our mission is to cultivate respectful student-athletes who value faith, family, and community service. We view athletic competition as a vital part of a student's overall education. Guided by these character-driven objectives, the Notre Dame student-athlete strives for excellence in athletics and academics, honoring tradition and fostering a strong sense of community and school spirit.".

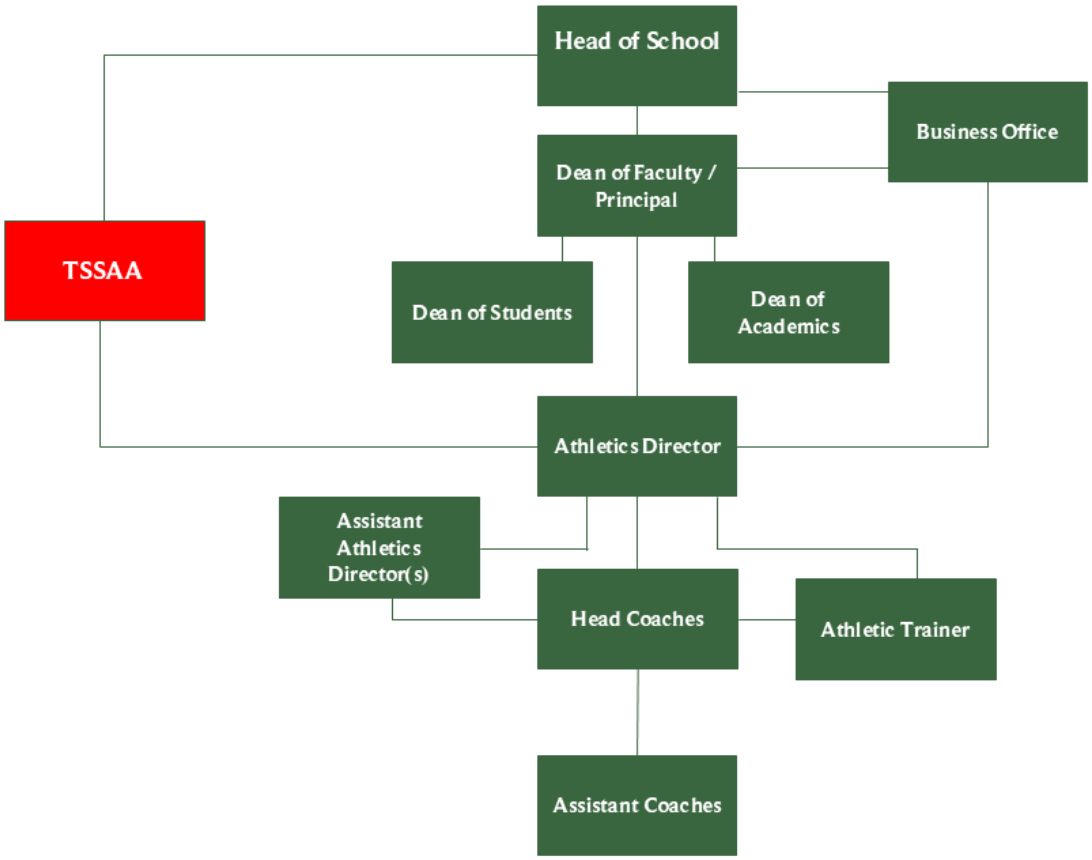
ATHLETICS REGISTRATION

FINALFORMS

All parents and student athletes must be registered with all the proper forms in order to participate in sports. Student athletes will NOT be able to practice and/or play in competitions until the athletic registration process is complete.

Please login at: ndhs-tn.finalforms.com and follow the prompts to login and sign your forms.

