



Daily Bulletin

Friday, August 7th, 2026

Period 1	7:45 – 8:35
Period 2	8:40 – 9:30
Break	9:30 – 9:40
Period 3	9:45 – 10:35
Period 4	10:40 – 11:30
Lunch	11:30 – 12:00
Period 5	12:05 – 12:55
Period 6	1:00 – 1:50
Period 7	1:55 – 2:45



Today is our Cougar Pride Spirit Day! If you are showing your spirit by wearing LOTS of RED or Carmel gear, head over to the spirit table by the theater during lunch for a Cougar Buck and to be entered into a drawing for your chance to win awesome spirit gear.



Grab a partner and head to the main quad for our Fun Friday Activity and for your chance to earn Cougar Bucks. If you save up FOUR Cougar Bucks, head over to the student store to purchase a delicious frozen treat. Each participant receives one Cougar Buck, and the winners receive two! **Go Cougars!**



We will be distributing Chromebooks next week. Once you receive your Chromebook, it's your responsibility to bring it to school every day and make sure it's fully charged. The best way to stay on top of it? Create a charging routine at home and plug it in every evening before bed. Forgot your Chromebook or brought it with a dead battery? No worries – the library has loaner Chromebooks available for the day. However, keep in mind that 4 loaner checkouts in one quarter = lunch detention. So do your future self a favor: Charge it. Pack it. Bring it! Come to school prepared and ready to learn every day. Your Chromebook will be given to you during your Language Arts class on the following days:

- **Monday:** 8th Grade
- **Tuesday:** 7th Grade
- **Wednesday:** 6th Grade



PE Clothes: The first day for dressing out in your CMS PE uniform is Monday, August 17th. If you haven't already purchased your PE clothes, please stop the office before school, after school, at break, or at lunch. The cost is \$20 for shorts and \$15 for the shirt. PE sweatpants are optional for \$25.



Forget something at home? No worries! We have a Drop-off Shelf that is located in front of our school office that your parents can use to drop off any forgotten items. If you are expecting something from home - such as a lunch, book, or jacket, please check the drop-off shelf at break or lunch to see if it has been delivered. To create as little class distraction as possible, we will not be sending notes to class for forgotten items.



6th Graders: If you missed the BAC event on Tuesday, stop by Ms. Cardinalli's desk in the office at lunch or break today to pick up your class T-shirt.



If you ride the bus home: Please get to your bus right after the 7th period bell rings. Do not stop to talk with friends. Do not stop at your locker. Do not pass Go! Head straight to the bus so you don't get left behind.



Fall Sports: Are you interested in playing a sport this school year? Fall Sports tryouts for volleyball, cross country, and soccer begin on Monday, August 17th! To participate in a sport, you must first have your parents register you on SportsNet by clicking on the ATHLETICS tab on our school website. Don't delay registering! Get ready to compete CMS!



Today's Menu: **Breakfast:** Ham, Egg, & Cheese Croissant Sandwich, Cinnamon Swirl Bun, and Frosted Flakes.

Lunch: Domino's Pepperoni & Cheese Pizza, a Taco Bowl w/chips, Cheese Ravioli w/a garlic knot, or a Parfait w/granola.



Happy Birthday to: _____ **Also, a Happy Birthday to** _____ **who will be celebrating over the weekend!**