NDHS STAFF / ATHLETICS PERSONNEL STRUCTURE



ATHLETICS TEAMS

Notre Dame High School offers the following athletics teams during the Fall, Winter, and Spring during the school year (Sept.-May)

FALL SPORTS	WINTER SPORTS	SPRING SPORTS
Cheerleading (Football)	Basketball (Boys & Girls)	Baseball
Cross Country (Boys & Girls)	Bowling (Boys & Girls)	Irish Charms Dance
Irish Charms Dance	Cheerleading (Basketball)	Soccer (Boys)
Football	Irish Charms Dance	Softball (Girls)
Golf (Boys & Girls)	Swimming (Boys & Girls)	Tennis (Boys & Girls)
Soccer (Girls)	Wrestling (Boys)	Track & Field (Boys & Girls)
Volleyball (Girls)		

TSSAA

- Notre Dame High School is a member of the Tennessee Secondary School Athletic Association (TSSAA).
- Notre Dame will abide and operate in accordance with the policies, rules and regulations of the TSSAA as directed by their governing body.
- The TSSAA handbook is available online at http://tssaa.org/ or questions regarding the TSSAA should be directed to the Athletic Director.
- NOTE: Swimming is NOT the governed by TSSAA. Swimming falls under the Tennessee Interscholastic Swimming Coaches Association (TISCA Home (teamunify.com)

Tuition Assistance

Notre Dame abides by the TSSAA guidelines with regards to a family receiving Tuition Assistance, which requires a third-party application to determine a family's basis for need. Notre Dame's approved vendor is FACTS Grant and Aid and all families seeking tuition assistance will apply each year to determine the funds that can be awarded. For additional questions regarding Tuition Assistance and Athletic Eligibility, please contact the Business Office at 423-624-4618 ext. 1011.

ROLE OF THE HEAD COACH

It is the philosophy of the Notre Dame Administration to allow coaches to coach and control their teams/individual players. This allows the Head Coach the autonomy to be able to own and operate their teams within the mission of Notre Dame and TSSAA. It is the responsibility of the Head Coach to create the direction and culture of their team. This includes, but is not limited to setting standards, policies, team rules, discipline / consequences, coaching methods and communication style.

- The Head Coach of the varsity team oversees the direction of the overall program of that sport for all other non-varsity teams.
- The Head Coach is responsible for the total development of her or his program.
- The Head Coach reports directly to the Athletic Director.
- The Head Coach is expected to uphold the mission of NDHS and fulfillment of the mission per the athletic mission and process.

- All aspects of the Head Coaches' conduct, responsibilities and interactions with others should be made in accordance with the mission of Notre Dame.

Communication students and parents should expect from the coach:

- Philosophy of the coach
- Expectations the coach has for individual players and the team
- Locations and times of all practices and contests
- Team requirements for special equipment or out-of-season conditioning.
- Procedure to be followed by parents and student in case of injury
- Discipline that may result in denial of participation privileges.

Appropriate concerns for students and parents to discuss with coaches:

- Student-athlete's mental and physical treatment
- Suggestions for the student-athlete's improvement
- Concerns about the student-athlete's behavior

Issues NOT appropriate to discuss with coaches:

- Playing time
- Team strategy
- Play calling
- Other student-athletes

COMMUNICATIONS

- Students are responsible for communicating with their parents/guardians and relay messages that are changes from the initial schedule, such as practice start and end times, dates, updates, changes, etc.

- In addition to the student's responsibility NDHS will post important information, dates, events, games, changes, etc. Information will be located on one or several of the NDHS communication sites; school calendar, website https://www.myndhs.com , athletic website https://www.myndhs.com/athletics , ND Athletics social media outlets, NDHS Weekly Update and FinalForms / Renweb emails.

- Individual coaches and teams may also use **BAND App** to communicate directly with players and families.

PARENT MEETINGS

- All sport teams will have a parent meeting prior to the official TSSAA start date, or following team try outs. The dates will be communicated to the entire school population if needed or to specific team members.

- The information conveyed at this meeting will be essential and pertinent.

- Information regarding expectations, practice schedules, game schedules, procedures, rules, and policies will be communicated by the coach and staff.

- Attendance is strongly recommended. If you are unable to attend the parent meeting it is the parent's responsibility to contact the head coach of the team to receive information covered at this meeting.

- Information regarding expectations, practice schedules, game schedules, procedures, rules and policies will be communicated by the coach and staff.

ATHLETIC ACADEMIC POLICY

Grades are reviewed every two weeks. Student athletes failing 2 or more classes are placed on probation and their coach is notified. Students on probation can practice and play but ***must*** attend tutoring sessions during lunch and after school in the Learning Center.

- Student athletes will be taken off probation when the teacher gradebook reflects a passing grade.

- Student athletes who are ***on probation*** and continue to fail 2 or more classes after the next two-week review ***or*** do not attend tutoring sessions at lunch and after school will have additional consequences which could include:

- Are not allowed an early dismissal for games (even if that means they are late to or miss a game).
- May be ruled ineligible for practice or games until grades improve to passing level.
- Counselors, Deans and Coach will meet to determine if the student athlete may continue to participate in athletics at Notre Dame.

PARENT / GUARDIAN SUPPORT & PARTICIPATION

- You are the most important and influential person in your child's life. The main goal of your child is to make you proud by their actions and efforts. We believe the best way to support your child's athletic endeavors is to provide positive feedback, encouragement both in the stands and outside the arena of competition.
- Be present to support your child no matter what their role on the team.
- If questions or conflicts arise, please have your child pursue a conversation with their coach. This is beneficial in teaching our students to take ownership in their sport, deal in relationships, and maturity.
- If a situation is not resolved or is of a serious nature, then please contact the head coach.
- If no solution can be reached at that point, then call the Athletic Director to set up a meeting of all parties involved.
- There are situations that may require a conference between the coach and the parent. Attempts to confront a coach before or after a game or practice can be emotional for the student-athlete, the parent, and the coach. Meetings under these circumstances do not promote resolution.
- The Athletics Director will address any unusual or mitigating circumstances that may arise and any situation that may not be covered in this handbook.
- Thank you very much for your help and support!

NOTRE DAME ATHLETE, FAN, & PARENT REPRESENTATION

- Athletic events give us a public platform to present the mission of our school and represent Notre Dame High School.
- We will always strive to compete at our very highest level, represent NDHS with class and win the contest.
- All our actions and words on the field or court, and in the stands should be sportsmanlike.

- **TSSAA Unsportsmanlike Conduct Standards and Policies-From TSSAA Handbook**
  - *The TSSAA and its member schools believe strongly that the major purpose of athletics at the secondary level is to be a part of the total educational program. A major part of this purpose is to stress to coaches, players, officials, and fans the vital importance of sportsmanship. It is critical that all people in each of these categories understand the major role that they play and the role model that they can be for others. Recognizing this principle, unsportsmanlike conduct on the part of any of these groups cannot be accepted. As a result, the following actions will be taken when unsportsmanlike conduct occurs—refer to the TSSAA handbook which is available online at http://tssaa.org/*

SPECIAL REQUIREMENTS

- Each athlete must have a physical before each new school year. The TSSAA rules require that a student must have a physical on file at the school dated by a physician after April 15 preceding the current school year. The athletic physical must be uploaded into the student-athletes FinalForms account. The TSSAA policy is included in the Sports Medicine section of the handbook.

- Anyone interested in trying out for a team or participating on a team must be at the tryout and/or first practice. Anyone moving in after the tryout date or start of the season will be treated as a special circumstance. The Coach must be notified ahead of time if a student is going to miss the tryout and/or first practice and arrangements will be made if the absence is considered excused or the circumstances are deemed excused by the coach.

- Sports may require fees for apparel, shoes and equipment. This fee will be communicated to you at the parent meeting prior to the season.

- All families with students participating in athletics will be asked to support the athletic department in volunteer roles. This will include but not limited to working game admissions and concessions.

FEES & EQUIPMENT

Notre Dame High School athletes incur the following expenses:

- **Participation fee ($150):** Established for any student that plays at least one sport. This fee helps to cover the expenses of operating the program (officials, coach stipends, transportation etc.).

- **Individual Sport Fees:** Due to the rising cost of athletics including equipment, uniforms, and transportation, many Notre Dame athletic teams will charge an additional fee to help defray the costs. These fees vary per sport and they usually include mostly items that the student athletes keep and wear.

- **Other Out-of-Pocket Costs:** Other out-of-pocket costs may include, but are not limited to:
    - Out-of-town Tournament Play
    - Play-off / State Tournament Expense
    - Fundraising (see page 13)

PRACTICE ATTENDANCE REQUIREMENTS

- Practice is the most important aspect of our athletic department and teams. Practice is where fundamentals, individual skill development, individual/team discipline, character, and team culture are developed.

- Once you have joined a team, you have committed yourself to a Notre Dame athletics team.

- Being a member of a Notre Dame athletics team takes priority over a recreation and club team.

- Athletes must attend all required practices and games unless excused for one of the following reasons:

    - Personal sickness
    - Injury-Reported to the athletic trainer and reported by the athletic trainer to the Head Coach
    - Death in the family
    - Previously scheduled commitment approved by the Head Coach

- The Head Coach will have attendance policies in place for their program. These will follow the Athletic Department policy but may vary somewhat from program to program. The coach will communicate their policies and procedures for missed practices/games prior to the start of the season.

- Coaches will also announce their policy and procedures regarding promptness and tardiness.

- No athlete will be required to do extra conditioning when missing practice due to a death in the family.

STUDENT-ATHLETE CONDUCT

As a representative of Notre Dame High School each athlete is expected to adhere to the Code of Conduct for the school. Refer to the Parent-Student Handbook. Any misconduct is subject to the disciplinary action of the school administration.

- Every athlete is expected to strive to represent the school mission in all areas.
- All athletes are required to follow the rules and procedures of conduct presented to them by the head coach.
- An athlete who receives a detention that forces them to miss part, or all the practice must serve the detention. Coaches will discipline players who are late or absent from practices due to detention according to team procedures.
- A student who is suspended from school at the time of a team tryout will be subject to the review of conduct by the school administration. This will be done by a case-by-case situation knowing that circumstances and severity of the offense of the student may vary and each case requires specific consideration. The administration will determine if a suspended student may tryout during the term of serving their suspension.
- There will be absolutely no tolerance of team or individual hazing.
- Any athlete or coach who is ejected from a game(s) will be subject but not limited to TSSAA discipline.

RULES OF ELIGIBILITY FOR PARTICIPATION IN PRACTICES AND GAMES

As a member of TSSAA all Notre Dame High School administration, athletic staff and participants adhere to the eligibility rules of the TSSAA http://tssaa.org/ .

- If an athlete is absent from school more than a half-day than they are not permitted to actively practice or participate in a contest on the same day. They can attend practice/contest and watch. A half day point is 11:30 AM. If the student is removed from school for a family emergency, appointment, parental request, administrative exemption may apply.
- Students will be held from their upcoming competitions for the number of days that they have been suspended (i.e. 1 day of suspension = 1 missed contest). Students will not be allowed to attend practices on the days they are suspended.

SELECTION OF TEAM MEMBERS

- The coach will determine annually how each team is to be selected according to the interested number of participants.
- An effort will be made by the athletic department to create as many team roles as possible for interested students in addition to players. Example-Team managers, video coordinators, student athletic trainers, student assistant coaches
- Each coach has the responsibility to select their team members.
- Each coach has the option to have tryouts to select his team.
- All final approval for selection methods will be approved before the selection by the AD and Head of School.
- Participation is a core value of our school and athletic department but the commitment to provide proper training and excellence for each team and its members may limit the number of athletes per team.

ATHLETE DRESS REQUIRMENTS

Team uniform game and practice dress will be determined by the head coach and enforced by the head coach. All uniform and game attire are subject to TSSAA and sport specific rules.

UNIFORMS & EQUIPMENT

- Any uniforms issued to a student-athlete are the athlete's responsibility. After the season, they are expected to be returned clean and in good condition.
- Student-athletes will be required to pay at retail rate for lost/damaged uniforms or equipment.
- The head coach will determine practice and game uniforms.
- All uniforms and equipment must be returned to the coach within the time period designated by the head coach.
- An athlete will not be allowed to participate in another sport until overdue uniforms, equipment and fees have been paid.

TRANSPORTATION

- Directions and/or addresses to away games will be posted on the school website: https://www.myndhs.com/athletics/athletic-teams
- For teams that practice off campus, the student-athlete / parents are responsible for transportation to that location for practice.
- The head coach will communicate mode of transportation for each away contest.
- For games or competitions within 30 miles of the school, athletes/parents are required to provide transportation to those away events. (w/ the exception of football)
- For games / competitions outside the 30-mile transportation distance we **MAY** use buses, vans, and certified drivers.
- If team transportation is necessary, it is mandatory that all athletes travel with the team unless special permission is given by the coach.
    - An athlete may not travel in any vehicle to or from an event unless permission is requested by a parent and permission is granted by the coach.
    - There will be away events when athletes will be asked to provide their own transportation.
- When a bus is provided as a means of transportation to the competition site, an athlete may ride home with his/her parents after the competition with the coach's permission.
- Students who drive themselves and other students to practice or event site do so at their own risk.
- Any exceptions to the above may be amended by the Athletics Director or Head of School.

ATHLETIC LETTER AWARD POLICY

Lettering in a Varsity sport is an award of excellence in teamwork, skill, determination, character, and personal growth. As such, a Varsity Letter is earned throughout the year by consistent improvement in these areas and not just performance during games. All players are part of the team, but only those who strive for excellence will be rewarded with a Letter of distinguishment. The following guidelines have been established by the coaches and administration at Notre Dame High School.

- A student-athlete must be on the varsity roster for the majority of the season, and must be on the roster at the end of the season.
- They must attend a minimum of 90% practices throughout the season.
- In certain situations, the Varsity Head Coach may use their discretion to award a letter to a player or team manager for their commitment to the program.
- The student athlete must comply with the NDHS Academic Excellence Policy for student-athletes.

Notre Dame High School will provide letters and pins for coaches to distribute to athletes that have earned them. The may be distributed by the coaches at the end of season banquet or at the conclusion of the season.

Notre Dame High School student-athletes may purchase letter jackets through Jostens. Complete details on how to order jackets will be communicated to the students-athletes and parents.

FUNDRAISING

The NDHS Fundraising Form is on file in the Main Office and must be approved by the Head of School before any fundraising is carried out by any individual, group, or organization in the school or in the school's name. It is state law that all monies raised in the name of the school or school organization must run through the appropriate school accounts. No individual or group may maintain their own accounts or handle monies on a personal basis.

- All fundraising on behalf of any organization, group, team, etc. for Notre Dame High school or any fundraising using the NDHS name, logo or anything associated with NDHS must have the permission of the Head of School.

- All expenses and proceeds must be recorded in approved school accounts whether they are departmental, class, athletic, etc.

- All athletic expenditures, income, proceeds from sales, etc. must be processed through the Business Manager to be recorded or deposited in appropriate school accounts.

Any failure to adhere to the above-mentioned policy would be considered a violation of Diocesan and school administrative policy. (DSP #1290)

***Fundraising includes, but is not limited to soliciting funds or soliciting, procuring or purchasing goods or services on behalf of or in the name of Notre Dame High School.*

SUPPORT IRISH ATHLETICS

For more information on how you can support our Notre Dame Fighting Irish Athletic teams please visit **www.myndhs.com/athletics/support**

Updated: 8/7/26

SIGN SPONSORSHIP

The Notre Dame High School Athletic Department, in conjunction with our Sports teams, would like to extend a sponsorship opportunity for you to consider. Your sponsorship will be used to help support our teams at the Varsity and Junior Varsity levels. Sign sponsorship opportunities can be found at the link below on the Notre Dame website.

- Sign Sponsorship Information

SPORTS MEDICINE & ATHLETE HEALTH

General Information

- Athlete health and safety are of the utmost importance.
- All athletic related injuries will be under the administration of the Notre Dame Athletic Trainer, physician and healthcare professionals.
- It is the athlete's responsibility to report all injuries to the coach and Athletic Trainer if it does not occur in the presence of the athletic trainer or coach.
- The athletic trainer/athletic staff/coaches will follow the Sports Medicine Emergency Action Plan (EAP) in cases of onsite game/practice injuries or emergencies. The Emergency Action Plans are posted at each location. Off campus sites: the coach will have the EAP.
- **No injured athlete will participate in a game or practice until the doctor and/or athletic trainer has released him/her and communicated with the parents and coach.**
- This includes a signed doctor's note from the visit pertaining to any sport related injury
- Communication with the parents will be immediate and consistent throughout the process of injury recovery and rehab.
- **Athletic Trainer Expectations of Student Athletes and Parents:**
  - **RESPECT**
  - **COMMUNICATION**
  - **ACCOUNTABILITY**
- Athletic Trainer can be contacted through the Band app or email trainera@myndhs365.com for any questions regarding doctor appointments/updates or injuries.

Physical/Preparticipation Medical Evaluation

Tennessee Secondary Sport Athletic Association (TSSAA) Physical Exam Policy: It is required that no student athlete be permitted to participate in tryouts, preseason/in season/post practice sessions, or in athletic contests until there is a preparticipation medical evaluation on Final Forms with the Athletic Trainer/Athletic Director. The form must be signed by a doctor of medicine, osteopathic physician, physician assistant, or certified nurse practitioner stating that the student has passed a physical examination, not prior to April 15th of that year, and that in their opinion the student athlete is physically fit to participate in interscholastic athletics. In lieu

of the form, the Athletic Trainer/Athletic Director may accept a signed statement from the health care provider certifying that the student has passed a physical examination that encompasses all elements on the preparticipation medical evaluation form and attesting that in their opinion the student is physically fit to participate in interscholastic athletics.

- **ALL PHYSICALS ARE DUE POST TSSAA DEAD PERIOD**
  - **Due Date: July 6th, 2026**
- For example: a physical dated prior to April 15, 2026, can **NOT** be used for the 2026-27 school year/sport season.
- No student shall be required to submit to a physical exam if his/her parent(s) or legal guardian shall file with the principal a signed, written statement (affirmed under the penalties of perjury) declining such physical examination on grounds of sincerely held beliefs or practices.
- All Physicals from the 2025-26 school year expire on June 19, 2026. No matter the date, these will expire on June 19th per TSSAA.
- It is required that no student be permitted to participate in practice sessions or in athletic contests until there is on file a parental consent certificate signed by a parent or legal guardian stating that the student has the consent of his/her parent(s) or legal guardian to participate
- Any new incoming freshmen or transfer student interested in participating in summer workouts/practices for any sport MUST turn in a completed preparticipation medical evaluation/physical. NO EXCEPTIONS!
- See Preparticipation Medical Evaluation/Physical packet attached
- All Preparticipation Medical Evaluation/Physical packet paperwork must be uploaded to Final Forms to be approved.

Any questions regarding physicals please email the Athletic Trainer, Gabriella Mammano, M. Ed., LAT, ATC at trainera@myndhs365.com

Insurance

Notre Dame Insurance Information

- Athletic Trainer will complete a claim/accident report form for every injury that takes place at a Notre Dame affiliated sporting event. This doesn't include spectators. This is primarily for our student athletes.
- For more information or questions about Notre Dame's insurance please contact Athletics Director Brian Gill via email at gillb@myndhs365.com

Center for Sports Medicine and Orthopedics

- At the Center for Sports Medicine and Orthopedics (CSMO) they provide non-urgent care for our athletes to get them back into the game. CSMO provides day-to-day care through our Athletic Trainers and orthopedic doctors by appointment.
  - CSMO Ortho Urgent Care during normal business hours.
    - McCallie Avenue Urgent Care: Monday -Friday 8am-4pm
    - Cleveland Urgent Care: Monday-Thursday 8am-4pm, Friday 8am-noon
    - North Georgia Urgent Care: Monday-Friday 8am-4pm

        - Dayton Urgent Ortho: Monday-Friday 8am-4pm
- Saturday & Sunday Urgent Ortho
    - Gunbarrel Office ONLY
        - Saturday: 8am – noon
        - Sunday: 1pm - 5pm
        - 1949 Gunbarrel Road, Suite 150
- Football Season Saturday Clinic
    - **ONLY** during the **Football season** (dates may vary year to year) at 9am for only sport related injuries.
        - McCallie Avenue and Cleveland office ONLY
        - This Saturday Clinic is one of the student athletes and parents must arrive at the office at 9am. Doors will be locked if no patients show up.

Emergency Action Plans

- Emergency Action Plan
    - Athlete health and safety are of the utmost importance.
    - Please see document attached for venue specific Emergency Action Plans (EAP) & a written general Emergency Action Plan
    - Other Medical Professionals in Attendance of Sporting Events
        - In the event of any emergency situation at a sporting event with Notre Dame Athletics it is the responsibility of the home Athletic Trainer to attend to the emergency. It is under the advice from Notre Dame that any parent/guardian/spectator who is a medical professional must wait to be summoned by the home Athletic Trainer to help. The leading team physician Dr. Todd Bell and/or Athletic Trainer will take the lead in an emergency at a Notre Dame event if present. It is a liability to have other medical professionals attend to an emergency at Notre Dame. Notre Dame understands the importance of medical professionals and their impact on our student athletes.

- Heat Policy & Lightning Policy
    - Follow TSSAA Guidelines & National Federation of State High School Associations
    - Heat Policy TSSAA Statement:
        - Each school is responsible for obtaining either a Wet Bulb Globe Temperature or Heat Index reading at the site of practices and competitions. Wet Bulb Globe Temperature (WBGT) takes into account more environmental factors than heat index and should be a school's first choice when evaluating conditions and planning activities. In the absence of a Wet Bulb Globe Temperature reading, a digital psychrometer or other instrument may be used at the site of the activity to measure the heat index. The use of a weather app on a cell phone is permissible to measure heat index if no other instrument is available to measure heat index at the site of the practice or competition. Per instructions from the TSSAA.

        - Please see the Emergency Action Plan written document referring to the Inclement Weather Section attached.

- Air Quality
    - Based on the Tennessee Department of Health and Safety air pollution reduces air quality and is a major risk to a person's health. Air pollution causes a number of health concerns such as asthma, allergies, lung disease, anxiety and depression. Babies, young children, teenagers, the elderly, pregnant women and people with preexisting respiratory medical conditions are especially vulnerable to air pollution.
        - What is the Air Quality Index?
        - The Air Quality Index is a reporting system for quickly sharing the amount of air pollution forecast for an area. The AQI uses a color system to make it easy for people to quickly determine if air quality is reaching levels that might be unhealthy for them to be working, playing or exercising outdoors. - Tennessee Department of Health and Safety
        - EPA's AirNow website at www.airnow.gov/#TN is a great website to obtain information about the air quality in your community. This website gives information about Tennessee as well as other major cities across the United States.

Concussion and Sudden Cardiac Arrest

- The recognition of concussion and sudden cardiac arrest episodes is extremely vital within sports. It is our duty as a school to ensure we are doing everything in our power to prevent these events/injuries from occurring. We ask parents/guardians to take time and read over the informational pages within the Preparticipation Medical Evaluation/Physical packet to know the signs and symptoms of these events/injuries.
- Formal informational sheets are attached to the back of the Preparticipation Medical Evaluations/Physical packet.
- Follow TSSAA Guidelines

AED Location:

- Notre Dame has four AEDs distributed throughout the school for emergency situations. One AED on the wall by the boys' basketball locker room in the Phifer Gymnasium. One is in the main hallway of the Varallo building on the right-hand side of the wall. One in the main hallway of the main building behind the security officers' desk on the wall. The fourth one is in the Athletic Training Room in the Varallo building on the shelf closest to the door. In the Varallo main hallway AED box, there is a STOP THE BLEED kit available to use for an emergency situation. Along with the AEDs in the main hallway of the main building and Varallo there is a green folder that is the full EAP snapshots of each location Notre Dame utilizes for on and off campus locations.

ATHLETICS DEPARTMENT CONTACT INFORMATION

SCHOOL ADMINISTRATION

Name	Title	Email	Office phone
Dr. Eric Schexnaildre	Head of School	schexnaildree@myndhs365.com	x1003
Ronnie Bradford	Dean of Faculty	bradfordr@myndhs365.com	x1018
Laura Goodhard	Dean of Students	goodhardl@myndhs365.com	x1026
Melissa Wolff	Dean of Academics	wolffm@myndhs365.com	x2027
Jill Webb	Business Office-Athletics contact	webbj@myndhs365.com	x1011

ATHLETICS ADMINISTRATION

Name	Title	Email	Office phone
Brian Gill	Athletics Director	gillb@myndhs365.com	x1500
Gabby Mammano	Athletic Trainer	trainera@myndhs365.com	x2031
Abe Cates	Strength & Conditioning	catesa@myndhs365.com	x2205

FALL SPORTS HEAD COACHES

Name	Title	Email	Office phone
Melissa Wolff	Cheerleading (Football)	wolffm@myndhs365.com	x2027
Charles Austin	Cross-Country	austinc@myndhs365.com	
Cleo Gravitt / Rebecca Corte	Irish Charms Dance	gravittc@myndhs365.com	x2109
Brent Hill	Football	hillb@myndhs365.com	x1702
Tim Haralson	Golf	haralsont@myndhs365.com	
Tyler Robertson	Girls' Soccer	robertsont@myndhs365.com	x1004
Laurie McGinley	Girl's Volleyball	mcginleyl@myndhs365.com	x1000

Updated: 8/7/26

WINTER SPORTS HEAD COACHES

Name	Title	Email	Office phone
Reggie Tucker	Boys' Basketball	tuckerr@myndhs365.com	
Jason Hill	Girls' Basketball	hillj@myndhs365.com	
Jay Adamson	Wrestling	adamsonj@myhdhs365.com	x1611
Dale Tillman	Swimming	tillmand@myndhs365.com	
Boston Eberly	Bowling	eberlyb@myndhs365.com	
Alec Ayala	Cheerleading (Basketball)	ayalaa@myndhs365.com	

SPRING SPORTS HEAD COACHES

Name	Title	Email	Office phone
Joe Winland	Baseball	winlandj@myndhs365.com	x2018
Tyler Robertson	Boys's Soccer	robertsont@myndhs365.com	x1004
Riley Nayadley	Softball	nayadleyr@myndhs365.com	x2010
Raja Bhandari	Tennis	bhandarir@myndhs365.com	x2021
Charles Austin	Track & Field	austinc@myndhs365.com	

TERMS & CONDITIONS FOR PARTICIPATION

ATHLETE REGISTRATION

All parents and students must register for athletics via the FinalForms platform. All student athletes must be registered with all the proper forms in order to participate in sports. Student athletes will NOT be able to practice and/or play in competitions until the athletic registration process is complete.

PHYSICALS

Each athlete must have a physical before each new school year. The TSSAA rules require that a student must have a physical on file at the school dated by a physician after April 15 preceding the current school year. The athletic physical must be uploaded into the student-athletes FinalForms account.

TRY OUTS

Anyone interested in trying out for a team or participating on a team must be at the tryout and/or first practice. Anyone moving in after the tryout date or start of the season will be treated as a special circumstance. The Coach must be notified ahead of time if a student is going to miss the tryout and/or first practice and arrangements will be made if the absence is considered excused or the circumstances are deemed excused by the coach.

VOLUNTEERS

Notre Dame recognizes that parents are the first educators of their student. When you entrust your student to the Notre Dame community, you become partners with us in the formation of your student spiritually, academically, and in every other way. All families with students participating in athletics will be asked to support the athletic department / sport in volunteer roles. This will include but not limited to working a game, game day set-up, game day clean up, team meals/snacks, admissions/gate, and concessions.

ATHLETIC FEES

Notre Dame High School athletes incur the following expenses:

- **Participation fee ($150):** Established for any student that plays at least one sport. This fee helps to cover the expenses of operating the program (officials, coach stipends, transportation etc.).
- **Individual Sport Fees:** Due to the rising cost of athletics including equipment, uniforms, and transportation, many Notre Dame athletic teams will charge an additional fee to help defray the costs.
- **Other Out-of-Pocket Costs:** Other out-of-pocket costs may include, but are not limited to:
  - Out-of-town Tournament Play
  - Play-off / State Tournament Expense
  - Fundraising

UNIFORMS

Any uniforms issued to a student-athlete are the athlete's responsibility. After the season, they are expected to be returned clean and in good condition. **Student-athletes will be required to pay at retail rate for lost/damaged uniforms or equipment.** An athlete will not be allowed to participate in another sport until overdue uniforms, equipment and fees have been paid.

ATHLETICS HANDBOOK

Each parent and student-athlete are responsible for reading and understanding and abiding by all the contents of the Notre Dame High School Athletics Handbook.

I understand and agree to the above terms and conditions as well as all other aspects of the Notre Dame High School Athletics handbook in exchange for the privilege of my child(ren), to participate in the activities and athletics programs at Notre Dame High School.

Updated: 8/7/26